**Praises Phrases**

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| * A+ job! * Awesome! * Bingo! * Bravo! * Couldn’t have done it without you! * Dynamite! * Excellent! * Fantastic! * Good for you! * Good job! * Great! * Great attitude! * Great positive attitude! * Groovy! * Hip, hip, hurray! * Hot dog! * How nice! * How smart! * Hurray for you! * I knew you could do it! * I respect you! * I’m proud of you! * Looking good! * Magnificent! * Marvelous! * Neat! * Nice job! * Nothing can stop you now! * Now you’re flying! * Outstanding! * Remarkable! * Sensational! * Spectacular! * Super! * Super star! * Super work! * Sweet! * Terrific! * That’s incredible! | * That’s the best! * Two thumbs up! * Wonderful! * Wow! * You are fun! * You are responsible! * You brighten my day! * You care! * You did it! * You figured it out! * You go the extra mile! * You learned it right! * You made it happen! * You made my day! * You made a difference! * You make me happy! * You make me laugh! * You mean a lot! * You rock! * You tried hard! * You’re a joy! * You’re a real trooper! * You’re a treasure! * You’re a winner! * You’re an essential piece! * You’re “A” Okay! * You’re catching on! * You’re fantastic! * You’re important! * Thank for all you do! * You’re incredible! * You’re on target! * You’re on top of it! * You’re on your way! * You’re special! * You’re spectacular! * You’re unique! * You’ve discovered the secret! * You’ve got it! |

**Give *Specific* Praise**

**Formula: 1)** Choose any word/phrase from the list above, **2)** Insert the specific accomplishment, and **3)** pay a compliment (see next page)

**Example:** “It’s super (1) how you completed your homework before dinner (2). You should be proud of yourself!” (3)

**Ways to Give a Compliment**

* You're really something special.
* Thank you for being you.
* You're an awesome person.
* You have the best laugh.
* You brighten my day.
* I appreciate you.
* You are enough.
* You're strong.
* Your perspective is refreshing.
* I'm grateful to know you.
* You light up the room.
* You should be proud of yourself.
* You're more helpful than you realize.
* You have a great sense of humor.
* On a scale from 1 to 10, you're an 11.
* I'm inspired by you.
* You're like a ray of sunshine on a cloudy day.
* That color is perfect on you.
* Hanging out with you is always a blast.
* You help me feel more joy in life.
* You’re not afraid to be yourself.
* You're wonderful.
* You have cute elbows. For reals!
* Jokes are funnier when you tell them.
* You're better than a triple-scoop ice cream cone. With sprinkles.
* You're one of a kind!
* You're always learning new things and trying to better yourself, which is awesome.
* You're more fun than bubble wrap.
* When you make a mistake, you try to fix it.
* The people you love are lucky to have you in their lives.
* Your quirks are so you -- and I love that.
* When you make up your mind about something, nothing stands in your way.
* You're someone's reason to smile.
* You're even better than a unicorn, because you're real.
* How do you keep being so funny and making everyone laugh?