

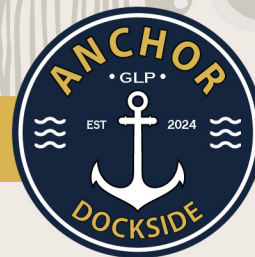
SERVED 7:00 AM - 11:30 AM

# Good Morning

## Full Breakfast Menu



ORDER ONLINE  
AnchorDockside.com



### Omelets (Three Egg)

<b>Cheese</b> (choice of cheese)	\$12.5
<b>Irish</b> (Swiss cheese, Corned Beef Hash, sauerkraut, dressing)	\$16.5
<b>BBQ</b> (pulled pork, BBQ sauce & cheddar cheese)	\$15.5
<b>California</b> (tomato, avocado & choice of cheese)	\$14.5
Cheese: American, Swiss, cheddar, feta, mozzarella	
<b>Favorite Fillings</b> (tomato, peppers, onions & spinach)	\$1
<b>Meats (Proteins)</b> (bacon, sausage, ham, Chorizo)	\$2.5

OMELETS SERVED WITH HOME FRIES & TOAST



### Sides

<b>Corned Beef Hash</b> (famous recipe)	\$6.5
<b>Home Fries</b> (grilled daily)	\$4.5
<b>Hash Brown Casserole</b> (cheesy!)	\$6.5
<b>Loaded Home Fries</b> linguica, green and red peppers, red onions, linguica sausage	\$8.5
<b>Eggs</b> (double   triple)	\$4.5   \$5.5
<b>Meat</b> (bacon, sausage, ham, Chorizo)	\$4
<b>Substitute</b> (croissant, Portuguese muffin)	\$1

### Baked Goods

<b>Colossal Muffins</b>	\$3.5
<b>Coffee Cake</b>	\$4.5
<b>Brownies &amp; Pastries</b>	\$4.5
<b>Doughnuts</b>	\$2.5
<b>Cinnamon Buns</b>	\$4.5
<b>Turnovers &amp; Strudels</b>	\$4.5
<b>Croissants</b>	\$4
<b>Bagels</b>	\$3
<b>Cakes &amp; Pies</b>	\$8

### Eggs, Waffles & Pancakes



<b>Pancakes</b> house-made (single   double)	\$7   \$12.5
<b>Belgian Waffle</b> strawberries & whipped cream	\$8.5
Add: blueberries, banana, strawberries or chocolate chips	\$1.5
<b>French Toast</b> (2) Country white bread, (2) sausage links	\$9.5
<b>All American</b> Two eggs, pancake, sausage, toast	\$16
<b>Eggs</b> Cooked your way	\$9
<b>Herb Scrambled Eggs</b> thyme, chives, parsley	\$10.5
<b>Eggs &amp; Veggies</b> eggs your way, spinach, tomato, onion	\$12

EGGS SERVED WITH HOME FRIES & TOAST

### Beverages (hot)

	SMALL   LARGE
<b>Gourmet Coffee</b>	\$2.5   \$3.5
<b>Latte</b> (2% or whole milk)	\$3.5   \$4.5
<b>Cappuccino</b>	\$3.5   \$4.5
<b>Mocha Coffee</b>	\$4   \$5
<b>Tea</b> (various flavors)	\$2.5   \$3.5
<b>Americano</b>	\$4
<b>Espresso</b>	\$2
<b>Hot Chocolate</b> (steamed milk)	\$4
<b>Ad flavor shots</b>	\$5

### Beverages (cold)

<b>Iced Gourmet Coffee</b>	\$2.5   \$3.5
<b>Iced Latte</b> (2% or whole milk)	\$3.5   \$4.5
<b>Iced Mocha Latte</b>	\$4   \$5
<b>Lemonade</b>	\$3   \$4
<b>Iced Tea</b>	\$2.5   \$3.5
<b>Milk</b> whole, 2% or chocolate	\$2.5   \$3.5

### Breakfast Sandwiches



<b>Mystic</b> (2) fried eggs, American cheese (choice of ham, sausage, Chorizo, bacon), toasted Kaiser roll	\$7
<b>Sunrise Steak</b> (2) eggs, shaved sirloin steak, red onion, American cheese, toasted Kaiser roll	\$9.5
<b>Breakfast Burrito</b> (3) scrambled eggs, spicy Chorizo Monterey-Jack cheese, salsa, flour tortilla	\$9.5
<b>SS Sausage</b> (2) fried eggs, American cheese, sausage patty, toasted biscuit	\$7
<b>Go West</b> (2) egg patty, green peppers, onions, diced spiral ham, toasted Kaiser roll	\$7
<b>Beach Melt</b> (2) fried eggs, American cheese, Kaiser roll	\$6

<b>Rhode Island Coffee Milk</b>	\$3   \$4
<b>Captain Dave</b> Lemonade & iced tea	\$3   \$4
<b>Shakes</b> Hershey's premium ice cream	\$8.5
<b>Cookies &amp; Cream</b> (Lactaid, almond milk)	\$9.5
<b>UN-spiked Frozen</b> Pina Coladas, daiquiris, mudslide	\$8.5
<b>Juices</b> orange, apple, cranberry	\$3

Anchor Dockside • 50 Beach Road • Groton Long Point, CT 06340 • Tel: (860) 295-4006  
OPEN 7 DAYS: Mon. - Sun. 7:00 Am - Close • Closing times are subject to seasonal variations.

# Lunch

SERVED 11:30 AM - CLOSE

Open 7-Days



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## Soups

New England Clam Chowder	\$8.5
Soup of the Day	\$8.5

## Flat Breads

SIZE 8" | 10"

Captain Cheese sauce, Mozzarella	\$10   \$15
Captain Pepper sauce, pepperoni, Mozzarella cheese	\$14   \$18
Aloha wood fired, rich, aromatic sauce	\$14   \$18
Virginia ham, pineapple, Mozzarella cheese	
Portuguese pizza sauce, Portuguese,	\$14   \$18
Chourico, Peppers, Red Onion, Mozzarella	
Piggy BBQ pork, BBQ sauce, Mozzarella	\$14   \$18

## Amazing Wood-fired Crusts!

## Perfect Drink Mixers! BYOB!

## Sandwiches (hot)

INCLUDES BRIOCHE  
ROLL, PICKLE & CHIPS

Black Angus Burger, lettuce, tomato	\$12
Mucke's Hot Dog, grilled all beef, 100 year old recipe	\$9
Steak & Cheese, peppers, onion, American	\$15
Meatball, pasta sauce, Provolone	\$14
Mystic Piggy, BBQ pork, coleslaw	\$14
Railway, Virginia ham, cheddar cheese, brown mustard	\$13
Mayflower, turkey, cheddar, green apple, brown mustard	\$14
Dory, Black Bean burger, Provolone, lettuce, tomato	\$15
Fisherman, Battered Cod, tartar, sauce, lettuce, tomato	\$14
Hot Honey Salmon, bacon, pineapple, lettuce, tomato	\$16
Lobster Roll, citrus butter, coleslaw	\$26

## Sandwiches (cold)

INCLUDES BRIOCHE  
ROLL, PICKLE & CHIPS

Chicken Salad, cranberry, walnuts, celery, mayo	\$12.5
Watchman, ham, cheddar cheese, brown mustard	\$12.5
Tuna Salad, lettuce, onion, celery, mayonnaise	\$12
BLT, lettuce, tomato, mayo, toasted country white	\$11
Lobster Salad, red onion, celery, mayonnaise	\$26

## Salads

Anchor, organic mix greens, red onion, strawberries, green apple, cucumber, walnuts, cranberry raisins, tomato	\$12.5
Caesar, romaine lettuce, Parmesan cheese, Italian croutons	\$12
Baja, Black bean burger, red onions, organic spring mix, tomato, cucumbers, green apples, and salsa.	\$18
Add Protein: grilled chicken, tuna or chicken salad	\$7

## Small Plates

Chicken Tenders, BBQ, buffalo, sweet chili	\$12.5
Korean Spiced Chicken, sweet chili, sauce	\$12.5
Korean Fried Cauliflower, sweet chili, sauce	\$12.5
Mozzarella Sticks, marinara sauce	\$10
Meatballs, (3) Italian style, Mozzarella sauce	\$12.5
Zucchini Sticks, marinara sauce	\$12
Charcuterie, seasonal fruits, cheese, nuts, spreads	\$24
Cod Fish Bites, beer battered Cod fish, yum-yum sauce	\$14
French Fries, switch to sweet potato fries (\$2 more)	\$6

## Wraps (Tomato)

LETTUCE, TOMATO  
PICKLE & CHIPS

Chicken Salad, walnuts, celery, cranberry	\$12
Tuna Salad, onion, celery, mayo	\$12
Chicken Caesar Salad (w/ walnuts)	\$16
Box Car, ham, turkey, lettuce, tomato	\$13
Baja, Black Bean, lettuce, tomato, onion, salsa	\$13
Buffalo Chicken, onion, cheddar, blue cheese	\$14

SUBSTITUTE FRIES FOR CHIPS \$4

## Child's Plates

Chicken Tenders	\$8
Grilled Cheese	\$7.5
Peanut Butter & Jelly	\$7
Chicken Tenders & Fries	\$11
Burger or Cheeseburger	\$8
Hot Dog, toasted roll	\$7
Little Captain Cheese Flat Bread	\$8



Please inform us if you have a food allergy. Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food-borne illness.