

Group Training Schedule

	MON	TUE	WED	THU	FRI
5:45am	307 SCULPT (30 MINS) Trainer: Joanie		307 SCULPT (30 MINS) Trainer: Joanie		POSSIBLE NEW SUMMER "OPEN GYM" OPTION ON FRIDAYS COMING IN MAY/JUNE. STAY TUNED!
8:15am		POWDER HORN* BOOTCAMP (45 MINS) Trainer: Joanie		POWDER HORN* BOOTCAMP (45 MINS) Trainer: Joanie	
10:15am		GROUP TRAINING (45 MINS) Trainer: Jenna		GROUP TRAINING (45 MINS) Trainer: Jenna	
12:15pm		GROUP TRAINING (30 MINS) Trainer: Jenna		GROUP TRAINING (30 MINS) Trainer: Jenna	
12:45pm		GROUP TRAINING (45 MINS) Trainer: Jenna		GROUP TRAINING (45 MINS) Trainer: Jenna	
1:30pm		GROUP TRAINING (30 MINS) Trainer: Jenna		GROUP TRAINING (30 MINS) Trainer: Jenna	
5:00pm	GROUP TRAINING (45 MINS) Trainer: Jenna		GROUP TRAINING (45 MINS) Trainer: Patty		



*8:15am Tue/Thu bootcamp classes are open to Powder Horn members only.