

West Hartford Black Hearts Rugby Club



2023 Practice Schedule (until town opens grass fields) 1st Practice Tuesday February 28th

Tuesday's @ Conard Turf // Thursday's @ Hall Turf // Saturday's – Alternating turfs

Coaches Contacts & Media

Shawn Brennan 860-883-0126 / Tim Foley 860-966-3588

Kevin O'Connell 860-995-7206 / Sean Sierra 860-796-2631

Team Website www.WHRugby.org / Team Email WHRugby@Outlook.com

Instagram [@westhartfordblackheartsrugby](https://www.instagram.com/westhartfordblackheartsrugby)

2023 To Do's

Text Coach Foley – Get added to group text in order to receive all timely updates

Fill out 2023 Player Waiver- Bring signed waiver to 1st practice, you cannot practice without it

Acquire – mouth guard, cleats and rugby shorts, see website for examples

Watch Rugby – YouTube, 6 Nations tournament in February on Peacock

USA Rugby Registration – See details on Website, all players must register \$37

Pay Team Dues – New Players can delay dues until after a few practices \$150

Attend Fundraiser - Parents/Relatives are invited April 8th 4-7 Rockledge Grill

2023 Game/Scrimmage Schedule (updates to schedule will be txt'd and on Website)

April 8th Saturday, @ Wilbraham/Munson Academy

April 22nd Saturday, Home vs MidState

April 28th-30th TBD, @ Aspertuck

May 7th Sunday, Home vs Shoreline

May 12th Friday, @ Southington

May 20th Saturday, @ Darien

May 27th Saturday, Home vs Fairfield

June 3rd Saturday, CT Cup Semifinals or @ New Hampshire

June 10th Saturday, CT Cup Finals or @ New Hampshire