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PEACH
PROMOTING EDUCATION AND COMMUNITY HEALTH

Wellness Room

Drop-In & Checkups

Step into health and recharge your energy!

Our Wellness Room is open for drop-in visits and health checkups.

- ♡ Quick blood pressure checks
- ♡ Blood glucose monitoring
- ♡ General wellness support
- ♡ Health education resources
- ♡ A safe, supportive space for you

Location:

Wellness Room, PEACH

127 Eddystone Avenue, North York ON M3N 1H5

Drop-In Hours:

Wednesday & Thursday, 11:00 AM – 5:00 PM

No appointment needed — just walk in!