

VERNON PHOTOGRAPHY CLUB

# newsletter

OCT 2026



LIGHT  
CAPTURE  
VISION



Vernon  
Photography  
Club

support - inspire - create



# PRESIDENTS MESSAGE

'Simple can be  
harder than  
complex'. -

*STEVE JOBS*

You'd think that with 86 billion neurons, 100+ trillion synapses connecting those neurons, and 4 billion years of evolution from our unicellular proto selves to our present supposedly sophisticated form, that our thinking processes might be pretty darn good. Alas, no. And part of this may be due to the sheer volume of information streaming at us... by some estimates 79 billion bytes of information per day. Try storing that in your hard drive! Our conscious minds can handle only a tiny fraction of that, maybe 120 bits per second, which is about equivalent to two people talking at the same time. So, little wonder that multitasking has been shown not to work well. Our brain's routing centre, the thalamus, suppresses the mundane, irrelevant, and repetitive while prioritizing for information affecting survival and things that we consciously focus on. The bottom line is that simple is frequently best for us in many ways.

Hence, for me at any rate, the appeal of relative minimalism in photography... the absence of distracting elements in any image is good, and the clarity of subject/purpose/image/storyline, or whatever you want to call it allows us to focus, give it our full attention, breathe it in, savour it, and acknowledge the image maker, the image, and reflect on what that means in our otherwise busy lives.

Happy, (and simple) shooting!  
Ron Long



# OCTOBER

## *happenings*

### OCT 3RD

#### **Deadline to submit images for Evaluation**

1. Monochrome- (See CAPA Themes under Oct 26 deadline)
2. In Another Country
3. Using a Mirror or reflective surface
4. Open

Images to be sized & submitted as per club guidelines

### 🎯 OCT 22ND

#### **In-Person Meeting Outdoors!**

This will be live outdoor meeting where we will learn creative long exposure light painting at Kekuli Bay. Meet at 7pm at the parking lot by the boat launch. Bring your camera and tri-pod if you own one.

### OCT 23RD

#### **Image pick up at Allen Brooks**

For those that loaned images to the summer exhibit this is the pick up date.

### OCT 8TH

#### **Zoom Evaluation Meeting**

Sit back at home and enjoy the show as our evaluators review the images from the Oct 3 submissions!

### OCT 25TH

#### **Deadline to submit CAPA Images to Committee**

Topic is Monochrome.  
Themes are Texture and Detail, Motion & Stillness, Isolation & Solitude, Working Hard

### OCT 19TH

**Outing to Llama Sanctuary & Tsutswew Provincial Park.** Check the club website for full details .



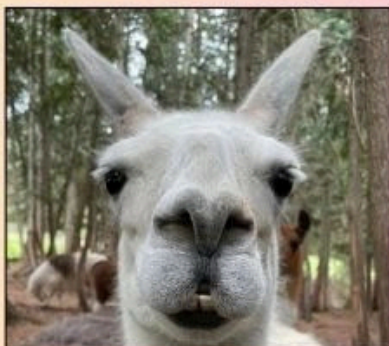
# CLUB OUTING OCTOBER



## SAVE THE DATE

[www.vernonphotographyclub.com](http://www.vernonphotographyclub.com)

Oct 19th  
Outing



The October outing will see us visit two attractions to the north of Vernon. The first stop will be at the Llama Sanctuary (<https://llamasanctuary.com>) in Tappen. The Sanctuary is home to North America's largest camelid rescue – it currently features 66 llamas and alpacas. It offers visitors a safe, supervised, up-close interaction with the rescued animals. The afternoon stop will be at Tsutswecw Provincial Park (formerly Roderick Hag-Brown Provincial Park) at the Adams River for a visit to the Salute to the Sockeye Festival (<https://www.salmonsociety.com/salute-to-the-sockeye/event-details/>) This Festival takes place during the dominant year (every 4 years) for the salmon. Along with an Interpretive Guided Tour, we will take in the colourful (but odoriferous spectacle) of the salmon returning to the Adams River to spawn.

### Here are the outing details:

**Date** – Monday, October 19, 2026

**Location & Time** – To enable carpooling and to ensure that everyone finds the sites, we will meet at the Village Green Mall, in the SE corner of the parking lot, behind the Esso Gas Station. We will meet at the Village Green Mall (as described above) at 9:30 AM

**Cost** – The Llama Sanctuary is giving us a discounted rate of \$12 per person. In addition, for the best experience, you may wish to purchase a 3 lb. pail of apples and carrots for feeding to the llamas and alpacas – at a cost of \$6.50 per pail.

The cost for admission to the Salute to the Salmon Festival is \$15 per vehicle – a good reason to carpool.

**Lunch** – Please bring along a packed lunch. We will be stopping for a lunch break along the way to the Adams River. Food trucks will also be available at the Salute to the Sockeye Festival.

**Accessibility** – We are not sure how much walking will be required at the Llama Sanctuary, but you can expect that some walking will be involved. The Sanctuary is wheelchair accessible. At Adams River, there will be a moderate amount of walking on level trails required.

**Pets** – The Llama Sanctuary advises that dogs are not permitted within the Sanctuary area and that the car park is not shaded. At the Salute to the Sockeye Festival, dogs must be kept on leash and are not allowed in the beach areas – they must be kept out of the water to avoid disturbing the salmon during the spawning process.

**What To Bring** – The Llama Sanctuary advises that you wear sturdy footwear. For the Salute to the Sockeye – don't forget your polarizing filter for shooting the salmon in the water – it will really help to get those great shots. Also, for the Adams River photography, we have been advised that photography within the river is not allowed.



# CLUB OUTING NOVEMBER



## SAVE THE DATE

[www.vernonphotographyclub.com](http://www.vernonphotographyclub.com)

Nov 1st  
Outing

The November Outing will take us up the King Edward Forest Service Road near Lavington to the Rim Rock Trail. This trail will take us to ancient lava beds that provide some great photographic opportunities. We will be doing this hike as a loop trail, leaving some vehicles at an access point to ferry the drivers back to the rest of the vehicles. Not far up the trail, we will walk to the bottom of the opening where you will get an up-close look at the lava beds. Carrying on along the trail, there are some steep pitches that will lead us onto the ridge where we will look down at the lava beds and discover some interesting geology. The views from the top are magnificent. The trail is approximately 4 km long. After we are back in the vehicles, we will drive up the road for a look at King Edward Lake, followed by a stop at beautiful viewpoint looking down into the Okanagan Valley above Oyama. The road will take us down to Oyama for the drive home.

**Here are the details for the September outing:**

📅 **Date** – Sunday November 1, 2026

📍 **Time & Location** – We will meet at the parking lot on Kalamalka Lake Road beside Sun Country Cycle (16500 Kalamalka Road in Coldstream) at 9:00 am. The gravel roads on this outing can be rough and are not suitable for cars – SUV's and pickups will be fine. We will minimize the number of vehicles travelling up to the trail as the parking along the road can also be limiting.

👣 **Accessibility** – This outing will involve hiking on some rough, uneven trails. While much of the walking will be on level on downhill slopes, there are some steep pitches that must be traversed to access the upper trail.

🎒 **What to bring** – Bring water and a bagged lunch. The weather can be chilly at the higher elevations – dress accordingly and don't forget the gloves. Wear good hiking shoes or boots. For the hike you may wish to minimize the amount of gear that you are packing but don't forget the spare batteries!

⚠️ **IF THE WEATHER IS SNOWY OR ICY WE MAY HAVE TO POSTPONE THIS OUTING.** If the weather is marginal, a notice concerning the outing will be posted on FaceBook.



# 2026-2027 CAPA & EVALUATION NIGHT TOPICS

## **Oct 3 -Deadline to Submit Images for Club Evaluation**

1. Monochrome- (See CAPA Themes under Oct 25 deadline)
2. In Another Country
3. Using a Mirror or reflective surface
4. Open

## **Oct 25- Deadline to submit CAPA Images to Committee**

Topic is Monochrome- Themes are: Texture and Detail, Motion & Stillness, Isolation & Solitude, Working Hard

## **Nov 7- Deadline to Submit Images for Club Evaluation**

1. Fine Art- (See CAPA Themes on January 10 deadline)
2. Cultures Across the Globe
3. Happiness Is
4. Open

## **Dec 5- Deadline to submit 1 or 2 images for the year- end showcase**

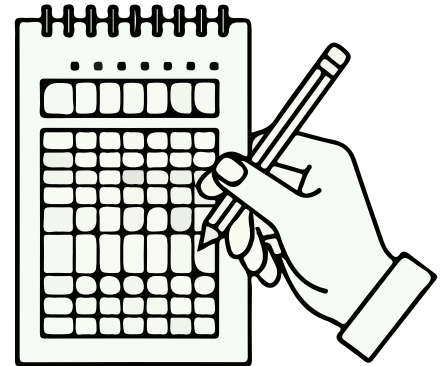
## **Dec 13- Deadline to submit North Shore Challenge Images to Club Committee**

## **Jan 9- Deadline to Submit Images for Club Evaluation**

1. Color Inspiration ( see CAPA Themes under Feb 7 deadline)
2. Mist/Fog
3. Feathered Friends
4. Open

## **Jan 10- Deadline to Submit CAPA Images to Committee**

Topic is Fine Art- Themes are: 1. Abstract & Creative Vision, 2. Human Form & Expression, 3. Landscape, 4. Motion & Time, 5. Still Life.



**Write  
down the  
dates!**



# 2026-2027 CAPA & EVALUATION NIGHT TOPICS

## **February 6- Deadline to Submit Images for Club Evaluation**

1. Canada My Country- (See themes under Mar 28 CAPA deadline)
2. Chaotic
3. Romantic
4. Open

## **February 7- Deadline to Submit CAPA Images to Committee**

Topic is Color Inspiration - Themes are: 1. Curves & Lines, 2. Movement & Energy, 3. Nature's Palette, 4. Color with a Human Touch, 5. Colors of culture

## **March 6- Deadline to Submit Images for Club Evaluation**

1. Canada My Country- See CAPA Themes
2. Nautical
3. Ground Level
4. Open

## **March 28- Deadline to Submit CAPA Images to Committee**

Topic is Canada My Country- Themes are: 1. Atlantic Zone (New Brunswick, Nova Scotia, Newfoundland & Labrador & Prince Edward Island), 2. Pacific Zone (British Columbia & Yukon) 3. Prairie Zone (Alberta, Manitoba, Saskatchewan & Northwest Territory), 4. Ontario Zone (includes Nunavut Territory), 5. Quebec Zone

## **April 3- Deadline to Submit Images for Club Evaluation**

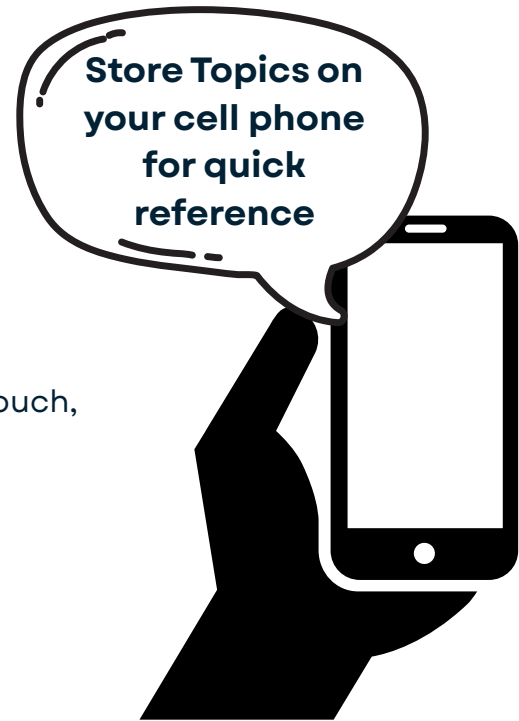
1. Leading Lines
2. Black & White plus one Color
3. Delicious
4. Open

## **May 8- Deadline to Submit Images for Club Evaluation**

1. Landmarks
2. Cocktails
3. In The Forest
4. Open

## **June 5- Deadline to Submit Images for Club Evaluation**

1. Magazine Shot
2. Panning/Action
3. By the Water
4. Open





# MONTHLY CAPA NEWS

Oct 3rd is the deadline to submit to the selection committee for the Monochrome competition.

## Submitted images must fall within one of the following themes:

**Texture & Detail** – Images that highlight the tactile qualities of surfaces and materials through close, attentive observation. Whether found in natural subjects such as bark, stone, and organic forms, or in architectural elements and weathered objects, these photographs should reveal patterns, wear, and structure with clarity. Successful entries evoke a physical response – making viewers feel as though they could reach out and touch the surface.

**Motion & Stillness** – Images that explore the interplay between movement and static elements, expressed through the tonal and interpretive power of monochrome. Techniques such as intentional camera movement, long exposure, panning, or freezing action may be used, but the emphasis is on how motion or stillness is conveyed through light, contrast, and form. Subjects may include flowing water, moving crowds, wind-shaped landscapes, dancers, machinery in operation, or celestial motion. Successful entries demonstrate how monochrome distills motion or stillness into a compelling visual experience.

**Isolation & Solitude** – Images that convey the experience of being alone – physically, emotionally, or psychologically. This may be expressed through a lone figure in a landscape, a solitary person in an empty interior, a contemplative face set against negative space, or a tightly framed portrait that communicates emotional distance. While the theme naturally invites portraiture, the challenge lies in using monochrome's tonal range to articulate isolation with subtlety and intention.

**Hands at Work** – Images that explore craftsmanship, labour, and human endeavour through tools, materials, working environments, or the traces left behind. Whether in agricultural fields, construction sites, workshops, factories, or artist studios, these photographs emphasize the relationship between people and the work they carry out. Strong entries use monochrome's tonal range to reveal effort, skill, and purpose with clarity and intention.

A reminder to all that metadata and editing information is required for images to qualify for submission to any CAPA Competitions. Also when it comes to AI, the fundamental requirement is simple: every element must be real and cannot be generated by an AI system or feature. Prohibited AI capabilities: In-painting, Out-painting, Text-to-image generation, and Generative Fill/Remove.



Have you tried entering an image for consideration  
by our club CAPA Committee?

Why not ask our CAPA Reps  
Kerry or Teri how it works?





it's time to  
renew your  
membership!



Visit the  
LINKS page  
on the club  
website!



## HELPFUL TIPS

**Today: light.**

**(Credit: Josh Dunlop @ Expertphotography.com )**

**There's no such thing as bad light. Only different light.**

**Some light just works better for some photos.**

**Soft light is gentle. Window light, cloudy days.**

**Gradual shadows that flatter a face.**



Hard light is bold. Midday sun. Deep shadows, sharp edges, strong contrast. It would ruin that portrait. It's exactly what a street photo wants.



Same sun. Different photo. Both right.

So don't wait for better light. Ask what the light you have is for.

People: soft light. A window, open shade, a cloudy day. Streets, buildings, texture: hard light. Midday shadows turn a scene graphic.

Almost anything: the hour after sunrise or before sunset.