

Vernon
Photography
Club

support - inspire - create

Monthly

Newsletter

OCTOBER 2025



Ron Long, Club President

Invisible threads are the
strongest ties -

Friedrich Nietzsche

A collection of autumn leaves in various shades of red, orange, and yellow, scattered at the bottom of the page.

President's Message

President's Message VPC October 2025

What can an individual do to live longer? Well, the list is long but includes picking your parents well, being a nonsmoker, getting 3 hours of moderate exercise per week, adopting a Mediterranean type diet or something similar, limiting alcohol consumption, knowing your blood pressure, and maybe getting some sun exposure most days. Starving might help. OK, we'll call it caloric restriction, and in yeast, worms, mice and monkeys, there is some evidence. I think I'll give that one a pass, as I suspect it would only make living seem longer, and I still like my piece of pie with ice cream on occasion.

What improves quality of life [reduced risk of dementia, increased happiness, etc.]? Among other things, maybe, sleeping well, having time in nature, learning, connecting, and having purpose. I'm not sure we can help with sleep, but, hey, look ...our goal at the Vernon Photography Club is to foster ongoing learning and connection through a love of photography. A lot of that is done in the great Okanagan outdoors, and although photography does not define who I am, it certainly does give me a sense of purpose. I hope it does the same for you, too. A reminder that learning and connecting is an active thing, so please join us and spread the joy this Fall!

Ron Long

CLUB DATES TO NOTE



Oct 4th

Deadline to Submit Images for Club Evaluation

1. Monochrome- See CAPA Themes
2. It's a Bugs Life
3. Man's Best Friend
4. Open

Image(s) to be submitted to
vernoncamera@yahoo.com

Oct 9th

Zoom Evaluation Meeting

Join us as our evaluators review this month's submission of images highlighting the following topics:
Monochrome, It's a Bugs Life, Man's Best Friend, Open

Oct 11th

Harvest Festival Outing

The October Outing will be to the Harvest Pumpkin Festival in Armstrong. This free event mostly takes place at the Armstrong Fairgrounds although many of the Downtown Armstrong businesses decorate on a Pumpkin theme providing some interesting displays. At the fairgrounds activities will include pumpkin weigh-ins, pumpkin sculpting and the Great Pumpkin Launch.

Oct 23rd

In Person Meeting- Stay tuned to the Club Calendar & Facebook page for the details to be announced!

Oct 26th

Deadline to submit CAPA Images

Monochrome- See CAPA Themes
Image(s) to be submitted to
vpccapa@gmail.com

The Club Calendar
on our Website
is your
One-Stop-Shop
for full details on
all events!

*See
Full
Details*

vernonphotographyclub.com

Outing News

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SEPT OUTING

Outing Monday Sept 29th
MYRA CANYON BIKE OR HIKE



The first outing of the year will take us up to the Kettle Valley Rail Trail at Myra Canyon, near Kelowna. This is a beautiful trail along the old Kettle Valley railbed and includes numerous wooden trestles and a couple of tunnels. The views down into the Okanagan Valley are stunning and should provide some great photographic opportunities. The level trail is ideal for biking or hiking. For those planning to bike, we will coordinate the

transport of bikes up to the Myra Canyon trail head. If you would like to rent a bike, Myra Canyon Bike Rentals is located at the Myra Canyon trail head and bikes can be reserved on their website at myracanyonerental.com

Here are the details for the September outing:

📅 Date - Monday, September 29, 2025

🕒 Time - We will meet at the Myra Canyon trail head at 9 AM. For those wishing to convoy and/or help with the transport of bikes and/or other Club members, we will meet at the SE corner of the Village Green Mall parking lot (behind the ESSO Station) for a 7:30 am departure.

📍 Location - We will be meeting at the Myra Station Parking lot. This route takes us up the Myra Forest Service Road - with 8 km of gravel surface. There is another access point for the trail up the June Springs Road - DO NOT TAKE THIS ROAD. Route directions will be provided for those planning to attend prior to the outing.

🎒 What to bring - Bring water and a bagged lunch. The weather can be chilly at the higher elevations - dress accordingly and don't forget the gloves. If biking, you will need a helmet. Bring extra charged batteries for your camera.

📧 Please let us know if you are planning on attending this outing at vpcoutings@yahoo.com with the following information:

o Will you be biking or hiking?

o Will you be meeting the group at Myra Canyon or at the Village Green Mall?

o Do you need a ride to the trail head?

o If driving, do you have capacity to take additional bikes and/or passengers?

www.vernonphotographyclub.com

OCTOBER OUTING

HARVEST
PUMPKIN
FESTIVAL

SAT OCT 11TH

The October Outing will be to the Harvest Pumpkin Festival in Armstrong. This free event mostly takes place at the Armstrong Fairgrounds although many of the Downtown Armstrong businesses decorate on a Pumpkin theme providing some interesting displays. At the fairgrounds activities will include pumpkin weigh-ins, pumpkin sculpting and the Great Pumpkin Launch.

Here are the details for the October outing:

📅 Date - Saturday, October 11, 2025

🕒 Time - We will meet at 10:30 am at the Pumpkin Weigh-In. For those wishing to carpool and convoy to Armstrong, we will meet at the Village Green Mall in the SE corner of the parking lot, behind the ESSO gas station at 10:00 am.

📍 Location - The action takes place at the Armstrong Fairgrounds.

We look forward to seeing you on the Outings!

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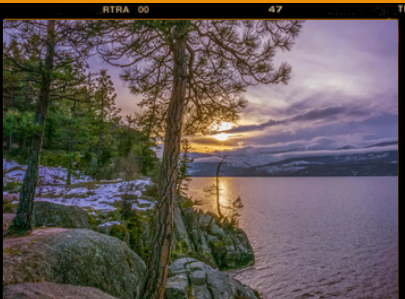
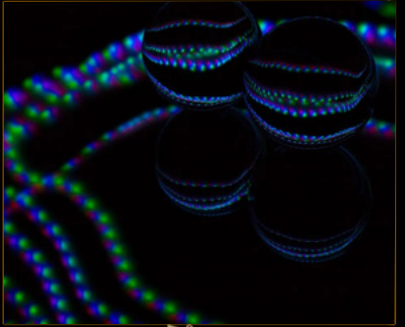
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Club CAPA NEWS



All members have the option to submit images (should they choose to) at the Club level for consideration for entry. Or they are welcome to have their own CAPA membership and submit on their own. While you are out shooting this fall, please keep in mind this year's CAPA competitions. We encourage all of our members to submit images for consideration to next season's CAPA competitions, whether you are a new or experienced photographer. Please feel free to chat to our club CAPA reps Terri or Kerry for more information.

CAPA Competition	Themes	Club Submission Dates
Nature / Wildlife	Botanical. Insects, Reptiles & Amphibians Landscape Nature Wildlife	September 28, 2025
Monochrome	Candid Person(s) Natural Surroundings Dramatic Contrast & Shadows Nostalgia	October 26, 2025
Fine Art	Abstract Landscape Creative Vision Still Life	January 11, 2026
Inspiration Open Colour	Man-Made Environments Seasonal Transitions Action & Motion Cultural Events Close-up	February 8, 2026
Triptych - Three Images	Community Stories Human Connections Nature Scene Abstract Transformation	March 22, 2026
Canada My Country	Atlantic Zone (New Brunswick, Nova Scotia, Newfoundland & Labrador & Prince Edward Island) Pacific Zone (British Columbia & Yukon) Prairie Zone (Alberta, Manitoba, Saskatchewan & Northwest Territory) Ontario Zone (includes Nunavut Territory) Quebec Zone	April 5, 2026





Club Evaluation Topics Coming up Next

Oct TOPICS:

- 1. Monochrome- See CAPA Themes
- 2. It's a Bugs Life
- 3. Man's Best Friend
- 4. Open
- Image(s) to be submitted to vernoncamera@yahoo.com using club naming & sizing guidelines.



Starting in Sept

**IMPORTANT
ANNOUNCEMENT**

Image Submission
Deadline will change to
Saturday Nights!



DEADLINE

to submit Oct 4th

SUBMIT TO:

VERNONCAMERA@YAHOO.COM

**All Image submission deadlines and topics are
listed in the Club Website Calendar!**

**Do you
have an
idea for a
meeting
speaker?**



Tech Tip

Before you even take the shot, pay attention to the direction and softness of the light. If the light is too harsh, you could get bad shadows going across your subject, which is especially a problem for portrait photography. If the light is coming from an unflattering angle, see what you can do to move the light source, yourself, move the subject or wait until the light is better.



*why would
A FARMER MAKE
a good Photographer?*

*BECAUSE
they know
HOW TO HANDLE
the crop!*

Who do you follow
on Social Media for
fun Photo
Inspiration and
Tech Tips?



Send in your favorites to share with
other members:

vernonphoto.news@gmail.com

This month's member suggested
Photographers to check out:

@vivianmaierarchive

@johnemarriott

@trav_in_the_bush



TEEN Photo Contest

- Deadline to Enter: December 6, 2025
- Image Category: Open
- How to enter: vernonphoto.news@gmail.com

ENTER YOUR FAVORITE PICTURE



Prizes:



First Place
Wins \$200



Second Place
Wins \$100



Third Place
Wins \$50



INFO



Meet Some Fellow Members



Meet Jon Bevan- Pritchard

Jon lives in Vernon at Predator Ridge and started taking pictures in 1985 during his first visit to Europe with a Minolta X700.

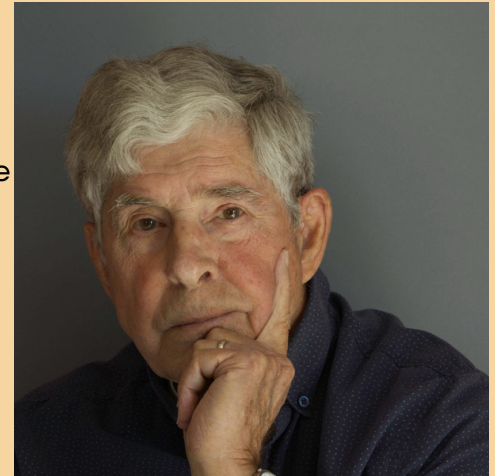
Jon loves to shoot Landscape as his main subject, in particular during travel. He also likes to photograph Wildlife.

Jon hopes to learn more about Composition, and telling the story, as well as post processing.

He currently shoots with a Sony Mirrorless, iPhone 14 Pro, and DJI Mini 4.

Meet Larry Adamache

Larry lives in Coldstream and started taking pictures at the age of 16. He loves to shoot nature. Larry feels that he has already learned more about photography than he will ever need to know, so continues to search for unique subject matter with an aesthetic appeal. He also spends considerable time exploring and appreciating the work of other nature photographers around the world (this is also a learning experience). Larry shoots with a Canon 1DS3 and R5 cameras.



Meet Tyler Martin

Tyler lives in Vernon, BC and has been taking photos for about 17 years. It wasn't till about 2018 when Tyler picked up a DSLR and began learning the fundamentals of the camera and photography. His favorite thing to shoot is portraits, families and weddings but he says that nature is what he is most passionate about. Our planet has such an abundance of beautiful wildlife, landscapes and even beyond our planet taking in the night sky with astrophotography. Tyler hopes to learn more about photo contests, critiquing images and how I can improve. He would love to be a full time nature photographer/videographer and would welcome any help or advice on how to accomplish that. Tyler shoots with Canon, using the Canon R7 primarily for photographing wildlife and the Canon R5 for everything.

"Your photography is a record of your living, for anyone who really sees."

- Paul Strand

