# **Standardized Field Sobriety Testing Sheet**

# **Horizontal Gaze Nystagmus Test**

- 1. Do you wear contacts?
- I want you to stand with your feet together touching heel-to-heel and toe-to-toe
- 3. Put both your arms to your side and keep them there
- Look forward and follow the stimulus with your eyes only do not move your head
- Do you understand? (check for equal tracking and equal pupil size)

#### Clues

Lack of smooth pursuit

(2 secs out and back)

Distinct and sustained nystagmus at maximum deviation (hold for 4 secs on each side)

Onset of nystagmus prior to 45 degrees

(move at speed where it takes 4 secs to reach maximum deviation)

Vertical nystagmus (hold for 4 secs)

**Total Clues:** (max of six clues, three in each eye)

Name:		
DOB:		
DL Number:		
State's Test:	Breath	Blood
State's Test Refused:	Yes	No
State's Test Refused:	Yes	No

Left	Right	

## Walk and Turn Test

## Instruction Stage

- Place your left foot on the line (real or imaginary) and put your right heel against your left toe
- 2. Put your arms by your side and keep them there
- 3. Stay in this position until I tell you to start the test
- 4. Do you understand?

## Walking Stage

- When I tell you to start, I want you to take nine heel-to-toe steps on the line, when you reach nine I want you to make several small steps leaving your front foot on the line and then take nine heel-to-toe steps back down the line (demonstrate all steps and the turn)
- Keep your arms by your side during the test
- 3. Count your steps out loud and watch your feet
- 4. Do you understand?

#### Clues

Instruction stage:

Can't keep balance during instructions

Starts test too soon

Walking stage:

Stops walking during the test

Misses heel-to-toe (has to be atleast a half inch gap to count)

Steps off the line

Raises arms to balance

Makes an improper turn

Took wrong number of steps

**Total Clues:** (max of eight clues)

## One Leg Stand Test

## Instruction Stage

Yes

1. Stand with your feet together

No

- 2. Put your arms by your side and keep them there
- 3. Stay in this position until I tell you to start the test
- 4. Do you understand?

## Balance and Counting Stage

- When I tell you to start, raise one leg approximately six inches off the ground with your foot parallel to the ground (let them choose which leg)
- Keep both of your legs straight and keep your arms by your side during the test
- While your leg is raised off the ground, I want you to count out loud in the manner, one thousand one, one thousand two, until told to stop (do not exceed 30 secs)
- 4. While you are counting, I want you to look at your foot that is raised
- 5. Do you understand?

## Clues

Sways while balancing

Raises arms to balance

Hops

Puts their raised foot down

**Total Clues:** (max of four clues)

# **Additional Field Sobriety Tests Sheet**

## **Lack of Convergence Test**

- 1. I want you to stand with your feet together touching heel-to-heel and toe-to-toe
- 2. Put both your arms to your side and keep them there
- 3. Look forward and follow the stimulus with your eyes only do not move your head
- 5. I am going move the stimulus around in a circle and then move it in front of the bridge of your nose but I will not touch you
- 4. Do you understand?

# Name: DOB: DL Number: State's Test: Breath Blood State's Test Refused: Yes No

### Clues

Lack of convergence (move the stimulus in a circle, make two passes and then come down at a 45 degree angle towards the subjects nose and stop two inches from bridge of nose)

Present

**Not Present** 

# **Romberg Balance Test**

- 1. I want you to stand with your feet together touching heel-to-heel and toe-to-toe
- 2. Put both your arms to your side and keep them there
- When I tell you to, I want you to tilt your head back and then close your eyes
- 4. When I tell you to begin, I want you to estimate the passing of 30 seconds to yourself
- When you believe 30 seconds have passed, I want you to open your eyes and bring your head forward and say stop
- 6. Do you understand?

## Clues

Difficulty following simple instructions
Amount and direction subject sways
Subject's estimated passage of 30 seconds
Eyelid and/or body tremors
Muscle tone (flaccid or rigid)

## **Finger Count Test**

- I want you to stand with your feet together touching heel-to-heel and toe-to-toe
- When I tell you to, I want you to raise your left hand with your palm facing upward
- 3. You are then going to touch your index finger to your thumb, and count one, then your middle finger to your thumb and count two, then your ring finger to your thumb and count three, then your pinky finger to your thumb and count four
- 4. I want you to do the same thing with your right hand
- 5. I want you to raise your left hand again and do the same thing but then go back in the reverse order starting with your pinky finger touching your thumb and counting from four to one
- 6. Do you understand?

### Clues

Difficulty following simple instructions
Subject does not count as instructed
Subject does not touch their fingers as instructed
Subject does not perform correct number of sets

## **Finger to Nose Test**

- 1. I want you to stand with your feet together touching heel-to-heel and toe-to-toe
- Make a fist with both hands and extend your index finger and rotate your palms facing upward
- 3. When I tell you to, I want you to tilt your head back and then close your eyes
- 4. When I tell you to, raise either your left or right arm and touch your finger to the tip of your nose and then bring your arm back down to your side
- Make sure you keep your arm straight and only touch the tip of your nose with the tip of your finger
- 6. Do you understand?

(make sure you follow this sequence: left/right, left/right, right/left)

#### Clues

Difficulty following simple instructions
Amount and direction subject sways
Eyelid and/or body tremors
Muscle tone (flaccid or rigid)
Depth perception (how fast subject touched their nose)
Touched their nose improperly
Subject did not follow the correct sequence
(touched their nose with the wrong arm)

(optional) PBT result: