

# FLOOR EXERCISE—LEVEL 9 (3A, 4B, 1C)

## SV 9.7 Max. of .30 CV Bonus

*All 'A', 'B', 'C' elements plus 'D/E' dance elements allowed*

*Allowed to performed ONE restricted "D/E" element from any group (receives "C" VP credit)*

### SPECIAL REQUIREMENTS

|  |                  |
|--|------------------|
| <b>Acro series w/ 2 saltos OR 2 directly conn. Saltos</b> (same or different)                                      | <b>SR .50 ea</b> |
| <b>3 Different saltos</b> (not aerials) within the exercise  |                  |
| <b>Dance pass with min. two (2) diff. Gr 1 elements</b> (direct or indirect) One must be 180° leap (cross or side) |                  |
| <b>Last isolated salto or within last salto connection must be min. 'B'</b>  |                  |

### BONUS CONNECTIONS

|  | +1                                   | +2                     |
|--|--------------------------------------|------------------------|
| <b>ACRO DIRECT</b><br>Saltos/Aerials             | <b>BB</b><br><b>AC</b><br><b>AAC</b> | <b>BC</b><br><b>CC</b> |
| <b>ACRO INDIRECT</b><br>Saltos/Aerials           | <b>A/B + A/B + C</b><br><b>CC</b>    |                        |
| <b>2 *DANCE/MIXED</b><br>(acro must have flight) | <b>CC (same or different)</b>        |                        |

**\*No CV for turn followed by jump**

### COMPOSITION

|  |                      |
|--|----------------------|
| Failure to perform Saltos OR Aerials in 2 diff. directions; BWD <u>and</u> FWD/SWD (Arabian = FWD) | <u>.10</u>           |
| Lack of Turn on 1 Foot, min. B   | <u>.20</u>           |
| Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)                               | <b>each type .10</b> |
| Insufficient use of the FX area—spacially (floor pattern)  | ^ .10                |
| <b>Choice of Dance elements not up to competitive level (see chart)</b>                            | ^ .20                |
| <b>Choice of Acro Saltos not up to competitive level (see chart)</b>                               | ^ .20                |
| <b>Choice of Last Salto or salto within last acro connection (see chart)</b>                       | ^ .10                |
| Lack of min. B Salto in the exercise   | <u>.30</u>           |

### EXECUTION

|  |                  |
|--|------------------|
| Incorrect rhythm during direct connections   | ea ^ .10         |
| Lack of precision in Dance Value Parts   | ea ^ .10         |
| <i>(ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)</i>            |                  |
| Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet                   | ea ^ .10         |
| Concentration pause (2 sec.) prior to difficult elem. or acro series                           | ea .10           |
| Fail to perform Group 2 turns in high releve   | ea ^ .10         |
| Poor relationship of music and movement throughout exercise                                    | ^ .20            |
| Relaxed/incorr. Footwork in non-VP - throughout  | ^ .20            |
| Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout               | ^ .30            |
| Missing synchronization of movement with musical beat throughout                               | ^ .30            |
| - Each time <b>.05</b> _At end of exercise <b>.10</b>  |                  |
| Absence of Music or Music w/ words/song ( <i>whistles, animal &amp; human sounds allowed</i> ) | <b>(CJ 1.00)</b> |
| Coach on FX mat ( <i>levels 6/7/8/9/10</i> ), one time   | <b>(CJ) .50</b>  |
| <b>Insufficient Dynamics</b>   | ^ .20            |
| <b>Artistry/Presentation</b>   | ^ .30            |
| *Originality/creativity of choreography in elements & connections                              | .05 -.10         |
| *Quality of movement to reflect personal style   | .05 -.10         |
| *Quality of expression (i.e. projection, focus)  | .05 -.10         |

## CHOICE OF ACRO ELEMENTS ON FLOOR - LEVEL 9

|              | Formula 1 (3-Pass Routine)           | Formula 2 (2-Pass Routine) |
|--------------|--------------------------------------|----------------------------|
| No deduction | C—C—C<br>C—C—B+B                     | C + A/B/C—C + A/B/C        |
| 0.05         | C—C—B+A                              | C—C + A/B/C                |
| 0.10         | C - B+B - B+B<br>C—C—B               | C—C+B                      |
| 0.15         | C - B+B - B<br>D - C+B - C (or less) | C - C and A (indir.)       |
| 0.20         | No 'C' Saltos                        | No 'C' Saltos              |

" - " signifies marker between passes, "and" signifies indirect conn., "+" signifies bonus conn.

## CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 9

|              |     |
|--------------|-----|
| No deduction | C—C |
| 0.05         | C—B |
| 0.10         | C   |
| 0.15         | B—B |
| 0.20         | B   |

## DISMOUNT

**VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL**

|              |                         |
|--------------|-------------------------|
| No deduction | C<br>B+B                |
| 0.05         | B and B (indir.)<br>B+A |
| 0.10         | B and A (indir.)<br>B   |

### NO DISMOUNT:

|   |     |
|---|-----|
| No Dismount (from SV)   | .30 |
| No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated | .30 |

### CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

|  |                |
|--|----------------|
| Absence of music or music w/words or song/speech   | 1.00           |
| Any part of the body touching outside of the floor ex border marking   | each time 0.10 |
| Coach on FX area inside the border marking (6/7/8/9/10)<br>(no ded. If coach in FX area to remove object or adjust/remove mat) | 0.50           |
| Exceeds 30 Second Fall Time  | terminated     |
| Excessive use of magnesia or incorrect tape usage  | 0.20           |
| Fail to mark the boundary line on additional mats which cover boundary   | 0.10           |
| Failure to observe specified warm up time (after warning)  | 0.20           |
| Failure to present to CJ before & (either judge) after exercise  | each time 0.10 |
| Gymnast fails to begin exercise within 30 sec. after CJ signals  | 0.20           |
| Incorrect attire - incl. unacceptable jewelry (after warning)  | 0.20           |
| Overtime (1:30)  | 0.10           |
| Short Exercise (Floor routine less than 30 sec.)   | 2.00           |
| Start exercise before signal (deduct from repeated performance)  | 0.50           |
| Technical Verbal cues by coach or teammate(s) (after warning)  | 0.20           |
| Unsportsmanlike conduct of gymnast (after warning)   | 0.20           |
| Use of unauthorized or additional mats   | 0.30           |
| Using incorrect apparatus specifications, incl. incorrect spring conf.   | 0.30           |

**\*1.00 is score awarded to any optional routine that will be awarded a score equal to or less than 1.00**