

USA Gymnastics Florida Competition Rules

Updated for 2026 – 27 Season

TONI RAND USA GYMNASTIC SACC

www.usagfl.org

Email: AmTwist@aol.com

USA Gymnastics Competitions – State Meets and State qualifiers

All competitions listed on the Florida USA Gymnastic calendar are State meet qualifiers

- Florida USA Gym will host state meets for Levels 1 -10 and XCEL
 - Fall Season: Levels 1, 2, 3, 4, 5 & XCEL B/S
 - Spring Season: Levels 6, 7, 8, 9, 10 and ALL XCEL divisions
 - Athletes may compete in one state meet in the fall and one in the spring
 - Athletes at level 1, 2, 3, 4 & 5 XB/S must compete in Florida qualifiers in the fall to qualify for the Florida Fall State meets
- Athletes at level 6, 7, 8, 9 & 10 & XCEL competing in the Spring season, in addition to Florida USA GYM qualifiers, may also use scores from out of state USA Gym competitions to qualify for the State meets in the spring
- Athletes may compete in as many qualifiers as they need or want to
- **DECLARATION DATE:** Declaration date is the date that the athlete declares their level/division for the rest of the competitive season and for state meet qualification
 - **October 19** : Levels 1- 2-3-4-5 & XCEL B/S competing in fall season
 - **February 15** : Levels 6-7-8-9-10 & all XCEL Divisions competing in spring season
 - Athletes may not drop back during the season after the declaration dates
 - Athletes may MOVE UP a level after declaration date but must compete at that level for rest of the season – Athletes may not move back and forth between XCEL and DEV after the declaration date.
 - Athletes may not drop back after competing in a State competition at that level
 - Athletes that move up a level from the previous year and compete in competitions after the declaration date and then want to drop back must petition to the Florida State Committee for level 8 & below & the Regional Committee for approval for level 9/10
- **Qualifying Scores: 2026-27 season for State Competitions**
 - **Levels 1 – 10 and all Xcel divisions: 32.00AA**
 - **Any athlete at level 6-10 & XCEL who is competing in the same level as the previous year and competed and achieved a score of 32.00AA at the Regional meet at that level is automatically qualified to the State meet at that level**
- Specialists
 - Level 10 Specialist: 9.0 on event
 - Level 9 Specialist: 9.0 on event
 - Level 8 Specialist: 9.0 on event
 - Clubs do not have to declare that an athlete is a specialist however should inform state meet hosts if their athlete does not plan to compete AA when possible -

- Entry Fees for State Competitions
 - Level 1 – 10 and all XCEL Divisions : \$135.00 per athlete
 - Team Fee all Levels: \$50.00
 - Entry deadlines are @ 3 – 4 weeks prior to event date or as posted on calendar
 - Entry deadlines are strictly enforced
 - All entries must be in the hands of the meet director by deadline date (not postmarked) with ALL fees paid or late fees will be assessed – it is the club responsibility to know deadline dates and enter on time – it is not the responsibility of the Meet Director or Florida USA Gym
 - REFUNDS OF STATE ENTRY FEES: No refunds will be given after the entry deadline date - this will include any athletes that are not qualified that a club elects to enter. Clubs will have a choice to enter an athlete by deadline date for no refund if they have not yet qualified or enter the athlete late after they qualify and pay the entry fee plus the \$50 late fee
 - The last day to enter an athlete in a state meet is the Monday before the state meet
 - CLUBS WILL NEED TO REGISTER FOR ALL STATE MEETS AT MEET RESERVATION AT THE NATIONAL USA Gymnastic web site– after you enter you must either send a check to meet host or pay on line depending on the meet host – your entry is not considered complete until ALL FEES ARE PAID IN FULL – AND IN HANDS OF MEET HOST
 - If a club enters late, the Club will not be allowed to compete in the State meets until all entry fees and late fees have been paid in full
 - **Clubs that enter after the schedule has been set may be allowed to enter the competition however, athletes will be placed into any session that works for the competition. Athletes that need to be placed in sessions that are not their age group will not receive awards, count for team or be able to qualify to regional competition if qualification is by percentage from the state meet.**
 - Late Fees
 - \$50.00 late fee per athlete will be assessed for late entries plus a \$100 club fine for the 1st time a club is late in one season
 - A \$500 fine will be assessed if a club is late a 2nd or more times in the same competition season (August 1 – July 31)
 - See the Florida calendar on the USAG-Florida website for dates, information and deadline dates for all State Meets – www.usagfl.org

Format for Competition at State Competitions

- Levels 1 – 5 and XCEL Bronze and Silver
 - Athletes will be divided by birth date into equal sessions
 - Either youngest to oldest or oldest to youngest as determined by SC and Florida state committee
- Levels 6, 7 & 8 and XCEL Gold, Platinum, Diamond & Sapphire State meets
 - Athletes will be divided into age groups by birth date and will compete according to the draw by the Florida committee
 - The draw will be announced prior to the competition entry date
- Levels 9 & 10 State meets
 - Athletes will be divided into age groups by birth date and will generally compete youngest to oldest however actual schedule will be determined by SAC and Meet host
 - Level 10 seniors will generally compete in the last session on Saturday evening

State Team Competition Rules

- Clubs enter the Team competition by paying the team entry fee with their entry
- Clubs may not enter the Team competition after the divisions for the State meet have been announced
- Divisions
 - Clubs will be divided into divisions based on the number of athletes each club has in the state meet
 - After all entries are received, the teams will be ranked by number of athletes in order from largest to smallest
 - The following format will be used for Level 1 – 10 and ALL XCEL
 - 1 – 10 clubs: 1 Division
 - 11 – 20 clubs: 2 Divisions
 - 21 – 30 clubs: 3 Divisions
 - 31+ clubs: 4 Divisions
 - Clubs will be divided as equally as possible among divisions
- Club divisions will be announced no later than 10 days prior to the competition
- Once team divisions have been announced a club may not move to a smaller division due to scratches - Clubs that ADD athletes may be moved to a larger division
- Athletes that enter a state meet with one team and then move to compete with another team may NOT count toward the team score at the State meet
- Number of counting scores for Team competition
 - 3 scores will count for all levels and all divisions
- Team State Banners
 - 1st place thru 5th place at all divisions
- State Meet Award policy for athletes
 - Events: 50% plus 1 State medals for all levels
 - All Around
 - Levels 1 –5 & XCEL B/S/G 100% AA state medals
 - Level 6-10 & XCEL P/D/SA – 50% plus 1 State medals

NEW Refund Policy for State Qualifiers and State Meet Cancellations– All competitions on the Florida calendar are State meet qualifiers

- If the Competition Host Cancels the event, then clubs will receive a 100% Refund of all entry fees paid
- If the Competition is Cancelled for a reason outside the control of the Host (weather, facility issue, local municipal ordinance, etc.) then clubs will receive either (1) a 75% refund of all entry fees paid if cancelled within 2 weeks of the event OR (2) a 100% refund of all entry fees paid if cancelled more than 2 weeks before the event.
- Competitions hosts can submit a waiver to the FL USA Gymnastics Board if there are extenuating circumstances that they feel may warrant a modification. Any modification will be at the discretion of the Board and will require supporting documentation.
- In the event that a Competition Host does not comply with the approved refund policy, then the host will not be permitted to host/run a state qualifier for 2 years
- Competition hosts will agree to the refund policy prior to being put on the calendar

Qualifying to Regional Competitions

- Levels 6,7 & 8 will qualify to the Regional meet by a percentage from the state meet
 - Exact number will be determined based on numbers from previous state meets
 - Petitions are not allowed to qualify to the regional meet and athletes must compete with their age group to be eligible to qualify to the regional meet
- Levels 9 must achieve a 35.00AA at the State meet
- Level 10 must achieve a 35.00AA at the State meet
- Level 9 Event Specialist will qualify to the Regional meet by achieving a 9.5 at the State meet on event
- Level 10 Event Specialist will qualify to the Regional meet by achieving a 9.25 at the State meet on event
- Level 9/10 athletes may petition to the regional meet – score required to petition must be 1(one) point higher than the regional qualifying score for each level (36.00AA for petitions)
- XCEL gold, platinum, diamond athletes will qualify to the Regional meet by percentage from the state meet (Bronze and Silver are NOT eligible to enter a regional meet)
 - Exact numbers will be determined just before the XCEL state meet
 - Athletes must attend the Florida state meet to qualify to the Regional competition
 - Florida will enter a State team at Gold, Platinum & Diamond at the Regional meet
 - Athletes must compete in their age group and assigned session in order to qualify to the regional competition
 - Petitions: Sapphire athletes may petition to the regional competition – must have a score 1 point higher than the regional qualifying score

USA Gymnastics Florida Competition Calendar

- Competition Season: August 1—July 31st
- All requests for qualifying competitions must include the following:
 - Judges Request Form (available on Florida USA Gym web site)
 - This form must be filled in completely and mailed to Florida USA Gym State chairman with ALL fees no later than May 1st
 - A copy must be emailed to Florida NAWGJ
 - Florida qualifiers require that the host club/organization and the meet director must be Florida USA Gymnastics Club Member and Florida professional member. The competition must be open to all Clubs in Florida.
- Competitions are placed on the calendar on a first come basis beginning January 1st
- All paperwork and fees must be complete before a competition will be placed on the Florida USA GYM qualifying calendar
- Request for Judges
 - Meet directors may request judges by name or request that a judge not be assigned to their competition. Requests are not guaranteed
 - This must be included on the form or by email no later than August 15th
 - Judges may not solicit meets or ask meet directors why they are not on their meet
- Fees that are due with judges Request Form
 - \$5.00 per judge request payable to Florida NAWGJ (non-refundable)
 - **\$300 deposit per competition to Florida USA Gym (non-refundable) for qualifying meets**

This deposit will be applied to the fee that is due after that competition. The deposit may not be applied to any other competition or be credited toward any other competition.

- **FEE DUE per athlete within 30 days following the competition**
 - **\$2.00 for all athletes in the competition up to 500**
 - **\$1.00 for all athletes after 500 in the competition All Fees are non-refundable**

The \$300 deposit is only due from competitions that wish to be considered as qualifiers

The competition fee that is collected from all sanctioned events will pay for the following:

- Travel for SACC to attend all meetings
- Athlete support in the form of gifts, entry fees that the SACC votes each year to pay for
- Free educational opportunities for Florida USA Gym members
- Senior gifts for our graduating athletes
- Misc office expenses for the SACC – ink – paper – etc
- Donations to funds for athletes and clubs in need
- Support to the level 9/10 State meet for expenses of awards
- Cancelling a Florida USAG qualifying competition
 - Any competition that is cancelled within 30 days of the date of the competition will pay \$500 cancellation fee to Florida USAG
- Submissions for ALL Florida qualifying Competitions
 - Will be accepted as of January 1st for the following season
- All requests for a FL USA Gym Qualifying competition must be received by MAY 1st
 - Competition requests received after MAY 1st for the upcoming season will NOT be considered State Qualifiers & may only be used for mobility purposes. Meet Directors or Organizations that have not paid USA Gym fees/and or fines will not be able to place any competitions on the Qualifying calendar until all fees are paid in full

Sanction Guidelines

- All National sanction guidelines must be followed
- Rules and Policies are available at www.usagym.org
- All sanctioned qualifying competitions must be open to all Florida clubs
- All qualifying competitions must use 2 judge panels per event for all levels
- All qualifying competitions may be used to qualify to the Florida USA Gym State meets
- Non USA Gym sessions must be completed before or after ALL USA Gymnastic sessions
- USA Gym sanctions do not cover athletes in sessions of other organizations

Mobility Competitions

- Competitions that are used just for mobility from level to level/division to division
- Mobility meets may not be used to qualify to a Florida USA Gym state meet
- Mobility meets must follow all rules and policy of USA Gymnastics
- Mobility only meets will not be placed on the Florida calendar
- Level 4 & 5 may use one judge panel for mobility meets provided judge is not affiliated
- XCEL mobility meets may use one judge panel at Bronze, Silver & Gold
- All optional levels & XCEL P/D/SAPP require 2 judge panels for mobility competitions
- Mobility competitions must pay athlete fee of \$2.00 per athlete to Florida USA Gym

Mobility Scores

- Level 1 – 3: no score required
- **Level 4 – entry level** 34.00 required to move to level 5 or athlete that scores a 36.00AA at 2 sanctioned competitions may skip level 5 and move directly into level 6
- Level 5 – 32.00AA required to move to level 6 or 7

- Level 6 – 32.00AA required to move to level 7 (Level 5 athletes may skip this level if scoring 32.00AA)
- Level 7 – 32.00AA required to move to level 8
- Level 8 & 9 – 34.00AA required to move to next level
- Event specialists: Level 7, 8 & 9 – 8.5 on the event to move to next level on that event only as specialist
- XCEL
 - XCEL athletes must enter Development program at level 4 or below
 - XCEL Platinum Athletes who score a 36.00 AA and are 12 yrs old or older can move to Level 6
 - New XCEL athletes must enter at Bronze, Silver or Gold
 - Mobility score to move to Platinum is 31.00AA at Gold
 - Mobility score to move to Diamond is 31.00AA at Platinum
 - Mobility from DP into XCEL program
 - DP athletes at level 1 & 2 – May enter at Bronze, Silver, Gold
 - DP athletes at level 3 May enter at Silver or Gold
 - DP athletes at level 4 MUST enter at Gold
 - DP athletes at level 5 & 6 MUST enter at Platinum
 - DP athletes at level 7 may enter at Platinum or Diamond
 - DP athletes at level 8 & above must enter at Diamond

Athletes may only compete in 1 (one) State meet per competitive season

- 1 (one) state meet in the fall and 1 (one) state meet in the spring

Judges Selection – Rules for Florida USA Gymnastics Qualifying and State Competitions

- All qualifiers will be assigned judges by NAWGJ Florida as per criteria set by the FL USA GYMNASTIC state committee
- Requests for specific judges will be honored if written on the judges request form and or if sent to assigners by email by August 15- requests are not guaranteed
- A judge will not be assigned to the meet if indicated on the judges form or by email
- Assigners will work together to assign competitions using meet directors requests, location, availability, rating, and Florida USA Gym criteria as guidelines
- Competitions with 3 or more gyms must have a walking Meet Ref

Judges are not allowed to ask a Meet Director or assigners why they were not assigned to their competition or ask to be assigned to their competition

State Meet Assignments

- The Florida USA Gymnastic State committee is responsible and required by R&P to select all judges for the Florida state meets – criteria for selection is posted on the Florida website
 - All paperwork required must be received by deadline date & memberships must be current
 - Final list of judges must be approved by the full Florida USAG State committee before contracts may be sent to judges
 - The Florida committee will also approve panel assignments and Meet referee assignments for all State meets
 - Number of Judges at State meets
 - 2 judge event panels: Levels 1 – 8 & XCEL
 - 4 judge event panels: Levels 9 & 10

State Meet Bids

- Bid forms are available on the USA Gymnastic-FL web site www.usagfl.org
- All bids for State meets must be submitted by deadline date or it will not be accepted
- Date to submit bid will be indicated on the Florida qualifying calendar each season
- Bids must include all required information
- State meets are governed by the Florida USA Gymnastic committee
 - Please review the regulations for bidding and hosting a state meet that are available on the Florida web site www.usagfl.org

Florida PROGRAM of the Year

- State committees are responsible for the selection of the program of the year
- Each state may set their own criteria for selection
- The region will select the Regional program of the year from the state nominees
- Florida will determine a compulsory program of the Year, XCEL Club of the Year in addition to a Program of the Year which will be submitted as the Florida club of the year for the Regional vote
- Florida uses a point system to determine the Clubs of the Year – posted on the Florida website

Florida USA Gymnastic Committee

- The Florida committee is made up of 12 elected representatives and members appointed to the committee by the Florida State Chairman – members are elected by sections and must live in the section to run for that section. Only members in that section will vote for their sectional representative
- Elections are held every 4 years for committee positions
- The Florida committee is responsible for the organization and rules of State competitions including entry fees & qualifying scores, selection of judges for state meets, team competition rules, selection of State meet sites, selection of club of the year educational opportunities, enforcement of all USA Gym rules and policies
- The list of the SACC is posted on the Florida web site www.usagfl.org

Misc.

- All State rules for USA Gymnastic-Florida are available at the state web site: www.usagfl.org
- All Regional rules for Region 8 are available at the Region 8 web site: www.region8gymnastics.org
- All National rules for USA Gymnastic competitions are available at the National USA Gymnastic web site www.usagym.org
- Toni Rand, SACC: AmTwist@aol.com 7957 Steeplechase Ct Port St Lucie, FL 34986