

LEVEL 7 BARS

Difficulty Restrictions	Dynamics > .20	Special Requirements (.50)	
<p>Allowable C's:</p> <p>Handstand ½</p> <p>Clear hip !; also with ½</p> <p>Back staldler!; also with ½</p> <p>Sole circle !; also with ½</p> <p>Other C's:</p> <p>no VP; no SR; -.50 from SV</p>	<p>Range</p> <p>9.5 – 10 .20</p> <p>9.0 – 9.475 .50</p> <p>8.0 – 8.975 .70</p> <p>Below 8.0 1.00</p> <p>Value Parts</p> <p>5 A (.10)</p> <p>2 B (.30)</p>	<p>_____ 1 cast handstand min 45 degrees angle deductions apply (>.30)</p> <p>_____ 1 B 360 clear circle: group 3/6/7</p> <p>_____ 1 B circle (same or different)</p> <p>_____ Salto dismount min A</p>	<p>- VP _____</p> <p>- SR _____</p> <p>- Rest C _____</p> <p>SV = _____</p> <p>- Exec _____</p> <p>- Dyn _____</p> <p>Score _____</p>