



BRUSH UP CLINICS 2019

Jacksonville Clinic

Saturday, November 16, 2019

Time: 10:00 a.m. - 2:00 p.m.

Host: Denise Weaver

Email: deeweaver1218@gmail.com

Site: TNT Gym & Fitness Complex
2083 St Johns Bluff Rd S, Suite 107
Jacksonville, FL 32246

Deadline to register: November 9, 2019

Fort Myers Clinic

Sunday, December 8, 2019

Time: 2:00 p.m. - 6:00 p.m.

Host: Kevn McNamara

Phone: 813-857-2841

Email: kevn.kmm@gmail.com

Site: *Contact Kevn for address*

Deadline to register: December 1, 2019

South Florida Clinic

Sunday, November 24, 2019

Time: 9:00 a.m. - 1:00 p.m.

Host: Sharyn Strickland

Email: sharyn@usacompetitions.com

Site: West Broward Gym Academy
409 SW 136th Avenue
Davie, FL 33325

Deadline to register: November 17, 2019

Tampa Clinic

Thursday, December 12, 2019

Time: 5:00 p.m. - 9:00 p.m.

Host: Aimee Sparkman

Phone: 727-251-2962

Email: aimeesparkman@gmail.com

Site: *Contact Aimee for address*

Deadline to register: December 5, 2019

Orlando Clinic

Sunday, December 1, 2019

Time: 10:00 a.m. - 1:00 p.m.

Host: Susan Lomas

Phone: 407-399-7649

Email: sklomas@yahoo.com

Site: *Contact Susan L. for address*

Deadline to register: November 24, 2019