


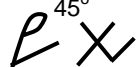

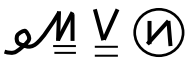




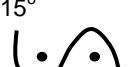
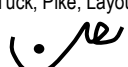
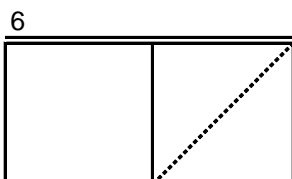
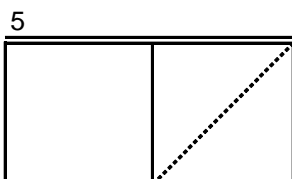
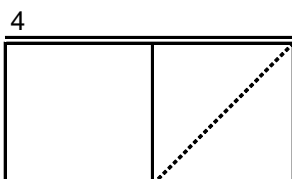
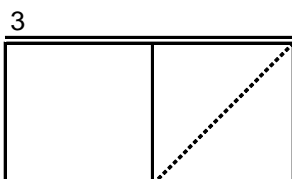
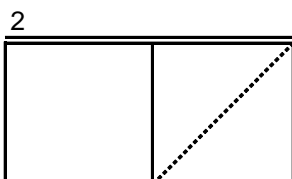
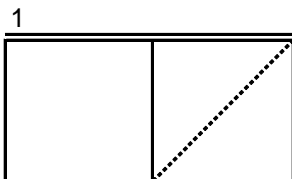



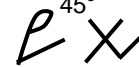

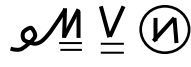




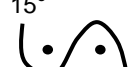
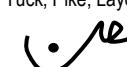


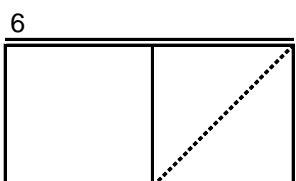
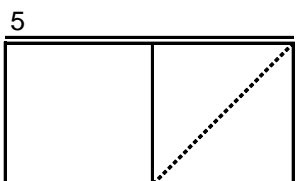
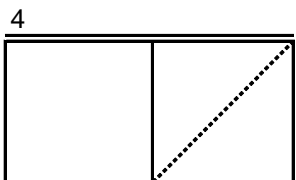
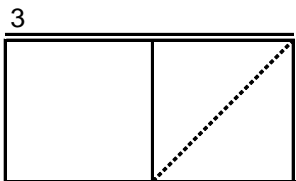
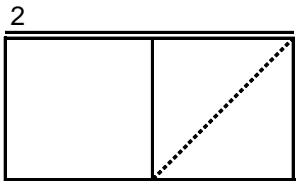
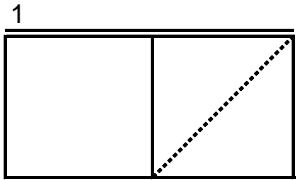
Level 5 Bars

MOUNT: Straddle or Glide Kip	Cast above horizontal	Clear Hip above horiz.	Stalder clear Sole circle clear	Glide Kip	Cast Squat or Pike-on or Bwd Sole Circle	Long Hang Kip	Cast above horizontal	Long Hang Pullover	Underswing 1st Counterswing	Tap Swing, 2nd Counterswing	Tap Swing, Flyaway DISMOUNT Tuck, Pike, Layout
											
0.6	0.4	0.6		0.6	0.2	0.6	0.4	0.6	0.6	0.6	0.6



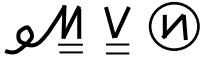








Level 5 Bars

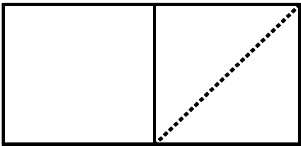
MOUNT: Straddle or Glide Kip	Cast above horizontal	Clear Hip above horiz.	Stalder clear Sole circle clear	Glide Kip	Cast Squat or Pike-on or Bwd Sole Circle	Long Hang Kip	Cast above horizontal	Long Hang Pullover	Underswing 1st Counterswing	Tap Swing, 2nd Counterswing	Tap Swing, Flyaway DISMOUNT Tuck, Pike, Layout
											
0.6	0.4	0.6		0.6	0.2	0.6	0.4	0.6	0.6	0.6	0.6



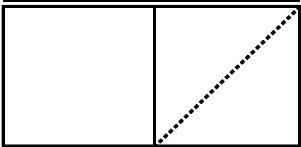
Level 4 Bars

MOUNT: Straddle or Glide Kip  0.6	Cast to horizontal <i>return to bar</i>  0.4	Cast Squat-on, Pike-on or Bwd Sole Circle  0.2	Long Hang Kip  0.6	Cast to horizontal  0.4	Back Hip Circle  0.4	Underswing 1st Counterswing 30°  0.6	Tap Swing, 2nd Counterswing 30°  0.6	Tap Swing 1/2 Turn DISMOUNT  0.6
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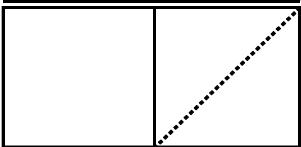
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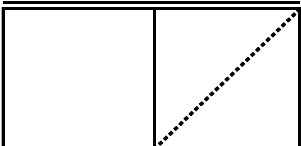
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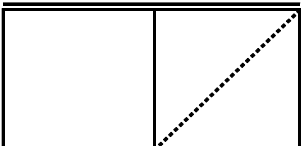
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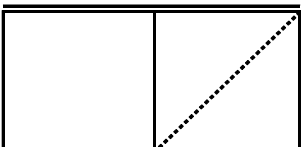
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

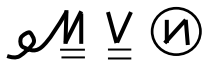






5



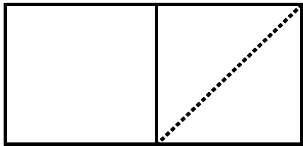
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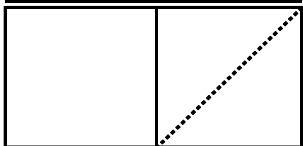
Level 4 Bars

MOUNT: Straddle or Glide Kip  0.6	Cast to horizontal <i>return to bar</i>  0.4	Cast Squat-on, Pike-on or Bwd Sole Circle  0.2	Long Hang Kip  0.6	Cast to horizontal  0.4	Back Hip Circle  0.4	Underswing 1st Counterswing 30°  0.6	Tap Swing, 2nd Counterswing 30°  0.6	Tap Swing 1/2 Turn Dismount  0.6
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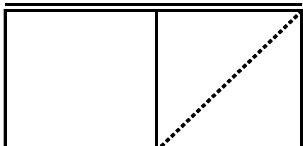
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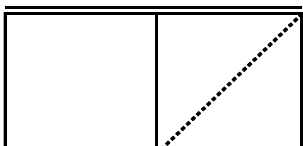
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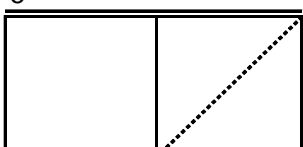
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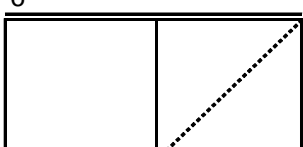
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




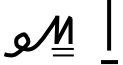
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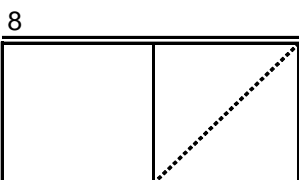
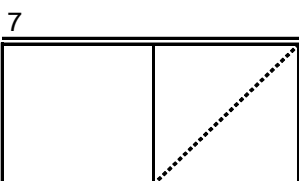
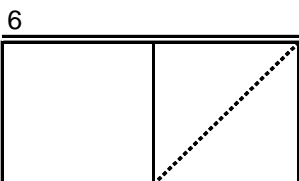
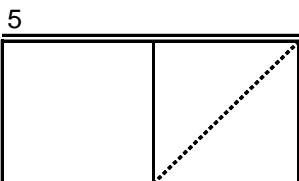
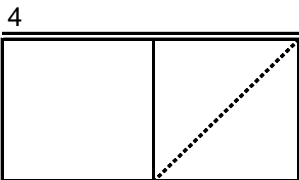
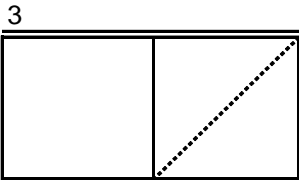
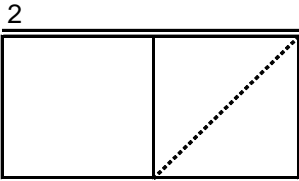
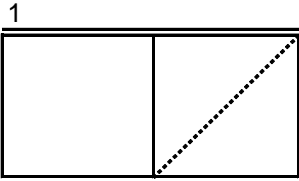


6








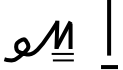


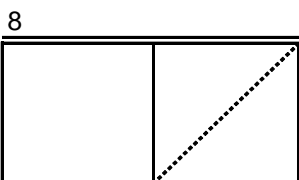
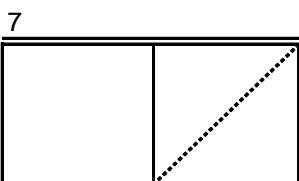
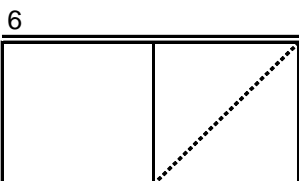
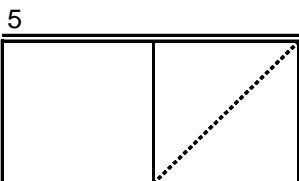
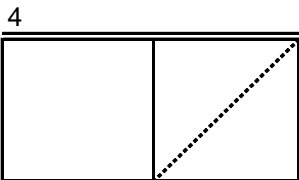
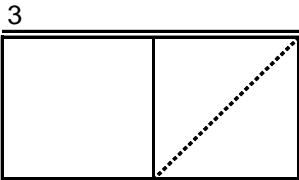
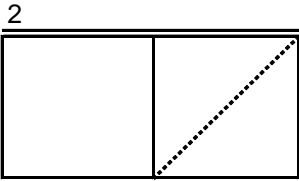
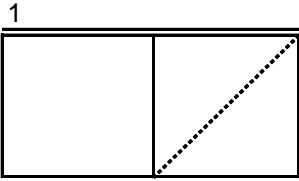
Level 3 Bars

Glide & Return	Back Hip Pullover	OR	Glide Kip Straddle or Pike	Cast	Back Hip Circle	Back Hip Circle	Front Hip Circle, Small Cast, return	Cast Squat-on, Stretch Jump DISMOUNT
								
0.2	0.4		0.6	0.2	0.4	0.4	0.4	0.6









Level 3 Bars

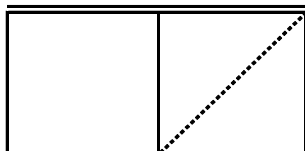
Glide & Return	Back Hip Pullover	OR	Glide Kip Straddle or Pike	Cast	Back Hip Circle	Back Hip Circle	Front Hip Circle, Small Cast, return	Cast Squat-on, Stretch Jump DISMOUNT
								
0.2	0.4		0.6	0.2	0.4	0.4	0.4	0.6



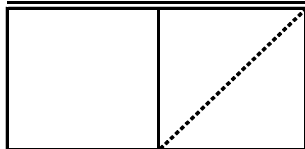
Level 2 Bars

	Glide & Return 	Back Hip Pullover 	Cast 	Cast 	Back Hip Circle 	Underswing DISMOUNT 
	0.2	0.4	0.4	0.4	0.4	0.6

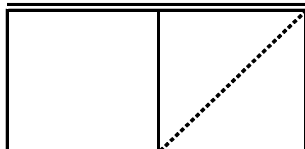
1



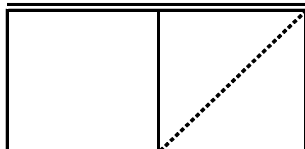
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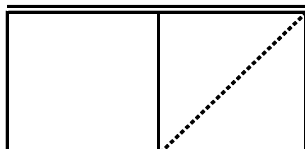
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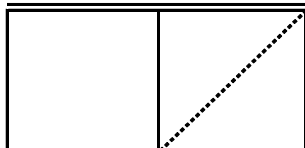
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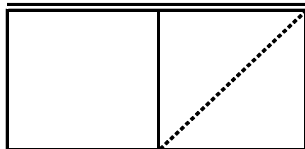
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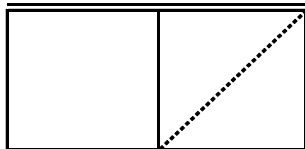
6









7



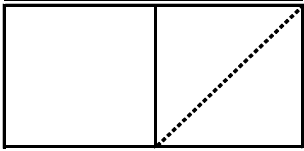
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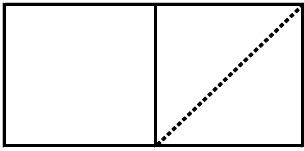
Level 2 Bars

	Glide & Return 	Back Hip Pullover 	Cast 	Cast 	Back Hip Circle 	Underswing DISMOUNT 
	0.2	0.4	0.4	0.4	0.4	0.6

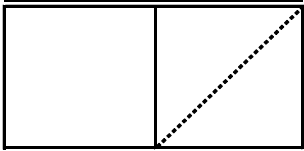
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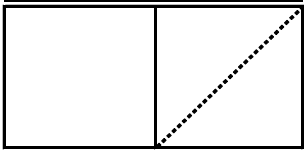
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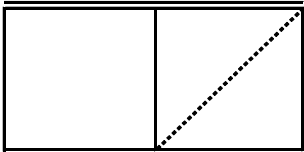
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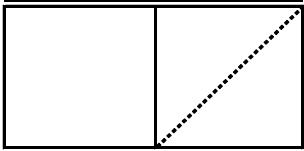
4



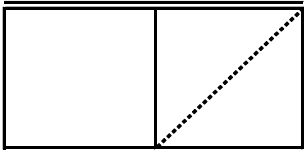
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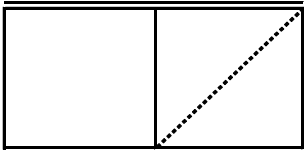
6








7

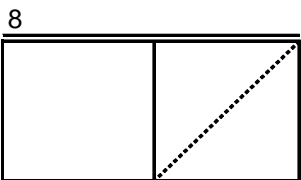
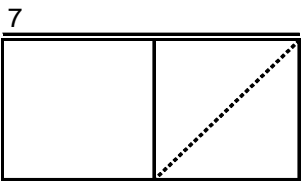
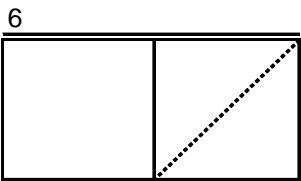
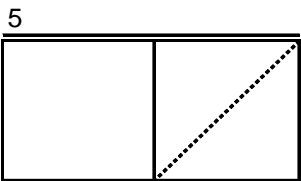
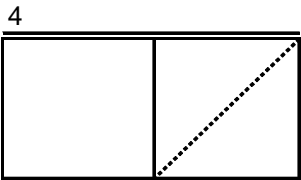
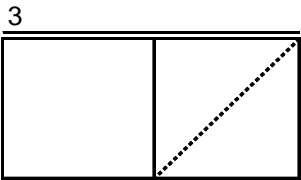
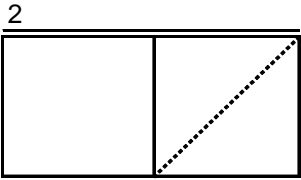
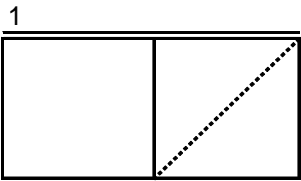


8





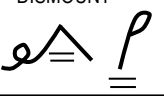


Level 1 Bars

	Back Hip Pullover 	Cast 	Back Hip Circle 	Underswing DISMOUNT 	or Cast Straddle-on, Sole circle DISMOUNT 
	0.6	0.4	0.4	0.6	0.6



Level 1 Bars

	Back Hip Pullover 	Cast 	Back Hip Circle 	Underswing DISMOUNT 	Cast Straddle-on, Sole circle DISMOUNT 
	0.6	0.4	0.4	0.6	0.6

