

# FL NAWGJ News



## Celebrating FL NAWGJ Judges

**CONGRATULATIONS** to Amy & Seth Pritt on their beautiful baby boy. **BODIE ANDREW PRITT** was born at 11:56 p.m. on January 4, 2021.



### [Alayna Sherwood](#)

January 10 at 3:12 PM ·

It's the end of an era!!!! Judging my final gymnastics meet...about to do the last session! It's been a fun 15 years but I am going to step away. I made some great friends and have enjoyed the journey, but now I'm going to enjoy my weekends! Will miss you all, too many to tag!

*We will miss you too Alayna!* ❤️

## HAPPY BIRTHDAY - MAY YOUR DAY BE SPECIAL

Heather Wilson.....February 5  
Dawn Cobb.....February 8  
Brooke Blassingame.....February 11  
Debby Carrier.....February 13

Keri Linnemeyer..... February 13  
Jenn Ynestroza..... February 18  
Alayna Sherwood ... February 19  
Cindy Gwinn..... February 25



## Q & A From the Past Few Weeks

Q: Level 2 and 3 Vault – the deduction reads "If both hands land beyond the tape line, -0.50". Is that defined as any part of the hand (fingertips) like out of bounds on floor or must the entire hand be over?

A: **ANY** part of the hand; fingertips, fingers, the whole hand. *As per Cheryl Hamilton (3/29/19)*

Q: Is there a minimum Vault setting for Xcel Gold?

A: No. All divisions of Xcel may lower to any manufacturer's setting as long as it locks in. This is also the ruling for compulsory levels 4 and 5 as well.

Q: Xcel Beam – can gymnasts only perform "A" mounts that are listed on the chart?

A: **ALL** mounts will receive a minimum of an "A" value part, whether they are listed specifically on the Beam charts or not. *As per the Xcel iBook*

Q: Has Xcel also adopted the .50 max deduction for extra swings on Bars?

A: Yes. This is per occurrence and only affects Platinum and Diamond divisions.

Q: If an Xcel Silver (or above) does a "jump to front support" mount on bars, would the appropriate deduction be -.50 for an unallowable skill, -.10 for an uncharacteristic skill, some other deduction, just execution deductions and no VP, or.....?

A: The only deduction would be for execution, if applicable. She is allowed to use the skill, it just cannot count as one of her required 5 VPs. This would be comparable to a Platinum using a pullover as a mount. Unallowable skills are those elements more difficult/having a higher VP than what is set for a Division. Xcel does not have, nor use, the DP "uncharacteristic element" deduction. *As per Elaine Wulf (1/25/21)*

Q: Can I show my mileage on my phone or does it need to be printed out?

A: Here is the exact wording on the **FLORIDA USA GYMNASTIC JUDGES TRAVEL GUIDELINES FOR 2020-21**: *Verification of mileage is required – printed or electronic verification will be accepted provided the judge can show that the mileage is from home (not a business)*

**VOLUNTEER JUDGES NEEDED!**

Florida will be host to 2 premier Regional & National USA Gymnastics events this Spring...

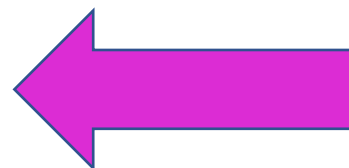
<p><b>LEVEL 9/10 REGIONALS</b></p> <p>April 16-18, 2021</p> <p>Bradenton Area Convention Ctr. Palmetto, FL</p> <p></p> <p>Volunteer hours at Level 9/10 Regionals can be used for annual CPE (volunteer hours) and/or for National/Brevet eligibility for testing in 2022.</p>	<p><b>LEVEL 10 NATIONALS</b></p> <p>May 15-16, 2021</p> <p>Ocean Center Daytona Beach, FL</p> <p></p> <p>Volunteer hours at Level 10 Nationals can be used for annual CPE (volunteer hours) and/or for National/Brevet eligibility for testing in 2022.</p>
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For more information or to register to volunteer at either or both events visit; [www.nawgjflorida.org](http://www.nawgjflorida.org)

Volunteers must be a current Professional Member of both USA Gymnastics & NAWGJ and will be required to wear the official NAWGJ uniform!

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**Sign up soon – spots are filling up quickly!**



# National Judges' Cup 2021 Recap by Cat

The 31st annual National Judges Cup was held in Louisville, Kentucky on January 8-10. The Kentucky International Convention Center hosted over 900 gymnasts from 25 gyms around the country. Judges Cup is an annual fundraising invitational for NAWGJ that relies on the support of judges donating their time to the organization. The meet was very well organized thanks to the great work of Evelyn Paradis and the rest of the NAWGJ executive board led by our President, Catherine (Cookie) Batsche.



Two gyms were running all weekend with competition starting Friday and ending on Sunday afternoon. 22 states were represented with judges coming as far west as Alaska all the way east to New York, Georgia and Florida. Each day the two to four judge panels were switched, allowing everyone the opportunity to meet new judges from around the country. Each state brought a gift card to be raffled off and I won an amazon gift card. Florida contributed two amazon gift cards to the raffle.

Due to covid restrictions, all athletes and meet officials were required to wear face coverings at all times. There was not an all-star level session this year due to the fact that the 2020 spring season was cut short. To comply with social distancing practices, parents were not allowed to enter the competition and instead asked to watch the meet via live-stream provided by the meet. This year, gymnasts who did not fall and received a 9.0 or higher on balance beam received a tiara crown as a reward.



Although the majority of restaurants were closed due to covid, having the event in downtown Louisville allowed for easy exploring as everything was within walking distance. The weather was 27-30 degrees Fahrenheit the entire weekend which was a nice change of pace from our nice warm Florida weather. While it did not snow, there was some snow left on the ground from prior snowfall.

The 2021 National Judges Cup combined a great venue with wonderful gymnastics and a lot to explore. Through this unique experience judges were given the opportunity to meet new judges who share the passion for the sport of gymnastics. I am extremely appreciative to have had the opportunity to represent Florida NAWGJ at this awesome event.

***Catherine Johnston***

***2021 FL NAWGJ Representative to the National Judges' Cup***

## Remember.....

Regional Availability - the requirement for in-gym hours/credits has been waived for this cycle. You should continue to track the number of judgements per level until instructed otherwise. Forms can be found at

[https://www.region8gymnastics.org/news\\_article/show/1045730](https://www.region8gymnastics.org/news_article/show/1045730).

The Internal Revenue Service (IRS) has issued its 2021 standard mileage rates. Effective NOW - standard mileage rate for the use of a car, van, pickup or panel truck will be: **56 cents per mile** for business miles driven (down from 57.5 cents in 2020).

CPE requirements due by May 31, 2021 are still “adjusted” like last year. The chart below is correct. Please make sure to refer to this one and send your CPE form to me at [susan\\_78726@hotmail.com](mailto:susan_78726@hotmail.com).

Highest Rating Held as of August 1, 2020	Total CPE Hours Required for Accreditation Year 2020- 2021	Minimum # Clinic Hours as part of the yearly total	Minimum # of Clinic Hrs. to carry forward
Level 4/5 & Level 6/7/8	From 12 reduce to 6	From 6 reduce to 3	From 2 increase to 3
Level 9	From 16 reduce to 8	From 8 reduce to 4	From 3 increase to 4
Level 10/National/Brevet	From 20 reduce to 10	From 10 reduce to 5	From 4 increase to 5

**Happy February and continue to stay safe!!**

