## IN – GYM HOURS SHEET FOR FL STATE MEET AVAILABILITY

Name:	Rating:		
Address:			
City:			
Phone: (C)	_		
Email:			

Date of Visit	Hours In-Gym	Name of Club	Level of Gymnasts	Coach's Signature
TOTAL Hours				

You must have this card completely filled out with at least 6 hours of in-gym experience, signed and returned to: Toni Rand, 7957 Steeplechase CT, Port St. Lucie, FL 34986 <u>AND</u> Susan Monahan, 6221 Westgate Drive #1004, Orlando, FL 32835 or scan to: amtwist@aol.com <u>and</u> susan\_78726@hotmail.com. Completed cards *MUST BE RECEIVED BY SEPTEMBER 1, 2020*.

**NEW**: AFFILIATED JUDGES that COACH TEAM in a gym do not need to file this in-gym card unless the level of athletes in the gym are not at the level that they wish to be considered for.

In order to be eligible to judge a Florida Optional State Meet in 2021, a judge must have in-gym experience. A judge must complete at least 6 hours of in-gym experience between 9/1/19 and 8/31/20. If you submitted an in-gym form with your 2021 *Regional Availability*, then you DO NOT need to file this form since the Regional form also fulfills the State requirement.

Each experience must be a minimum of 2 hours. The level of gymnasts must be equal to or greater than the level of meet the judge wishes to be considered for (i.e. Level 9/10 State = in-gym with L10 or Elite, Level 8 State = in-gym with levels 8, 9, 10 or Elite, etc.).

Training sessions at an Elite National Qualifier competition or above meet may be used. Training sessions at Elite Regional or J.O. competition may not be used. Division 1 NCAA in gym trainings allowed and considered comparable to Level 10. Hours may be from a Regional or National J.O. or Elite Training Camp. (A Training Camp may only count for either in-gym experience or CPE credit – cannot be simultaneous.)

This must be an interactive experience. It is not sufficient to sit in the stands and watch work out. Judges must call ahead to schedule gym time. The judge's activities should be under the supervision of the gym's coach. The judge should keep in mind that the gym club you are visiting is a business and should remain professional and cordial at all times.