

FL NAWGJ News



August 2022

Celebrating FL NAWGJ Judges

As you know, assigning begins in a few more days. All required memberships and certifications should reflect an expiration date of 7/31/23 or later. Here is a checklist of everything that needs to be completed in order to be ready to be assigned in the upcoming season. Are you ready?

- USA Gymnastics membership
- Background
- Safety Certification
- Safe Sport
- NAWGJ membership
- CPE Compliant
- Optional Memberships:
 - AAU National
 - Team FL AAU
 - NGA
- GymJas Profile Updates:
 - Personal contact info – emergency contact, email, phone, address, affiliation, etc.
 - Membership expiration dates – USAG, NAWGJ and any other that apply (AAU, NGA, etc.)
 - Availability (always update as your availability changes)
 - CPE status



Happy Birthday!!

Cyndy Rodriguez August 4	Susan Lomas August 16
DeeDee Hinson..... August 8	Alyssa Jones..... August 18
Pam Koch August 8	Kayla Teribery August 18
Nelena Beck..... August 13	Rose Casterline..... August 20
Joan Gnat August 14	Sophia Tracy August 22
Janet Stultz August 14	

XCEL Information

USA Gymnastics announces launch of Xcel Sapphire Division Pilot Program in Regions 3, 6, 7 and 8 for 2022-23 season

USA Gymnastics is pleased to announce the launch of an Xcel Sapphire Division - Pilot Program for the 2022-23 season. The Sapphire Division will provide a division above Diamond for those upper-level gymnasts who want to continue in the sport.

"The National Xcel Committee is very excited to provide an opportunity for athletes to experience a more challenging division that will allow them to grow and progress within the philosophy of the Xcel Program. This will be a pilot year and we look forward to receiving feedback from the membership to help the program grow," said National Xcel Committee Chairman Claudia Kretschmer.

Regions 3, 6, 7 and 8 (*in case you didn't know, this is FL*) have volunteered to pilot the Sapphire Division next season. Formal Sapphire rules are in development and will be released this summer separate from the Code of Points. USA Gymnastics also plans to provide further information on the pilot program at upcoming Regional and National Congress events this summer.

Coaches and clubs interested in learning more can view the [Rules Overview of the Xcel Sapphire Division - Pilot Program](#)

USAG has also stated that a Level 9 rating will be required to judge the Sapphire Division.

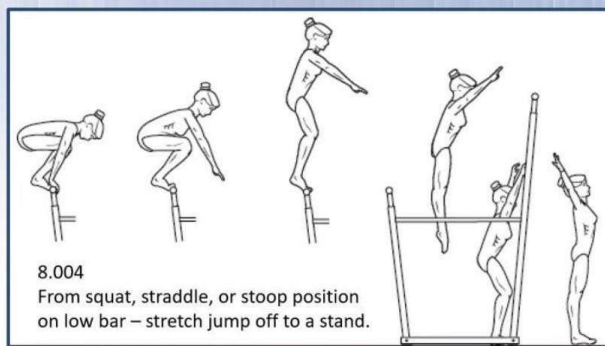
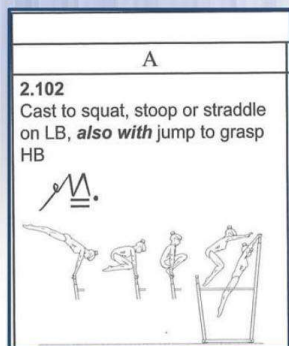
Need the updated 2022-2026 XCEL Rules Chart? Click Below.

[2226_ruleschart.pdf \(usagym.org\)](#)

This question comes up every year.

WHAT Is This Dismount & HOW Many Skills Is It ?

TWO separate and distinct skills! Each have their own number in the Code.



And now you know!

Testing Information

OPTIONAL LEVEL 7/8, 9, 10 EXAM REGISTRATIONS:

WRITTEN (theoretical) EXAMS: Beginning August 1, 2022, the new 2022-26 Development Program Optional Written exams (50-question multiple choice) will be available as online exams ONLY. At that time, registration links will be available on this webpage. Cost: \$25.

Important Notice: If you are registering for the Level 9 or 10 Written exam for the first time, please be aware that you must have held the Level 7/8 or Level 9 rating respectively for a minimum of one year before being eligible to "test up". There will not be a 30-day "grace period" for registration of the Written exam.

PRACTICAL EXAMS: The new 2022-26 Level 8, 9 and 10 Practical exams will continue to be administered in- person and will be available at all USAG Congresses held in AUGUST 2022, as well as offered by local Test Administrators throughout the year. Cost: \$25. There are 7 routines per event, one a Demonstration and 6 others. The routine awarded the least number of points out of 5 will be dropped.

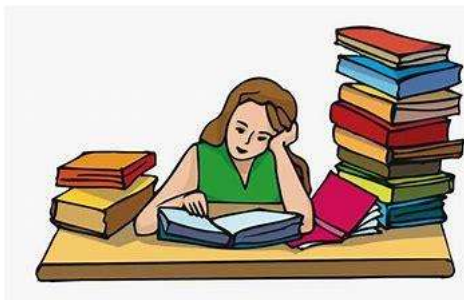
Florida is offering 4 different in-person Practical exam locations:

1. August 18 (Thursday) at National Congress in Tampa, begins at 3:30 pm
2. August 27 (Saturday) at Boundless Gymnastics in Stuart, TA is Toni Rand
3. August 28 (Sunday) at Metro Gymnastics in Lake Mary, TA is Susan Monahan
4. September 17 (Saturday) at Judges' Cup in Wesley Chapel, TA is Susan Monahan

Will be posted soon.

To view and/or to register online for currently scheduled in-person Practical exam sessions / locations, [click here](#).

- 3 The in-person Practical exams will require that each individual judge bring a personal electronic device (laptop computer or tablet - cell phone entry is not recommended) to the testing site. It can be used for accessing the downloaded e-Code and other reference material, but it must be in airplane mode. All judging must be done in the Practical Exam booklet or on personal judging sheets. After all the routines are judged, time will be allotted to connect to the internet and be linked to a program with which to enter the scores into the device. All judging sheets must be turned in to the TA.



*I will not get notified of your test results, so please contact me ASAP when your rating is upgraded so I can change it in GymJas (I'm the only one who can do this).
Let me know if you have any questions and
GOOD LUCK with your testing!!*

Calendar & Reminders

- August 1 Optional Levels 7/8, 9 & 10 Testing OPENS
- August 1 All memberships should be renewed by now.
- August 1 Remember to take and complete your Safe Sport Refresher Course!!
- August 5 Assigning begins in Florida.
- August 7 Test Prep Clinic @ West Broward Gymnastics, Levels 9 & 10
- August 18 Practical Exam (in-person) at National Congress in Tampa
- August 19 - 21 National Congress & Testing @ Tampa Convention Center
- August 27 Optional Levels 8, 9 & 10 Practical Exam at Boundless Gymnastics
in Stuart (TA – Toni Rand)
- August 28 Optional Levels 8, 9 & 10 Practical Exam at ACE Gymnastics
in Longwood (Orlando area, TA – Susan Monahan)
- August 31 AAU National and Team FL memberships expire – Renew!!



Mark Your Calendar Upcoming Events in 2022

- ❖ September 9-11, 2022 – National Team Camp, University of Alabama, www.region8gymnastics.org
- ❖ September 16-18, 2022 – FL Judges' Cup at Wiregrass Complex in Wesley Chapel (more info coming out soon)
- ❖ September 17, 2022 – Practical Exams for Levels 8, 9 & 10 @ Judges' Cup
- ❖ October 3-4, 2022 – Regional 8-10 Training Camp, GGA/Atlanta, www.region8gymnastics.org