

FL NAWGJ News



Celebrating FL NAWGJ Judges

The Countdown Begins

Dear Judges,

My term expires on May 14, 2024 and limits require that I finally step down and take off my SJD badge. Between being an SJD in Region 3 (Wyoming) for 11 years and serving our Florida family for 12 years, I have been able to enjoy my passion of helping out the judging community for 2+ decades as an SJD and then several more years in between as a State NAWGJ Board member. It's been very rewarding and memorable.

This next year will be quite busy as we (me and your FL NAWGJ Board) prepare for all the upcoming changes and try to provide a smooth transition. Six of our nine Board positions will also "term out" and some of you have joined us as we presented our "Meet Your FL NAWGJ Board" info-meetings via Zoom. We've got a few more to go.

I also want to take advantage of this forum during the next 12 months and selfishly document and share some of my personal memories over the years with you. Please indulge me. Page 3 is the first and chronicles my "Nettie Awards" experience. Many of you won't know what I'm talking about. It's OK. I hope you enjoy the read anyways. More to come as the countdown commences.....

Susan



Happy Birthday

Inky CummingsMay 4	Aaliyah Thompson.....May 21
Tracy JakumMay 6	Becky StoneMay 22
Jen BovalMay 10	Kristi DixonMay 24
Roysi SierraMay 11	Taylor Durham-Flint.....May 26
Cookie BatscheMay 18	Stephanie OvdienkoMay 26
Carol CurleyMay 18	Melissa Huston.....May 28
Emily GeigerMay 21	Karmin Soderstrom.....May 30



Clinic Corner by *Arika Hoyt*



Last month I discussed bar cast angles in Xcel. This month I will piggyback on that theme and discuss handstand angles, and all skills requiring to pass through vertical, on balance beam in the Xcel.

New this past season in the 2022-2026 Xcel code: “Handstands that are within 10° of Vertical will receive Special Requirement credit and a flat 0.10 deduction applied for amplitude” in ALL divisions.

(P. 3 Balance Beam, III Special Requirements: A. Clarifications applied to ALL divisions: 1.4 in the Electronic Code).

This also applies to any vertical skill (Ex. Cartwheel) being used to fulfill a Special Requirement that must achieve inverted vertical position. Inverted position for vertical skills is evaluated from hips to shoulders. The 0.10 deduction for vertical skill on balance beam is ONLY applied to the element being used for the special requirement and should NOT be applied to every attempted handstand or vertical skill throughout the routine.

Also, when evaluating the handstand in Xcel, an “A” VP handstand DOES NOT require a two second hold at any division. Handstands may also be used as the first or second element in an Acro Series for ALL divisions and legs may be optional. Execution errors (knees, arms, feet) still apply and should be deducted.

Please review Balance Beam Page 13: G1 and G2 in the Xcel electronic Code for these examples and more.

If you have your own questions or situations, you feel the FL NAWGJ membership could benefit from, please submit them to arikahoyt@gmail.com. Working through the proper channels, and with our strong NAWGJ community, I will help you get accurate information supported by USA Gymnastics official Code of Points. My goal is to learn from each other's experiences and grow as a judging community, together.

CPE is due at the end of this month. **If your name is listed below, then I have received your form and you are good.** If your name is not listed and you feel you've turned in your CPE for this year, then my apologies and please resend. I will always acknowledge having received your form, but sometimes stuff happens. Let me know if you have questions.



Kristy Aldrich, Jill Andrews, Cookie Batsche, Nelena Beck, Bill Bevil, Jill Bosack, Evelyn Chandler, Dawn Cobb, Inky Cummings, Joan Dalpe, Karen DeRuvo, Amy Diuguid, Kristi Dixon, Michelle Donovan, Toyi Gainley, Natasha Guida, DeeDee Hinson, Arika Hoyt, Melissa Huston, Debbie Hyde, Alyssa Jones, Beverly Kamp, Pam Koch, Katerina Konvalinka, Darinka Koro, Vicki Kramer, Susan Lomas, Joan Lothrop, Patricia Lydon, Sara Monahan, Susan Monahan, Brenda Musall, Phyllis Niemi, Stephanie Ovdiyenko, Jessica Peck, Brittney Powers, Michi Pribil, Sue Pusateri, Toni Rand, Carrie Rawlings, Tabatha Richardson, Mark Robbins, Alicia Sanchez, Laly Sanz, Mari Schroeder, Pam Sherwood, Nikki Spinelli, Becky Stone, Kathy Stuenkel, Alexa Tinsley, Denise Weaver, Nichole Wilder, Heather Wilson

Annual CPE form here: [ANNUAL CONTINUING PROFESSIONAL EDUCATION RECORD \(usagym.org\)](https://usagym.org/annual-cpe-form)

The following judges do not need to submit their first CPE until 5/31/2024: Veronica Perry, Roysi Sierra, Aaliyah Thompson

NAWGJ Nettie Awards – A Look Back

NAWGJ History – The “Netties”

The Network Awards or “Netties” were the NAWGJ version of the Oscars. The first Netties were presented in 1996 and they continued through 2009. Over the years, there were a variety of categories – Best Interview, Best Use of Charts or Graphs, Best Humorous Article, Best Layout & Design, Best Video, Best Educational Article, Best Feature Article.

The Netties were presented annually at the SJD Workshop. I came across these pictures in the NAWGJ History section of their website and then did some research. Allow me to share my Nettie experience with you – then and now. Enjoy the adventure back in time.....

Are you a NAWGJ judge?

By Lorene Campbell, Lander, Wyoming

1999 Most Humorous Article NETTIE Award

You may be a NAWGJ judge if you possess some of the following skills or if any of these situations sound vaguely familiar.

- You know shorthand, but you’ve never received secretarial training.
- You’re idea of a vacation is finishing a meet before 2 PM.
- You have a tee-shirt from more than three different gyms.
- One of your biggest fears is that your pencil lead will break in the middle of a routine.
- You know the alphabet — at least A through E.
- You’re used to seeing numbers with at least three places after the decimal point.
- Your acceptance of a contract is determined by what’s being served at the concession stand.
- At parties you wow your friends with how fast you can subtract any number from 10.
- You can write legibly without looking at your paper.
- Your overnight bag contains the only sharpened pencils in your home.
- The magazine you read the most is Technique.
- Your closet is filled with dark blue blazers and matching accessories.
- You have more than three pins on the lapel of your jacket.
- You scramble each year for 10 credits.
- When you walk into a gym everyone becomes quiet.
- You think a meet went well if only one coach screamed at you.
- Your top goal for the weekend is to finish judging vault before they finish judging bars.
- You own stock in Tylenol or Excedrin Extra Strength.
- You feel the need to justify every opinion you have.
- The same tune plays over and over and over in your head.
- You feel the need to dress up to go to every sporting event your child participates in at school.
- You fill out the questionnaire after you’ve eaten at the restaurant and give them an overall rating of 5.60 with no chance to earn bonus points.

Years a Nettie (or 2) was won:

1997 – Gave award to Rose Fry as the author of the article.

1998 – Won 2 awards this year and gave 1 to Lorene Campbell as the author of the “Most Humorous” article. Lorene moved to California several years ago and retired from judging in 2022.

1999 – Won 2 awards this year and gave 1 to Lorene Campbell as the author of the article – again it was humor!! Read her winning article [HERE](#).

2000 – Not sure what category

2003 – Not sure what category.

With a special appearance by Evelyn Chandler, who is accepting the award for FL for Best Video in 1999.



And here are those Nettie Awards today. I’m still as proud of them now as I was so many years ago when they were achieved.

[NAWGJ History Netties](#)



1997 Netties presented in Miami, FL



The happy winners of the Nettie awards
Standing left to right: Susan Monahan, WY; Robin Ruegg, MN; Carol Arnaut, OH; Hilary Carlson, IL; and Mary Ann West, IA; Kneeling: Robin Smith, MO; Toni Cupal, CA; Jan Pipkin, AR; and Winnie Witten, MI

Best Humorous Article - WY, Susan Monahan, SJD accepting Most Humorous article “Potty Talk” by Rose Fry

1999 Netties presented in Las Vegas, NV

Nettie Award Winners From left: Gail Caspary Barley, Susan Monahan, Mary Ann West, Evelyn Chandler and Brenda Eberhardt

- (1) Best Use of Charts or Graphs, WY SJD, Susan Monahan
- (2) Best Humorous Article - “Jymnastics Jargon” by Lorene Campbell



2000 Netties presented in Minneapolis, MN



2000 Nettie Award Winners
Left to right: Pat Ethredge, Donna Moore, Yvonne Fodge, Barb Tebben, Winnie Whitten, Mary Ann West, Jennifer Shipman, Susan Monahan, Pat V

Calendar & Upcoming Events

May 1 **Judges Requests (2023 - 2024 Season) DUE today**

May 1 **Regional Availability DUE today**

May 1 **Early Bird deadline #2 to register for NAWGJ Symposium**

May 5 


May 5-7 **Xcel Regional Meet, Ft Lauderdale Convention Center**

May 5-7 **Level 9 Easterns, Kissimmee Silver Spurs Arena**

May 11-14 **Level 10 Nationals, Oklahoma City, OK**

May 14 **Mother' s Day** 

May 20-21 **TF AAU Spring State Meet, Tampa Convention Center**

May 29 **Memorial Day** 

May 31 **CPE DUE (2023 - 2024 Season)**

Mark Your Calendar Upcoming Events in 2023

- ❖ June 15, 2023 – FL State Meet availability DUE
- ❖ June 24-25, 2023 – FL State Clinic with Tom Koll @ LaFleurs Tampa
- ❖ July 13-15, 2023 – National Judges Symposium, Grand Rapids, MI
- ❖ July 14-16, 2023 – 6/7/8 Training Camp, Lakewood Ranch, Bradenton
- ❖ July 28-30, 2023 – Region 8 Congress, Winston-Salem, NC
- ❖ July 31, 2023 – USAG and NAWGJ memberships expire
- ❖ August 31, 2023 – AAU memberships expire
- ❖ September 16-17, 2023 – FL Judges' Cup, Wiregrass, practical testing