

## FLOOR EXERCISE—LEVEL 10 (3A, 3B, 2C)

**SV 9.5 Max. of .50 Bonus (min. +.10 D/E and +.10 CV)**

*Award extra +.10 (not in SV) if exercise has a 10.0 SV and min. of .60 total bonus, incl. "E" ACRO*

### SPECIAL REQUIREMENTS

**Acro series w/ 2 saltos OR 2 directly conn. Saltos** (same or different) **SR .50 ea**  
**3 Different saltos** (not aerials) within the exercise  
**Dance pass w/ 2 diff. Gr 1 elem** (direct or indirect) One must be 180° leap (cross or side)  
**Last isolated salto or within last salto connection must be min. 'C'**

### BONUS CONNECTIONS

	+1	+2
<b>ACRO DIRECT</b> Saltos/Aerials	<b>BB</b> <b>AC</b> <b>AAC</b>	<b>BC</b> <b>CC</b> <b>A/B + D/E</b> <b>AAD</b>
<b>ACRO INDIRECT</b> Saltos/Aerials	<b>A/B + A/B + C</b> <b>A/B + A/B + D</b> <b>CC</b> <b>A + D/E</b> <b>B + D/E</b>	<b>CD</b>
<b>2 *DANCE/MIXED</b> (acro must have flight)	<b>BD</b> <b>CC</b> ( <i>same or different</i> )	<b>CD</b>
<i>*No CV for turn followed by jump</i>	<b>D salto + A jump</b> ( <i>this order only</i> )	

### COMPOSITION

Failure to perform Saltos <i>OR</i> Aerials in 2 diff. directions (bwd <u>and</u> fwd /side)	<u>.10</u>
Lack of Turn on 1 Foot, min. B	<u>.20</u>
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	<b>each type</b> <u>.10</u>
Insufficient use of the FX area—spacially (floor pattern)	^ <u>.10</u>
Choice of Dance elements not up to competitive level ( <i>see chart</i> )	^ <u>.20</u>
Choice of Acro Saltos not up to competitive level ( <i>see chart</i> )	^ <u>.20</u>
Value of Last Salto performed as last salto or w/in last acro connection ( <i>see chart</i> )	^ <u>.10</u>
Lack of min. C Salto in the exercise	<u>.30</u>

### EXECUTION

Incorrect rhythm during direct connections	ea ^ <u>.10</u>
Lack of precision in Dance Value Parts	ea ^ <u>.10</u>
<i>(ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)</i>	
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ <u>.10</u>
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea <u>.10</u>
Fail to perform Group 2 turns in high releve	ea ^ <u>.10</u>
Poor relationship of music and movement throughout exercise	^ <u>.20</u>
Relaxed/incorr. Footwork in non-VP - throughout	^ <u>.20</u>
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ <u>.30</u>
Missing synchronization of movement with musical beat throughout	^ <u>.30</u>
- Each time <b><u>0.05</u></b> _At end of exercise <b><u>.10</u></b>	
Absence of Music or Music w/ words/song ( <i>whistles, animal &amp; human sounds allowed</i> )	(CJ) <u>1.00</u>
Coach on FX mat ( <i>levels 6/7/8/9/10</i> ), one time	(CJ) <u>.50</u>
<b>Insufficient Dynamics</b>	^ <u>.20</u>
<b>Artistry/Presentation</b>	^ <u>.30</u>
*Originality/creativity of choreography in elements & connections	.05 - <u>.10</u>
*Quality of movement to reflect personal style	.05 - <u>.10</u>
*Quality of expression (i.e. projection, focus)	.05 - <u>.10</u>

## CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 10

### Formula 1 (3-Pass Routine)

### Formula 2 (2-Pass Routine)

No deduction	D/E - D/E - B+C	E - E E - D+A/B/C
0.05	D - D - C+A	D and A/B/C - D and A/B/C (dir. or indir.) <b>OR</b> E - D and A/B/C
0.10	D - C+A/B - C+B <b>OR</b> D - D - C (or less)	D and A/B/C - D <b>OR</b> E - C+A/B/C
0.15	D - C+A/B - C and B (indir.) <b>OR</b> D - C+B - C (or less)	D - C+B/C <b>OR</b> D and A/B/C - C <b>OR</b> E - One or 2 saltos, B+B or less
0.20	No "D" or "E" Saltos	No "D" or "E" Saltos <b>OR</b> D - 2 saltos, no bonus

" - " signifies marker between passes, "and" signifies indirect req., "+" signifies bonus connection requirement

## CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 10

## DISMOUNT

No deduction	C-C-C (or) D/E-D/E	<u>VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL</u>	
0.05	C-C-B (or) C-D/E	No deduction	D or E Salto (or) C+B Direct (or more difficult)
0.10	C-C (or) B-D/E	0.05	C+B Indirect (or) C+A Direct
0.15	C-B (or) D/E	0.10	C+A Indirect or less difficult conn., (or)
0.20	C (or) B-B		Isolated C Salto or less difficult

## CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

Absence of music or music w/words or song/speech	<u>1.00</u>
Any part of the body touching outside of the floor ex border marking	<b>each time</b> <u>0.10</u>
Coach on FX area inside the border marking (6/7/8/9/10) <i>(no ded. If coach in FX area to remove object or adjust/remove mat)</i>	<u>0.50</u>
Exceeds 30 Second Fall Time	<b>terminated</b>
Excessive use of magnesia or incorrect tape usage	<u>0.20</u>
Fail to mark the boundary line on additional mats which cover boundary	<u>0.10</u>
Failure to observe specified warm up time (after warning)	<u>0.20</u>
Failure to present to CJ before & (either judge) after exercise	<b>each time</b> <u>0.10</u>
Gymnast fails to begin exercise within 30 sec. after CJ signals	<u>0.20</u>
Incorrect attire - incl. unacceptable jewelry (after warning)	<u>0.20</u>
Overtime (1:30)	<u>0.10</u>
Short Exercise (Floor routine less than 30 sec.)	<u>2.00</u>
Start exercise before signal (deduct from repeated performance)	<u>0.50</u>
Technical Verbal cues by coach or teammate(s) (after warning)	<u>0.20</u>
Unsportsmanlike conduct of gymnast (after warning)	<u>0.20</u>
Use of unauthorized or additional mats	<u>0.30</u>
Using incorrect apparatus specifications, incl. incorrect spring configuration	<u>0.30</u>

### Dismount Deduction:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

# FLOOR EXERCISE—LEVEL 9 (3A, 4B, 1C)

## SV 9.7 Max. of .30 CV Bonus

*All 'A', 'B', 'C' elements plus 'D/E' dance elements allowed*

*Allowed to performed ONE restricted "D/E" element from any group (receives "C" VP credit)*

### SPECIAL REQUIREMENTS

**.50 ea**

<b>Acro series w/ 2 saltos OR 2 directly conn. Saltos</b> (same or different) <b>3 Different saltos</b> (not aerials) within the exercise <b>Dance pass with min. two (2) diff. Gr 1 elements</b> (direct or indirect) One must be 180° leap (cross or side) <b>Last isolated salto or within last salto connection must be min. 'B'</b>
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### BONUS CONNECTIONS

	+1	+2
<b>ACRO DIRECT</b> Saltos/Aerials	<b>BB</b> <b>AC</b> <b>AAC</b>	<b>BC</b> <b>CC</b>
<b>ACRO INDIRECT</b> Saltos/Aerials	<b>A/B + A/B + C</b> <b>CC</b>	
<b>2 *DANCE/MIXED</b> (acro must have flight)	<b>CC</b> ( <i>same or different</i> )	

**\*No CV for turn followed by jump**

### COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions; BWD <u>and</u> FWD/SWD (Arabian = FWD)	<b>.10</b>
Lack of Turn on 1 Foot, min. B	<b>.20</b>
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	<b>each type .10</b>
Insufficient use of the FX area—spacially (floor pattern)	<b>^ .10</b>
<b>Choice of Dance elements not up to competitive level (see chart)</b>	<b>^ .20</b>
<b>Choice of Acro Saltos not up to competitive level (see chart)</b>	<b>^ .20</b>
<b>Choice of Last Salto or salto within last acro connection (see chart)</b>	<b>^ .10</b>
Lack of min. B Salto in the exercise	<b>.30</b>

### EXECUTION

Incorrect rhythm during direct connections	<b>ea ^ .10</b>
Lack of precision in Dance Value Parts <i>(ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)</i>	<b>ea ^ .10</b>
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	<b>ea ^ .10</b>
Concentration pause (2 sec.) prior to difficult elem. or acro series	<b>ea .10</b>
Fail to perform Group 2 turns in high releve	<b>ea ^ .10</b>
Poor relationship of music and movement throughout exercise	<b>^ .20</b>
Relaxed/incorr. Footwork in non-VP - throughout	<b>^ .20</b>
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	<b>^ .30</b>
Missing synchronization of movement with musical beat throughout	<b>^ .30</b>
- Each time <b>0.05</b> _At end of exercise <b>.10</b>	
Absence of Music or Music w/ words/song ( <i>whistles, animal &amp; human sounds allowed</i> )	<b>(CJ 1.00)</b>
Coach on FX mat ( <i>levels 6/7/8/9/10</i> ), one time	<b>(CJ) .50</b>
<b>Insufficient Dynamics</b>	<b>^ .20</b>
<b>Artistry/Presentation</b>	<b>^ .30</b>
*Originality/creativity of choreography in elements & connections	<b>.05 -.10</b>
*Quality of movement to reflect personal style	<b>.05 -.10</b>
*Quality of expression (i.e. projection, focus)	<b>.05 -.10</b>

## CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 9

### Formula 1 (3-Pass Routine)

### Formula 2 (2-Pass Routine)

<b>No deduction</b>	C—C—C <u>OR</u> C—C—B+B	C Salto Acro Bonus Connection in both passes
<b>0.05</b>	C—C—B+A	C—C + A/B/C
<b>0.10</b>	C - B+B - B+B C—C—B (or B + A indirect)	C—C + B (indirect)
<b>0.15</b>	C - B+B - B	C - C + A (indirect)
<b>0.20</b>	No 'C' Saltos	No 'C' Saltos

" - " signifies marker between passes, "and" signifies indirect conn., "+" signifies direct (bonus) conn.

## CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 9

<b>No deduction</b>	C—C
<b>0.05</b>	C—B
<b>0.10</b>	C
<b>0.15</b>	B—B
<b>0.20</b>	B

## DISMOUNT

**VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL**

<b>No deduction</b>	C <u>OR</u> B+B
<b>0.05</b>	B + B (indirect) <u>OR</u> B+A
<b>0.10</b>	B + A (indirect) <u>OR</u> B

### NO DISMOUNT:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

### CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

Absence of music or music w/words or song/speech	<b>1.00</b>
Any part of the body touching outside of the floor ex border marking	each time <b>0.10</b>
Coach on FX area inside the border marking (6/7/8/9/10)	<b>0.50</b>
<i>(no ded. If coach in FX area to remove object or adjust/remove mat)</i>	
Exceeds 30 Second Fall Time	terminated
Excessive use of magnesia or incorrect tape usage	<b>0.20</b>
Fail to mark the boundary line on additional mats which cover boundary	<b>0.10</b>
Failure to observe specified warm up time (after warning)	<b>0.20</b>
Failure to present to CJ before & (either judge) after exercise	each time <b>0.10</b>
Gymnast fails to begin exercise within 30 sec. after CJ signals	<b>0.20</b>
Incorrect attire - incl. unacceptable jewelry (after warning)	<b>0.20</b>
Overtime (1:30)	<b>0.10</b>
Short Exercise (Floor routine less than 30 sec.)	<b>2.00</b>
Start exercise before signal (deduct from repeated performance)	<b>0.50</b>
Technical Verbal cues by coach or teammate(s) (after warning)	<b>0.20</b>
Unsportsmanlike conduct of gymnast (after warning)	<b>0.20</b>
Use of unauthorized or additional mats	<b>0.30</b>
Using incorrect apparatus specifications, incl. incorrect spring conf.	<b>0.30</b>

**\*1.00 is score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

# FLOOR EXERCISE—LEVEL 8 (4A, 4B)

## SV 10.0 No Bonus

Restriction: Only A/B elements plus 'C' Dance elements ('B' VP credit) allowed

May perform ONE restricted acro "C" element ('B' VP credit)

### SPECIAL REQUIREMENTS

.50 ea

Acro series w/ 2 saltos OR 2 directly conn. Saltos (same or different)
3 Different saltos (not aerials) within the exercise
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Last isolated salto or within last salto connection must be min. 'A'

### COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions; BWD <u>and</u> FWD/SWD (Arabian = FWD)	.10
Lack of Turn on 1 Foot, min. B	.20
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type .10
Insufficient use of the FX area—spacially (floor pattern)	^.10
Choice of Dance elements not up to competitive level (see chart)	^.20
Choice of Acro Saltos not up to competitive level (see chart)	^.20
* Choice of Last Salto or salto within last acro connection (see chart)	^ .10
Lack of min. 3 'A' Saltos	.30

### EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts (ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)	ea ^ .10
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout - Each time <u>0.05</u> _At end of exercise <u>.10</u>	^ .30
Absence of Music or Music w/ words/song (whistles, animal & human sounds allowed)	(CJ) 1.00
Coach on FX mat (levels 6/7/8/9/10), one time	(CJ) .50
Insufficient Dynamics	^ .20
Artistry/Presentation	^ .30
*Originality/creativity of choreography in elements & connections	.05 -.10
*Quality of movement to reflect personal style	.05 -.10
*Quality of expression (i.e. projection, focus)	.05 -.10

### NO DISMOUNT:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

## CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 8

### Formula 1 (3-Pass Routine)

### Formula 2 (2-Pass Routine)

No deduction	B Salto in each pass <b>OR</b> B Salto in 2 passes; A+A Direct in one pass	2 Directly conn. Saltos (one a "B") in both passes
<b>0.05</b>	B — B — A + A (indirect)	<b>B + A/B (direct) — B + A/B (indirect)</b>
<b>0.10</b>	B - A+A (direct) - A <b>OR</b> B — B — A	<b>B + A/B (indirect) — B + A/B (indirect) OR</b> <b>B + B (indirect) — A + A (direct)</b>
<b>0.15</b>	B — A — A B - A + A (direct or indirect)	B - A + A (indirect, or less difficult) B + B (direct or indirect) - A + A (indirect)
<b>0.20</b>	No 'B' Saltos	No 'B' Saltos

**" - " signifies marker between passes, "+" signifies direct connection, unless specified**

## CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 8

No deduction	B—B—A
<b>0.05</b>	B—B
<b>0.10</b>	B—A—A
<b>0.15</b>	B—A
<b>0.20</b>	Only A's

## DISMOUNT

### VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL

No deduction	B Salto
<b>0.05</b>	A + A direct/indirect
<b>0.10</b>	Isolated 'A' Salto or Non-Salto Acro Flight

### CHIEF JUDGE DEDUCTIONS *(deduction from avg. score)*

Absence of music or music w/words or song/speech	<b>1.00</b>
Any part of the body touching outside of the floor ex border marking	<b>each time 0.10</b>
Coach on FX area inside the border marking (6/7/8/9/10)	<b>0.50</b>
<i>(no ded. If coach in FX area to remove object or adjust/remove mat)</i>	
Exceeds 30 Second Fall Time	<b>terminated</b>
Excessive use of magnesia or incorrect tape usage	<b>0.20</b>
Fail to mark the boundary line on additional mats which cover boundary	<b>0.10</b>
Failure to observe specified warm up time (after warning)	<b>0.20</b>
Failure to present to CJ before & (either judge) after exercise	<b>each time 0.10</b>
Gymnast fails to begin exercise within 30 sec. after CJ signals	<b>0.20</b>
Incorrect attire - incl. unacceptable jewelry (after warning)	<b>0.20</b>
Overtime (1:30)	<b>0.10</b>
Short Exercise (Floor routine less than 30 sec.)	<b>2.00</b>
Start exercise before signal (deduct from repeated performance)	<b>0.50</b>
Technical Verbal cues by coach or teammate(s) (after warning)	<b>0.20</b>
Unsportsmanlike conduct of gymnast (after warning)	<b>0.20</b>
Use of unauthorized or additional mats	<b>0.30</b>
Using incorrect apparatus specifications, incl. incorrect spring conf.	<b>0.30</b>

**\*1.00 is score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

## FLOOR EXERCISE—LEVEL 7 (5A, 2B)

### SV 10.0 No Bonus

*Restriction: Only A/B elements allowed*

*May perform ONE restricted dance "C" element ('B' VP credit)*

### SPECIAL REQUIREMENTS

.50 ea

One (1) acro series w/min. three (3) directly conn. flight elements, one a salto BWD stretched to 2-feet  
Two (2) or more direct connect FWD acro flight elements, one (1) a salto or aerial  
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)  
Minimum 360° turn on one (1) foot

## FLOOR EXERCISE—LEVEL 6 (5A, 1B)

### SV 10.0 No Bonus

*Restriction: Only A/B elements allowed*

### SPECIAL REQUIREMENTS

.50 ea

One (1) acro series w/min. three (3) directly conn. elements, two (2) with flight  
One (1) salto or aerial acro element (BWD/FWD/SWD) Isolated or in 2nd different connection  
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)  
Minimum 360° turn on one (1) foot

### EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts ( <i>ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.</i> )	ea ^ .10
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout	^ .30
- Each time <u>0.05</u> _At end of exercise <u>.10</u>	
Absence of Music or Music w/ words/song ( <i>whistles, animal &amp; human sounds allowed</i> )	(CJ) <u>1.00</u>
Coach on FX mat ( <i>levels 6/7/8/9/10</i> ), one time	(CJ) <u>.50</u>
<b>Insufficient Dynamics</b>	^ .20
<b>Artistry/Presentation</b>	^ .30
*Originality/creativity of choreography in elements & connections	.05 -.10
*Quality of movement to reflect personal style	.05 -.10
*Quality of expression (i.e. projection, focus)	.05 -.10

### **Restricted Element Performed:**

*No VP credit, no SR credit. Deduct 0.50 reflected in SV*

*Appropriate execution/amplitude deductions applied to all, regardless of receiving VP credit*

**\*1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**