

FLOOR EXERCISE: LEVEL 10 (3A, 3B, 2C) SV 9.5 Max .50 Bonus (min. +.10 D/E and +.10 CV)

SPECIAL REQUIREMENTS .50 ea.

Max time 1:30

Acro Pass w/ 2 saltos OR 2 directly conn. Saltos (same or different)
3 Different saltos (not aerials) within the exercise
Dance pass w/ 2 diff. Gr 1 elem (direct or indirect) One must be 180° leap (cross or side)
Last isolated salto or within last salto connection must be min. 'C'

****Award extra +.10 (not in SV) if exercise has a 10.0 SV and min. of .60 total bonus, incl. "E" ACRO**

BONUS CONNECTIONS

	+1	+2
ACRO DIRECT Saltos/Aerials	BB AC AAC	BC CC A/B + D/E AAD
ACRO INDIRECT Saltos/Aerials	A/B + A/B + C A/B + A/B + D CC A + D/E B + D/E	CD
2 *DANCE/MIXED (acro must have flight)	BD CC (same or different)	CD
<i>*No CV for turn followed by jump</i>	D salto + A jump (this order only)	

"+" signifies direct connection

" / " signifies or

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR

3 - PASS ROUTINE	Pass (1)	Pass (2)	Pass (3)
No Ded	D/E	D/E	CB
0.05	D	D	CA
0.10	D	CB or CA	CB
	D	D	C (or less)
0.15	D	CB or CA	C and B
	D	CB	C (or less)
0.20	No D or E Saltos		

2 - PASS ROUTINE	Pass (1)	Pass (2)
No Ded	E	E
0.05	E	D + A/B/C
	D and A/B/C	D and A/B/C
0.10	E	D and A/B/C
	D and A/B/C	D
0.15	E	C + A/B/C
	D and A/B/C	C + B/C
	D and A/B/C	C
0.20	E	B + B or less
	No D or E saltos (or) D - 2 Saltos, no bonus	

CHOICE OF DANCE ELEMENTS

No deduction	C-C-C (or) D/E-D/E
0.05	C-C-B (or) C-D/E
0.10	C-C (or) B-D/E
0.15	C-B (or) D/E
0.20	C (or) B-B

"and" signifies indirect connection

" / " signifies or

CHOICE OF DISMOUNT

Value of Salto(s) performed as last isolated Salto or in last Acro conn. not up to competitive level

No deduction	D or E Salto (or) CB or more
0.05	C and B (or) CA
0.10	C and A or less (or) Isolated C Salto or less

COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions (bwd <u>and</u> fwd /side)	<u>.10</u>
Lack of Turn on 1 Foot, min. B	<u>.20</u>
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type <u>.10</u>
Insufficient use of the FX area—spacially (floor pattern)	^ <u>.10</u>
Choice of Dance elements not up to competitive level (see chart)	^ <u>.20</u>
Choice of Acro Saltos not up to competitive level (see chart)	^ <u>.20</u>
Value of Last Salto performed as last salto or w/in last acro connection (see chart)	^ <u>.10</u>
Lack of min. C Salto in the exercise	<u>.30</u>

FLOOR EXERCISE: LEVEL 9 (3A, 4B, 1C) SV 9.7 Max. of .30 CV Bonus

All 'A', 'B', 'C' elem. plus 'D/E' dance elem. allowed. May perform ONE restricted "D/E" elem. from any group (for "C" VP credit)

SPECIAL REQUIREMENTS .50 ea

Max time 1:30

Acro Pass w/ 2 saltos OR 2 directly conn. Saltos (same or different)
3 Different saltos (not aerials) within the exercise
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Last isolated salto or within last salto connection must be min. 'B'

BONUS CONNECTIONS

	+1	+2
ACRO DIRECT Saltos/Aerials	BB AC AAC	BC CC
ACRO INDIRECT Saltos/Aerials	A/B + A/B + C CC	
2 *DANCE/MIXED (acro must have flight)	CC (same or different)	

"+" signifies direct connection

" / " signifies or

*No CV for turn followed by jump

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR

3 - PASS ROUTINES

	PASS (1)	PASS (2)	PASS (3)
No Ded.	C	C	C
	C	C	CB
0.05	C	C	BA
0.1	C	BB	BB
	C	C	B (or) B and A
0.15	C	BB	B
0.2	No C Saltos		

2 - PASS ROUTINES

	PASS (1)	PASS (2)
No Ded.	C Salto Acro Bonus conn. in both passes	
0.05	C	C + A/B/C
0.10	C	C and B
0.15	C	C and A
0.20	No C Saltos	

"and" signifies indirect connection

" / " signifies or

CHOICE OF DANCE ELEMENTS

No Ded.	C C
0.05	C B
0.10	C
0.15	B B
0.20	B

CHOICE OF DISMOUNT

Value of Salto(s) performed as last isolated Salto or in last Acro conn. not up to competitive level

No Ded.	C (or) BB
0.05	B and B (or) BA
0.1	B and A (or) B

COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions; BWD and FWD/SWD (Arabian = FWD)	.10
Lack of Turn on 1 Foot, min. B	.20
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type .10
Insufficient use of the FX area—spacially (floor pattern)	^.10
Choice of Dance elements not up to competitive level (see chart)	^.20
Choice of Acro Saltos not up to competitive level (see chart)	^.20
Choice of Last Salto or salto within last acro connection (see chart)	^.10
Lack of min. B Salto in the exercise	.30

FLOOR EXERCISE: LEVEL 8 (4A, 4B) SV 10.0 No Bonus

Restriction: Only A/B elements plus 'C' Dance elements ('B' VP credit) allowed

May perform ONE restricted acro "C" element ('B' VP credit)

SPECIAL REQUIREMENTS .50 ea

Acro Pass w/ 2 saltos OR 2 directly conn. Saltos (same or different)
 3 Different saltos (not aerials) within the exercise
 Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
 Last isolated salto or within last Acro connection must be min. 'A'

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR

3 - PASS ROUTINES

No Ded.	PASS (1)	PASS (2)	PASS (3)
		B	B
	B	B	AA
0.05	B	B	A and A
0.1	B	B	A
	B	AA	A
0.15	B	A	A
0.2	No B Saltos		

2 - PASS ROUTINES

No Ded.	PASS (1)	PASS (2)
		BA
0.05	BA	B and A
0.1	B and A	B and A
	B and B	AA
0.15	B	A (or) A and A
0.2	No B Saltos	

CHOICE OF DANCE ELEMENTS

No Ded.	B B A
0.05	B B
0.1	B A A
0.15	B A
0.2	Only A's

CHOICE OF DISMOUNT

Value of Salto(s) performed as last isolated Salto or in last Acro conn. not up to competitive level

No Ded.	B Salto
0.05	A + A direct/indirect
0.1	Isolated A salto (or) non-salto Acro Flight

COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions; BWD and FWD/SWD (Arabian = FWD)	.10
Lack of Turn on 1 Foot, min. B	.20
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type .10
Insufficient use of the FX area—spacially (floor pattern)	^.10
Choice of Dance elements not up to competitive level (see chart)	^.20
Choice of Acro Saltos not up to competitive level (see chart)	^.20
Choice of Last Salto or salto within last acro connection (see chart)	^.10
Lack of min. 3 'A' Saltos	.30

NO DISMOUNT:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

***1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

****The addition/deletion of a DANCE VP element following and directly connected to the last element in an acro pass will make the acro pass different**

FLOOR EXERCISE—LEVEL 7 (5A, 2B): SV 10.0 No Bonus

Restriction: Only A/B elements allowed. May perform ONE restricted dance "C" element ('B' VP credit)

SPECIAL REQUIREMENTS .50 ea

Max time 1:30

One (1) Acro pass w/min. three (3) directly conn. flight elements, one a salto BWD stretched to 2-feet
2nd Acro pass w/ 2 or more directly conn. FWD Acro flight elements — one a Salto or Aerial
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Minimum 360° turn on one (1) foot

FLOOR EXERCISE—LEVEL 6 (5A, 1B): SV 10.0 No Bonus

Restriction: Only A/B elements allowed

SPECIAL REQUIREMENTS .50 ea

Max time 1:15

One (1) Acro pass w/min. three (3) directly conn. elements, two (2) with flight
2nd Acro pass w/ one salto or aerial (bwd, fwd, or swd), isolated or in different connection
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Minimum 360° turn on one (1) foot

Composition deduction DO NOT apply at levels 6 and 7!

EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts (ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)	ea ^ .10
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout	^ .30
- Each time 0.05 _At end of exercise .10	
Absence of Music or Music w/ words/song (whistles, animal & human sounds allowed)	(CJ) 1.00
Coach on FX mat (levels 6/7/8/9/10), one time	(CJ) .50
Insufficient Dynamics	^ .20
Artistry/Presentation	^ .30
*Originality/creativity of choreography in elements & connections	.05 -.10
*Quality of movement to reflect personal style	.05 -.10
*Quality of expression (i.e. projection, focus)	.05 -.10

Restricted Element Performed:

No VP credit, no SR credit. Deduct 0.50 reflected in SV

Appropriate execution/amplitude deductions applied to all, regardless of receiving VP credit

***1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

****The addition/deletion of a DANCE VP element following and directly connected to the last element in an acro pass will make the acro pass different**

FLOOR EXERCISE: Execution & CJ Deductions

EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts (<i>ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.</i>)	ea ^ .10
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout	^ .30
- Each time 0.05 _At end of exercise .10	
Absence of Music or Music w/ words/song (<i>whistles, animal & human sounds allowed</i>)	(CJ 1.00)
Coach on FX mat (<i>levels 6/7/8/9/10</i>), one time	(CJ) .50
Insufficient Dynamics	^ .20
Artistry/Presentation	^ .30
*Originality/creativity of choreography in elements & connections	.05 -1.0
*Quality of movement to reflect personal style	.05 -1.0
*Quality of expression (i.e. projection, focus)	.05 -1.0

CHIEF JUDGE DEDUCTIONS (*deduction from avg. score*)

Absence of music or music w/words or song/speech	1.00
Any part of the body touching outside of the floor ex border marking	each time 0.10
Coach on FX area inside the border marking (6/7/8/9/10) (<i>no ded. If coach in FX area to remove object or adjust/remove mat</i>)	0.50
Exceeds 30 Second Fall Time (<i>time starts when athlete is on her feet</i>)	terminated
Excessive use of magnesia or incorrect tape usage	0.20
Fail to mark the boundary line on additional mats which cover boundary	0.10
Failure to observe specified warm up time (after warning)	0.20
Failure to present to CJ before & (either judge) after exercise	each time 0.10
Gymnast fails to begin exercise within 30 sec. after CJ signals	0.20
Incorrect attire (after warning). <i>Stud earrings allowed</i>	0.20
Overtime (1:30)	0.10
Short Exercise (Floor routine less than 30 sec.)	2.00
Start exercise before signal (deduct from repeated performance)	0.50
Technical Verbal cues by coach or teammate(s) (after warning) <i>Judge must hear words</i>	0.20
Unsportsmanlike conduct of gymnast (after warning)	0.20
Use of unauthorized or additional mats	0.30
Using incorrect apparatus specifications, incl. incorrect spring configuration	0.30

Dismount Deduction:

No Dismount (<i>from SV</i>)	.30
No attempt to perf. "last salto" on FX (<i>from SV</i>). <i>Ex: balks, or salto not initiated</i>	.30

***1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

****The addition/deletion of a DANCE VP element following and directly connected to the last element in an acro pass will make the acro pass different**