

FLOOR EXERCISE—LEVEL 10 (3A, 3B, 2C)

SV 9.5 Max. of .50 Bonus (min. +.10 D/E and +.10 CV)

Award extra +.10 (not in SV) if exercise has a 10.0 SV and min. of .60 total bonus, incl. "E" ACRO

SPECIAL REQUIREMENTS

Acro series w/ 2 saltos OR 2 directly conn. Saltos (same or different) **SR .50 ea**
3 Different saltos (not aerials) within the exercise
Dance pass w/ 2 diff. Gr 1 elem (direct or indirect) One must be 180° leap (cross or side)
Last isolated salto or within last salto connection must be min. 'C'

BONUS CONNECTIONS

	+1	+2
ACRO DIRECT Saltos/Aerials	BB AC AAC	BC CC A/B + D/E AAD
ACRO INDIRECT Saltos/Aerials	A/B + A/B + C A/B + A/B + D CC A + D/E B + D/E	CD
2 *DANCE/MIXED (acro must have flight)	BD CC (<i>same or different</i>)	CD
<i>*No CV for turn followed by jump</i>	D salto + A jump (<i>this order only</i>)	

COMPOSITION

Failure to perform Saltos <i>OR</i> Aerials in 2 diff. directions (bwd <u>and</u> fwd /side)	<u>.10</u>
Lack of Turn on 1 Foot, min. B	<u>.20</u>
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type <u>.10</u>
Insufficient use of the FX area—spacially (floor pattern)	<u>^ .10</u>
Choice of Dance elements not up to competitive level (<i>see chart</i>)	<u>^ .20</u>
Choice of Acro Saltos not up to competitive level (<i>see chart</i>)	<u>^ .20</u>
Value of Last Salto performed as last salto or w/in last acro connection (<i>see chart</i>)	<u>^ .10</u>
Lack of min. C Salto in the exercise	<u>.30</u>

EXECUTION

Incorrect rhythm during direct connections	ea <u>^ .10</u>
Lack of precision in Dance Value Parts	ea <u>^ .10</u>
(<i>ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.</i>)	
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea <u>^ .10</u>
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea <u>.10</u>
Fail to perform Group 2 turns in high releve	ea <u>^ .10</u>
Poor relationship of music and movement throughout exercise	<u>^ .20</u>
Relaxed/incorr. Footwork in non-VP - throughout	<u>^ .20</u>
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	<u>^ .30</u>
Missing synchronization of movement with musical beat throughout	<u>^ .30</u>
- Each time <u>0.05</u> _At end of exercise <u>.10</u>	
Absence of Music or Music w/ words/song (<i>whistles, animal & human sounds allowed</i>)	(CJ) <u>1.00</u>
Coach on FX mat (<i>levels 6/7/8/9/10</i>), one time	(CJ) <u>.50</u>
Insufficient Dynamics	<u>^ .20</u>
Artistry/Presentation	<u>^ .30</u>
*Originality/creativity of choreography in elements & connections	<u>.05</u> - <u>.10</u>
*Quality of movement to reflect personal style	<u>.05</u> - <u>.10</u>
*Quality of expression (i.e. projection, focus)	<u>.05</u> - <u>.10</u>

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 10

Formula 1 (3-Pass Routine)

Formula 2 (2-Pass Routine)

No deduction	D/E - D/E - B+C	E - E E - D+A/B/C
0.05	D - D - C+A	D and A/B/C - D and A/B/C (dir. or indir.) OR E - D and A/B/C
0.10	D - C+A/B - C+B OR D - D - C (or less)	D and A/B/C - D OR E - C+A/B/C
0.15	D - C+A/B - C and B (indir.) OR D - C+B - C (or less)	D - C+B/C OR D and A/B/C - C OR E - One or 2 saltos, B+B or less
0.20	No "D" or "E" Saltos	No "D" or "E" Saltos OR D - 2 saltos, no bonus

" - " signifies marker between passes, "**and**" signifies indirect req., "+" signifies bonus connection requirement

CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 10

DISMOUNT

No deduction	C-C-C (or) D/E-D/E	VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL	
0.05	C-C-B (or) C-D/E	No deduction	D or E Salto (or) C+B Direct (or more difficult)
0.10	C-C (or) B-D/E	0.05	C+B Indirect (or) C+A Direct
0.15	C-B (or) D/E	0.10	C+A Indirect or less difficult conn., (or)
0.20	C (or) B-B		Isolated C Salto or less difficult

CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

Absence of music or music w/words or song/speech	1.00
Any part of the body touching outside of the floor ex border marking	each time 0.10
Coach on FX area inside the border marking (6/7/8/9/10)	0.50
<i>(no ded. If coach in FX area to remove object or adjust/remove mat)</i>	
Exceeds 30 Second Fall Time	terminated
Excessive use of magnesia or incorrect tape usage	0.20
Fail to mark the boundary line on additional mats which cover boundary	0.10
Failure to observe specified warm up time (after warning)	0.20
Failure to present to CJ before & (either judge) after exercise	each time 0.10
Gymnast fails to begin exercise within 30 sec. after CJ signals	0.20
Incorrect attire - incl. unacceptable jewelry (after warning)	0.20
Overtime (1:30)	0.10
Short Exercise (Floor routine less than 30 sec.)	2.00
Start exercise before signal (deduct from repeated performance)	0.50
Technical Verbal cues by coach or teammate(s) (after warning)	0.20
Unsportsmanlike conduct of gymnast (after warning)	0.20
Use of unauthorized or additional mats	0.30
Using incorrect apparatus specifications, incl. incorrect spring configuration	0.30

Dismount Deduction:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

***1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

FLOOR EXERCISE—LEVEL 9 (3A, 4B, 1C)

SV 9.7 Max. of .30 CV Bonus

All 'A', 'B', 'C' elements plus 'D/E' dance elements allowed

Allowed to performed ONE restricted "D/E" element from any group (receives "C" VP credit)

SPECIAL REQUIREMENTS

.50 ea

Acro series w/ 2 saltos OR 2 directly conn. Saltos (same or different)

3 Different saltos (not aerials) within the exercise

Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)

Last isolated salto or within last salto connection must be min. 'B'

BONUS CONNECTIONS

	+1	+2
ACRO DIRECT Saltos/Aerials	BB AC AAC	BC CC
ACRO INDIRECT Saltos/Aerials	A/B + A/B + C CC	
2 *DANCE/MIXED (acro must have flight)	CC (same or different)	

***No CV for turn followed by jump**

COMPOSITION

Failure to perform Saltos OR Aerials in 2 diff. directions; BWD <u>and</u> FWD/SWD (Arabian = FWD)	.10
Lack of Turn on 1 Foot, min. B	.20
Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn)	each type .10
Insufficient use of the FX area—spacially (floor pattern)	^ .10
Choice of Dance elements not up to competitive level (see chart)	^ .20
Choice of Acro Saltos not up to competitive level (see chart)	^ .20
Choice of Last Salto or salto within last acro connection (see chart)	^ .10
Lack of min. B Salto in the exercise	.30

EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts	ea ^ .10
<i>(ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)</i>	
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout	^ .30
- Each time 0.05 _At end of exercise .10	
Absence of Music or Music w/ words/song (<i>whistles, animal & human sounds allowed</i>)	(CJ 1.00)
Coach on FX mat (<i>levels 6/7/8/9/10</i>), one time	(CJ) .50
Insufficient Dynamics	^ .20
Artistry/Presentation	^ .30
*Originality/creativity of choreography in elements & connections	.05 -.10
*Quality of movement to reflect personal style	.05 -.10
*Quality of expression (i.e. projection, focus)	.05 -.10

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 9

	Formula 1 (3-Pass Routine)	Formula 2 (2-Pass Routine)
No deduction	C—C—C <u>OR</u> C—C—B+B	C Salto Acro Bonus Connection in both passes
0.05	C—C—B+A	C—C + A/B/C
0.10	C - B+B - B+B C—C—B (or B + A indirect)	C—C + B (indirect)
0.15	C - B+B - B	C - C + A (indirect)
0.20	No 'C' Saltos	No 'C' Saltos

" - " signifies marker between passes, "and" signifies indirect conn., "+" signifies direct (bonus) conn.

CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 9

No deduction	C—C
0.05	C—B
0.10	C
0.15	B—B
0.20	B

DISMOUNT

VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO
OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL

No deduction	C <u>OR</u> B+B
0.05	B + B (indirect) <u>OR</u> B+A
0.10	B + A (indirect) <u>OR</u> B

NO DISMOUNT:

No Dismount (from SV)	.30
No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated	.30

CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

Absence of music or music w/words or song/speech	1.00
Any part of the body touching outside of the floor ex border marking	each time 0.10
Coach on FX area inside the border marking (6/7/8/9/10)	0.50
(no ded. If coach in FX area to remove object or adjust/remove mat)	
Exceeds 30 Second Fall Time	terminated
Excessive use of magnesia or incorrect tape usage	0.20
Fail to mark the boundary line on additional mats which cover boundary	0.10
Failure to observe specified warm up time (after warning)	0.20
Failure to present to CJ before & (either judge) after exercise	each time 0.10
Gymnast fails to begin exercise within 30 sec. after CJ signals	0.20
Incorrect attire - incl. unacceptable jewelry (after warning)	0.20
Overtime (1:30)	0.10
Short Exercise (Floor routine less than 30 sec.)	2.00
Start exercise before signal (deduct from repeated performance)	0.50
Technical Verbal cues by coach or teammate(s) (after warning)	0.20
Unsportsmanlike conduct of gymnast (after warning)	0.20
Use of unauthorized or additional mats	0.30
Using incorrect apparatus specifications, incl. incorrect spring conf.	0.30

***1.00 is score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

FLOOR EXERCISE—LEVEL 8 (4A, 4B)

SV 10.0 No Bonus

Restriction: Only A/B elements plus 'C' Dance elements ('B' VP credit) allowed

May perform ONE restricted acro "C" element ('B' VP credit)

SPECIAL REQUIREMENTS

.50 ea

- Acro series w/ 2 saltos OR 2 directly conn. Saltos (same or different)
- 3 Different saltos (not aerals) within the exercise
- Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
- Last isolated salto or within last Acro connection must be min. 'A'

COMPOSITION

- Failure to perform Saltos OR Aerals in 2 diff. directions; BWD and FWD/SWD (Arabian = FWD) .10
- Lack of Turn on 1 Foot, min. B .20
- Overuse of dance elem w/same shape (tuck/wolf or straddle: +/- turn) each type .10
- Insufficient use of the FX area—spacially (floor pattern) ^ .10
- Choice of Dance elements not up to competitive level (see chart) ^ .20
- Choice of Acro Saltos not up to competitive level (see chart) ^ .20
- * Choice of Last Salto or salto within last acro connection (see chart) ^ .10
- Lack of min. 3 'A' Saltos .30

EXECUTION

- Incorrect rhythm during direct connections ea ^ .10
- Lack of precision in Dance Value Parts ea ^ .10
- (ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)
- Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet ea ^ .10
- Concentration pause (2 sec.) prior to difficult elem. or acro series ea .10
- Fail to perform Group 2 turns in high releve ea ^ .10
- Poor relationship of music and movement throughout exercise ^ .20
- Relaxed/incorr. Footwork in non-VP - throughout ^ .20
- Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout ^ .30
- Missing synchronization of movement with musical beat throughout ^ .30
- Each time 0.05 _At end of exercise .10
- Absence of Music or Music w/ words/song (whistles, animal & human sounds allowed) (CJ 1.00)
- Coach on FX mat (levels 6/7/8/9/10), one time (CJ) .50
- Insufficient Dynamics ^ .20
- Artistry/Presentation ^ .30
- *Originality/creativity of choreography in elements & connections .05 - .10
- *Quality of movement to reflect personal style .05 - .10
- *Quality of expression (i.e. projection, focus) .05 - .10

NO DISMOUNT:

- No Dismount (from SV) .30
- No attempt to perf. "last salto" on FX (from SV). Ex: balks, or salto not initiated .30

CHOICE OF ACRO SALTO ELEMENTS ON FLOOR - LEVEL 8

Formula 1 (3-Pass Routine)		Formula 2 (2-Pass Routine)
No deduction	B Salto in each pass OR B Salto in 2 passes; A+A Direct in one pass	2 Directly conn. Saltos (one a "B") in both passes
0.05	B — B — A + A (indirect)	B + A/B (direct) — B + A/B (indirect)
0.10	B - A+A (direct) - A OR B — B — A	B + A/B (indirect) — B + A/B (indirect) OR B + B (indirect) — A + A (direct)
0.15	B — A — A B - A + A (direct or indirect)	B - A + A (indirect, or less difficult) B + B (direct or indirect) - A + A (indirect)
0.20	No 'B' Saltos	No 'B' Saltos

" - " signifies marker between passes, "+" signifies direct connection, unless specified

CHOICE OF DANCE ELEM. ON FLOOR - LEVEL 8

No deduction	B—B—A
0.05	B—B
0.10	B—A—A
0.15	B—A
0.20	Only A's

DISMOUNT

**VALUE OF SALTO(S) PERFORMED AS LAST ISOLATED SALTO
OR W/IN LAST ACRO CONN. NOT UP TO COMPETITIVE LEVEL**

No deduction	B Salto
0.05	A + A direct/indirect
0.10	Isolated 'A' Salto or Non-Salto Acro Flight

CHIEF JUDGE DEDUCTIONS (deduction from avg. score)

Absence of music or music w/words or song/speech	1.00
Any part of the body touching outside of the floor ex border marking	each time 0.10
Coach on FX area inside the border marking (6/7/8/9/10)	0.50
<i>(no ded. If coach in FX area to remove object or adjust/remove mat)</i>	
Exceeds 30 Second Fall Time	terminated
Excessive use of magnesia or incorrect tape usage	0.20
Fail to mark the boundary line on additional mats which cover boundary	0.10
Failure to observe specified warm up time (after warning)	0.20
Failure to present to CJ before & (either judge) after exercise	each time 0.10
Gymnast fails to begin exercise within 30 sec. after CJ signals	0.20
Incorrect attire - incl. unacceptable jewelry (after warning)	0.20
Overtime (1:30)	0.10
Short Exercise (Floor routine less than 30 sec.)	2.00
Start exercise before signal (deduct from repeated performance)	0.50
Technical Verbal cues by coach or teammate(s) (after warning)	0.20
Unsportsmanlike conduct of gymnast (after warning)	0.20
Use of unauthorized or additional mats	0.30
Using incorrect apparatus specifications, incl. incorrect spring conf.	0.30

***1.00 is score awarded to any optional routine that will be awarded a score equal to or less than 1.00**

FLOOR EXERCISE—LEVEL 7 (5A, 2B)

SV 10.0 No Bonus

Restriction: Only A/B elements allowed

May perform ONE restricted dance "C" element ('B' VP credit)

SPECIAL REQUIREMENTS

.50 ea

One (1) acro series w/min. three (3) directly conn. flight elements, one a salto BWD stretched to 2-feet
Two (2) or more direct connect FWD acro flight elements, one (1) a salto or aerial
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Minimum 360° turn on one (1) foot

FLOOR EXERCISE—LEVEL 6 (5A, 1B)

SV 10.0 No Bonus

Restriction: Only A/B elements allowed

SPECIAL REQUIREMENTS

.50 ea

One (1) acro series w/min. three (3) directly conn. elements, two (2) with flight
One (1) salto or aerial acro element (BWD/FWD/SWD) Isolated or in 2nd different connection
Dance pass with min. two (2) diff. Gr 1 elements (direct or indirect) One must be 180° leap (cross or side)
Minimum 360° turn on one (1) foot

EXECUTION

Incorrect rhythm during direct connections	ea ^ .10
Lack of precision in Dance Value Parts	ea ^ .10
(ex: lack of def. arm or leg pos. on turns/leaps; degree of turn not exact.)	
Fail to land with legs/feet together on jumps/leaps/hops that land on 2 feet	ea ^ .10
Concentration pause (2 sec.) prior to difficult elem. or acro series	ea .10
Fail to perform Group 2 turns in high releve	ea ^ .10
Poor relationship of music and movement throughout exercise	^ .20
Relaxed/incorr. Footwork in non-VP - throughout	^ .20
Relaxed/incorr/insuf. Leg pos./Body posture & Flexibility in non-VP - throughout	^ .30
Missing synchronization of movement with musical beat throughout	^ .30
- Each time 0.05 _At end of exercise .10	
Absence of Music or Music w/ words/song (whistles, animal & human sounds allowed)	(CJ 1.00)
Coach on FX mat (levels 6/7/8/9/10), one time	(CJ) .50
Insufficient Dynamics	^ .20
Artistry/Presentation	^ .30
*Originality/creativity of choreography in elements & connections	.05 -.10
*Quality of movement to reflect personal style	.05 -.10
*Quality of expression (i.e. projection, focus)	.05 -.10

Restricted Element Performed:

No VP credit, no SR credit. Deduct 0.50 reflected in SV

Appropriate execution/amplitude deductions applied to all, regardless of receiving VP credit

***1.00 score awarded to any optional routine that will be awarded a score equal to or less than 1.00**