

General Compulsory Bars - Specific Execution Deductions

B.Eberhardt
6/21/2021

(Taken for **EACH** occurrence during the routine)

Highlighted lines refer to new deductions &/or changes in value or wording.

Additional deduction for fall after assistance by coach (Spotting - Taken by Each Judge)	<u>0.50</u>
Additional trunk movements to maintain balance/control upon landing dismount (apply to "stuck" landings with trunk movements to avoid steps) (Landing of dismounts)	[^] 0.20
Arm swing(s) on landing to maintain balance (Landing of dismounts)	[^] 0.10
Alternate hand grasp or regaining hand grasp without supplementary support	<u>0.20</u>
Balance errors - small, medium, large	[^] 0.30
Bent arms in support - on any one element (90° or more = max <u>0.30</u>)	[^] 0.30
Bent legs - on any one element (90° or more = max 0.30)	[^] 0.30
Brush,touch or hit on apparatus or mat with foot (feet)	[^] 0.50
<i>*Brush/touch on apparatus or mat with foot (feet)</i>	[^] 0.10
<i>*Hit on apparatus with foot (feet)</i>	<u>0.20</u>
<i>*Hit on mat with foot (feet)</i>	<u>0.30</u>
<i>*Full weight on mat with foot (feet)</i>	<u>0.50</u>
Brushes/touches the apparatus/mat with one or two hands (no support) (Landing of dismounts)	[^] 0.30
Coach catches a falling gymnast - only deduct for a fall (Spotting - Taken by Each Judge)	<u>0.50</u>
Coach spots/assists (touches) during element (Spotting - Taken by Each Judge)	[^] VP + <u>0.50</u>
Coach spots/assists (touches) on landing only (Spotting - Taken by Each Judge)	<u>0.50</u>
Deviation from straight direction on landing (Landing of Dismounts)	[^] 0.10
Entire foot/feet sliding or lifting off the floor to join heels is considered a small step (Landing of Dismounts)	[^] 0.10
Failure to land on feet first for dismounts = Fail to a complete major element (Landing of dismounts)	[^] VP + <u>0.50</u>
Fall against apparatus or fall on mat to knee(s) or hips (Landing of dismounts)	<u>0.50</u>
Flexed/sickled feet during major elements	each time <u>0.05</u>
Grasp of bar apparatus to avoid a fall	<u>0.30</u>
Hesitation during jump to high bar	[^] 0.10
Incorrect body alignment, position or posture on major elements	[^] 0.20
Incorrect body posture on landing dismount (Landing of dismounts)	[^] 0.20
Intermediate extra swing/cast	<u>0.30</u>
More than one extra swing/cast preceding or following an element	max <u>0.50</u>
Insufficient dynamics - consider (Rhythm/Dynamics) * Energy maintained throughout the exercise * Makes difficult look effortless	[^] 0.20
Insufficient external amplitude away from bar during swinging/circling movements (Amplitude)	[^] 0.20

General Compulsory Bars: Specific Execution Deductions (cont)

B.Eberhardt 6/21/21

Insufficient internal body amplitude (stretch/tightness) during extended positions (<i>Amplitude</i>)	[^] 0.20
Lands acro element in squat position, then falls - (Max 0.80) (<i>Landings</i>)	[^] 0.30 + <u>0.50</u>
Lands dismount with feet further than hip-width apart (<i>Landing of dismounts</i>)	<u>0.10</u>
Lands dismount with feet hip-width apart or closer, and never joins the feet (<i>heels</i>) (<i>Landing of dismounts</i>)	<u>0.05</u>
Lands dismount with slight hop or small adjustment of feet on landing or landing with feet "staggered" (<i>one in front of the other</i>) (<i>Landings</i>)	[^] 0.10
<i>* If upon landing with feet apart/staggered the gymnast takes a step(s), deduct only for the step(s).</i> <i>* Landings Note: There is NO landing deduction for feet a maximum of hip-width apart, provided the heels join (slide) together on the controlled extension.</i>	
Large step/jump on landing (<i>Approximately 3 feet or more</i>) - (Max 0.40) (<i>Landings</i>)	ea <u>0.20</u>
Leg or knee separation	ea time [^] 0.20
More than one extra swing/cast preceding or following an element	max <u>0.50</u>
Repositioning/adjustment of hands in front support or feet in squat/stoop on	<u>0.10</u>
Squat on landing (<i>hips even with or lower than the knees</i>) (<i>Landing of dismounts</i>)	[^] 0.30
Steps on landing (<i>per step - maximum of 4 steps</i>) - (Max 0.40) (<i>Landing of dismounts</i>)	ea <u>0.10</u>
Support on apparatus/mat with one or two hands upon landing (<i>Landing of dismounts</i>)	<u>0.50</u>

General Compulsory Beam: Specific Execution Deductions

B.Eberhardt
6/21/2021

(Taken for **EACH** occurrence during the routine)

Highlighted lines refer to new deductions &/or changes in value or wording.

Adding an extra element (Change Prescribed Text)	each <u>0.30</u>
Additional deduction for fall after assistance by coach (Spotting - Taken by Each Judge)	<u>0.50</u>
Additional movement to maintain balance/control on beam	[^] 0.30
Additional trunk movements to maintain balance/control upon landing dismount (apply to "stuck" landings with trunk movements to avoid steps) (Landings)	[^] 0.20
Arm swing(s) on landing to maintain balance (Landings)	[^] 0.10
Balance errors - small, medium, large	[^] 0.30
Bent arms in support - on any one element (90° or more = max 0.30)	[^] 0.30
Bent legs - on any one element (90° or more = max 0.30)	[^] 0.30
Broken series of dance major elements on Beam (Rhythm/Dynamics)	<u>0.05</u>
* Fall between elements	<u>0.05 + 0.50</u>
* Gymnast repeats & successfully connects elements - take fall only	<u>0.50</u>
Brush,touch or hit on apparatus or mat with foot (feet)	[^] 0.50
*Brush/touch on apparatus or mat with foot (feet)	[^] 0.10
*Hit on apparatus with foot (feet)	<u>0.20</u>
*Hit on mat with foot (feet)	<u>0.30</u>
*Full weight on mat with foot (feet)	<u>0.50</u>
Brushes/touches the apparatus/mat with one or two hands (no support) (Landings)	[^] 0.30
Changing a major element (Change Prescribed Text)	Value Part
Changing, reversing, adding, or omitting a small part (Change Prescribed Text)	<u>0.10</u>
Changing, reversing, or omitting a series of connections (Change Prescribed Text)	<u>0.30</u>
Coach catches a falling gymnast - only deduct for a fall (Spotting - Taken by Each Judge)	<u>0.50</u>
Coach spots/assists (touches) during element (Spotting - Taken by Each Judge)	[^] VP + <u>0.50</u>
Coach spots/assists (touches) on landing only (Spotting - Taken by Each Judge)	<u>0.50</u>
Concentration pause 2 seconds (Rhythm/Dynamics)	each <u>0.10</u>
Concentration pause <i>more</i> than 2 seconds (Rhythm/Dynamics)	each <u>0.20</u>
Deviation from straight direction on landing (Landings)	[^] 0.10
Entire foot/feet sliding or lifting off the floor to join heels is considered a small step (Landings)	[^] 0.10
Error in line of <i>direction</i> or spacing of a single element	[^] 0.10
Error in line of <i>direction</i> of acrobatic, dance, or dance/acro series	[^] 0.20
Extra kick up to handstand	<u>0.30</u>
Failure to contract or <i>arch</i> when indicated	[^] 0.10

General Compulsory Beam: Specific Execution Deductions (cont)	
Failure to keep ears covered by arms when moving in and out of slow acro elements (<i>i.e. cartwheels, handstands, etc</i>)	<u>0.05</u>
Failure to kick/swing leg to horizontal or above when required	[^] 0.10
Failure to land on both feet simultaneously (<i>applied to jumps landing on two feet</i>)	<u>0.10</u>
Failure to land on feet first for saltos &/or dismounts = Fail to a complete major element (Landings)	[^] VP + <u>0.50</u>
Fall against apparatus or fall on mat to knee(s) or hips (Landings)	<u>0.50</u>
Failure to land with feet closed (<i>applied to jumps landing on two feet</i>)	[^] 0.10
Failure to mark the passé position in relevé at the completion of turns	each <u>0.05</u>
Failure to perform 180° and 360° turns on one foot in high relevé	each [^] 0.10
Fall on or off the apparatus	<u>0.50</u>
Flexed/sickled feet during major elements	each <u>0.05</u>
Grasping beam to avoid a fall	<u>0.30</u>
Incomplete major element (Change Prescribed Text)	[^] VP
Incomplete turns	[^] VP
Incorrect body alignment, position or posture on major elements	[^] 0.20
Incorrect leg alignment in arabesque position when indicated	[^] 0.10
Incorrect body posture on landing dismount (Landings)	[^] 0.20
Insufficient dynamics - consider (Rhythm/Dynamics) * Energy maintained throughout the exercise * Makes difficult look effortless	[^] 0.20
Insufficient height (<i>hip rise</i>) on leaps/jumps/hops (Amplitude)	[^] 0.20
Insufficient height of aerials & backward acro flight with hand support (Amplitude)	[^] 0.20
Insufficient height (<i>hip rise</i>) on salto elements (Amplitude)	[^] 0.30
Insufficient quickness off hands in flight element with hand support (Amplitude)	[^] 0.20
Insufficient split when required (Dance/non-flight acro elements)	[^] 0.20
Lack of continuity/tempo between major elements in a directly connected dance series on Beam (Rhythm/Dynamics)	No Ded
Lands acro element in squat position, then falls - (Max 0.80) (Landings)	[^] 0.30 + <u>0.50</u>
Lands dismount with feet further than hip-width apart (Landings)	<u>0.10</u>
Lands dismount with feet hip-width apart or closer, and never joins the feet (<i>heels</i>) (Landings)	<u>0.05</u>
Lands dismount with slight hop or small adjustment of feet on landing or landing with feet "staggered" (<i>one in front of the other</i>) (Landings)	[^] 0.10
* If upon landing with feet apart/staggered the gymnast takes a step(s), deduct only for the step(s). * Landings Note : There is NO landing deduction for feet a maximum of hip-width apart, provided the heels join (slide) together on the controlled extension.	
Large step/jump on landing (<i>Approximately 3 feet or more</i>) - (Max 0.40) (Landings)	ea <u>0.20</u>
Leg or knee separation	ea time [^] 0.20
Major element performed with additional turn (Change Prescribed Text)	[^] VP
Repetition of a missed element (<i>start judging at the point of interruption</i>) (Change Prescribed Text)	No Deduct

General Compulsory Beam: Specific Execution Deductions *(cont)*

Reversing a major element <i>(if not allowed to be reversed)</i> (Change Prescribed Text)	Half VP
Reversing the order of the two elements in any of the directly connected dance series on balance beam or floor exercise (Change Prescribed Text)	0.30
Squat on landing <i>(hips even with or lower than the knees)</i> (Landings)	^0.30
Steps on landing <i>(per step - maximum of 4 steps)</i> - (Max 0.40) (Landings)	ea 0.10
Substituting or omitting a major element (Change Prescribed Text)	Double VP
Support of one leg against side surface of beam to maintain balance	ea 0.20
Support on apparatus/mat with one or two hands upon landing (Landings)	0.50
Uneven leg separation in leaps/jumps	^0.20
Use of supplemental support <i>*Foot/feet remain on mat/board as mount is completed</i> <i>*Foot/feet contact mat in cross straddle sit during exercise</i> <i>*Foot/feet/leg using the base/uprights of beam for support on mount/beam</i>	0.30

General Deductions - Compulsory Beam

Taken on non-major elements throughout/during the routine.

Each deduction is the maximum deduction for the errors, not per occurrence

Failure to perform steps (when indicated) and pivot turns (not major elements) in high relevé position	^0.20
Incorrect body alignment, position or posture during connections	^0.30
Incorrect foot form <i>(flexed, sickled, failure to show lock position when designated, failure to step toe-ball-heel or to show turn-out in foot positions)</i>	^0.30
Incorrect position of head, arms, legs, or feet (text errors)	^0.30
Insufficient amplitude on non-value part choreography/dance steps	^0.10
Insufficient sureness of performance	^0.20
Movement lacking artistry of presentation - consider	^0.30
<i>*Quality of movement to reflect the style of the choreography</i>	^0.15
<i>*Quality of expression (i.e. projection, focus)</i>	^0.15

General Compulsory Floor: Specific Execution Deductions

B.Eberhardt
6/21/2021

(Taken for **EACH** occurrence during the routine)

Highlighted lines refer to new deductions &/or changes in value or wording.

Adding an extra element (Change Prescribed Text)	each <u>0.30</u>
Additional deduction for fall after assistance by coach (Spotting - Taken by Each Judge)	<u>0.50</u>
Arm swing(s) on landing to maintain balance (Landings)	[^] 0.10
Balance errors - small, medium, large	[^] 0.30
Bent arms in support - on any one element (90° or more = max 0.30)	[^] 0.30
Bent arms or legs - on any one element (90° or more = max 0.30)	[^] 0.30
Brushes/touches the mat with one or two hands (no support) (Landings)	[^] 0.30
Changing a major element (Change Prescribed Text)	Value Part
Changing, reversing, adding, or omitting a small part (Change Prescribed Text)	<u>0.10</u>
Changing, reversing, or omitting a series of connections (Change Prescribed text)	<u>0.30</u>
Coach catches a falling gymnast - only deduct for a fall (Spotting - Taken by Each Judge)	<u>0.50</u>
Coach spots/assists (touches) during element (Spotting - Taken by Each Judge)	[^] VP + <u>0.50</u>
Coach spots/assists (touches) on landing only (Spotting - Taken by Each Judge)	<u>0.50</u>
Concentration pause(s) - Two (2) seconds or more (Rhythm/Dynamics)	ea <u>0.10</u>
Deviation from straight direction on landing	[^] 0.10
Entire foot/feet sliding or lifting off the floor to join heels is considered a small step (Landings)	[^] 0.10
Error in line of <i>direction</i> of acrobatic, dance, or dance/acro series	[^] 0.20
Error in line of <i>direction</i> or placement of whole section of floor pattern	[^] 0.30
Error in line of <i>direction</i> or spacing of a single element	[^] 0.10
Extra kick up to handstand	<u>0.30</u>
Failure to contract or <i>arch</i> when indicated	[^] 0.10
Failure to keep ears covered by arms when moving in and out of slow acro elements (i.e. cartwheels, handstands, etc)	<u>0.05</u>
Failure to kick/swing leg to horizontal or above when required	[^] 0.10
Failure to land on both feet simultaneously (applied to jumps landing on two feet)	<u>0.10</u>
Failure to land on the feet first for saltos = Failure to complete a major element	[^] VP + <u>0.50</u>
Failure to land with feet closed (applied to jumps landing on two feet)	[^] 0.10
Failure to mark the <i>passé</i> position in <i>relevé</i> at the completion of turns	each <u>0.05</u>
Failure to perform 180° and 360° turns on one foot in high <i>relevé</i>	each [^] 0.10
Fall on mat to knee(s) or hips	<u>0.50</u>
Flexed/sickled feet during major elements	each <u>0.05</u>
Incomplete major element (Change Prescribed Text)	[^] VP
Incomplete turns	[^] VP
Incorrect body alignment, position or posture on major elements	[^] 0.20
Incorrect leg alignment in arabesque position when indicated	[^] 0.10

General Compulsory Floor: Specific Execution Deductions (cont)	
Incorrect body posture on landing dismount (<i>Landings</i>)	^0.20
Insufficient dynamics - consider (<i>Rhythm/Dynamics</i>) * Energy maintained throughout the exercise * Makes difficult look effortless	^0.20
Insufficient height (<i>hip rise</i>) on leaps/jumps/hops (<i>Amplitude</i>)	^0.20
Insufficient height (<i>hip rise</i>) on salto elements (<i>Amplitude</i>)	^0.30
Insufficient height of aerials & backward acro flight with hand support (<i>Amplitude</i>)	^0.20
Insufficient quickness off hands in flight element with hand support (<i>not applied on front handsprings on Floor Exercise</i>) (<i>Amplitude</i>)	^0.20
Insufficient split when required (Dance/non-flight acro elements)	^0.20
Lands acro element in squat position, then falls - (Max 0.80) (<i>Landings</i>)	^0.30 + 0.50
Large step/jump on landing (<i>Approximately 3 feet or more</i>) - (Max 0.40) (<i>Landings</i>)	ea 0.20
Leg or knee separation	ea time ^0.20
Major element performed with additional turn (<i>Change Prescribed Text</i>)	^VP
Missing synchronization of movement with musical beat - (<i>Rhythm/Dynamics</i>) * Throughout the floor exercise * Each time * At end	^0.30 <u>0.05</u> <u>0.10</u>
Repetition of a missed element (<i>start judging at the point of interruption</i>) (<i>Change Prescribed Text</i>)	No Deduct
Reversing a major element (<i>if not allowed to be reversed</i>) (<i>Change Prescribed Text</i>)	Half VP
Reversing the order of the two elements in any of the directly connected	<u>0.30</u>
Stop between major elements in acro (tumbling) series on FX	<u>0.30</u>
Squat on landing (<i>hips even with or lower than the knees</i>) (<i>Landings</i>)	^0.30
Steps on landing (<i>per step - maximum of 4 steps</i>) - (Max 0.40) (<i>Landings</i>)	ea <u>0.10</u>
Substituting or omitting a major element (<i>Change Prescribed Text</i>)	Double VP
Support on mat with one or two hands upon landing (<i>Landings</i>)	<u>0.50</u>
Taking additional running steps into forward/sideward tumbling pass (<i>This is not applied to the front salto tucked</i>)	max <u>0.05</u>
Uneven leg separation in leaps/jumps	^0.20
General Deductions - Compulsory Floor Exercise	

Taken on non-major elements throughout/during the routine.

Each deduction is the maximum deduction for the errors, not per occurrence

Failure to perform steps (<i>when indicated</i>) and pivot turns (<i>not major elements</i>) in high relevé position	^0.20
Incorrect body alignment, position or posture during connections	^0.30
Incorrect foot form (<i>flexed, sickled, failure to show lock position when designated, failure to step toe-ball-heel or to show turn-out in foot positions</i>)	^0.30
Incorrect position of head, arms, legs, or feet (<i>text errors</i>)	^0.30
Insufficient amplitude on non-value part choreography/dance steps	^0.10
Movement lacking artistry of presentation - consider *Quality of movement to reflect the style of the choreography *Quality of expression (<i>i.e. projection, focus</i>)	^0.30 <u>0.15</u> <u>0.15</u>