



Hi Judges -- the Optional season is just around the corner and here are some major changes to keep in mind:

## VAULT

- Only athletic tape or velcro can be used on the vault runway and must be removed at the end of the rotation. *NO CHALK*. Failure to remove the tape can result in a -0.30 deduction (considered equipment issue like removing the board). I would recommend reminding coaches for a period of time before applying the deduction.
- Vault heights:
  - Levels 4 & 5: any manufacturers setting
  - Levels 6 & 7: any manufacturers setting, max 135cm
  - Levels 8, 9 & 10: 115cm - 135cm
- Warm up time for Levels 6 & 7 is now 1.5 minutes on all events. (Last year they got 2 minutes on vault.)
- Level 6/7:
  - New deduction: Failure to pass through vertical....up to 0.30
  - New deduction: Second Flight Phase - Failure to create rotation....up to 0.30
  - New deduction: Failure to land on top of the mat stack....1.00
  - Revised deduction: Insufficient length....up to 0.20 (was up to 0.30)
  - ~~Deduction: Angle of arrival....up to 0.30~~
- New Level 10 vault: #3.405, Tsukahara Pike 1/1, 9.90 SV (Staruk)
- Level 8, 9, 10:
  - New deduction: Support/Repulsion Phase - Failure to pass through vertical....0.30
- New Level 10 vault: #3.405, Tsukahara Pike 1/1, 9.90 SV (Staruk)

## BARS

- Regardless of the number of consecutive extra swings following an element, the maximum you may take is 0.50 (used to be 0.60). Rationale: a fall is 0.50 and therefore extra swings should not be more than a fall. This is an Optional level deduction ONLY - Compulsories are still a maximum of 0.60 for consecutive extra swings.
- The composition deduction "Failure to perform 2 elements (minimum of "B") that fulfill 2 out of the 3 of the following requirements (excluding dismounts)" has changed slightly. New requirements are:
  - Forward element
  - 3/6/7
  - The requirement for a "C pirouette has changed to a "C" element with at least a 180 degree turn, with or without flight.

## **BEAM**

- Fall time is now 45 seconds at all levels, including Compulsories, Optionals & Xcel.
- New Value - Dismount: #9.506, Salto backward stretched 2 1/2 twist is now an E (raised from D)
- New Bonus Combination: Award + 0.10 CV bonus to any 3 element acro flight series that lands on top of the beam, including mounts; excluding dismounts, with a minimum of 1 "C" salto or 1 "D/E" flight with or without hand support. This is awarded at Level 9 and Level 10.

## **FLOOR**

- New Value: #1.410, ring jump 1/1 is now a "D" (raised from "C"). A stag ring jump with 1/1 turn (#1.310) remains a "C".

**NOTE:** There have been some minor changes to the Appendix 15 charts in the JO Code of Points. You may want to review these or print out one of the many great composition charts created by fellow judges. Some personal favorites include materials produced by Sharyn Strickland (<https://nawgjflorida.org/forms> and then scroll down to aids)



**NAWGJ FLORIDA**

[Forms | NAWGJ Florida](#)

National Association of Women's Gymnastics Judges of Florida.  
2019-2020 Florida USA Gymnastics Judges Guidelines;  
TRAVEL AND MILEAGE REIMBURSEMENT - July 2019 (pdf).  
Download

[nawgjflorida.org](http://nawgjflorida.org)

And there is an abundant more to be found at [http://www.nawgj.org/jo\\_judging\\_forms.php#Joye](http://www.nawgj.org/jo_judging_forms.php#Joye). You're sure to find something that works well with your brain.

## **[J. O. Judging Forms - National Association of Women's Gymnastics Judges - NAWGJ](#)**

JO Optional Score Sheets . Sheets by Winnie Witten. JO Critique Sheets - July 2019 . Provided by J.D. McDonald Email: [flipflopfull83@aol.com](mailto:flipflopfull83@aol.com) Level 6/7 Vault Scoresheet - August 2019. Provided by Deanna Hanford Email: [dhanford@cox.net](mailto:dhanford@cox.net) Levels 6-10 Righty Score Sheets - August 2019

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