



**2022 Aloha Invitational / NAWGJ-FL Judges Cup  
Wiregrass Ranch Sport Campus ~ September 17-19, 2022**

**SATURDAY 9/17/22**

**Modified Capital Cup Format**

**Meet Referee: Patricia Lydon**

**SESSION 1: USA Level 2**

Report: 9:00 a.m

March In: 9:15 a.m.

*Assistant Meet Ref: Cookie Batche*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Pam Koch	Cookie Batche	Nelena Beck	Carol Curley
<b>Panel Judge</b>	Martha Santiago	Roksan Aydelman	Alyssa Jones	Michi Pribil
<b>Feedback Forms</b>	Bill Bevil	Susan Lomas	Cat Johnston	Nikki Spinelli
<b>Feedback Forms</b>				Karen DeRuvo

**SESSION 2: USA Level 2**

Report: 11:45 a.m.

March In: 12:00 p.m.

*Assistant Meet Ref: Cookie Batche*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Bill Bevil	Cookie Batche	Cat Johnston	Nikki Spinelli
<b>Panel Judge</b>	Martha Santiago	Roksan Aydelman	Alyssa Jones	Karen DeRuvo
<b>Feedback Forms</b>	Pam Koch	Ali Shaw	Nelena Beck	Carol Curley
<b>Feedback Forms</b>				Michi Pribil

**SESSION 3: USA Level 3**

Report: 2:30 p.m.

March In: 2:45 p.m.

*Assistant Meet Ref: Joan Gnat*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Ali Shaw	Joan Gnat	Mark Robbins	Sara Monahan
<b>Panel Judge</b>	Nichole Wilder	Lexi Burns	Tracy Jakum	Dari Koro
<b>Feedback Forms</b>	Bill Bevil	Kristi Dixon	Donna Ewing	Sofia Goodrich
<b>Feedback Forms</b>			Brenda Musall	Cyndy Rodriguez

**SESSION 4: USA Level 3**

Report: 5:30 p.m.

March In: 5:45 p.m.

*Assistant Meet Ref: Joan Gnat*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Mark Robbins	Joan Gnat	Donna Ewing	Sofia Goodrich
<b>Panel Judge</b>	Nichole Wilder	Kristi Dixon	Brenda Musall	Cyndy Rodriguez
<b>Feedback Forms</b>	Ali Shaw	Lexi Burns	Susan Monahan	Sara Monahan
<b>Feedback Forms</b>		Susan Lomas	Tracy Jakum	Dari Koro

Saturday Practice Judge / Mentor Team: Susan Lomas, Tabatha Richardson

Floating – Carrie Rawlings



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**SUNDAY 9-18-22**

**Modified Capital Cup Format**

**Meet Referee: Patricia Lydon**

**SESSION 5: USA Level 1**

Report: 8:00 a.m.

March In: 8:15 a.m.

*Assistant Meet Ref: Toyi Gainley*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Kevn McNamara	Toyi Gainley	Kamryn Harrington	Sue Pusateri
<b>Panel Judge</b>	Jennifer Ynestroza	Jill Bosack	Beverly Kamp	Alexa Tinsley
<b>Feedback Forms</b>	Karmin Soderstrom	Victoria Kramer	Susan Hyde	Elena Lechner
<b>Feedback Forms</b>		Donna Ewing	Cyndy Rodriguez	Nichole Wilder

**SESSION 6: USA Level 4 & 5**

Report: 10:15 a.m.

March In: 10:30 a.m.

*Assistant Meet Ref: Jen Ynestroza*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Kevn McNamara	Jennifer Ynestroza	Susan Hyde	Elena Lechner
<b>Panel Judge</b>	Beverly Kamp	Arika Hoyt	Karmin Soderstrom	Victoria Kramer
<b>Feedback Forms</b>	Inky Cummings	Pam Sherwood	Cyndy Rodriguez	Sue Pusateri
<b>Feedback Forms</b>	Kamryn Harrington	Jill Bosack	Toyi Gainley	Alexa Tinsley

**SESSION 7: USA Level 4**

Report: 1:00 p.m.

March In: 1:15 pm

*Assistant Meet Ref: Sophia Tracy*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Jen Boval	Sophia Tracy	Arika Hoyt	Pam Sherwood
<b>Panel Judge</b>	Katie Jerabek	Jill Andrews	Britney Powers	Karen Coursen
<b>Feedback Forms</b>	Jessica Peck	Phyllis Niemi	Tiffany Brodbeck	Mary Rice
<b>Feedback Forms</b>	Kathy Stuenkel	Taryn James	Inky Cummings	Melissa Huston

**SESSION 8: USA Level 4**

Report: 3:45 p.m.

March In: 4:00 pm

*Assistant Meet Ref: Phyllis Niemi*

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Jessica Peck	Phyllis Niemi	Tiffany Brodbeck	Melissa Huston
<b>Panel Judge</b>	Kathy Stuenkel	Taryn James	Inky Commings	Mary Rice
<b>Feedback Forms</b>	Jen Boval	Sophia Tracy	Arika Hoyt	Pam Sherwood
<b>Feedback Forms</b>	Katie Jerabek	Jill Andrews	Britney Powers	Karen Coursen

*Chief Judges – please let Patricia Lydon know if you are affiliated within the session you’ve been assigned as Chief Judge so we can adjust your panel*



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**Meet Address:** 3021 Sports Coast Way, Wesley Chapel, FL 33543

**Emergency Contact:** Patricia Lydon – Cell: 813-340-1225 ~ Email: p.lydon@me.com

**Feedback Forms:** They have been updated by Susan Monahan to reflect the new compulsories. Copies of the forms will be made available to you prior to the meet. Please take time to review the routines and forms so that you can provide Positive constructive feedback. Remember, you never know who will read your form, so keep it informative and professional.

**Meals:** Lunch & Dinner: Individually Boxed Meals will be provided  
Breakfast: Provided by hotel \*Note may be scaled back due to Covid, more details to follow  
Friday judges: please eat before you arrive.

**Report Time/Check-in:** Please note, that due to the structure of the meet, we have shortened the report time from 30 minutes prior to march-in down to 15 minutes so that you will not be expected to report before the athletes are scheduled to arrive. It is important that you arrive on time, and report to the judge’s room for check-in before going onto the competition floor.

**Judges Room:** There will be a separate entrance into the facility for Judges located along the front of the building, to the Left of the Main Entrance. \* LOOK for the Flip-Flop Sign that reads “Judges Entrance”

**Attire:** Hawaiian, tropical, flora themed clothing. We want to be professional yet festive. Slacks, capris length pants, or skirts, please no exercise clothing, yoga pants, shorts or jeans. Blouses, shirts and dresses should be modest in appearance. Please no spaghetti straps, plunging necklines or short skirts. Let’s keep it rated ‘G’ everyone 😊

**Shoes:** Please no beach flip flops, exercise sneakers. Please keep your footwear professional & on your feet. The judge’s room is very close to the gym near the entrance to the building.

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**Hotel information will be sent separately to applicable judges.**

Current List of Judges who will need a hotel room:

Friday Night	Saturday Night
Nelena Beck	Toyi Gainley
Carol Curley*	Kamryn Harrington
Cat Johnston	Susan Hyde
Alyssa Jones	Victoria Kramer
Pam Koch*	Elena Lechner
Susan Lomas	Kevn McNamara
Susan Monahan	Cyndy Rodriguez
Martha Santiago	Karmin Soderstrom
Nikki Spinelli	Nichole Wilder
	Jennifer Ynestroza



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**Please consider ridesharing with other judges in your area whenever possible. Our costs for mileage reimbursement increased last year for over 200%. I will send out a separate email with ridesharing recommendations.**

**Travel Reimbursement:** For Judges Cup, NAWGJ-FL will offer the following mileage reimbursement:

- Solo drivers will receive .35 cents per mile one (1) way
- Rideshare drivers will receive .35 cents per mile round trip
- All tolls will be reimbursed with proof of payment (receipt, web statement, etc.)

- **If you would like to have your mileage and/or tolls reimbursed, please submit the form below to Susan Monahan at Judges Cup**
- **MapQuest/Google Maps/iPhone Required**

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Name: \_\_\_\_\_

- Solo Driver                       Ride Share Driver (Please list carpool riders below)

\_\_\_\_\_  
Home Address: \_\_\_\_\_

Mileage Reimbursement Request:

- Solo driver: .35 x \_\_\_\_\_ miles (one way) = \$ \_\_\_\_\_
- Carpool driver: .35 x \_\_\_\_\_ miles x 2 (round trip) = \$ \_\_\_\_\_
- Tolls (proof of payment required): \$ \_\_\_\_\_

**TOTAL REIMBURSEMENT REQUESTED:** \$ \_\_\_\_\_

I CHOOSE TO DONATE / WAIVE MY MILEAGE & EXPENSES TO FL NAWGJ \_\_\_\_\_  
*Please Initial*