



2019 Aloha Invitational / NAWGJ-FL Judges Cup  
University of Tampa ~ September 14 & 15, 2019

**GYM A – SATURDAY**

**Modified Traditional Format**

**Meet Referee: Pam Sherwood**  
**Floating Sub: Kevn McNamara**

**SESSION A1: USA Level 1**

Report: 8:00 a.m.

March In: 8:15 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Joan Dalpe	Jill Andrews	Pam Sherwood	Alayna Sherwood
<b>Panel Judge</b>	Barb Quackenbush	Phyllis Nemi	Vered Danenberg	Alexa Tinsley
<b>Feedback Forms</b>		Kevn McNamara	Sofia Goodrich	Heather Wilson

**SESSION A2: USA Level 1**

Report: 10:30 a.m

March In: 10:45 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Barb Quackenbush	Joan Dalpe	Pam Sherwood	Ali Akers Shaw
<b>Panel Judge</b>	Brooke Blassingame	Sabrina West	Lexi Burns	Heather Wilson
<b>Feedback Forms</b>	Jill Andrews	Phyllis Nemi	Alayna Sherwood Alexa Tinsley	Sofia Goodrich Vered Danenberg

**Also this session: New Judge Practice Judging: Bill Bevil & Susan Lomas**

**SESSION A3: USA Level 2**

Report: 12:45 p.m.

March In: 1:00 p.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Barb Quackenbush	Alayna Sherwood	Jill Andrews	Pam Sherwood
<b>Panel Judge</b>	Phyllis Nemi	Brooke Blassingame	Joan Dalpe	Sofia Goodrich
<b>Feedback Forms</b>	Vered Danenberg	Ali Akers Shaw	Alexa Tinsley Sabrina West	Heather Wilson Darcy French

**Also this session: New Judge Practice Judging: Bill Bevil & Susan Lomas**

**SESSION A4: USA Level 2**

Report: 3:15 p.m.

March In: 3:30 p.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Pam Sherwood	Jill Andrews	Alayna Sherwood	Joan Dalpe
<b>Panel Judge</b>	Amy Diuguid	Brooke Blassingame	Sabrina West	Alexa Tinsley
<b>Feedback Forms</b>	Sofia Goodrich	Phyllis Nemi Darcy French	Vered Danenberg Ali Akers Shaw	Barb Quackenbush Heather Wilson

**SESSION A5: USA Level 2**

Report: 6:00 p.m.

March In: 6:15 p.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Amy Diuguid	Alayna Sherwood	Sofia Goodrich	Ali Akers Shaw
<b>Panel Judge</b>	Brooke Blassingame	Heather Wilson	Vered Danenberg	Darcy French
<b>Feedback Forms</b>		Pam Sherwood	Alexa Tinsley	Sabrina West



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**GYM B - SATURDAY**

**USA Level 3 All Day – Modified Traditional Format All Day**

**Meet Referee: Vinnie Silber**  
**Floating Sub: Carrie Rawlings**

**SESSION B1:** Report: 8:00 a.m. March In: 8:15 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Mark Robbins	Vicki Kramer	Carol Curley	Susan Hyde
<b>Panel Judge</b>	Shannon Long	Martha Santiago	Arika Hoyt	Isabella Santiago
<b>Feedback Forms</b>		Carrie Rawlings	Pam Koch	Vinnie Silber

**SESSION B2:** Report: 11:00 a.m. March In: 11:15 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Vinnie Silber	Mark Robbins	Carol Curley	Susan Hyde
<b>Panel Judge</b>	Shannon Long	Pam Koch	Cyndy Rodriguez	Arika Hoyt
<b>Feedback Forms</b>	Carrie Rawlings	Martha Santiago	Vicki Kramer	Isabella Santiago

**Also this session: New Judge Practice Judging: Kathy Stuenkel**

**SESSION B3:** Report: 2:00 p.m. March In: 2:15 p.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Vicki Kramer	Arika Hoyt	Mark Robbins	Carol Curley
<b>Panel Judge</b>	Jessica Johnston	Taryn James	Cyndy Rodriguez	Shannon Long
<b>Feedback Forms</b>	Martha Santiago	Vinnie Silber Isabella Santiago	Inky Cummings	Pam Koch Susan Hyde

**Also this session: New Judge Practice Judging: Kathy Stuenkel**

**SESSION B4:** Report: 5:00 p.m. March In: 5:15 p.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Martha Santiago	Vinnie Silber	Jessica Johnston	Arika Hoyt
<b>Panel Judge</b>	Isabella Santiago	Inky Cummings	Kristy Vargo	Shannon Long
<b>Feedback Forms</b>		Carrie Rawlings	Bill Bevil	Taryn James

**Saturday Mentor Team, Practice Judging & Testing**

Located 2<sup>nd</sup> floor of the Martinez Athletic Center in the Health Sciences department

- 8:00 a.m. – 9:00 a.m. Mentor Training Session** with Susan Lomas
- 9:00 a.m. – 10:15 a.m. New Judge Classroom Training** with Susan Lomas
- 8:00 a.m. – 2:30 p.m. Judges Testing** with Susan Monahan



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**GYM A – SUNDAY**

**Modified Capital Cup Format**

Meet Referee: **Sophia Tracy**

**SESSION A5: USA Level 4 & 5**

Report: 8:00 a.m.

March In: 8:15 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Brittany Ferretti	Amy Diuguid	Katie Jerabek	Dee Dee Hinson
<b>Panel Judge</b>	Tiffany Brodbeck	Natalia Guida	Kristy Vargo	Sue Pusateri
<b>Feedback Forms</b>	Sophia Tracy	Melissa Huston	Amy Pritt Kathy Konvalinka	Melissa Huston Michi Pribil

**SESSION A6: USA Level 4**

Report: 11:15 a.m.

March In: 11:30 a.m.

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Sophia Tracy	Brittany Ferretti	Dee Dee Hinson	Amy Pritt
<b>Panel Judge</b>	Tiffany Brodbeck	Michi Pribil	Kristy Vargo	Melissa Huston
<b>Feedback Forms</b>	Amy Diuguid	Natalia Guida	Kathy Konvalinka Katie Jerabek	Sue Pusateri

**SESSION A7: USA Level 4**

Report: 2:30 p.m.

March In: 2:45 pm

	<b>VAULT</b>	<b>BARS</b>	<b>BEAM</b>	<b>FLOOR</b>
<b>Chief Judge</b>	Katie Jerabek	Amy Pritt	Sophia Tracy	Melissa Huston
<b>Panel Judge</b>	Dee Dee Hinson	Kathy Konvalinka	Kristy Vargo	Sue Pusateri
<b>Feedback Forms</b>	Patricia Lydon	Brittany Ferretti	Tiffany Brodbeck	Michi Pribil

***Important - All Sessions, Both Days!***

***Lightning City has requested that all judges and volunteers wear an arm band while at the meet. There was quite a bit of confusion last year with the people selling admission as to who was a judge since we are not in uniform. Please come to the judges room and collect your admission band, goodie bag and sign the sanction before you enter the competition floor.***



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**Meet Address:** University of Tampa Bob Martinez Center  
312 North Boulevard  
Tampa, FL 33606

**Emergency Contact:** Patricia Lydon – Cell: 813-340-1225 ~ Email: p.lydon@me.com

**Feedback Forms:** This is the most important job of the meet! This is our opportunity to provide important feedback and evaluations for the clubs to help them prepare their athletes for the upcoming season. In recent years, we have had an increase in clubs declining these forms. If they don't want them, it's likely because we are not putting the type of feedback that the teams find beneficial. Please take a few minutes to review the events and levels that you will be evaluating so that you will be prepared. To help you, each event will be provided a 'sample evaluation' form demonstrating the type of feedback that coaches have told me they are looking for. To keep the meet running on time, we will be filling out just one form per club, per event.

**Meals:** All meals will be provided at the meet site. Breakfast will be 'continental style', if you need heartier fare in the mornings, please eat before you arrive.

**Report Time/Check-in:** Please note, that due to the structure of the meet, we have shortened the report time from 30 minutes prior to march-in down to 15 minutes so that you will not be expected to report before the athletes are scheduled to arrive. It is important that you arrive on time, and report to the judge's room for check-in before going onto the competition floor.

**Attire:** Hawaiian, tropical, flora themed clothing. We want to be professional yet festive. Slacks, capris length pants, or skirts, please no exercise clothing, yoga pants, shorts or jeans. Blouses, shirts and dresses should be modest in appearance. Please no spaghetti straps, plunging necklines or short skirts. Let's keep it rated 'G' everyone ☺

**Shoes:** Please no beach flip flops, exercise sneakers or water skis, - just wanted to see if you were really reading this! Please keep your footwear professional & on your feet.

**Hotel:** Courtyard Marriott  
3805 West Cypress  
Tampa, FL 33607

Confirmation #s are pending, if you have issues when you check-in, call Tim Keckler on his cell # 813-416-2227

**Friday, September 13<sup>th</sup>**

1. Susan Lomas & Susan Monahan
2. Jessica Johnston & Sofia Goodrich
3. Jill Andrews & Phyllis Nemi
4. Joan Dalpe & Barb Quackenbush
5. Carol Curley & Kathy Stuenkel
6. Vinnie Silber & Mark Robbins
7. Inky Cummings & Martha Santiago
8. Susan Hyde & Pam Koch
9. Kristy Vargo & Cyndy Rodriguez
10. Carrie Rawlings & *open*

**Saturday, September 14<sup>th</sup>**

1. Kristy Vargo & Natalia Guida
2. Amy Diuguid & Katie Jerabek
3. Melissa Huston & *open*

*Friday:* \*Shannon Long staying w/Isabella Santiago in Tampa



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**Rideshare Groups:** \*Here are the carpools that you all pre-arranged

**Saturday: Gym A & Mentor Training**

- 1. S. Monahan, S. Lomas *\*Put in 2 cars due to schedule*
- 2. V. Silber & M. Santiago *\*Put in 2 cars due to schedule*
- 3. The Dalpe Gang (Joan, Phillis, Jill & Quack)
- 4. Shannon Long & Isabella Santiago

**Saturday: Gym B**

- 1. Orlando Group

**All Judges: Please take a moment to look at the other judges on your meet and reach out to arrange rideshares.**

**Travel Reimbursement:** For Judges Cup, NAWGJ-FL will offer the following mileage reimbursement:

- o Solo drivers will receive .35 cents per mile one (1) way
- o Rideshare drivers will receive .35 cents per mile round trip
- o All tolls will be reimbursed with proof of payment (receipt, web statement, etc.)

- **If you would like to have your mileage and/or tolls reimbursed, please submit the form below to Susan Monahan at Judges Cup**
- **Hard Copy of MapQuest/Google Maps/iPhone Required**

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Name: \_\_\_\_\_

Solo Driver                       Ride Share Driver (Please list carpool riders below)

\_\_\_\_\_  
Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Mileage Reimbursement Request:

I am waiving my mileage as a donation to FL NAWGJ

Solo driver: .35 x \_\_\_\_\_ miles (one way) = \$ \_\_\_\_\_

Carpool driver: .35 x \_\_\_\_\_ miles x 2 (round trip) = \$ \_\_\_\_\_

Tolls (proof of payment required): \$ \_\_\_\_\_

**TOTAL DUE:** \$ \_\_\_\_\_