

Art as Wellness 2024 Exhibition

The Kenna Foundation is a wellness and arts organization focused on the mentorship of young women and professional development of educators and administrators. Our mission is to uplift students and administrators through wellness strategies and the arts.

Art as Wellness 2024 is a virtual exhibition, with an in-person reception, centered on the tools and strategies we use every day to enhance the well-being of ourselves and our relationships. We all use different methods to build healthy relationships, make responsible decisions, increase our social and self-awareness, and continue to manage our feelings and reactions. For this exhibition we are seeking work that promotes overall wellness, represents wellness strategies used in everyday life, or depicts a struggle that wellness techniques must be used to overcome.

Eligibility: This opportunity is open to all K-12 artists, based in the U.S., of all backgrounds and levels of experience.

We accept all 2D & 3D mediums, including painting, drawing, photography, digital, prints, fiber arts, collage, mixed media sculpture, ceramics, and installation art. We do not accept film, video, or written word.

Winners of the Ellie & Friends Art Contest will have their work displayed in the virtual exhibition and the reception. All participating artists will be celebrated! backgrounds and levels of experience.

Deadline: Tuesday, April 30, 2024 @ 11:59pm CST.

Reception details:

Where: Solid Ground Behavioral Services

13136 S Western Ave, Blue Island, IL 60406

When: Saturday, May 18, 2024

10am-1pm

This exhibition will be curated by Skylar Easson. Skylar Easson is a Chicago based, multimedia artist and the Art Director for The Kenna Foundation.

Contact:

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