



2025-2028 Short Distance Champs

Qualification Times

Short Course Meters (25m Pool)



SCM		50 Back	50 Breast	50 Fly	100 Back	100 Breast	100 Fly	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
8 & U	Girls	0:58.09	1:10.27	1:02.02				0:48.07	1:57.09	3:48.64		2:15.32	
	Boys	0:57.97	1:08.92	0:59.74				0:46.24	1:54.19	3:34.96		2:09.10	
9	Girls	0:54.80	1:03.89	0:56.38				0:45.35	1:46.45	3:44.40		2:03.02	
	Boys	0:54.69	1:02.65	0:54.31				0:43.62	1:43.81	3:30.98		1:57.37	
10	Girls	0:50.74	0:57.04	0:50.34				0:41.99	1:35.04	3:31.70		1:49.84	
	Boys	0:50.64	0:55.94	0:48.49				0:40.39	1:32.69	3:19.04		1:44.79	
11	Girls	0:44.89	0:50.29	0:42.99				0:37.74	1:25.89	3:06.89		1:37.99	3:32.99
	Boys	0:45.59	0:51.79	0:44.29				0:37.39	1:23.99	3:04.09		1:37.29	3:32.89
12	Girls	0:41.69	0:46.69	0:39.89				0:36.29	1:19.69	2:53.49		1:30.99	3:17.79
	Boys	0:42.09	0:47.79	0:40.79				0:34.99	1:17.99	2:50.99		1:30.19	3:16.89
13	Girls				1:28.19	1:38.69	1:27.49	0:34.19	1:16.69	2:47.59	5:55.29		3:08.79
	Boys				1:23.69	1:34.49	1:24.09	0:31.89	1:13.39	2:40.09	5:41.19		3:03.19
14	Girls				1:21.39	1:33.29	1:20.99	0:33.49	1:14.39	2:41.79	5:41.69		3:01.29
	Boys				1:16.29	1:26.49	1:15.69	0:30.69	1:09.29	2:31.59	5:23.99		2:48.99
15-16	Girls				1:19.19	1:31.09	1:18.89	0:33.09	1:12.89	2:37.79	5:34.99		2:57.09
	Boys				1:13.19	1:22.69	1:12.29	0:29.59	1:06.79	2:26.29	5:13.59		2:42.09
17-19	Girls				1:17.89	1:29.79	1:17.79	0:32.59	1:11.99	2:35.29	5:31.59		2:53.29
	Boys				1:11.29	1:20.59	1:10.49	0:28.79	1:04.99	2:21.89	5:05.79		2:38.19

2025-2028 Short Distance Champs

Qualification Times

Long Course Meters (50m Pool)

LCM		50 Back	50 Breast	50 Fly	100 Back	100 Breast	100 Fly	50 Free	100 Free	200 Free	400 Free	200 IM
8 & U	Girls	1:00.40	1:12.49	1:04.12				0:49.40	2:01.53	3:55.74		
	Boys	0:59.92	1:11.01	1:00.79				0:47.93	1:58.10	3:42.71		
9	Girls	0:56.98	1:05.90	0:58.29				0:46.60	1:50.48	3:51.38		
	Boys	0:56.53	1:04.55	0:55.26				0:45.21	1:47.36	3:38.59		
10	Girls	0:52.76	0:58.84	0:52.05				0:43.15	1:38.64	3:38.28		
	Boys	0:52.34	0:57.64	0:49.34				0:41.86	1:35.86	3:26.22		
11	Girls	0:46.79	0:52.29	0:43.59				0:38.99	1:29.19	3:12.99		3:40.59
	Boys	0:47.59	0:53.39	0:45.29				0:38.53	1:27.79	3:09.79		3:40.69
12	Girls	0:43.49	0:48.59	0:40.49				0:37.33	1:22.79	2:59.19		3:24.89
	Boys	0:43.99	0:49.19	0:41.59				0:36.13	1:21.49	2:56.19		3:24.09
13	Girls				1:32.69	1:42.19	1:30.59	0:35.39	1:19.59	2:53.49	6:04.79	3:15.79
	Boys				1:29.59	1:39.59	1:27.29	0:33.09	1:16.19	2:46.39	5:53.99	3:09.59
14	Girls				1:25.99	1:37.29	1:23.49	0:34.69	1:16.89	2:47.59	5:52.09	3:07.89
	Boys				1:21.09	1:30.29	1:18.09	0:31.79	1:12.59	2:37.89	5:34.19	2:56.79
15-16	Girls				1:23.59	1:35.09	1:21.19	0:34.19	1:15.39	2:42.99	5:42.49	3:03.29
	Boys				1:17.69	1:27.29	1:14.59	0:30.99	1:09.79	2:32.29	5:24.89	2:49.89
17-19	Girls				1:21.99	1:32.99	1:19.59	0:33.59	1:13.79	2:40.19	5:36.99	3:00.59
	Boys				1:15.39	1:24.89	1:12.89	0:30.19	1:07.49	2:28.59	5:16.39	2:45.99