

GESTALT GROUP SUPERVISION

ARE YOU LOOKING TO DEEPEN YOUR THERAPEUTIC PRACTICE IN A SUPPORTIVE, EXPERIENTIAL ENVIRONMENT?



LEARN THE ART AND SCIENCE OF PRESENCE

You are invited to join my Gestalt Therapy supervision group, specifically designed for mental health professionals like you who want to enhance their clinical skills through immersion in Gestalt field-oriented methods.

FEE: SGD 320 for 4 sessions (to complete within 6 months)

Sessions are held in-person on a Monday at 8am or Saturday at 4pm

GESTALT THERAPY

What better way to learn Gestalt therapy than by experiencing it? In our group, you'll not only discuss cases but actually live the process-oriented approach that makes Gestalt therapy so powerful. The field-theoretical perspective comes alive when shared in community with fellow practitioners.

WHAT YOU'LL EXPERIENCE:

- Hands-on learning of Gestalt techniques through real clinical cases
- A supportive environment to explore your therapeutic presence
- Deepened awareness of the therapeutic field between you and your clients
- Connection with like-minded professionals on similar journeys



Facilitator:
Nicole Chew-Helbig
Gestalt Therapist
Doctorate in Psychotherapy
Science, Vienna

