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THINK BREAKTHROUGH CAREER BREAKTHROUGH PROGRAM

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Think Breakthrough Mindset

Young Adult Version

THINK BREAKTHROUGH





Career Breakthrough Program






Renew Your Mind

As a man thinketh in his heart so is he. Let God give you a new mind to know what He wants you to do.







Think Breakthrough Mindset (“TBM”)

Twenty nine positive beliefs that you create, plant as seeds in the garden of your subconscious mind, and nourish to develop into breakthrough sources powerful enough to produce breakthroughs in your career. Only samples are provided.

Think Breakthrough Mindset Beliefs Chart	
Belief Type 1: Endowments (Attributes At Birth)	
<p style="text-align: center;">#E1</p> <p>Unlimited Potential Belief Seed</p> 	<p style="text-align: center;">UNLIMITED POTENTIAL SAMPLE STATEMENT OF BELIEF #E1</p> <p>I believe that I have abilities not yet realized, and that I am free to develop my abilities in any job or occupation or industry that I select.</p> <p>Sample Unlimited Potential Affirmation #E1: I am grateful for unlimited career potential.</p>
<p style="text-align: center;">#E2</p> <p>Brain Power Belief Seed</p> 	<p style="text-align: center;">BRAIN POWER SAMPLE STATEMENT OF BELIEF #E2</p> <p>I have the brain power to learn anything I want to learn. I have the mental capacity to overcome any obstacle, and to triumph over any setback, competitor, or adversity.</p> <p>Sample Brain Power Affirmation #E2: I am becoming better, stronger and wiser each day.</p>
<p style="text-align: center;">#E3</p> <p>Willpower Belief Seed</p> 	<p style="text-align: center;">WILL POWER SAMPLE STATEMENT OF BELIEF #E3</p> <p>I believe that God has given me the gift of will and the power to use it. When faced with alternative courses of action in my career, I choose what is right for me.</p> <p>Sample Willpower Affirmation #E3: I am using the power of my will to make the right career choices.</p>
<p style="text-align: center;">#E4</p> <p>Conscious Belief Seed</p> 	<p style="text-align: center;">CONSCIOUSNESS SAMPLE STATEMENT OF BELIEF #E4</p> <p>I believe that God has given me the gift of consciousness, the awareness of my career situation, including opportunities and barriers. I perceive clearly my career circumstances.</p> <p>Sample Consciousness Affirmation #E4: I am aware of my ever-changing career situation each day.</p>

<p>#E5 Imagination Belief Seed</p> 	<p>IMAGINATION SAMPLE STATEMENT OF BELIEF #E5</p> <p>I believe that God has given me the gift of imagination, the ability to create images in my mind, and that from these images I am able to form ideas, and to develop concepts that I can convert into physical realities that improve the world.</p> <p>Sample Imagination Affirmation #E5: I am thankful for the power of my imagination to enhance the world.</p>
<p>#E6 Self-Awareness Belief Seed</p> 	<p>SELF-AWARENESS SAMPLE STATEMENT OF BELIEF #E6</p> <p>I believe that God has given me an awareness of my own motives, feelings and desires. I can think about what I am thinking about. Therefore, I have the ability to control and direct my thoughts.</p> <p>Sample Self-Awareness Affirmation #E6: I am in control of my thoughts. Therefore I control my actions and reactions.</p>
<p>#E7 Talents Belief Seed</p> 	<p>TALENTS SAMPLE STATEMENT OF BELIEF #E7</p> <p>I believe that God has given me natural aptitudes and innate special abilities that I am able to cultivate into skills that are in demand by my employer and in the marketplace.</p> <p>Sample Talents Affirmation #E7: I am grateful for the talents I need to prosper in my career.</p>
<p>SMART Goals</p> <p>S = Specific (Clearly Defined); M = Measurable (Quantifiable) ; A = Actionable (Achievable Using the right strategy); R = Relevant (Aligned with my long-term career mission); T = Timely (Achievable within an identified time period)</p>	
<p>#G1 SMART Goal Purpose Belief Seed</p> 	<p>Purpose Goal Sample Statement of Belief #G1</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #1 is to live a career of purpose.</p> <p>Sample Purpose Affirmation G1: I am growing daily in the understanding of the purpose of my career, the wisdom of knowing the reasons I am on this occupational journey. These reasons are the following:</p>
<p>#G2 SMART Goal Determination Belief Seed</p> 	<p>DETERMINATION GOAL SAMPLE STATEMENT OF BELIEF #G2:</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #2 is strong determination to prosper and to persevere through every mistake, every setback, and every disappointment in my career life.</p> <p>Sample Determination Affirmation #G2 I am determined to prosper in my career, despite mistakes, setbacks and disappointments. My determination is evidenced by the following:</p>

<p>#G3 SMART Goal Happiness Belief Seed</p> 	<p>HAPPINESS GOAL SAMPLE STATEMENT OF BELIEF #G3</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #3 is great happiness in my career life.</p> <p>Sample Happiness Affirmation #G3: I am blessed to be happy in my career life. My happiness is evidenced by the following:</p>
<p>#G4 SMART Goal Hope Belief Seed</p> 	<p>HOPE GOAL SAMPLE STATEMENT OF BELIEF #G4</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #4 is ever-increasing hope.</p> <p>Sample Hope Affirmation #G4: I am blessed to have growing expectations of success in my career. These expectations are the following:</p>
<p>#G5 SMART Goal Self Esteem Belief Seed</p> 	<p>SELF-ESTEEM GOAL SAMPLE STATEMENT OF BELIEF #G5</p> <p>I believe that just as God made the world in 7 days and there are 7 days in a week, I have 7 career goals. Goal #5 is greater self-esteem and the feeling that I enhance in the world.</p> <p>Sample Self-Esteem Affirmation #G5: I am blessed to have high self-esteem, to add value to the world. My high self-esteem is evidenced by the following:</p>
<p>#G6 SMART Goal Confidence Belief Seed</p> 	<p>CONFIDENCE GOAL SAMPLE STATEMENT OF BELIEF #G6</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #6 is greater confidence in what I will achieve in my career.</p> <p>Sample Confidence Affirmation #G6: I am blessed to have a career that gives me confidence in myself. This confidence is evidenced by the following:</p>
<p>#G7 SMART Goal Optimism Belief Seed</p> 	<p>OPTIMISM GOAL SAMPLE STATEMENT OF BELIEF #G7:</p> <p>I believe that just as God made the world in 7 days, and there are 7 days in a week, I have 7 career goals. Goal #7 is increasing optimism in my career.</p> <p>Sample Optimism Affirmation #G7: I am blessed to have a career that provides optimism, despite mistakes, disappointments and setbacks. My optimism is evidenced by the following:</p>
<p>Belief Type 3: Strategies</p>	
<p>#S1 Purpose Strategy Belief Seed</p> 	<p>PURPOSE STRATEGY SAMPLE STATEMENT OF BELIEF #S1</p> <p>I believe that a purpose plan of action is essential to achieve my career purpose goal.</p> <p>Sample Purpose Strategy Affirmation #S1: I am blessed to have a plan of action that empowers me to realize my career purpose.</p>

<p>#S2 Determination Strategy Belief Seed</p> 	<p>DETERMINATION STRATEGY SAMPLE STATEMENT OF BELIEF #S2</p> <p>I believe that a determination plan of action is essential to achieve my determination goal.</p> <p>Sample Determination Strategy Affirmation #S2: I am blessed to have a plan of action that empowers me to realize my determination goal.</p>
<p>#S3 Happiness Strategy Belief Seed</p> 	<p>HAPPINESS STRATEGY SAMPLE STATEMENT OF BELIEF #S3</p> <p>I believe that a happiness plan of action is essential to achieve my happiness goal.</p> <p>Sample Happiness Strategy Affirmation #S3: I am blessed to have a plan of action that empowers me to achieve my happiness goal.</p>
<p>#S4 Hope Strategy Belief Seed</p> 	<p>HOPE STRATEGY SAMPLE STATEMENT OF BELIEF #S4</p> <p>I believe that a hope plan of action is essential to achieve my hope goal.</p> <p>Sample Hope Affirmation #S4: I am blessed to have a plan of action that empowers me to achieve my hope goal.</p>
<p>#S5 Self Esteem Strategy Belief Seed</p> 	<p>SELF-ESTEEM STRATEGY SAMPLE STATEMENT OF BELIEF #S5</p> <p>I believe that self-esteem plan of action is essential to achieve my self-esteem goal.</p> <p>Sample Self-Esteem Strategy Affirmation #S5: I am blessed to have a plan of action that empowers me to achieve my self-esteem goal.</p>
<p>#S6 Confidence Strategy Belief Seed</p> 	<p>CONFIDENCE STRATEGY SAMPLE STATEMENT OF BELIEF #S6</p> <p>I believe that a confidence plan of action is essential to achieve my confidence goal.</p> <p>Sample Confidence Strategy Affirmation #S6: I am blessed to have a plan of action that empowers me to achieve my confidence goal.</p>
<p>#S7 Optimism Strategy Belief Seed</p> 	<p>OPTIMISM STRATEGY SAMPLE STATEMENT OF BELIEF #S7</p> <p>I believe that an optimism plan of action is essential to achieve my career optimism goal.</p> <p>Sample Optimism Strategy Affirmation #S7: I am blessed to have a plan of action that empowers me to achieve my optimism goal.</p>

Belief Type 4: Personal Development	
<p>#D1 Burning Desire Belief Seed</p> 	<p style="text-align: center;">BURNING DESIRE SAMPLE STATEMENT OF BELIEF #D1</p> <p>I believe that a compelling desire to achieve frequent breakthroughs in my career empowers me to persevere through failures and disappointments.</p> <p>Sample Burning Desire Affirmation #D1: I have a burning desire to persevere in my career.</p>
<p>#D2 Paradigm Belief Seed</p> 	<p style="text-align: center;">Paradigm Sample Statement of Belief #D2</p> <p>I believe that I will replace negative subconscious beliefs with positive subconscious beliefs, thus empowering me to achieve frequent breakthroughs in my career.</p> <p>Sample Paradigm Affirmation #D2: My positive subconscious beliefs empower me to achieve frequent breakthroughs in my career.</p>
<p>#D3 Prosperity Mindset Belief Seed</p> 	<p style="text-align: center;">PROSPERITY SAMPLE STATEMENT OF BELIEF #D3</p> <p>I believe that each day brings me greater prosperity in my career.</p> <p>Sample Prosperity Affirmation #D3: I am becoming more prosperous because I have all that I need to prosper.</p>
<p>#D4 Can-Do Belief Seed</p> 	<p style="text-align: center;">CAN-DO SAMPLE STATEMENT OF BELIEF #D4</p> <p>I believe that I have the ability, the will and the positive mental attitude to do all that I need to do to prosper in my career.</p> <p>Sample Can-Do Affirmation #D4: I am thankful to have a can-do attitude.</p>
<p>#D5 Good Habits Belief Seed</p> 	<p style="text-align: center;">GOOD HABITS SAMPLE STATEMENT OF BELIEF #D5</p> <p>I believe that good habits are required to realize breakthroughs in my career.</p> <p>Sample Good Habits Affirmation #D5: I am practicing good habits and removing bad habits to improve my results.</p>
<p>#D6 Aspirations Belief Seed</p> 	<p style="text-align: center;">ASPIRATIONS SAMPLE STATEMENT OF BELIEF #D6</p> <p>I believe that high aspirations are essential to prosper in my career.</p> <p>Sample Aspirations Affirmation #D6: I am thankful to be an aspirational person with high aspirations to prosper.</p>
<p>#D7 Inspiration Belief Seed</p> 	<p style="text-align: center;">INSPIRATION SAMPLE STATEMENT OF BELIEF #D7</p> <p>I believe that I am motivated and encouraged by my spirit to accomplish breakthroughs in my career.</p> <p>Sample Inspiration Affirmation #D7: I am thankful for a spirit that daily motivates and empowers me.</p>

#D8

Dream Lifestyle
Belief Seed



DREAM LIFESTYLE SAMPLE STATEMENT OF BELIEF #D8

I believe that life is what God gave me, and style is what I make of it.

Sample Dream Lifestyle Affirmation #D8:

I am grateful for the lifestyle that brings me joy, abundance and fulfillment.