

Use This Template Over The Next 12 Weeks To Create Part 1 Of Your 4 Part Spirit Prosperity Pathway.

12 WEEKLY ACTION PLAN PROJECTS		PROJECT FORMAT	WEEKS
 My Weekly Action Plan Project #1 My Weekly Action Plan Project #2 My Weekly Action Plan Project #3 My Weekly Action Plan Project #4 	Pathway Section A	7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report)	Week 1 Week 2 Week 3 Week 4
 5: My Weekly Action Plan Project #5 6: My Weekly Action Plan Project #6 7: My Weekly Action Plan Project #7 8: My Weekly Action Plan Project #8 	Pathway Section B	7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report)	Week 5 Week 6 Week 7 Week 8
9: My Weekly Action Plan Project #9 10: My Weekly Action Plan Project #10 11: My Weekly Action Plan Project #11 12: My Weekly Action Plan Project #12	ועמע ion (7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report) 7 Days (1 Plan, 5 Action, 1 Report)	Week 9 Week 10 Week 11 Week 12

Envision Your Career As An Occupational Journey An annual pathway of 4 12-week parts. Each has 3 four-week sections. Each section has a target.

YOU ARE PARTICIPATING IN A WEEKLY BREAKTHROUGH CHALLENGE See Page 14 to Learn More About The Spirit Breakthrough Challenge

Establish Your Think Breakthrough (TB) Facebook Page Post Your Breakthrough Photos and Videos Weekly

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Spirit Prosperity Template (6-16-20)

REARTE YOUR SPIRIT PROSPERITY PATHWAY: PART 1 Page 2 of 15 Page 2 of 1

WEEKLY ACTION PLAN PROJECT #1

TAKE ACTION (5 Days) **DESCRIBE THE CREATE PLAN/POST** Your project plan is organized On Sunday, post your 5-day OUTCOME into 5 action days. Each day has career spirit breakthrough Your breakthrough challenge a sequence of steps (actions that challenge to your TB this week requires you to you complete). Facebook page. describe vour outcomes. **Spirit Form 1 Spirit Form 1** Spirit Form 1, Part 2 Part 3 Part 1 • Day 1- Monday: Describe steps you have completed. On Saturday the last day In part 1 of this form: • Day 2-Tuesday: Describe of Week 1, describe the 1. Create 4-week "Target 1." steps you have completed. daily outcomes realized. • Day 3-Wednesday: Describe 1) Did you realize a spirit 2. Identify and explain the breakthrough? steps you have completed. spirit breakthrough you want • Day 4-Thursday: Describe 2) What did you gain? to realize by Friday. 3) How did your situation steps you have completed. improve? • Day 5-Friday: Describe steps 3. Use page 14 of this you have completed. template to select a breakthrough classification.

4. Select the affirmation statements (page 15) most relevant to this breakthrough.

Submit Spirit Feedback Form 1 (Located At Website) NOTE: Week 1 begins first Sunday after registration. Form 1 Submission Deadline: Week 1, Saturday, 5 p.m. Week 1 Project Feedback Fee = \$10

Unsatisfactory	Needs Improvement	Good	Excellent
0 Points	1 – 3 Points	4 – 6 Points	7 – 10 Points

CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1

Page 3 of 15

Spirit Prosperity Pathway

WEEKLY ACTION PLAN PROJECT #2

CREATE PLAN/POST

On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.

Spirit Form 2 Part 1

In part 1 of this form: 1. Identify and explain the spirit breakthrough you want to realize by Friday.

2. Use page 14 of this template to select a breakthrough classification.

3. Select the affirmation statements (page 15) most relevant to this breakthrough.

TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions that you complete).

Spirit Form 2, Part 2

- Day 1- Monday: Describe steps you have completed.
- Day 2-Tuesday: Describe steps you have completed.
- Day 3-Wednesday: Describe steps you have completed.
- Day 4-Thursday: Describe steps you have completed.
- Day 5-Friday: Describe steps you have completed.

DESCRIBE THE OUTCOME

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WEEK TWO

Your breakthrough challenge this week requires you to describe your outcomes.

Spirit Form 2 Part 3

On Saturday the last day of Week 2, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?

Submit Spirit Feedback Form 2 (Located At Website) NOTE: Week 2 begins Sunday after close of Week 1. Form 2 Submission Deadline: Week 2, Saturday, 5 p.m. Week 2 Project Feedback Fee = \$10

Good

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points

Needs Improvement 1 – 3 Points

4 – 6 Points

Excellent 7 – 10 Points

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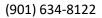
Spirit Prosperity Template (6-16-20)

A CRARE YOUR SPIRIT PROSPERITY PATHWAY – PART 1 Page 4 of 15 Page 4 of 15 Description of the page 10 of the

WEEKLY ACTION PLAN PROJECT #3

CREATE PLAN/POST On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.	TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions that you complete).	DESCRIBE THE OUTCOME Your breakthrough challenge this week requires you to describe your outcomes.
Spirit Form 3 Part 1 <i>In part 1 of this form:</i> 1. Identify and explain the spirit breakthrough you want to realize by Friday. 2. Use page 14 of this template to select a breakthrough classification.	 Spirit Form 3, Part 2 Day 1- Monday: Describe steps you have completed. Day 2-Tuesday: Describe steps you have completed. Day 3-Wednesday: Describe steps you have completed. Day 4-Thursday: Describe steps you have completed. Day 5-Friday: Describe steps you have completed. 	Spirit Form 3 Part 3 On Saturday the last day of Week 3, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?
 Select the affirmation statements (page 15) most relevant to this breakthrough. 	Submit Spirit Feedback Forr NOTE: Week 3 begins Sunda Form 3 Submission Deadline: Week 3 Project Fee	ay after close of Week 2. Week 3, Saturday, 5 p.m.

Unsatisfactory	Needs Improvement	Good	Excellent
0 Points	1 – 3 Points	4 – 6 Points	7 – 10 Points



SPIRIT PROSPERITY TEMPLATE CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1

Page 5 of 15

Spirit Prosperity Pathway

WEEKLY ACTION PLAN PROJECT #4

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CREATE PLAN/POST TAKE ACTION (5 Days) DESCRIBE THE Your project plan is organized On Sunday, post your 5-day OUTCOME into 5 action days. Each day has career spirit breakthrough Your breakthrough challenge a sequence of steps (actions that challenge to your TB this week requires you to you complete). Facebook page. describe your outcomes. **Spirit Form 4** Spirit Form 4, Part 2 **Spirit Form 4** Part 1 Part 3 • Day 1- Monday: Describe steps you have completed. In part 1 of this form: On Saturday the last day 1. Identify and explain the • Day 2-Tuesday: Describe of Week 4, describe the spirit breakthrough you want steps you have completed. daily outcomes realized. to realize by Friday. • Day 3-Wednesday: Describe 1) Did you realize a spirit steps you have completed. breakthrough? 2. Use page 14 of this • Day 4-Thursday: Describe 2) Did you reach your template to select a steps you have completed. "Section 1 Target"? breakthrough classification. • Day 5-Friday: Describe steps 3) How did your situation you have completed. improve? 3. Select the affirmation statements (page 15) most Submit Spirit Feedback Form 4 (Located At Website) relevant to this breakthrough.

NOTE: Week 4 begins first Sunday after close of Week 3. Form 4 Submission Deadline: Week 4, Saturday, 5 p.m. Week 4 Project Design Review Fee = \$10

Good

4 – 6 Points

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points **Needs Improvement** 1 – 3 Points

Excellent 7 – 10 Points

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WEEK FOUR

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WEEKLY ACTION PLAN PROJECT #5

CREATE PLAN/POST On Sunday, post your 5-day spirit breakthrough challenge to your TB Facebook page.	TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions that you complete).	DESCRIBE THE OUTCOME Your breakthrough challenge this week requires you to describe your outcomes.
Spirit Form 5 Part 1	Spirit Form 5, Part 2 Day 1- Monday: Describe 	Spirit Form 5 Part 3
 In part 1 of this form: 1. Create a 4-week "Target 2." 2. Identify and explain the spirit breakthrough you want to realize by Friday. 3. Use page 14 of this template to select a 	 steps you have completed. Day 2-Tuesday: Describe steps you have completed. Day 3-Wednesday: Describe steps you have completed. Day 4-Thursday: Describe steps you have completed. Day 5-Friday: Describe steps you have completed. 	On Saturday the last day of Week 5, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?
breakthrough classification. 4. Select the affirmation statements (page 15) most	Submit Spirit Feedback Form NOTE: Week 5 begins Sunda	ay after close of Week 4.

Form 5 Submission Deadline: Week 5, Saturday, 5 p.m. Week 5 Project Feedback Fee = \$10

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points **Needs Improvement** 1 – 3 Points

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Good 4 – 6 Points **Excellent** 7 – 10 Points

relevant to this breakthrough.

CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1

Page 7 of 15

PATHWAY SECTION TWO

Spirit Prosperity Pathway

WEEK SIX

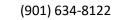
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WEEKLY ACTION PLAN PROJECT #6

CREATE PLAN/POST On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.	TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions that you complete).	DESCRIBE THE OUTCOME Your breakthrough challenge this week requires you to describe your outcomes.
Spirit Form 6 Part 1	Spirit Form 6, Part 2	Spirit Form 6 Part 3
In part 1 of this form: 1. Identify and explain the spirit breakthrough you want to realize by Friday. 2. Use page 14 of this template to select a breakthrough classification.	 Day 1- Monday: Describe steps you have completed. Day 2-Tuesday: Describe steps you have completed. Day 3-Wednesday: Describe steps you have completed. Day 4-Thursday: Describe steps you have completed. Day 5-Friday: Describe steps you have completed. 	On Saturday the last day of Week 6, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?
 Select the affirmation statements (page 15) most relevant to this breakthrough. 	Submit Spirit Feedback Forr NOTE: Week 6 begins Sund Form 6 Submission Deadline	ay after close of Week 5.

Form 6 Submission Deadline: Week 6, Saturday, 5 p.m. Week 6 Project feedback Fee = \$10

Unsatisfactory	Needs Improvement	Good	Excellent
0 Points	1 – 3 Points	4 – 6 Points	7 – 10 Points



CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1 Page 8 of 15 DATHANAS SECTION Joint Prosperity Pathway Depirit Prosperity Pathway WEEK SEVEN			
CREATE PLAN/POST On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.	TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions you complete).	DESCRIBE THE OUTCOME Your breakthrough challenge this week requires you to describe your outcomes.	
Spirit Form 7 Part 1 In part 1 of this form: 1. Identify and explain the spirit breakthrough you want to realize by Friday. 2. Use page 14 of this template to select a breakthrough classification.	 Spirit Form 7, Part 2 Day 1- Monday: Describe steps you have completed. Day 2-Tuesday: Describe steps you have completed. Day 3-Wednesday: Describe steps you have completed. Day 4-Thursday: Describe steps you have completed. Day 5-Friday: Describe steps you have completed. 	Spirit Form 7 Part 3 On Saturday the last day of Week 7, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?	
3. Select the affirmation statements (page 15) most relevant to this breakthrough.			

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points **Needs Improvement** 1-3 Points

nent

Good 4 – 6 Points **Excellent** 7 – 10 Points

CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1

Page 9 of 15

PATHWAY SECTION TWO

Spirit Prosperity Pathway

WEEKLY ACTION PLAN PROJECT #8

TAKE ACTION (5 Days) DESCRIBE THE CREATE PLAN/POST On Sunday, post your 5-day Your project plan is organized OUTCOME spirit breakthrough challenge into 5 action days. Each day has Your breakthrough challenge to your TB Facebook page. a sequence of steps (actions you this week requires you to complete). describe your outcomes. **Spirit Form 8** Spirit Form 8, Part 2 **Spirit Form 8** Part 3 Part 1 • Day 1- Monday: Describe steps you have completed. On Saturday the last day In part 1 of this form: • Day 2-Tuesday: Describe of Week 8, describe the 1. Identify and explain the steps you have completed. daily outcomes realized. spirit breakthrough you want • Day 3-Wednesday: Describe 1) Did you realize a spirit to realize by Friday. steps you have completed. breakthrough? • Day 4-Thursday: Describe 2) Did you reach your 2. Use page 14 of this steps you have completed. "Section 2 Target"? template to select a • Day 5-Friday: Describe steps 3) How did your situation breakthrough classification. you have completed. improve? 3. Select the affirmation Submit Spirit Feedback Form 8 (Located At Website) statements (page 15) most NOTE: Week 8 begins Sunday after close of Week 7. relevant to this breakthrough. Form 8 Submission Deadline: Week 8, Saturday, 5 p.m. Week 8 Project Feedback Fee = \$10

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory	Needs Improvement	Good	Excellent
0 Points	1 – 3 Points	4 – 6 Points	7 – 10 Points



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WEEK EIGHT

PATHWAY SECTION SECTION THREE WEEKLY ACTION PLAN P	Page 10 of 15 Page 10 of 15 Spirit Prosperity Pathway PROJECT #9	
CREATE PLAN/POST On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.	TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions you complete).	DESCRIBE THE OUTCOME Your breakthrough challenge this week requires you to describe your outcomes.
Spirit Form 9 Part 1 In part 1 of this form: 1. Create a 4-week <i>"Torget 3."</i> 2. Identify and explain the spirit breakthrough you want to realize by Friday.	 Spirit Form 9, Part 2 Day 1- Monday: Describe steps you have completed. Day 2-Tuesday: Describe steps you have completed. Day 3-Wednesday: Describe steps you have completed. Day 4-Thursday: Describe 	Spirit Form 9 Part 3 On Saturday the last day of Week 9, describe the actual daily outcomes you realized. 1) Did you realize a spirit breakthrough?
 3. Use page 14 of this template to select a breakthrough classification. 4. Select the affirmation statements (page 15) most relevant to this breakthrough. 	steps you have completed. • <u>Day 5-Friday:</u> Describe steps you have completed. Submit Spirit Feedback Forr NOTE: Week 9 begins Sunda Form 9 Submission Deadline: Week 9 Project Fee	 2) What did you gain? 3) How did your situation improve? m 9 (Located At Website) ay after close of Week 8. Week 9, Saturday, 5 p.m.

CREATE YOUR SPIRIT PROSPERITY PATHWAY - PART 1

Unsatisfactory	Needs Imp		Good	Excellent
0 Points	1 – 3 P		4 – 6 Points	7 – 10 Points
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WEEKLY ACTION PLAN PROJECT #10

TAKE ACTION (5 Days) DESCRIBE THE CREATE PLAN/POST Your project plan is organized On Sunday, post your 5-day OUTCOME into 5 action days. Each day has spirit breakthrough challenge Your breakthrough challenge a sequence of steps (actions you to your TB Facebook page. this week requires you to complete). describe your outcomes. **Spirit Form 10** Spirit Form 10, Part 2 **Spirit Form 10** Part 3 Part 1 • Day 1- Monday: Describe steps you have completed. On Saturday the last day In part 1 of this form: • Day 2-Tuesday: Describe of Week 10, describe the 1. Identify and explain the steps you have completed. actual daily outcomes you spirit breakthrough you want • Day 3-Wednesday: Describe realized. to realize by Friday. steps you have completed. 1) Did you realize a spirit • Day 4-Thursday: Describe breakthrough? 2. Then use page 14 to select steps you have completed. 2) What did you gain? a breakthrough classification. • Day 5-Friday: Describe steps 3) How did your situation you have completed. improve? 3. Select the affirmation statements (page 15) most Submit Spirit Feedback Form 10 (Located At Website) relevant to this breakthrough.

NOTE: Week 10 begins Sunday after close of Week 9. Form 10 Submission Deadline: Week 10, Saturday, 5 p.m. Week 10 Project Feedback Fee = \$10

Unsatisfactory	Needs Improvement	Good	Excellent
0 Points	1 – 3 Points	4 – 6 Points	7 – 10 Points



Page 12 of 15

CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1

PATHWAY SECTION THREE

Spirit Prosperity Pathway

WEEKLY ACTION PLAN PROJECT #11

CREATE PLAN/POST

On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.

Spirit Form 11 Part 1

In part 1 of this form: 1. Identify and explain the spirit breakthrough you want to realize by Friday.

2. Use page 14 of this template to select a breakthrough classification.

3. Select the affirmation statements (page 15) most relevant to this breakthrough.

TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions you complete).

Spirit Form 11, Part 2

- Day 1- Monday: Describe steps you have completed.
- <u>Day 2-Tuesday:</u> Describe steps you have completed.
- Day 3-Wednesday: Describe steps you have completed.
- **Day 4-Thursday:** Describe steps you have completed.
- **Day 5-Friday:** Describe steps you have completed.

DESCRIBE THE OUTCOME

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WEEK ELEVEN

Your breakthrough challenge this week requires you to describe your outcomes.

Spirit Form 11 Part 3

On Saturday the last day of Week 11, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) What did you gain? 3) How did your situation improve?

Submit Spirit Feedback Form 11 (Located At Website) NOTE: Week 11 begins Sunday after close of Week 10.

Form 11 Submission Deadline: Week 11, Saturday, 5 p.m. Week 11 Project Feedback Fee = \$10

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points **Needs Improvement** 1 – 3 Points **Good** 4 – 6 Points **Excellent** 7 – 10 Points

CREATE YOUR SPIRIT PROSPERITY PATHWAY – PART 1 Page 13 of 15

WEEKLY ACTION PLAN PROJECT #12

CREATE PLAN/POST

PATHW

On Sunday, post your 5-day career spirit breakthrough challenge to your TB Facebook page.

Spirit Form 12 Part 1

In part 1 of this form: 1. Identify and explain the spirit breakthrough you want to realize by Friday.

2. Use page 14 of this template to select a breakthrough classification.

3. Select the affirmation statements (page 15) most relevant to this breakthrough.

TAKE ACTION (5 Days) Your project plan is organized into 5 action days. Each day has a sequence of steps (actions you complete).

Spirit Prosperity Pathway

Spirit Form 12, Part 2

- Day 1- Monday: Describe steps you have completed.
- **Day 2-Tuesday:** Describe steps you have completed.
- Day 3-Wednesday: Describe steps you have completed.
- **Day 4-Thursday:** Describe steps you have completed.
- **Day 5-Friday:** Describe steps you have completed.

WEEK TWELVE

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DESCRIBE THE OUTCOME

Your breakthrough challenge this week requires you to describe your outcomes.

Spirit Form 12 Part 3

On Saturday the last day of Week 12, describe the daily outcomes realized. 1) Did you realize a spirit breakthrough? 2) Did you reach your *"Section 3 Target"?* 3) How did your situation improve?

Submit Spirit Feedback Form 12 (Located At Website) NOTE: Week 12 begins Sunday after close of Week 11.

Form 12 Submission Deadline: Week 12, Saturday, 5 p.m. Week 12 Project Feedback Fee = \$10

Project Feedback: Your strategist awards up to 10 feedback points. See Page 14 for more about point system.

Unsatisfactory 0 Points **Needs Improvement** 1 – 3 Points **Good** 4 – 6 Points **Excellent** 7 – 10 Points

	5-Da	v Sn	irit B	roakthrou	igh Cha	llong			
5-Day Spirit Breakthrough Challenge									
-	Using sample spirit breakthrough affirmations (See Page 15), I will challenge								
	myself to realize breakthroughs every 5-days. Using a 4-week "target" strategy, I								
will create 3 4-week targets. Each target = # of breakthroughs.									
	12-Week Spirit Breakthrough Period								
1 2 3 4 5 6 7 8 9 10 11 12									
Each weekly spirit breakthrough challenge is a self-challenge to generate spirit									
breakthro	breakthroughs, improve my spirit situation, and produce feedback points and								
Facebook points on a special Think Breakthrough Facebook page.									
EACH SUNDAY	/: Issu	e a cha	allenge to	o myself to realiz	e an spirit bi	reakthro	ough i	n 5 days. Post	
	on a	a speci	al Facebo	ook page. Docun	nent in a wee	ekly fee	dback	form.	
EACH MONDA	Y: Com	plete	steps de	scribed and docu	umented in a	weekly	feed	back form.	
EACH TUESDA	Y: Con	nplete	steps de	scribed and docu	umented in a	weekly	, feedl	back form.	
EACH WEDNE		•	•						
EACH WEDNESDAY: Complete steps described and documented in a weekly feedback form. EACH THURSDAY: Complete steps described and documented in a weekly feedback form									
EACH FRIDAY: Complete steps described and documented in a weekly feedback form.									
EACH SATURD	•	•	•						
	Spirit Form Feedback Point System								
Total Po	Total Points Available Each Week = 10 Feedback Points								
Part 1: Your Plan/Post (Maximum Points = 2 (1 point for breakthrough identification, 1 point for									
	relevant affirmation statements. NOTE: 1 bonus point for every 10 Facebook likes)								
Part 2: Your Steps (Maximum Points = 5 (1 point each day you described steps completed)									
Part 3: Your C	Part 3: Your Outcomes (Maximum Points = 3 (1 point for each of 3 questions you answered)								
Examp	Examples of Spirit Breakthroughs (3 Spirit Classifications)								
	1. Impact Spirit (Lives Impacted)								
Poverty	Elderly		urch	Veterans	Disabled	Home	less	Youth	
		Min	istries						
2. Time Volunteered Spirit									
Hours Per Week Hours per Month Events Holidays Celebrations							ations		
3. Value Donated Spirit									
Money	Talent		Skills		Clothing		Property		
Advice	Members		Subscriptions		Personal		Food		
	Advice Memberships		Subscriptions		Services		1000		

Page 15 of 15

Spirit Breakthrough Mindset (29 Beliefs)

	-					
#	Belief Name	Sample Spirit Belief Affirmations				
#E1	Unlimited Potential	I am grateful for unlimited spirit potential.				
#E2	Brain Power	I am learning more daily about how to improve my spirit.				
#E3	Willpower	I am using the power of my will to improve my spirit.				
#E4	Conscious	I am increasing awareness of how to improve my spirit.				
#E5	Imagination	I am thankful for the power to envision more spirit.				
#E6	Self-Awareness	I am in control of my thoughts. So, I think "more spirit"				
#E7	Talents	I am grateful for the talents to generate more spirit.				
#G1	SMART Goal - Purpose	I am blessed with a career purpose that includes spirit.				
#G2	SMART Goal – Determination	I am blessed with a determination for better spirit in my career.				
#G3	SMART Goal - Happiness	I am happy when I enjoy better spirit in my career.				
#G4	SMART Goal - Hope	I am blessed with growing expectations of more spirit.				
#G5	SMART Goal – Self Esteem	I am blessed to know that I am valued in the career marketplace.				
#G6	SMART Goal - Confidence	I am blessed with confidence that my spirit will improve.				
#G7	SMART Goal - Optimism	I am blessed with optimism that my spirit will improve.				
#S1	Plan of Action - Purpose	I am blessed with a plan of action to have sufficient spirit to				
#6.2	Plan of Action -	realize the purpose of my career. I am blessed with a plan of action that increases my				
#S2	Determination	determination for more spirit.				
#S3	Plan of Action - Happiness	I am blessed with a plan of action to be happy as my spirit				
#33		improves.				
#S4	Plan of Action - Hope	I am blessed with a plan of action that provides growing expectations for improved spirit.				
#S5	Plan of Action – Self	I am blessed with a plan of action that increases my self-esteem				
π 3 5	Esteem	as my spirit improves.				
#S6	Plan of Action –	I am blessed with a plan of action that increases my confidence in				
	Confidence	my ability to improve by spirit.				
#S7	Plan of Action - Optimism	I am blessed with a plan of action that provides optimism for				
		better spirit.				
#D1	Burning Desire	I am blessed with a burning desire to increase my spirit.				
#D2	Paradigm	I am blessed with subconscious beliefs of better spirit.				
#D3	Prosperity	I am blessed in a state of producing spirit abundance.				
#D4	Can-Do	I am blessed to have a positive, can-do attitude regarding better spirit.				
#D5	Good Habits	I am blessed with good habits that empower me with better spirit.				
#D6	Aspirations	I am blessed with aspirations for better spirit.				
#D7	Inspiration	I am thankful for a spirit that inspires me to produce more spirit.				
#D8	Dream Lifestyle	I am thankful for a vision of an ideal lifestyle based on spirit.				