

New Member Packet

Welcome to the Sacral

Sacral was founded in 2023 in a bold attempt to create a community that promotes sexual freedom for everyone. We are promoting sex-positive culture, creating norms of inclusion and non-discrimination around human sexuality.

Washington State nonprofit 501(c)(7), which means we are a private members-only club. Our organization is run by a working board of directors with support from many dedicated volunteers.

Our Mission and The Sex Positive Vision: Sexual Freedom for Everyone!

The Sacral encourages the exploration and celebration of the many facets of human sexuality. Through a variety of events, created by and for its membership, the Sacral seeks to educate, to facilitate consensual open sexual expression and dialog, and to provide a venue for fellowship and community.

As proponents of sex positive culture, we believe that the appropriate uses of sex extend way beyond reproduction. They include creating personal pleasure, bonding interpersonal relationships, promoting spiritual growth, and enhancing emotional and physical health. In a sex positive world, everyone has the freedom and resources to pursue a fulfilling and empowering sex life.

What Is Sex Positive Culture?

The sex-positive movement is an ideology which promotes and embraces open sexuality. The sex-positive movement is a social and philosophical movement that regards all consensual sexual activities as fundamentally healthy and pleasurable and encourages sexual pleasure and experimentation.

The sex-positive movement advocates **sex education and safer sex** as part of its campaign. The movement makes no moral distinctions among types of sexual activities, regarding these choices as matters of personal preference.

“Sex Positive” can also be used to describe people who are comfortable with their own sexuality and sexuality in general.

Diversity and Inclusion

Sacral welcomes everyone, regardless of gender, orientation, play style, relationship choices, race, religion, ability, disability, or body type. Many types of people attend our events, from many different communities within sex-positive culture, and it is important to leave our intolerances at the door. Racist, sexist, homophobic, heterophobic, bi-phobic, gender-phobic, trans-phobic, leather-phobic, sex-phobic, or other biased remarks and attitudes will not be tolerated. It is okay to be uncomfortable, but you must be respectful.

If you are too uncomfortable with something you see it is your responsibility to remove yourself from the situation. If you believe someone is acting in an unsafe manner, feel free to talk to a staff member, but do not intervene in a scene.

Privacy and Confidentiality

We take privacy and confidentiality very seriously. Do not “out” other people you see here without their consent. Outside of our events, and especially in public contexts or written forums, do not name names, e-mail addresses, or any other specifics that might identify someone that you saw here. At Sacral events, it is advised that you not share personal

information, real names, occupations, or other specifics that might put another person in a compromised position in their daily lives.

What is allowed at Sacral?

Basic Rules

- Sacral is a **member-only** establishment open to adults, **21 years of age** or older.
- These events are **alcohol and drug-free**. Anyone appearing to be impaired by drugs or alcohol may be asked to leave.
- There is **no smoking** allowed in our events, including electronic cigarettes.
- Offering or agreeing to any **sexual service for money** is strictly forbidden.
- **No cell phones** or other electronic devices are to be used beyond the cashier desk.
- **No photography, video, or audio recording** of any kind is allowed without permission from the Executive Director.
- **No firearms (real or replica)** are allowed on the premises.
- Only **service animals** are allowed in the buildings during events.

Guidelines for Appropriate Conduct

Outside the event space

- You must be **dressed in appropriate street attire** whenever entering or leaving our building, in the cashier areas of our facilities, or wherever you can be seen from outside the building. There is no loitering allowed in front of the building at any time.
- No sexual behavior outside
- Don't Park in another business's parking lot, don't block driveways, exits, etc.

Inside the event space

- Pay attention to information on posted signs.
- No sex in social or cuddle areas
- **Clean up after yourself**, both in the social areas as well as the play areas. Please ask a Staff member for help if you've spilled something and need assistance in cleaning it up.
- Be mindful of the floor, clean spills up quickly.
- When using the beds, **please take the time to make the bed** with a clean sheet before using it.

Sheets, towels, etc. should be placed in the laundry bins after use.

- **Body fluids and emissions must be properly cleaned up**, and equipment must be re-sanitized after use. Cleaning agents, paper towels, etc. are all readily available, and you are welcome to ask a Staff member for assistance if you need assistance.
- If you're unclothed, put a towel between you and any furniture you sit on.
- Respect other people's play. No loud voices, no judgements.
- No interrupting or trumping through other people's scenes. If you have a concern about a scene talk to a staff member or volunteer.
- If you wish to join a scene in progress, you must have **prior permission** from the participants. Do not interrupt a scene to ask to play, or for any other reason.
- Unless an area is designated "non-voyeur," you may **politely watch** what other attendees are doing but always give the participants plenty of space, so you don't interfere with or disrupt their scene. Do not stand in doorways to watch scenes or carry-on loud conversations close to the play area.
- Remember that not everyone can tolerate strong scents and perfumes, and that some people are allergic to them. **Please keep your use of scents to a minimum.** This includes chemical, artificial, or natural scents.
- Do not **affix anything** to the walls, attach anything to the ceilings, or move furniture or equipment (except chairs) without first getting permission or assistance from a Staff member.
- **Only certified hard points are to be used for suspension purposes.**
- **Safer sex is always highly recommended.** We are all adults and should know the degree of safety required for safe play. A wide variety of safer sex supplies are available free of charge, so that you will be able to meet whatever your mutually understood safer sex standards are.
- If you notice that anything in the space is damaged or broken, feel that rules or guidelines are not being followed, if a person appears inadequately experienced for the type of play they are doing, or if you observe someone behaving inappropriately, then advise a Staff member of your concerns. **Do not intervene on your own.**

The House Safe word is "BINGO." Use of this word could result in staff intervention.

Sacral encourages the exploration and celebration of the many facets of human sexuality, but we are unable to allow some activities.

This list is current as of 2/05/2023 and is subject to change based on the facility requirements for each event. Please ensure that you review the facilities-specific rules for each event you attend.

Prohibited Activities

- **No alcohol, drugs, or playing while impaired.** If you see someone who is impaired, let a staff member or volunteer know.

- **No guns or objects shaped like guns.**
- **No fire play, fire cupping, or candle-wax play.** These activities require a per-instance permit issued by the City of Seattle. Cell popping, branding, and heated wax play are still allowed.
- **No solid-state power supply electrical “wands.”** All the solid-state power supply type ‘wands’ are currently banned. This includes the Kinkalbs neon wand, the Nova violet wand, the Sian violet ray device, and all other similar devices.
- **No scat plays.** Scat play is defined as the intentional incorporation of feces into a scene. This is not to be confused with anal play or other types of play where feces may be incidental or accidental.
- **No watersports.** This facility does not have appropriate facilities for containment or cleanup.
- **No autoerotic asphyxiation.** This is the intentional self-restriction of oxygen to the brain. Partnered breath play is okay with event coordinator approval (see below).
- **No Breath play** - Includes any play that impedes oxygen to the brain.
- **No Knife play** - Staff need to know when you are using sharp objects in your scene to prevent unintentional injury.
- **No Blood play** - Any play which involves the intentional use of blood in a scene requires special monitoring and clean up.

Restricted Activities: Event Coordinator Permission Required

For the safety and comfort of all attendees, we ask that the following activities be discussed with the Event Coordinator (EC) prior to your scene.

- **Suspension** - Check in with the EC before your scene if you intend on using a hardpoint.
- **Whips** - There’s a lot hanging from the ceiling, please check in with the EC.
- **Takedown Resistance or Consensual “Forced” Sex Play** - The Event Coordinator has the authority to approve or deny these activities.
- **Loud, potentially disruptive, or potentially messy activities** - Please consult with the EC and alert the volunteers on duty of any protective measures required.
- **Solo Play:** Do not masturbate to other people’s scenes without prior consent. Solo play is generally not allowed at events except for specific events. If you would like to include voyeuristic masturbation as part of your scene, please check with an EC first.

COMING SOON!

Bringing Guests

Please be sure your guests are familiar with our rules and be sure they have a full understanding of where they are going before they arrive (so they are making an informed choice about whether attending might be right for them).

All Basic members can bring up two non-member guests to any event at the guest attendance rate.

The following rules and restrictions apply:

- Members are required to arrive with or before their guests and the guests must depart when the member leaves.

COMING SOON!

- Guests of members may attend only TWO events before required to become a member.
- Anyone bringing a guest is responsible for the behavior of their guest and must sign off on the Guest Release Form. Please be sure your guests are familiar with our rules and be sure they have a full understanding of where they are going before they arrive (so they are making an informed choice about whether attending might be right for them).
- All guests must show valid government issued, picture ID showing they are over the age of 21.

Guests not escorted by a member (at an event “open to the public” or as a guest of the Sacral with permission from our Executive Director) are expected to abide by the same rules as guests of members.

What if I need help?

On-duty Staff members can be identified by their colored event badges. All our Staff members are here to help you. If you have a problem or a question, you are welcome to ask one of them for assistance.

If you have an issue with another member or a volunteer at an event, please speak with the Event Coordinator.

Sacral staff are committed to providing the **best possible experience** for all our members. Please let us know

- if:
- You have been touched in a nonconsensual way.
 - You have been “outed” by another member.
 - You are being harassed or approached repeatedly after saying “No”.
 - You believe that someone at the event is intoxicated.
 - You discover a broken piece of furniture or equipment.
 - You feel that a member or guest at an event is in violation of our House Rules.

Staff

A Staff member may ask you stop an activity:

If the staff member believes that your actions present an eminent unreasonable danger to yourself, your partner, other members, or the property of Sacral.

If there is some other circumstance or outside influence that necessitates an interruption.

If a Staff member asks you to stop an activity, you must do so at once. If you disagree with the request, you are welcome to talk to the Event Coordinator, but please do not argue with the Staff member.

A Staff member may ask you to leave the premises for:

- Disobeying our rules

- Refusing to produce acceptable identification or filling out a Release Form (EVERY EVENT) -
- Disorderly conduct - Harassing another attendee - Engaging in illegal activity.

Failure to abide by event or facility rules may also result in suspension or revocation of membership.

Please remember that Sacral Staff, Event Staff and Board Members also attend events for their own enjoyment. If you see one of us at an event and we are not wearing a badge, please try to refrain from discussing event business with us.

Sacral Consent Policy

It is everyone's responsibility to understand, ask for, and choose whether to give or withhold consent. Together, we seek to create a safe and consensual space where people are accepted and able to explore themselves and their sexuality.

These are the guidelines we expect everyone at Sacral to follow while you are with us. (We hope you will follow them outside our doors as well):

1. No touching people or personal property without permission
2. Treat everyone as an equal by default. Everyone has responsibility to obtain, provide, or withhold consent regardless of sex, gender, race, ethnicity, ability, age, orientation, relationship status, sexual power dynamics, or any other identity.
3. Negotiate the scope of your activities. We recommend making clear that all parties involved have given consent to the proposed acts.
4. Each participant is responsible for making sure, to the best of their ability, that everyone involved has the physical, mental, and emotional capacity to give informed and voluntary consent during negotiation and during the activity itself.
5. Anyone can withdraw consent at any time during any activity. Participants need to agree on meanings for safe words or safe signs when they are being used. All participants shall endeavor to be clear and unequivocal when withdrawing consent. (The house safe word is "BINGO".)
6. All participants are responsible for stopping immediately any activity at the withdrawal of consent from anyone.
7. Unless previously agreed upon, we recommend not re-negotiating in the middle of an activity. When a person is not in a clear state of mind, you may not have full or informed consent even though they agree in the heat of the moment.
8. **If your consent is violated or you experience a consent injury, verbally tell a volunteer, event organizer, or clearly marked delegate.** There is a procedure in place to help you. If you are unable to do so, inform the Director by phone or email as soon as possible. It is your right to report what happened to you and to ask for support.

9. Violation of the consent policy may result in expulsion from the event and/or temporary or permanent ban from Sacral events or activities. There are procedures in place to handle violation of this policy, and those procedures will be followed by all volunteers, staff, and delegates. No one is exempt from the policy.
10. Disclaimer: Every reasonable effort will be made to enforce this policy, but neither organization makes representations nor guarantees about its ability to do so. Each situation is distinct and will be reviewed on a case by-case basis. All participants and attendees retain full, sole responsibility for their safety and the safety of others with whom they interact.

Understanding consent is easy:

Freely given. Doing something sexual with someone is a decision that should be made without pressure, force, manipulation, or while drunk or high.

Reversible. Anyone can change their mind about what they want to do, at any time. Even if you've done it before or are in the middle of having sex.

Informed. Be honest. For example, if someone says they'll use a condom and then they don't, that's not consent.

Enthusiastic. If someone isn't excited, or really into it, that's not consent.

Specific. Saying yes to one thing (like going to the bedroom to make out) doesn't mean they've said yes to others (like oral sex)