



# *The Maryland Register*

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Maryland's Guide to Specialty Shopping & Premier Events

July/August 2024

*Free!  
Take One*





Maryland's Guide to Specialty Shopping & Premier Events



**Kim Keller**  
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## Months July/August 2024

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## Country Register Recipe Exchange

# Easy Kabobs with Sausage and Zucchini



16 oz package pre-cooked sausage  
4 small zucchini  
2 red bell peppers

1 small red onion  
1/4 cup Newman's Own Classic  
Oil and Vinegar Dressing

Cut the zucchini, peppers and onion into same-sized pieces. Make sure the zucchini is slightly smaller than you'll cut the sausage. Put the vegetables into a ziploc bag and pour in enough Italian dressing to moisten all the vegetables. Let the vegetables marinate for an hour or so or even all day. Brush or spray the grill with non-stick spray and preheat grill to medium heat. Cut sausage into chunks, about 5 pieces per sausage. Drain the marinated vegetables. Thread vegetables and sausage onto skewers. Grill kabobs over medium heat for about 15 minutes.



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## Special Events

**July**

1-Aug 31 .....All Mid-Atlantic Shop Hop - See ad pg. 10  
26-Sept 15.....Take Me Home Country Roads Quilt Show and Auction - Berkeley Springs, WV

**September**

12-15.....Pennsylvania National Quilt Extravaganza - Greater Philadelphia  
21.....Fiber Arts Expo by Zion Quilters - Middletown  
22.....Nimble Fingers Quilters Quilt Bingo - Catonsville

# Deadline For the Sept/Oct 2024 Edition is August 10th!



## Where in Maryland?

Somewhere in Maryland the image to the right can be found.  
Where is it?

(Answer on page 10 of this issue)



## Show us your finished projects!

Tell us all about a project you are proud of! Send in a picture and be featured in a future issue of The Maryland Register!

Photo and project details can be emailed to:  
[info@themarylandregister.com](mailto:info@themarylandregister.com)

Or you can mail them to:  
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## Maryland Quilt Guild Listing

### Baltimore County

- Baltimore Heritage Quilt Guild - Towson, MD  
website: <https://baltimorequilters.com>
- Village Quilters of Catonsville - Catonsville, MD  
website: [www.villagequiltersMD.com](http://www.villagequiltersMD.com)

### Carroll County

- Carroll County Artists Guild - Westminster, MD  
website: [www.carrollcountyartistguild.wordpress.com](http://www.carrollcountyartistguild.wordpress.com)
- Four County Quilters Guild Inc. - Mount Airy, MD  
website: [www.fourcountyquilters.org](http://www.fourcountyquilters.org)

### Frederick County

- Clustered Spires Quilt Guild - Frederick, MD  
website: [www.clusteredspiresquiltguild.org](http://www.clusteredspiresquiltguild.org)

### Montgomery County

- Bethesda Quilters - Chevy Chase, MD  
website: <https://bethesdaquilters.org>
- Friendship Star Quilters - Gaithersburg, MD  
website: <https://friendshipstar.org>

### Prince George County

- UHURU Quilters Guild - Upper Marlboro, MD  
website: [www.UHURUquiltersguild.org](http://www.UHURUquiltersguild.org)

Would you like to have your Quilt Guild listed? Contact us today to hear how you can get listed as well as receive a discount on any advertising for your guild events!  
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## Reflections of the Front Porch

by Janet Young

Prior to WWII, porches were a prominent architectural feature added to homes everywhere; especially for the homes in the south. The years before air conditioning was available people would sit outside to catch a few cool breezes on a warm summer night. Or, to start their day perhaps, by drinking their morning coffee on the front porch. A front porch was a welcoming and functional space where friends and family could gather to connect, converse, and if including neighbors a sense of community was created.



The porch was a gathering place where family photos were taken, where children played games—such as Jacks, where first kisses were exchanged on a star-studded night. The porch is where you get to meet and know your neighbors. For example, if someone walking their dog offers a quick hello, or perhaps a bright smile or friendly wave of the hand from a neighbor across the street who sees you relaxing on the porch, these are ways to connect one to the other.

Another example would be the porch as a gathering place for little ones to come and eat their ice cream cone, or drink a refreshing drink of cold lemonade.

The porch is a perfect spot to sit outside and read a book. What better place to prop up your feet and read that novel you have been wanting to read. Or, how about journaling? This would be ideal for letting your creative juices flow as you feel the summer breeze and smell the roses surrounding your porch.

While we are at it, let's not forget the porch swing and the rocking chair, all attributes that helped to make the porches of yesteryear. The list could go on and on as we reflect on the influence the porch has had on thousands of families over the decades.

Yes, the porch is the bridge to the outside world. It is a welcoming place, affords conversation, and enables a connection to family, friends and neighbors. As summer unfolds, if you are fortunate enough to have access to a porch, take advantage of the power of the lowly porch, and see what a difference it makes in your life.

Happy Summer!

© Janet Young is a Certified Tea and Etiquette Consultant, Co-Founder of Mid-Atlantic Tea Business Association, and prior owner of Over The Teacup.

# SUMMER





DELECTABLE MOUNTAINS QUILT GUILD

"Take Me Home Country Roads"

QUILT SHOW 2024 & AUCTION



Quilt Show at:  
MAC ICE HOUSE

138 Independence St., Berkeley Springs, WV

July 26th - September 15th

Yard Square LIVE Auction

August 31, 2024

Berkeley Springs State Park



The Saturday of Labor Day weekend is an important date to remember. On that day the Delectable Mountains Quilt Guild will hold its 20th Annual Yard Square Quilt Charity Auction. In the past 19 years, the guild has donated over \$100,000 to local charities, to include: children's programs, the homeless, community improvements projects, Hospice of the Panhandle, volunteer fire and rescue, Humane Society, just to mention a few. Live bidding will start at 2:00 pm at the gazebo in Berkeley Springs State Park. Bidder registration will open at Noon at the same location. Come join in the fun and help make the 20th Anniversary the best year yet. And, possibly take home a beautiful 36" square wall quilt to grace your home or office.

A Quilt Good Enough to Eat

by Janet M. Bair

Summer is a blaze of color. I love picking fresh blueberries from our two bushes. Plump red tomatoes, yellow corn, and purple eggplants are my favorites at our local farm stand. Green zucchini, yellow squash, and ripe peaches are all hard to pass up.

At a recent quilting event, I bought a gallon sized bag of fruit and vegetable prints for \$2.50. Not only was it a good deal, but the prints of the fruits look good enough to eat. There were prints of strawberries, raspberries, cherries, blueberries and peaches in brilliant colors, just waiting to be sewn into a new creation. I had fun thinking of what to make out of all the small scraps but have finally decided to make a picnic quilt for my grandchildren. They love eating outdoors and like to take their dolls and teddies outside for an "adventure." Maybe the quilt will let it be a clean adventure which my daughter will be happy about.

It struck me though, that we take for granted all of the vibrant colors we have available to work with. Fabric was not always so colorful. We can walk into any fabric shop and find a wide assortment of colors to choose from, even glitter infused fabrics let alone the more tropical looking batiks.

I was reading an interesting quilting book, and one bit of information caught my eye. Being a librarian for most of my life, I had to do a little research. Before the 1850s, fabric was colored from plant-based materials—indigo, woad, madder, turmeric, or animals—shellfish purple, cochineal.

In 1856, eighteen-year-old British chemist, William Perkin, discovered one of the first synthetic dyes, an aniline purple or mauveine as he called it. Before his accidental discovery, purple dye was difficult to produce. Many small sea snails were needed to produce enough dye to color a whole dress.

Royalty could afford to wear purple but with the new fade-resistant aniline dye, this brilliant, vibrant color became affordable for the masses. Consequently, purple became extremely fashionable in Paris and London in the late 1850s to early 1860s. Perkins built a successful factory and business out of his discovery, so it was a happy ending to his accidental mistake.

I am very happy to have access to purple fabric because I think it is a lovely color. Sometimes mistakes lead to nice discoveries. We sew something upside down on a quilt and it looks even better than we planned. We cut something out and find we didn't measure accurately but somehow, we fix it. We miss a turn while driving and end up on a beautiful road we would never have traveled on. We are painting a picture and glob some paint where it shouldn't be. We can always paint over it. Don't panic over mistakes. Sometimes our journey will have them but we should not be defeated by our mistakes. We just need to pick up our needle and thread or paintbrush and carry on.

"We can make our plans, but the Lord determines our steps." (Proverbs 16: 9 TLB)

© Janet M. Bair of Ansonia, CT. You may contact her at librarybair@hotmail.com



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Quilt Detail: Twists and Curves 3 by Rachel B Derstine

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Banana Nut Mug Cake

Ingredients:

1 small-medium banana

1 tbsp vegetable oil

1 egg

1 tbsp milk

4 tbsp brown sugar

4 tbsp all-purpose flour

1 tbsp chopped pecans

1/4 tsp baking powder

1/4 tsp cinnamon

pinch of salt

2 tbsp whipped cream for topping

Directions:

1. Take all the banana and place in the bottom of a mug except for a few slices.

2. Mash the banana.

3. Add the egg and whisk until well combined.

4. Add the milk and oil and combine well.

5. Add the sugar, flour, baking powder, salt and cinnamon.

6. Whisk until well combined.

7. Stir in the pecans.

8. Microwave for 3 minutes.

9. Cool.

10. Once cool, top with the whipped cream and reserved banana slices.



Recipe by Kidsactivities.com



## A Quilting Legacy – 'Then and Now'

by Judy Ann Stupak

Wow. What a change. Mom quilted from the mid-1970s to the late 1980s; I picked it up 20 years later. The reason I didn't start earlier? Time & space. Who has months to work on the same project? Who has the space to have a quilt spread out for months on end? I did not realize how much things had changed. I did not realize you could make a quilt in a weekend and have someone else take care of the space issue for you.



What has changed? All of mom's quilts were cut with scissors; I have rotary cutters which are far more accurate and much faster. She did not have specialty rulers; I have many—some are large, others small. Some cut curves, squares, diamonds, hexagons, triangles, or jewel shapes. Beside scissors, her only notions were pins and a measuring tape; I have many—all designed to improve efficiency and the look of the final product.

Mom's closest fabric store was 15 miles away; a trip to the city, over 3 hours away. The store did not just sell quilting cottons and notions like many stores do now. It had fabric for all occasions—baby, bridal, Sunday dresses, and denim for work wear. But it didn't even just sell fabric. It sold ready-to-wear clothes for all ages and all sexes. It sold shoes, hosiery, accessories, toys, and craft supplies. A real general store. Needless to say, the selection of fabric available for quilting was limited at best, so most of mom's quilts were made with cottons from bargain bin bedsheets. In contrast, I have access to beautiful fabrics. Some already pre-cut and matched. If I need a quilt quickly or if I can't make color theory work for my quilts, it doesn't matter. Someone else has done the work for me. In addition, I can buy the fabric anywhere—at one of the local shops, at a quilt show, whether it be in my travels, or on-line from anywhere in the world.

Mom made each quilt from start to finish. She drafted the pattern, cut the fabric and quilted the layers. I have many options. If I don't want to draft my own pattern, I can look through magazines or books. I can go on-line for free patterns, or purchase one and instantly download it. I can quilt it myself, I can rent a long arm, or I can contract it out. Her first quilts were sewn on a treadle sewing machine. She was so excited when she got her first mechanical sewing machine! Now, almost all machines are computerized and come with larger throats and specialty feet. Many quilters have more than one.

Mom learned English along with the rest of us as we went through school. By her second decade in Canada, her circle of friends and activities had expanded. One of her favorite outings was the monthly quilting bee at church. Most ladies in the community did not work, so the outing was a great opportunity to socialize, and the group included women of all ages. Most often the quilts, made of scraps and recycled garments, were donated to charitable causes. Quilt groups everywhere have continued the rich tradition of donating quilts to a cause. Families affected by fires or floods, women in shelters, children in hospitals, Alzheimer patients, just to name a few. As soon as a need is known, quilts are being donated.

The quilting group was Mom's only source of quilting education. She loved being exposed to new ideas. She always came home inspired. She was eager to try everything new. In addition to quilts for charity, they also made a quilt for each child as they graduated from high school and went away to college. Mine was done in a new pattern someone had come across—the Bowtie block. It was white with bowties of pink and purple. Made of Fortrel. For a while every quilt mom made was done in bowtie blocks. It was the only block she knew. Then there were the "Precious Moment" blocks done in liquid paint. There were whole cloth quilts. There were quilts edged with Prairie Points.

Now, there are hundreds of blocks, hundreds of patterns, and hundreds of ways to share information. I can attend classes locally, watch TV programs or go on-line for information. I can learn from professional quilters who come to us or I can go to them. I can meet with quilters in another town, or another country. I can take quilting cruises or tours anywhere in the world. There really is no limit to what we can learn or the friends we can make. There are quilters, quilt shops, and other sources of inspiration the world over.

I still have three of the quilts Mom made. As a wedding gift she made us a quilt in white with matching pillow shams. She drafted the pattern, hand stitched it, and crocheted the binding around the edge. The quilt has three roses in each corner, with cross-hatching in the center.

The winter before her stroke, Mom made a quilt for each of her 13 grandchildren. They were very basic, but reflected her style—a combination of a print and solid, made of bedsheets, stitched in the ditch, with one layer of echo stitching.

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### Country Register Recipe Exchange

## Apple - Ham Grilled Cheese

submitted by Shirley Ross of Alexandria, MN



1 cup chopped tart apples	8 slices sourdough bread
1/3 cup mayonnaise	8 slices American cheese
1/4 cup chopped walnuts	4 slices cooked ham
1/4 cup softened butter or margarine	

Combine the apples, mayonnaise and walnuts. Butter one side of each slice of bread. On the unbuttered side of bread, place a slice of cheese, 1/3 cup apple mixture, a slice of ham and a second slice of cheese. Top each with remaining bread slices, buttered side up. Brown sandwiches in a skillet or panini maker over medium heat, turning once, until golden brown and cheese is melted.





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# America in Stitches

## The Threads That Bind Us

by Barbara Kalkis

America’s 248-year-old whodunit: An urgent request. A good deed. A needle, thread, and fabric. A missing piece of paper. The nation’s enduring symbol.

America’s national holidays are all quite straightforward in their purpose. Memorial Day is a day of remembrance. Labor Day celebrates work. Veteran’s Day is for those who have served in our military forces. July 4th – Independence Day – celebrates the formal creation of our country. It’s probably the most fun since it’s become synonymous with summer, parades, picnics and the all-important summer BBQ.

It also holds the mysterious question that took 200 years to solve.

We remember slices of history made on that July 4th in Philadelphia, Pennsylvania. After months of negotiations and debates, representatives of 13 colonies signed the Declaration of Independence. It was a moment of massive courage. With their signatures, colonists pledged allegiance to their new country of united states and became traitors to the King of Great Britain. Not only did they have to return home and “sell” its concepts to their colony, but they also began a war of independence in earnest. They signed anyway.

Diving into details, they adopted a ‘great seal.’ Francis Hopkinson, one of the signers, designed the elements. We know this because he wisely presented the delegation with a paper invoice. A simple act, it became fuel for the mystery.

The delegates also determined to have a flag to represent the united nation. (We will leave the question of how men prioritize tasks to another day.) George Washington, commander of the Continental Army, accompanied signers Robert Morris and George Ross to visit Betsy Ross, widowed wife of Ross’s nephew and a highly successful seamstress.

Betsy Ross had learned sewing as a child and was apprenticed to an upholsterer when she married John Ross. They had a thriving upholstery business and, after John was killed in the early skirmishes of 1776, Betsy continued working mending tents and making flags for military units.

The men handed her a design featuring 13 6-pointed stars. Betsy famously took her scissors and, with one snip, made the stars with 5 points, as these were easier and faster to sew.

She sewed the flag with a canton of thirteen stars representing each colony. They were positioned in a circle on a field of blue. Red stripes symbolize valor; white for purity; blue for loyalty. Sadly, Betsy did not think to give the Father of Our Country a paper bill.

In the 1800s, nearly a century after she created our national symbol, people questioned whether she really made the flag or simply took credit for it. After all, there was no paper invoice. Only one paper fee to Betsy Ross survives. She made a flag for the Pennsylvania navy, and they recorded their payment on paper. However, Betsy repeatedly made the claim, and was quoted on it. In 1873, her grandson published her story, and it became history.

In 1952, on the 200th anniversary of her birth, the US Post Office created a 3-cent stamp showing Betsy sewing the flag under the watchful eyes of Washington, Morris, and Ross. With the literal and figurative “stamp” of approval from the United States Post Office, we have the government’s official view of the mystery. (This is good news for all the kids who write to Santa Claus.)

For crafters everywhere who joyously sew, create and share their love of handiwork, Betsy Ross elevated crafting with highest praise: “My needle is my pen; my thread, the ink. With each stitch, I write the history of this nation.—The stitches may seem insignificant, but they hold together the fabric of our nation.”





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## Become Inspired!

by Annice Bradley Rockwell

### Long-Awaited Days of Freedom

The long-awaited days of summer arrive in often brilliant fashion. We are drawn into the captivating essence of this season of freedom that seems to always have something in store if we are open to it. Radiant mornings filled with sun and almost cloudless skies start our days off on a relaxing note as we listen to the beauty of the call of the ospreys or the rhythmic washing of the waves onto the sandy shore. Days off might find us in shaded solitude reading a recommended book from cover to cover in one sitting. Planned day trips with friends offer us a much-needed chance to reconnect and recharge with happy conversation over a delicious light lunch followed by a cool woodland hike.

#### SPECTACULAR SEASON OF SUMMER

Our weekend getaways to a quaint coastal town spark our curiosity and the anticipation of the trip reaches its peak as we journey forward with all new things in store. Family-owned lobster shacks, offering clam chowder and hot, buttered lobster rolls on perfectly weathered picnic tables are an afternoon treat not to be missed. Fully packed antiques shops dot the main streets and overflow onto the sidewalks on these happy, sunny days. Patriotic flags adorn the streets along with vibrant, deep red geranium blooms filling each storefront window box. The spectacular season of summer is in full swing and for that, we are grateful.

#### MIDSUMMER NIGHTS

After a fun-filled day of antiquing, ducking into local boutiques and maybe even dipping into the ocean for a refreshing swim, we can sense the mid-summer night still has gifts to give. Reserving a table for two at a dockside restaurant to soak in the views of the fishing boats coming in is a promise worth keeping. As you enjoy a seaside meal, the daylight finally gives way to night, but not before giving you its explosive farewell. The summer sunsets seem to light the sky on fire as a grand finale to an ideal summer day.

Perhaps it is their fleeting nature that makes these days of summer so precious to us. When we embrace the fact that we have a hand in creating them, we can envision and design memorable moments that hold the power to fulfill us and keep us connected to all that we love.



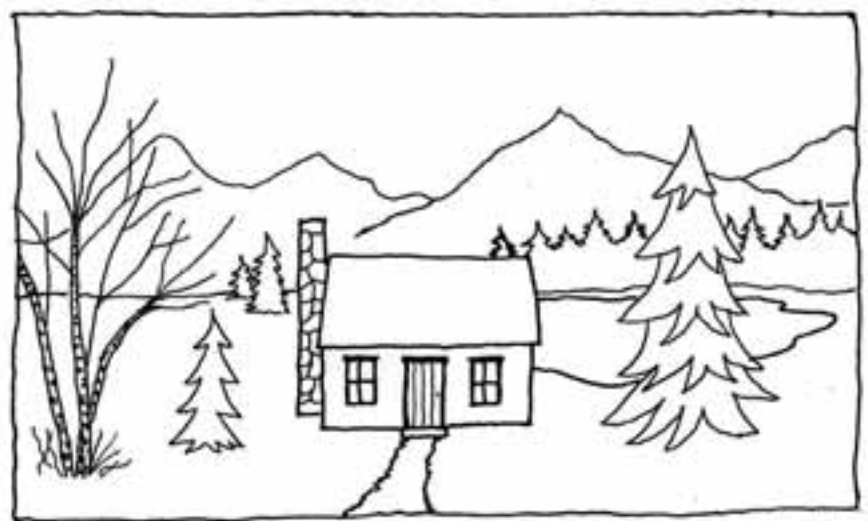
### Fizzy Strawberry Lemonade

- 2 tbsp sugar
- 3 strawberries - hulled
- 1/2 lemon, freshly squeezed
- 1.5 cups sparkling water

*Slice strawberries and place them in a tall glass. Add sugar and lemon juice. Stir and let sit for 10 minutes. Pour sparkling water over berry mixture in glass. Add ice and top with strawberry and lemon slices. Add more sugar if desired.*

## Countryberries Designs

Little Cabin in the Woods



Designed By Kathy Graham

Make a wool or cotton appliqued wall hanging or mini quilt. Create a punchneedle or hooked rug piece. If you're a painter, create this little cabin on paper, wood or canvas. Enlarge this pattern to your desired size. Whatever craft you choose, have fun! Not for commercial use. Please give the artist credit.



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# The Junk Drawer

by Colleen Gust



I think every house has at least one. Ours in the kitchen —right by the fridge. We also have another drawer filled with miscellaneous "stuff" in the china cabinet. That one at least has a theme—paper-work! Rulers, pens, notebooks, random pieces of paper, and we have managed to cram in a deck of Dutch Blitz cards.

I am convinced all junk drawers are connected. For every person saying, "What's this?", there's someone saying "I'm sure it was in here...". Our kitchen junk drawer isn't even really junk. I prefer to call it a holding place for miscellaneous items I don't want to throw out. I've even purchased a few metal drawer organizer bins to create divisions for the chaos. At the front is the important divider containing the glasses care—little bottles of glass cleaner, and some used to death raw silk homemade glass cleaning cloths. My husband and I have worn glasses since we were little; cleaning our glasses is just part of our morning routine.

Just past that are frequently used items—a multi-head screwdriver, lint roller (we have pets), scotch tape, pens, and grocery list paper. I always have a selection of rubber bands wrapped around the screwdriver and the lint roller, and the width of the elastic band determines which handle they get wrapped around. The rubber band protocol is about the extent of the organization

The further back in the drawer, the more random the items become. White cotton string for tying a roast, fancy Japanese Washi tape, which I can't bring myself to use because they are so pretty. Oh well, they still bring me joy just sitting there. There's a flashlight with what I will assume are dead batteries. We're prepared for the next power outage (sorta).

So, why am I sharing what's in my junk drawer? It dawned on me, in some ways, junk drawers are like friends and family.

Just like a junk drawer contains a diverse array of items, friends and family bring different personalities, backgrounds, and experiences to your life. Each friend is unique, contributing their own "item" to your collection of relationships. A junk drawer may seem chaotic initially, but it holds familiarity and comfort. Similarly, friendships can be messy yet provide a sense of belonging and support in life's ups and downs.

And, as a junk drawer may hold hidden gems amidst the clutter, friendships often reveal unexpected depths and qualities in people you may not have initially noticed. Like a junk drawer, friendships require occasional attention and maintenance. Whether it's tidying up the drawer or investing time and effort into nurturing friendships, both are worth the effort for the value they bring to your life.



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### Country Register Recipe Exchange

## Crockpot Goulash



1.5 pounds ground turkey

1 green bell pepper - diced

1/2 large onion - diced

2 - 14.5 oz cans diced tomatoes

2 cups beef broth

2 tbsp tomato paste

1 tsp ground paprika

2 tsp dried Italian seasoning

1 tsp kosher salt

1/2 tsp ground black pepper

2 cups elbow macaroni noodles

2 cups shredded cheddar cheese

Add the ground turkey, diced green pepper, diced onion, canned tomatoes, beef broth, tomato paste, paprika, Italian seasoning, salt and pepper to your slow cooker. Cover and cook on low for 6-8 hours or high for 4-5 hours. Stir in the dry macaroni noodles during the last 30 minutes of cooking. Cover and continue cooking until the noodles are soft. Once the noodles are fully cooked, stir the goulash to incorporate the ingredients. Top the goulash with shredded cheddar cheese. Cover and continue cooking just long enough to melt the cheese.



I have enough yarn.

**OOOH! LOOK! YARN!**



# Wit and Wisdom

by Judyann Grant

## Our Own Worst Enemy

The sparrow landed on the yew bush outside the living room window. The site offered shelter, shade, protection and privacy. All was perfect except for the "other" sparrow. From dawn until dusk, every day for weeks, the sparrow fought with the squatter. No matter where I was in the house, I heard peck-peck-peck as the bird spent time and energy trying to chase away his own reflection!

Though I "tsk-tsked" the creature for letting a foolish distraction keep him from his purpose, I am often guilty of the same behavior. I have things I want to accomplish, but I get distracted and spend valuable time and energy in fruitless diversions. I think the Apostle Paul suffered from the same condition.

In Corinth, AD57 on his third missionary journey, he wrote: "I do not understand what I do. For what I want to do I do not do, but what I hate I do. As it is, it is no longer I myself who do it, but it is sin living in me. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing." (Romans 7:15-19)

In the time he wasted banging his beak against the window, the bird could have built a cozy nest, brought home a mate and fledged a family. As I watched him, I thought about the stalled writing project that has lain dormant on my desk for weeks. With the time and energy, I had expended on lesser pursuits, I could have finished the project twice over. I made a determined decision to stop being my own worst enemy. I set upon a plan of action and got back to work.

As of this writing, the sparrow remains single. No nest. No mate. No fledglings. One thing I'm assuming he does have though is—a massive headache!

Judyann Grant and her husband, Don, live on a few country acres in central New York. They plant several large vegetable gardens each spring with seedlings they begin from seeds during the cold days of February. They are blessed with three wonderful daughters, nine awesome grandchildren and an assortment of fun-loving grand-pets. Contact the author at: witandwisdomwriters@gmail.com



# Where in Maryland?



The answer is...

The Washington Monument located in Washington Monument State Park in Middletown, MD

The first monument built in honor of the first President of the United States stands 40 feet high and was erected in 1827.

## Country Register Recipe Exchange

### Honey Lime Fruit Salad

submitted by Karina



- |  |                            |
|--|----------------------------|
| 1 pound strawberries - hulled and sliced   | 9 oz can pineapple chunks  |
| 3 kiwi - peeled and sliced into half moons | 3 tbsp honey               |
| 2 mangoes - peeled and sliced              | 1 tbsp fresh squeezed lime |
| 10 oz blueberries                          | 1 tbsp pineapple juice     |
| 1 cup green grapes - halved                | (from canned pineapple)    |

Place washed and prepared fruits into a large bowl. Combine the honey, lime juice and pineapple juice in a separate bowl. Pour the syrup on the fruit and mix well.

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## On this day in History

**July 11, 1804:** Aaron Burr fatally wounded Alexander Hamilton in a duel. Burr was Thomas Jefferson's Vice President and Hamilton was a force behind the Constitution. The shooting was the climax of a twenty year grudge. After Hamilton publically insulted Burr and his character, Burr proposed a duel. Hamilton's shot went high, perhaps intentionally, while Burr's bullet hit Hamilton in the stomach. The next day, Hamilton died along with Burr's career in politics.

**August 21, 1959:** President Dwight D. Eisenhower signs a proclamation admitting Hawaii into the Union as the 50th state.

Information found on [www.history.com](http://www.history.com)



*Happy 4th of July from  
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### KISSed Quilts

A new idea for using those pre-printed placemats

by Marlene Oddie

New fabric collections occasionally do a block print likely intended as a placemat. I've made several styles of placemats, but it seems that there is always a lot of binding!

Northcott's new collection shipping now, Autumn Gathering, has such a print that lends itself to being reimagined as a quilt that could be used as a table topper.

This quilt design uses the printed placemats, a border print, two coordinates, binding and backing from the collection.

The pattern details the fussy cutting of the mitered border print. The center portion measures 40" and the overall size is 64" x 64".

You can find this pattern on my website or ask at a local quilt shop near you. Be sure to tag us if you make this up in these fabrics or something else. #fourplacemattabletopper

Happy Stitching!

Marlene Oddie ([marlene@kissedquilts.com](mailto:marlene@kissedquilts.com)) is an engineer by education, project manager by profession and now a quilter by passion in Grand Coulee, WA at her quilt shop, KISSed Quilts. She quilts for hire on a Gammill Optimum Plus, but especially enjoys designing quilts and assisting in the creation of a meaningful treasure for the recipient. Fabric, patterns, kits and templates are available at <http://www.kissedquilts.com>. Follow Marlene's adventures via <http://www.facebook.com/kissedquilts> and <https://www.instagram.com/marlene.kissedquilts>



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