

# *The Maryland Register*<sup>TM</sup>

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Maryland's Guide to Specialty Shopping & Premier Events

September/October 2024

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Maryland's Guide to Specialty Shopping & Premier Events



**Kim Keller**  
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**Ham Lake, MN 55304**  
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# harvest moon



## City Listing

Baltimore.....6	Mathews, VA.....11
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Gaithersburg.....8	Snow Hill.....5
Hyattsville.....8	



# Months Sept/Oct 2024

Volume 26 Number 5

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# Deadline For the Nov/Dec 2024 Edition is October 10th!

## Special Events

### September

21.....Valley Fiber Arts Expo by Zion Quilters - Middletown  
22.....Nimble Fingers Quilters Quilt Bingo - Catonsville  
28-29.....Shenandoah Valley Fiber Festival

### October

5-Dec 31.....Threads of Our History: Quilts of Mathews, VA  
7-12.....Country Roads Shop Hop - The Sewing Box Quilt Shop - Meyersdale, PA  
13.....Lori Jackson Black Lecture - Mathews Museum - Mathews, VA  
26.....Fiber Festival 2024

### November

1.....Neal Hurst Lecture - Mathews Museum - Mathews, VA  
8.....Quilting Elissa Bag Lecture - The Sewing Box Quilt Shop - Meyersdale, PA  
9-10.....Maryland Alpaca and Fleece Festival





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### Where in Maryland?

Somewhere in Maryland the image to the right can be found.  
Where is it?  
(Answer on page 5 of this issue)



## Autumn Sights and Smells

by Tammy Page

If you don't get to experience the autumn seasonal changes in your part of the United States, you're missing out on some spectacular and beautiful sights and smells. Around early September in Indiana, I can feel a change in the air from hot and muggy with 90% humidity to temps in the 70's with a dramatic drop in the humidity. The heaviness of the air has begun to be lifted and we can all breathe a little easier.

The Friday night football games are the best with temperatures in the 60's where all I need is a sweatshirt to ward off the chill in the air. There's nothing like the coolness on my face from an autumn breeze while I sit in the high school bleachers cheering on my grandchildren on the field. The smell of hot buttered popcorn drifts out of the concession stand and makes its way to where we are sitting. The scent of hot chocolate fills our nostrils as the air gets colder and we sit a little closer. The colorful, fallen leaves have started to dry up and you can hear them crumble under the fans feet as they make their way around the field to the stands.

The vibrant colors in Indiana are the brightest of bright. Sometimes so bright they startle you as you come around a bend in the road and see them for the first time. Vivid reds, burgundy's, oranges and golds adorn the country roadsides and pastures making a magnificent sight. Last fall I stopped on my way to work when a misty dew was still on the bean fields and took a picture of the tree-lined edge of my son-in-law's field where the trees displayed their peak colors. What a gorgeous sight it was! I've also paused on my way home to take a picture of the golden, orange sunset with the tall trees behind it. I'm sure I am not the only one who has stopped to take pictures of these eye-catching sights. At the same time the leaves are changing colors, the bean and corn fields are being harvested. Even the colors and smells of the dried crops are unique. They smell of clean, fresh grain and cannot be easily described. The golden glow of the ears of corn peak out from under the shucks as they are ready to be combined. And, when you stop to think about how many people the harvest will feed, it makes it even more special. The light brown dust can be seen for miles at times as the combine makes its way down each row. Many late nights, lights from the combines and tractors can be seen against the dark skies as the farmers try to get as much done as they can before the next rainfall.

As the last glimpse of color is left in the leaves and the limbs on the oaks are empty, I can still enjoy the autumn colors I've added to the inside and outside of my home especially when there is a never-ending bowl of sweet candy corn and peanuts on my coffee table-my husband's favorite!



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H A L L O W E E N

### Halloween

Find and circle all of the words that are hidden in the grid. The remaining letters spell an activity played on Halloween.

S	V	A	M	P	I	R	E	Z	O	M	B	I	E	B
L	N	R	E	T	N	A	L	O	K	C	A	J	Y	O
U	B	C	B	N	G	R	A	V	E	Y	A	R	D	E
O	G	A	K	C	O	F	F	I	N	D	A	W	N	M
H	O	N	C	T	I	T	N	K	R	C	F	E	A	U
G	B	D	I	N	O	I	E	A	S	U	G	R	C	T
W	L	L	T	N	K	M	C	L	L	A	W	E	Y	S
I	I	E	S	P	E	U	B	L	E	O	M	W	R	O
T	N	M	M	K	L	T	M	S	R	K	B	O	E	C
C	S	U	O	A	U	O	H	C	T	A	S	L	T	S
H	P	M	O	F	O	L	E	G	T	O	O	F	E	E
E	R	M	R	N	A	R	L	S	I	H	N	P	M	L
S	P	Y	B	M	A	E	R	C	S	R	G	E	E	P
L	E	T	A	C	K	C	A	L	B	S	F	I	C	P
G	H	O	S	T	S	S	R	E	D	I	P	S	N	A

APPLES	COSTUME	JACK O LANTERN	SKELETON
BATS	DRACULA	MASK	SKULL
BLACK CAT	FRIGHTENING	MUMMY	SPIDERS
BROOMSTICK	FULL MOON	NIGHT	TOMBSTONE
CANDLE	GHOSTS	PUMPKIN	VAMPIRE
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## Peach Cobbler in a Mug

**Ingredients:**

- 3 tbsp Original Bisquick or Jiffy baking mix
- 2 tbsp water
- 1 can peach pie filling (use 4-5 slices)
- 1/2 - 1 box sugar in the raw
- 1 jar cinnamon sugar

**Directions:**

1. In a microwave safe mug combine baking mix and water.
2. Stir to combine completely.
3. Fold in 4-5 slices of peach pie filling.
4. Sprinkle to taste with cinnamon sugar.
5. Sprinkle 1/2 - 1 tbsp raw sugar on top.
6. Microwave for one minute.
7. Allow to cool for about 5 minutes before eating.

Photo by The Monday Box

Recipe by TheMondayBox.com



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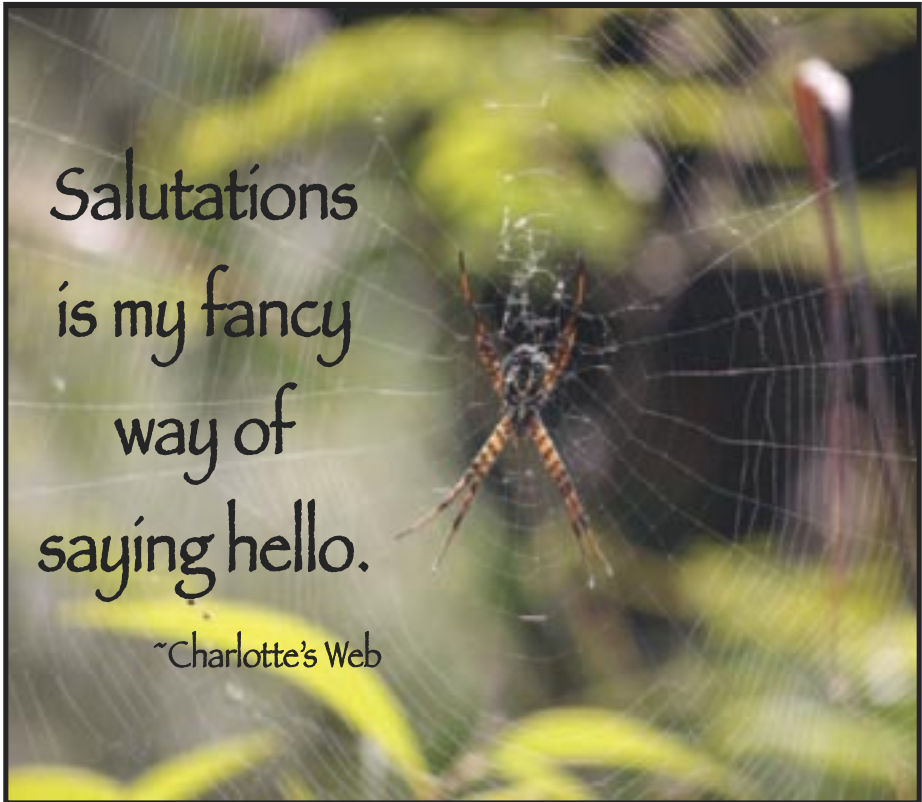
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is my fancy  
way of  
saying hello.

~Charlotte's Web



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Tell us all about a project you are proud of! Send in a picture and be featured in a future issue of The Country Register!

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Or you can mail them to:  
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# Country Register Recipe Exchange

## Classic Chili



1 tbsp olive oil	1 - 1/2 tsp salt
1 medium yellow onion - diced	1/2 tsp ground black pepper
1 pound lean ground beef	1/4 tsp ground cayenne pepper
2 - 1/2 tbsp chili powder	1 - 1/2 cups beef broth
2 tbsp ground cumin	1 (15oz) can petite diced tomatoes
2 tbsp granulated sugar	1 (16oz) can red kidney beans, drained
2 tbsp tomato paste	1 (8oz) can tomato sauce
1 tbsp garlic powder	

Add the olive oil to a large pot and place it over medium-high heat for two minutes. Add the onion and cook for 5 minutes, stirring occasionally. Add the ground beef to the pot. Break it apart with a spoon and cook for 6-7 minutes, until the beef is browned, stirring occasionally. Add the chili powder, cumin, sugar, tomato paste, garlic powder, salt, pepper, and cayenne. Stir until well combined. Add the broth, diced tomatoes (with their juice), drained beans, and tomato sauce. Stir well. Bring the liquid to a low boil. Then, reduce the heat (low to medium-low) to gently simmer the chili, uncovered, for 20-25 minutes, stirring occasionally. Remove the pot from the heat. Let the chili rest for 5-10 minutes before serving.





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**Advice From a Pumpkin**

*Be well rounded.  
Get plenty of sunshine.  
Have a thick skin.  
Keep growing.  
Be outstanding in your field.  
Think big!*



## Country Register Recipe Exchange Simple Pasta Salad

submitted by Shirley Ross of Alexandria, MN



- |                                    |                         |
|------------------------------------|-------------------------|
| 1 (16oz) pkg linguini pasta        | 6 cloves garlic, minced |
| 6 Roma tomatoes, chopped           | 1/2 cup olive oil       |
| 1 pound shredded mozzarella cheese | 1/2 tsp garlic salt     |
| 1/3 cup chopped fresh basil        | pepper, optional        |

In a medium bowl, combine tomatoes, cheese, basil, garlic, olive oil, garlic salt and pepper (optional). Cook the pasta using the directions on the package. Drain the pasta, toss with tomato mixture.





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## Book Review – Register to Win

### The Pie Spy: Grandma's Secret Recipe

Article By Amy Carter,  
The Country Register publisher

In this heartwarming story, a young girl named Kate discovers that her grandma was a spy and used her baking skills to hide secret messages. Through baking pies together, Kate learns about her grandma's exciting past and the importance of bravery, creativity and love for family.



I met the author, Amanda Haddaway, when we lived in Frederick, MD. I can't remember the first time we met because we crossed paths often: church, networking groups, social events, supporting each other's businesses, etc. I saw on Facebook that she wrote a book and as I learned more about it – I reached out to her about doing some book giveaways in this publication because I know our readers will be interested in purchasing the book. The Pie

Spy is for new young readers (ages 5-9 but others will enjoy) and their adults. The book is a great way to connect with family and share time reading together – and maybe even bake a pie together!

This is truly a passion project for Amanda. A portion of the book sales will be donated by Amanda to Butterfly Ridge Elementary School (in Frederick, MD) "because you should never forget where you came from (in full disclosure, this school wasn't around when I would have gone there, but I can see the house I lived in when I was a young child from the school's parking lot and my Rotary Club has 'adopted' it.)"

Buy on [www.amazon.com](http://www.amazon.com) for \$7.77. Given Sharp (Illustrator). ISBN 979-8991063807.



Photo of Amanda's grandma, the inspiration behind The Pie Spy.

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Carving pumpkins into jack-o'-lanterns is a popular Halloween tradition that originated hundreds of years ago in Ireland. Back then, however, jack-o'-lanterns were made out of turnips or potatoes; it wasn't until Irish immigrants arrived in America and discovered the pumpkin that a new Halloween ritual was born.

## GIRLFRIEND WISDOM



"I have always felt that we did not give an honorable enough place in our communities to the teachers."

Eleanor Roosevelt - 1953

And the quotation continues... "Day in and day out they are at work preparing the future citizens in our communities..."

**GIRLFRIEND WISDOM:** Start the school year out by honoring your children's teacher. Support them, encourage them, and let them know that you stand with them in creating these new future citizens.

Teachers are trained experts in their fields. They deserve respect. They want to be recognized for the professional, dedicated, and responsible work that they do. Eleanor Roosevelt was right in 1953, and these values remain true today in the School Year 2024-25!

Joy & Blessings, 

Girlfriend Wisdom is written and illustrated by Jody Houghton®.  
Color files of this writing and artwork are available: [www.JodyHoughtonDesigns.etsy.com](http://www.JodyHoughtonDesigns.etsy.com)





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## Become Inspired

by Annice Bradley Rockwell  
A Bountiful Harvest



As the long days of summer begin to wind down, there is a noticeable shift in the air. Cooler breezes and crystal-clear sunshine greet us now as fall slowly arrives. Tall corn fields and overflowing gardens lining our country roads bring us a feeling of fall and a promise of a bountiful harvest. Our pumpkin vines are loaded with huge orange and white pumpkins and speckled among the garden beds are striped gourds in green, white and orange—perfect for our country decorating.

As we enjoy our happy, fall weekends, we notice our local farm stands selling colorful, freshly harvested bundles of Indian corn. Weathered harvest baskets are filled with just-picked apples of all varieties. And cider spiced with cinnamon and clove is an ideal treat as we shop for other special fall delights.

### Fun Fall Destinations

Harvest festivals and antiques shows are a fun fall destination to celebrate the season. Gatherings of vendors offering everything from handcrafted scarecrows to hand-poured jar candles in splendid scents like pumpkin soufflé and cornbread and honey are blended with food trucks offering signature specialties like hot apple dumplings with vanilla ice cream or pulled pork barbeque sandwiches with a side of baked beans. These celebrations, whether large or small, provide us a chance to bask in the glory of fall.

Antiques shops are also filled with fresh inspiration and vibrant color in fall. Displays are often rearranged and layered to reflect a season of creating added warmth and ambiance in our home. Tin lighting paired with antique redware along with hand-hooked textiles of a fall scene are the perfect tablescape for fall. Freshly picked pumpkins arranged with warm-toned garden mums in antique stoneware crocks create a new look on our front step and around our keeping room fireplace. And a towering scarecrow designed with tobacco pickets, a classic checkered flannel, overalls and a worn hat add autumnal interest to our garden beds. These creations can become part of a family tradition where everyone leaves with a finished fall project.

### Harvesting Blessings

Whether it is venturing out to find just the right elements to change your accents to fall or gathering with friends to enjoy a harvest festival or a nighttime agricultural fair, fall is a time of fun. All around us nature is providing a bounty all her own. And as we take the time to celebrate this new season, we will indeed be harvesting blessings of our very own.

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The yellow and orange colors you see actually always exist in leaves but they are overpowered by the abundance of green from chlorophyll. The amount of chlorophyll starts to decrease as the sun weakens and the days grow shorter.

Red and purple leaves are only that color because of the presence of sugars and sap that are trapped within the leaves. These sugars provide plants with the energy they need to survive.



# Gals Getaway

by Judy Sharer



For three days every year, my friend Linda and I take a gal's vacation to the shore where we catch up and enjoy each other's company. It's a five-hour drive to reach our destination and we talk nonstop from the time we leave until we return.

Once there, we shop, eat out, go to a show, walk on the beach, and go to the pool to work on our tans. And, of course, we talk. Linda usually brings a book to read at the pool and I enjoy watching other people enjoying their vacations, dip my feet in the pool, and work on my latest novel. The entire trip is relaxing and just what we busy women need, a complete break from husbands and daily routine.

You would think by the fourth day on our drive home, we'd be talked out but that's never the case when we're together. I mentioned that it was a welcome not having to cook for a change and that kicked off sharing favorite recipes. Conversation turned to odd food combinations our mother's cooked to stretch the food budget when we were young. We laughed about having to sit at the table until we finished everything on our plates.

Conversation about food was endless. We covered the entire gambit of crock pot meals, casseroles, meat dishes, meatless dishes, quick fix meals, salads, side dishes, sandwiches and soups, and my favorite - desserts. We shared which cookbooks we have and who wrote them, although we both agreed we seldom follow the recipes without adding personal favorite spices or other ingredients to make the recipe our own. The drive home flew by and before we knew it, our getaway was over.

This year my go-to recipe, especially for gatherings, is Orange Fluff Salad. It's easy to make, light, tasty, and everyone seems to love it. Enjoy!

## ORANGE FLUFF SALAD

- 16 oz. container of cottage cheese
- 4 oz. box of orange Jello
- 15 oz. can of mandarin oranges, well drained
- 8 oz. container of Cool Whip
- 2 cups mini marshmallows
- 1/2 cup chopped pecans or walnuts (optional)

Mix together the top 3 ingredients, then fold in the Cool Whip and marshmallows. Refrigerate for at least three hours. Once set, lightly dust the top with cinnamon and optional nuts.

Judy Sharer is the author of a historical family saga romance series titled A Plains Life. This four-book series is appropriate for the entire family and published by The Wild Rose Press. A Plains Life series is available on-line wherever books and eBooks are sold. Visit Judy's website for details on her latest releases at judysharer.com and follow her on Facebook and twitter.



# On this day in History

**September 28, 1781:** General George Washington, commanding a force of 17000 French and Continental troops, begins the siege known as the Battle of Yorktown against British General Lord Charles Cornwallis and a contingent of 9,000 British troops at Yorktown, Virginia, in the most important battle of the Revolutionary War. After three weeks of non-stop bombardment, Cornwallis surrendered in the field at Yorktown effectively ending the War for Independence.

**October 18, 1867:** The US formally takes possession of Alaska after purchasing the territory from Russia for \$7.2 million, or less than two cents an acre. The purchase comprised 586,412 square miles, about twice the size of Texas. Public opinion of the purchase believed the land to be barren and worthless until the discovery of gold in 1899 sparking the great gold rush.

Information found on [www.history.com](http://www.history.com)

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## Savoring Fall

by Janet M. Bair

I've been seeing signs of fall since July when fall decorations arrived in the stores. I love fall but I like to let summer linger as long as possible. I don't put my lawn chair indoors until the first snow in December.

Fall is a great time for brainstorming new ideas for poems, stories or articles while walking on a deserted beach. With the summer crowds gone, it's fun to leisurely look for seashells while my husband is birdwatching. One of my favorite places for that is the Cape Cod National Seashore. Off-season at any beach resort is usually cheaper and has less traffic.

Although I am reluctant to let summer go, there are many things to look forward to in fall. A local Apple Festival held on the town green near us is a fun time to view crafters as well as eat hot apple crisp. Depending on the day, it can still feel like summer or have just the right chill in the air.

We are fortunate to have a local cider mill close by which makes the best apple cider and apple cider donuts around. They offer "pick your own apples" on the weekends. The smell of cinnamon and apples wafts through the screen door of their shop even before you enter. Waiting in line for your donut is a pleasure just for the opportunity to breathe in "fall."

Also, near us is a "pick your own" pumpkin farm which has a gorgeous view of the fall foliage from the top of their hill. After selecting my pumpkin, I use it for a decoration for a while before I cook it up. My husband processes it in the food processor and then I am ready to make pumpkin bread. Last year we had so much butternut squash from our garden, I don't think I bothered to buy a pumpkin. Butternut squash works just as well in pumpkin recipes, at least it did for pumpkin bread.

Fall is when cranberries are harvested and cranberry English muffins appear in the stores as well as cranberry muffins. I usually end up making an apple pie in the fall too. Homemade pies taste so much better than store bought and are much cheaper.

Autumn is also the nicest time to go on leaf crunching walks in the woods. As soon as our New England leaves start changing colors, I like to go for a walk at a local park that has a waterfall and a red covered bridge. I love watching the golden, red, and orange leaves swirl around us, nearly covering the trails.

There are a variety of small-town Country Fairs held each weekend in autumn. One of my favorites is the Durham Fair, Connecticut's largest agricultural fair. There are three animal barns, with cows, pigs, sheep, goats and bunnies. Having had several pet rabbits over the years, the bunnies are my favorites. This fair has lots of them in a huge variety of breeds.

Whether you like to see the flower displays, showing off the largest sunflower entered that year or the quilts that are real labors of love, there is something for everyone to see at these fairs. From tractor pulls, demolition derby, and fair rides to the largest pumpkin grown in the summer which reached nearly a ton, this fair is a full day affair. Lots of music on several stages plus food booths all throughout the fairgrounds, you can literally eat your way through the day. If you walk as you eat, maybe the calories don't count?!

Wherever you live, take time this fall to search out a new trail or path to walk on, try a treat from a new shop and savor one of the many flavors of fall. This season is fleeting; you don't want to miss it.

"To everything there is a season, and a time to every purpose under the heaven... a time to plant, and a time to pluck up that which is planted." Ecclesiastes 3:1-2

© Janet M. Bair of Ansonia, CT. You may contact her at librarybair@hotmail.com

# Pieces From My Heart

by Jan Keller

## Sunflower Wisdom

Is it the distinctive taste of a juicy tomato picked fresh from the vine that marks the coming of Autumn? Or the way the dewy morning haze brings out the naturally vivid and intense colors of nature? No—for me it's the sunflower boldly emblazoned with all of Autumn's glory. Nourished and fed by a deeply-rooted support system, the sunflower basks in the lingering rays of Indian Summer light for as long as possible.

Almost every summer my husband John traditionally plants sunflowers. With a shovel he prepares the soil and then with a hoe a straight trench is made in the dirt. While he is doing that, I'm scratching my head as I try to remember where I put the seed packets. I know John and I selected and bought them; but where on earth did I put them?



As soon as the seeds are located, I tear open each envelope and mix them so my sunflower patch will be an interesting assortment of color and variety. John and I carefully selected seeds to provide for a wide range of sunflower colors—from yellow to bronze to rusty red—as well as varieties that will grow to have mammoth blossoms over a foot wide. I then give all of the seeds to John in a single envelope so he can evenly plant them in a straight row. Soon the seeds are planted and covered with a layer of soil—and then it's time to patiently wait and watch day by day as the sunflowers grow tall quickly—up to our knees, waists, shoulders, and finally our heads.

Once the stalks begin to bloom, I ponder the wisdom of the sunflower. Just watch them. The sunflower is wise—so smart it somehow knows it should follow the light. Every morning they quickly turn their heads to watch the sunrise. At noon they're looking straight up toward the sky. All day the sunflowers follow the light and get to watch every sunset.

This year, however, even though we planted sunflower seeds, the sunflowers didn't grow. John and I watched as sprouts poked through the soil—only to be devoured prematurely by silly crows. If they were smart and patient, in the fall, there would be plenty of sunflower seeds to eat and enjoy all winter long!

All too often I'm like those eager crows—very quick to devour and destroy, even though my desire is to be more like the sunflower—always, first, and foremost seeking the true source of light.

Jesus told us, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." (John 8:12)

©2024 Jan Keller No reprint without permission Jan shares other pieces of her life in her books, *Pieces From My Crazy Quilt*, and *The Tie That Binds*. These books can be ordered by calling 719-866-8570, or writing: Black Sheep Books, 11250 Glen Canyon Drive, Peyton, CO 80831





Happy Fall Y'all!

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