

This agreement is to be completed after our initial 30 minute “get to know each other” session.

I am excited you decided to take the next step and that I will be working with you as your Enneagram coach. During our time together, you will learn a great deal about yourself. Together we will discover and explore who you are so that you can have a fuller relationship with yourself and others.

Coaching services are not in any way to be construed as, or a replacement for, psychotherapy, legal counsel, or medical advice. You are responsible for creating your own decisions and results. You agree not to hold me, or any company I am affiliated with, liable for any outcomes resulting directly or indirectly from the coaching process.

**As your coach, you can expect me to:**

1. Be a partner in bringing out the best, the deepest, and the truest you
2. Provide safety, encouragement and support; an environment in which you can relax and explore
3. Respect the confidentiality of the agreements we make
4. Expand your view of what is possible and promote discovery of new insights
5. Give you input, straight feedback and operate as a sounding board
6. Listen carefully to what you say and ask questions that increase awareness
7. Be an on-going resource for you in accomplishing your intentions

**I expect that you, as my client, will:**

1. Commit yourself to intentions that are truly meaningful and significant to you
2. Be open to my feedback, and keep me honestly informed as to what is and is not working for you
3. Take ownership for your progress and your accomplishments
4. Take financial responsibility for your coaching time. If you are unable to give two days of notice for a missed appointment, you may receive your coaching via email exchange.

**YOUR ENNEAGRAM COACH EXPERIENCE**

* First session is a free 30 minute get to know each other. This session should be complete prior to signing this agrees. We want to make sure our coaching relationship feels like a good fit from the beginning.
* Once this agreement is signed, the sessions will be 60 minutes each. We will schedule a time, via email, that works for both of us. These sessions will be evening or weekend sessions.
* The cost per session is $75.00 This session fee is to be received, via Venmo, prior to the start of each session.
* Through our sessions, you will learn the framework of the Enneagram, how it helps to identify who you are and how you show up in the world, and where to go next for personal growth. The sessions are on an “as we go” design so you can continue or discontinue with them as you like.
* Recaps and Journaling via Email: I will send you a recap of our time together so you can refer back to it to gain further insights and understanding. I encourage you to journal what you are learning and how you are growing and email these to me. I will not respond to them (unless requested), but will have a better understanding of the growth track you are on. This will allow for richer and deeper session times.

**CONFIDENTIALITY**

The Coach represents, warrants and agrees as follows:

All information provided by the Client to the Coach during the course of the coaching relationship will be deemed "Confidential Information" and kept strictly confidential unless otherwise agreed in writing. The Coach will not disclose any communications, either verbal or written, that have taken place either between the Coach and the Client or with regard to this Agreement without the prior written consent of the Client.

This confidentiality restriction also applies to testimonials, which the Coach may use for promotional reasons only with the consent of the Client. The Client may request anonymity in connection with any testimonials to be used.

Notwithstanding the foregoing, "Confidential Information" does not include information that is:

1. previously known to the Coach prior to discussions regarding this Agreement, free from any obligation to keep it confidential, or
2. publicly disclosed by the Client either prior to or subsequent to the receipt by the Coach of such information, or
3. independently developed by the Coach without any access to Confidential Information, or
4. rightfully obtained by the Coach from a third party lawfully in possession of Confidential Information who is not bound by confidentiality obligations to the Client.

The Coach may disclose Confidential Information if required to do so under applicable law, rule or order; provided that the Coach, where reasonably practicable and to the extent legally permissible, provides the Client with prior written notice of the required disclosure. At the Client’s request, the Coach will return or destroy, all copies of the Confidential Information in the Coach’s possession or control upon termination of this Agreement.

**HERE WE GO!**

This program is about taking an Enneagram perspective and freeing you from the constraints of your personality’s perspective. I am excited to see you understand yourself and others better and then interact with the world around you in a more authentic and intentional manner. Your benefits from our coaching will be maximized if you participate fully. Showing up for the sessions and following through on the commitments we’ve made together will bring lifelong transformation!

Next steps:

* 1. Sign this document and send it back to me via email. If you don’t have access to a scanner, simply print this off and send me a picture of the document to my email: enneagramwithmichelle@gmail.com
  2. Once I receive your agreement, we can schedule our first session.

I am so excited to work with you!

***Michelle Fobian – Enneagram with Michelle, LLC***

Your Signature for Agreement\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_