

WHAT TO EXPECT

Homeopathy FAQ's



www.ourigins.com
reiki.mollynieidhin@gmail.com
0873372898

Table of Contents

<u>Who discovered Homeopathy?</u>	2 & 3
<u>What is Homeopathy?</u>	4
<u>How does Homeopathy work?</u>	5 & 6
<u>What can Homeopathy treat?</u>	7
<u>What can I expect from a homeopathic consultation?</u>	8 & 9
<u>Resources</u>	10



Who discovered Homeopathy?

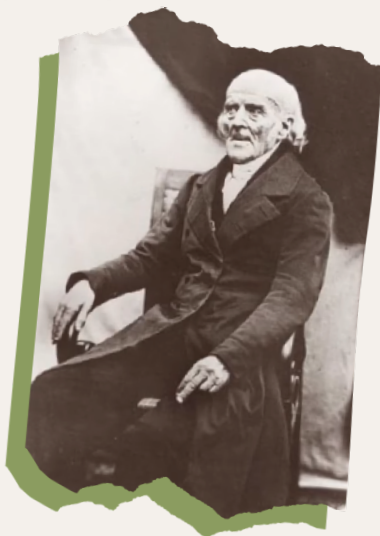
Dr Samuel L. Hahnemann discovered homeopathy in his desire to find a 'gentle, rapid & permanent cure' rather than just palliative treatments for his patients that were causing various other, undesired side effects.

When he was translating medical texts he discovered 'china bark' had been used to treat malaria which was also known to cause those symptoms in healthy people, so he studied the toxic substance by diluting it down to study its effect. After enough dilutions, and he was still finding a very strong effect, he tested these liquids to see how much of the original substances were left. With scientific testing, he found that there was no trace left above a 12c dilution.

Hahnemann then went on to devote his life to studying and recording his methods. Using himself and his willing patients as subjects.

He called this study 'Homeo' (similar) 'pathic' (disease). Not only did he record these substances actions but the progression of untreated or allopathically (opposing-disease) suppressed illnesses through not only lifetimes of individuals, but across family lines. His theories on genetic disease expression in which homeopathy terms 'miasms' is now being proven by epigenetics, which also disprove the theory that homeopathy is a placebo.

Dr. Christian Friedrich Samuel Hahneman
10th Apr 1755 – 2nd July 1843



What is Homeopathy?

Homeopathy works using substances that cause symptoms in a healthy person to match those same symptoms in a sick person. This **kick-starts the bodies natural rhythm back to a harmonic state.**

Homeopathy is a **holistic** approach to health. It approaches the patient as an **individual** treating their physical symptoms as their **unique expression of dis-ease.**

Until epigenetic testing, it has been impossible to put remedies through the same trials developed to test drugs as Homeopathy treats every patient and instance of illness as unique. therefore testing with controls does not give accurate results.

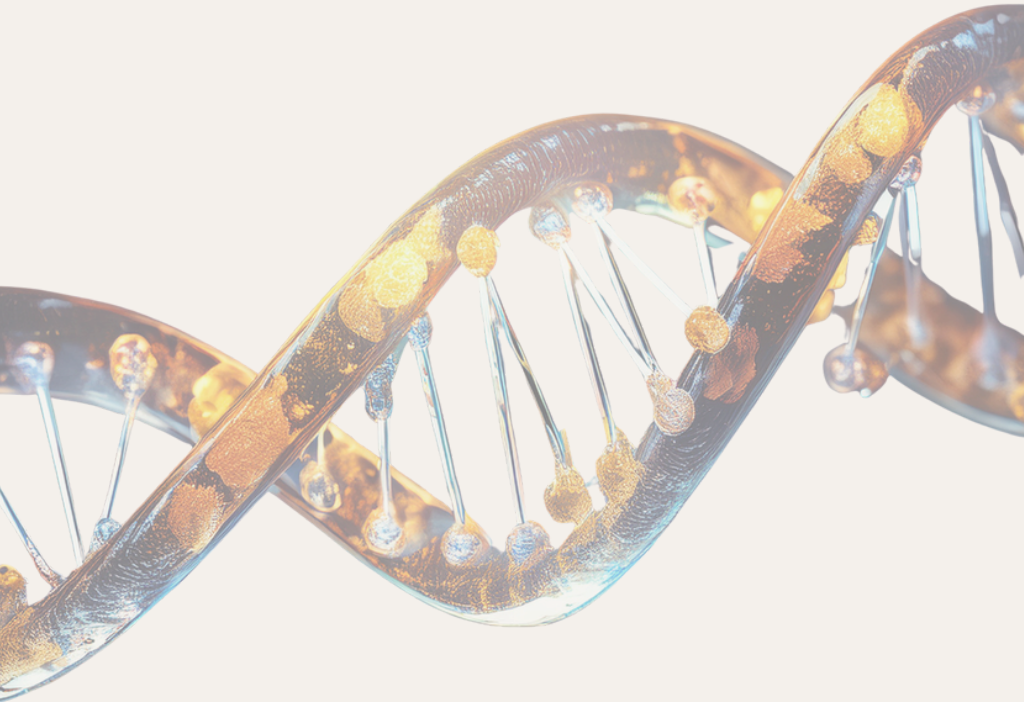
How does Homeopathy work?

It **treats on a vibrational level** taking into account mostly, and entirely the **mental emotional state** of the patient as this is where a lot of physical ailments can manifest from. This is **matched to the state of the remedy**. We know these states due to homeopaths volunteering over the years to test the effects through 'proving' remedies.

Here is a quote from a compilation of epigenetic studies into homeopathy;-
"Conclusion was that (The remedy given) appeared to trigger key epigenetic events of gene modulation in effectively combating cancer cells, which the placebo was unable to do."

There is now much evidence in epigenetic testing to support Homeopathy which we did not have access to before. This link below will bring you to a compilation of epigenetic studies as they really do unequivocally show the results of choosing the correct remedies.

https://www.researchgate.net/publication/358376349_Epigenetics_and_homoeopathy_A_brief_overview_of_the_scientific_studies_and_reflection_of_the_concept_in_homoeopathic_literature

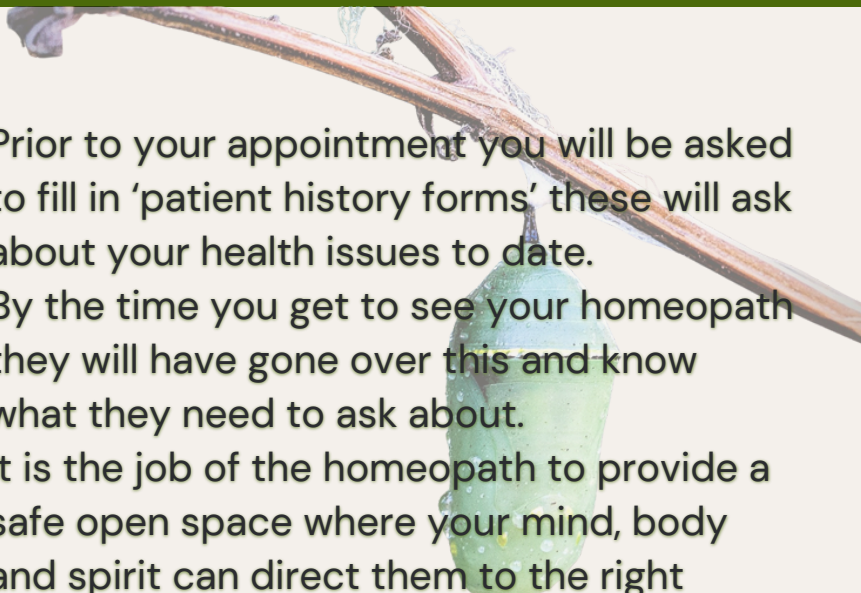


What can Homeopathy Treat?

Homeopathy is a very different highly detailed holistic approach for addressing anything from a small burn or cut to broken bones from a cold or flu to chronic immune issues or cancer.

There are countless cases of people using homeopathy successfully to fully relieve their symptoms. More importantly homeopathy treats the persons state of being susceptible to dis-ease in their life. When fully successful it should allow you to confidently live your life able to manage any external or internal influence that challenges you without faltering.

What can I expect from a homeopathic Consultation?

- 
- Prior to your appointment you will be asked to fill in 'patient history forms' these will ask about your health issues to date.
 - By the time you get to see your homeopath they will have gone over this and know what they need to ask about.
 - It is the job of the homeopath to provide a safe open space where your mind, body and spirit can direct them to the right remedy.
 - Often there can be at least an emotional shift after the appointment before any remedy is physically introduced.
 - You should expect to feel heard, and be able to process your health in new ways, with your homeopath to guide you.

- You can expect over time to shed current fears you may have around your health and feel motivated to empower and educate yourself further.
- Though an hour of talking this deeply can unearth old wounds, unlike talk therapies, the providence of a remedy will hold you in a secure state while you heal.
- Your homeopath will advise you, on the any expectations. The bodies frequency has a natural gentle course while harmonizing.



Resources

These are some really great resources for people who wish to educate themselves further. Knowledge is power. Power should remain with the ebb and flow of the collective.

www.researchgate.net

This is a very good website giving access to lots of scientific case studies and research for free.

www.jayne-donegan.co.uk Jayne is a UK Doctor who now practices Homeopathy. She has a wealth of knowledge on vaccines.

www.hri-research.org This is the homeopathic research institute that keeps track of all the research being done into homeopathy

www.irishhomeopathy.ie This is the website for the Irish society of homeopaths. Here you can find a list of all registered homeopaths in the country.

VISIT WWW.OURIGINS.COM FOR MORE
DETAILS OR TO BOOK AN APPOINTEMENT
TODAY.



“These pains you feel are
messengers, listen to them”
- Rumi

www.ourigins.com
reiki.mollynieidhin@gmail.com
0873372898