

Manx Weight Lifting Association

Anti-Doping Policy

2023

All athletes have the right to compete in sport knowing that they, and their competitors, are clean. We believe in clean sport and work in partnership with UK Anti Doping (UKAD), the International Weightlifting Federation (IWF), the International Paralympic Committee (IPC) and the World Anti-Doping Agency (WADA) to ensure the integrity of our sport is protected.

British Weight Lifting has in place a set of anti-doping rules that all athletes and athlete support personnel must abide by. As a member of British Weightlifting, the Manx Weight Lifting Association are consistent with the [World Anti-Doping Code](#) (the Code), the core document that harmonises anti-doping policies, rules and regulations within sport globally.

Doping is the administration of a prohibited substance and/or method to enhance performance or recovery. To allow the use of prohibited substances or methods would be to allow science to decide who wins or loses.

We enforce a strict zero-tolerance approach to doping and conduct a full anti-doping programme that covers the vital areas of education, testing (both in and out of competition) and results management.

UK Anti-Doping

The anti-doping rules of British Weight Lifting and therefore Manx Weight Lifting are the rules published by UK Anti-Doping (or its successor), as amended from time to time.

If you are a member of British Weight Lifting then the anti-doping rules apply to you, regardless of what level you participate at.

You can find the UK Anti-Doping rules at <https://www.ukad.org.uk/anti-doping-rules>

Further and all information purporting to Anti-doping in Manx Weight Lifting can be found at <https://britishweightlifting.org/performance/clean-sport>