

MARIA STOLZ

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OBJECTIVE

Seeking a full time position as a mental health therapist doing clinical therapy while pursuing licensure.

EDUCATION

Master of Arts in Marriage Family Therapy
Argosy University for Twin Cities, Eagan, MN

August 2013

Bachelor of Arts in English Comparative Literature
California State University at San Jose

RELEVANT EXPERIENCE

Mental Health Practitioner

December 2012 - Present

Avenues for Homeless Youth

A 20-bed homeless shelter for 17 – 21 year old young adults doing strictly trauma clinical therapy working with 10 clients.

- Clinical therapy (CBT, IFS, DBT & etc.)
- Group Therapy
- DSM-IV differential diagnosis, coding and assessments.
- DAP case notes, treatment plans.
- Knowledge of family systems theory, crisis/harm reduction.
- Psychotherapeutic terminology/services and other clinical records, reports and case management documentation as required.

Mental Health Practitioner

May '12 – June '13

FamilyWise

Family services concurrently with Avenues, formerly known as Genesis providing among other things supervised visits with parents and their children who have been removed by Child Protective Services and in-home therapeutic services for families.

- Knowledge of parent/child assessments (AAPI-2) for families.
- DAP case notes, and treatment plans.
- Knowledge of family systems theory.
- Outcome oriented services, reports and other case management documentation as required.

ADDITIONAL SKILL SETS

Working knowledge of mental healthcare laws and regulations (confidentiality, release authorizations); legal aspects of behavioral care.

Skills in the area of mental health measurement/assessment, treatment planning and evaluation.

Coordination functions and communication within interdisciplinary teams relative to client wellness.

RELATED ACHIEVEMENTS

- Author of, "The Ultimate Betrayal: A Psychotherapy Journal of a Tortuous Childhood and Survival," copyright 2013.
- Columnist for the Wright County Herald Journal under the by-line "Musings of a Transplant."
- Past president of the Community Leadership Team (CLT) to implement the State Health Improvement Program (SHIP) in Wright County.
- Chair of the social interaction/education/seniors committee of the Buffalo Communities for a Lifetime (BPAL) initiative.
- Currently founder and director of the Wright County Senior Providers Network.
- Human Services Commissioner in California.
- Through COPA (an IAF organization) participated in grass roots campaign to change county's general plan to include a 40% land element for low-income housing on developable property, of which only 3% remain.

COMMUNITY ACHIEVEMENTS

Member of the Advisory Council Area Agency on Aging for Santa Cruz, San Benito, Monterey counties.

Past president, vice president, chairperson and commissioner of boards and commissions in the arts, health, education and human services over a 35-year period.

Chairperson of the Finance Committee for Community Bridges, the largest (\$17 million) human services delivery organization in Santa Cruz County (Meals on Wheels, WIC program, child care centers, family resource centers, Eldercare, LiftLine paratransit for seniors, etc.).

Member of Communities Organized for Power and Action (COPA) –religious communities organized for political power and action.

Board of Directors: Community Action Board, Santa Cruz Legal Clinic, Community Advocates Legal Aid Society, Santa Cruz Youth Symphony, Santa Cruz School of Ballet, West Coast Dance Company, Inc., Soquel Music Foundation, Santa Cruz Montessori School, Pajaro Valley Arts Council, Community Bridges, Go For Health Coalition of Santa Cruz County, Area Agency for Aging Advisory Council (Santa Cruz, Monterey, San Benito).

Committee Work: Governance, Finance, Fund Development, Marketing, & Human Resources alternately with Santa Cruz County Symphony, Cabrillo Music Festival, Performing Arts Division & Human Resources AA/EEO at Cabrillo College, CABRILLO STAGE, Cultural Council of Santa Cruz County, ESO San Jose, Temple Beth El, Dominican Hospital Planning & Building, Santa Cruz County Commission on the Status of Women, Chaplain Services.