



NASP

STEPS TO ARCHERY SUCCESS



1

STANCE

2

**NOCK
ARROW**

3

**DRAW-HAND
PLACEMENT**

4

**BOW-HAND
PLACEMENT**

5

PRE-DRAW

6

DRAW

7

ANCHOR

8

AIMING

9

**SHOT
SET-UP**

10

RELEASE

11

**FOLLOW-
THROUGH
& REFLECT**

