

CEREBRAL PALSY (CP)

What It Is:

CP is a group of disorders that affect a person's ability to move and maintain balance and posture. It results from abnormal brain development or damage to the brain during pregnancy or shortly after birth.

Impact:

Children with CP may have difficulties with muscle coordination, fine motor skills, and balance. They might also experience speech and learning challenges, depending on the severity.

Support Strategies:

- Use adaptive equipment like wheelchairs, walkers, or standing frames to assist with mobility.
- Encourage physical therapy and exercises tailored to the child's abilities to improve strength and coordination.
- Ensure the child has extra time for tasks that require fine motor skills, such as writing or dressing.
- Provide assistive technology, such as communication devices or speech-generating tools, for nonverbal children



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