

AUTISM SPECTRUM DISORDER

What It Is:

A neurodevelopmental condition characterized by difficulties in social communication and interaction, alongside restricted and repetitive behaviors. ASD varies widely in its impact, from mild to severe.

Impact:

Children with ASD may struggle with understanding social cues, maintaining eye contact, processing sensory information, and dealing with changes in routine. They might engage in repetitive behaviors or have intense focus on specific interests.

Support Strategies:

- *Use visual schedules and clear, predictable routines to help the child understand what is coming next.*
- *Break tasks into small, manageable steps with clear instructions.*
- *Allow for sensory accommodations such as noise-canceling headphones or quiet spaces.*
- *Encourage social interaction through structured activities, using peer modeling and social stories to teach appropriate behaviors.*



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