## SPINAL CORD INJURIES

## What It Is:

Damage to the spinal cord that results in partial or complete loss of function (movement, sensation) below the site of the injury. Injuries can be caused by trauma, disease, or medical conditions.

## Impact:

Depending on the location and severity of the injury, spinal cord injuries can lead to paralysis, loss of bladder or bowel control, and other functional impairments. Individuals may require assistive devices or long-term care.

## **Support Strategies:**

- Provide accessible spaces in the home, including ramps and wider doorways for wheelchairs.
- Use adaptive technology such as powered wheelchairs or voice-activated devices to promote independence.
- Implement routine and structured daily activities that allow the child to complete tasks at their own pace.
- Offer emotional support and counseling, as spinal cord injuries often come with challenges related to body image, independence, and social relationships



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