

Coaching Agreement with Jessica Infante-King

HEALTH SELF-IMPROVEMENT BUSINESS WORK/LIFE BALANCE
RELATIONSHIPS GROWTH SENSE OF PURPOSE SUCCESS

My role as your coach is to listen to you at a deep level to support you and partner with you to successfully navigate your growth and transitions. Together we will explore your options, new possibilities, strengths & challenges, and look within at a mind-body-spirit level for answers. As the client, you are proactive and ready to change. Your role is to be open to exploring the topics that you choose, considering possible goals, and taking healthy and positive action. You are your own best expert and together we can explore your unique situation, strengths, challenges, and options from a holistic perspective to put your best self forward. Let's discover your true potential!

Why choose Coaching? Here are a few of the potential benefits:

- Create Awareness
- Eliminate False Starts
- Find your Motivation
- Create Small Steps
- Develop your Plan
- Identify Strengths & Challenges
- Accountability
- Support and Encouragement
- Achieve Your Goals
- Live your Dreams

You can take pride in the fact that you have hired a coach to help you make positive changes. In choosing a holistic life coach, you are making a commitment to improve your life across many levels so that your success comes from an integrated wholeness. We have experiments and learning ahead of us. We can use our curiosity to explore the unknown and dig deeper into Life. Please note that I am also An Alumni of the Wisdom of The Whole Coaching Academy, Health and Wellness Nurse Coach Board Certified and I use many different modalities that will support and enrich our coaching sessions together. Let's enjoy our relationship and have fun!

The Specifics of Our Coaching Agreement

Number of Sessions per month:

Duration of Session: 45 minutes

Fee for Coaching Services:

Permission to bill your credit card monthly: YES NO (choose this option for packages)

Permission to bill your credit card on a per session basis: YES NO

Referred by: _____

I have read and agree to the above: _____ Client Signature

_____ Coach Signature

**Please call me on my Coaching Line (786) 683- 9404
at the time of your appointment**

24 Hour Cancellation Policy: 24 hours advance notice is required for all cancellations and changes to sessions. Clients who no-show or do not give 24-hour notice will be charged for that session. Clients arriving or calling late will receive their remaining scheduled time only. If client is more than 10 minutes late, that will be considered a no-show and will be charged in full for that session. These guidelines are in place to honor the valuable time of both coach and client.

Confidentiality: ALL SESSIONS ARE CONFIDENTIAL. The only exception to this is to alert appropriate authorities if a client is a danger to themselves or others. Certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purposes.

A note about Coaching and Therapy: Coaching does not provide diagnosis or treatment of any kind. Coaching is not a substitute for any medical care of any kind. If you are currently in therapy or otherwise under the care of a mental health professional, please consult with your mental health care provider before entering into any coaching agreement.

Thank you for choosing me as your coach. I truly look forward to our partnership!
Jessica Infante-King

As you learn and grow and reach your goals, please tell others so that they may consider coaching too.

Credit Card Info:

VISA/MC: _____

EXP: _____

ZIP CODE OF BILLING ADDRESS: _____

Please send my receipt to the following email address: _____

I authorize Jessica Infante-King, Inc. to charge my card for coaching services:

Client/Cardholder Signature

Date: _____

Your Contact Info:

Name: _____

Phone # you will likely be calling from: _____

Best # to reach you (if different from above): _____

www.JessicaKingCoaching.com
(786) 683-9404