

POETICS OF AGING CONFERENCE SCHEDULE

DATE	ROOM	CEU-ELIGIBLE	START TIME	END TIME	EVENT TYPE	TITLE	SUMMARY	PRESENTER/S
			Wed, Nov 16, 2011					
Wed, Nov 16, 2011	Fireside		8:00 AM	9:00 AM	Gentle Exercise	Yin Yoga	Yin Yoga is a profound practice that emphasizes long-held but passive poses which enhance flexibility in the joints and instill lightness and grace in the body, especially important for aging bodies.	Erin Fleming
	Front Lobby/Halls		8:00 AM	5:00 PM	Registration Coffee Exhibits	Registration Poetics of Design	"Poetry is what elevates the banal and neglected object to a realm of art. It can transform the thing that might have made people fearful into something that invites them to look, and to look a little longer and maybe even understand." - Aimee Mullins and her 12 pairs of legs, TED Talks, 2009.	Arianne Gelardin
	MLK		8:00 AM	9:00 AM	Poster Sessions	Poster Session	Presentation of research, art, and other information by educators, artists, and healthcare professional. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Poster will be available for viewing through the conference during lunch and breaks.	Ann Marie Davis Nancy Thompson
	MLK		8:00 AM	9:00 AM	Creativity Lab	Lyrical Storyboards	Lyrics are a form of poetry that expresses subjective thoughts and feelings and is often in a songlike style or form. Storyboards are graphic organizers in the form of illustrations or images displayed in sequence for the purpose of pre-visualizing a motion picture, animation, motion graphic or interactive media sequence. Learn how to design storyboards out of the songwriter's lyrics.	Denise Bondy Faith Winthrop
	Sanctuary		9:00 AM	9:15 AM	Arts Performance	Jazz Singing	Is it the age of anxiety and/or the anxiety of age? Murray Grand's grand "Too Old to Die Young" is a rollicking reminder of what some of our baleful beliefs might be. In my own "New Age/Old Age Blues", I offer other choices.	Faith Winthrop
	Sanctuary		9:15 AM	9:25 AM	Opening	Dedication Appreciation	We stand on the shoulders of those who have gone before us. We appreciate, as well, those, who stand before us.	Nader Shabahangi Sally Gelardin
	Sanctuary	RN, LCSW, MFT, NCC, GCDF	9:25 AM	10:00 AM	Arts Performance	Classic Theater: "The Mortal Frame" - Why does the politics of aging so frequently avoid confronting the life-shaping reality of death?	Classical theater vignettes include quotations from Shakespeare's *Julius Caesar* and *Hamlet*, speech by the character Iphis from Euripides' *Suppliant Women*, a short scene between Falstaff and Justice Shallow from Shakespeare's *Henry IV, part 2*, a scene between Cordelia and Lear from Shakespeare's *King Lear*, a chorus from Sophocles' *Oedipus at Colonus*, followed by a speech by Oedipus from the same play, and a performance of Shakespeare's Sonnet 73, concluding with reflections on forgiveness and understanding in the face of age and decline.	Rush Rehm
	Sanctuary	RN, LCSW, MFT, NHAP, NCC, GCDF	10:00 AM	11:00 AM	Keynote	Try It—You Might Like It.	Throughout our whole lives we should be experimenting with ways to increase our happiness and satisfaction. Human behavior is the product of countless numbers of learning experiences made available by both planned and unplanned situations in which individuals find themselves. On today's journey to the future, the only choice we have as we enter the second half of our lives is the road never traveled.	John Krumboltz

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	Front Lobby/Halls		11:00 AM	11:15 AM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Sanctuary	NCC, GCDF, NHAP, LCSW, MFT, RN	11:15 AM	12:15 PM	Panel Discussion	Politics of Aging	Panelists who have worked for many years on the redefinition of aging challenge participants to explore alternative viewpoints. They will explore who and/or what frames the debate on aging, is the politics of aging reduced to money and productivity, is aging about wisdom, experience and guiding our present and future generations, and does life stop at the so-called prime of life or are the best years to come?	Janet Blanchard Helen Harkness Nader Shabahangi Jesse Lorenz Sally Gelardin, Moderator
	Sanctuary		12:15 PM	12:30 PM	Arts Performance	The Courtesan and the Crone	A Courtesan is a fancy, educated call girl, similar to a Geisha. A crone is an older woman. Legendary Anna Halprin, at the age of 91, dances The Courtesan and the Crone.	Anna Halprin
	Star King/Front Lobby/Halls		12:30 PM	1:30 PM	LUNCH	Book Signing	Authors/Artists/Poets of the Day	
	Star King		1:30 PM	2:30 PM	Arts Performance	The Antic Witties	Join this group of improvisers of a certain age, who have 'wowed' the SF Theater Festival three years in a row, as they create scenes on the spot and even improvise musical numbers based on suggestions from the audience. The theater games often involve audience participation	Barbara Scott Daniel Savio
	MLK		2:30 PM	4:00 PM	Creativity Lab	2:30-3:00 PM: An Artist Lost & Found: Older adults tell their stories with eloquence and grace.	Inspired by a 6-minute film, My Father's Hopes, and a preview of Breath Made Visible, we create a legacy for generations to come. The film My Father's Hopes talks about the fact that the son, the filmmaker, saw his father, an artist, become a businessman, afraid to express his artistic impulses. After he retired and his wife died, he became a different person, more bohemian, and started painting like crazy. The son shows the father's work and how it influenced him to 'shine his light.'	Sheila Mankind
	MLK			3:00-3:30 PM: Leaf Printing on Book Marks		Participants make book marks out of recycled and found objects to promote literacy and reading and volunteerism, which is the mission of Experience Corps. Leaf printing is a transfer process from the leaf to another surface, in this case, a bookmark, in a decorative design, utilizing various colorful medium.	Brooke Agee Mara Gericke Denise Bondy	
	MLK			3:30-4:00 PM: Who am I? Who are you?		The face is the GPS to our inner blue print. The structure of the face indicates the innate talents and abilities we are born with. Face Pattern Recognition helps people reconnect with who they are. It helps people to get back on track with their life. Learn to identify some of the key traits that indicate those innate talents.	Naomi Tickle	
	Sanctuary		2:30 PM	3:55 PM	SpeakEasy	Listen, Speak, Tell 2:30-2:55 PM 3:00-3:25 PM 3:30-3:55 PM	Each weekday, the SpeakEasy features scheduled poets and storytellers followed by an open mike format, where conference participants have an opportunity to share their voices. Come listen, come speak, come tell. Poems Poems from her forthcoming book: Ardor: Poems of Life Prose Poem	Katherine Hastings Janine Canan Barbara Booker

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	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	2:30 PM	3:45 PM	Workshops	Benjamin Button, Our Future, and Aging Backwards	Benjamin Button did it. Why can't you? Have you ever imagined yourself aging backwards? Whether you have or not, this workshop will lead you on that journey, opening each individual to a range of ideas and insights about yourself and others that may surprise you. This fresh perspective has the potential to create a profound personal and social effect for all of us, and most importantly for you. Join us as we map our futures, experience unexpected self-discoveries, and age backwards.	John Balles
	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Social Security, Medicare, and Social Solidarity	Grounded in ideas of equal access for equitable outcomes, social insurance programs (Medicare, Social Security) attest to the potential for a more just society. However, attacks against social insurance programs continue worldwide. These attacks often thrive on public confusion about social insurance programs and threaten to weaken the social solidarity and interdependence they represent. Learn more about the ideological forces behind the attacks against social insurance programs and how these attacks could impact the social solidarity and interdependence necessary for a just society.	Brooke Hollister
	Fireside	RN, LCSW, MFT, NHA, NCC, GCDF				Why Survive? An Intergenerational Discussion on the Role of the Creative Arts in the Survival Process	Why get up in the morning? Why keep going when the going gets tough? Why look forward to the new day? Do the answers to these questions change as one gets older? What role do the creative arts play in dealing with the aging process? Moderator Stuart Kandell brings together a panel of experts: a teenager, a 40 year old, 60 year old and 90 year old (to be determined if this workshop is accepted) --- who will share their thoughts, reflections, feelings and creative talents.	Stuart Kandell, Ph.D. moderator, Terry Taplin, 23, Slam Poet Champion Dena Shapiro, 47, Outsider Artist Terry Stokes, 74, actor Isabel Ferguson, 95, Playwright/Poet, Terry Taplin, 23, Slam Poet Champion
	Front Lobby/Halls		3:45 PM	4:00 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	4:00 PM	5:00 PM	Featured Speaker	Marion Rosen at 97: Finding a New Life Later in Life	Ninety-seven year old Marion Rosen, somatics pioneer, and colleagues, ask the audience: How do we revision our usefulness through the seasons of our lives? How do we become author of our life in the context of community? Benefits of touch for self-care and caring for others are addressed as participants learn simple hands-on techniques for relaxation. When tension is contacted with gentle touch, release leads to new freedom in our bodies and spirits.	Marion Rosen Sara Webb Mara Keller
	Front Lobby/Halls		4:00 PM	5:00 PM	Exhibit	Poetics of Design Opening Reception	A select group of designers demonstrate progressive forms of architecture, public and private space, visual graphics, performance, and objects that respond to the aging process. These designers recognize the shifts that occur as we age - shifts in sensory perceptions, in memory, and in mobility. Designs that respond to these changes with acute sensitivity create a life filled with poetic experiences both for those with immediate needs and also for those who are attentive to such experiences.	Andy Chen Business Innovation Factory Kava Massih Architects Marion Rosen Paulett Taggart Smith Group

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	Chapel		5:00 AM	6:00 PM	Arts Performance	Playback Theater	Personal stories shared by audience members are instantly transformed by the ensemble into improvised theater pieces using movement, ritual, dramatic spoken word and music. The work of Playback Theater helps performers with their listening and memory skills.	Martin Holtz
			Thu, Nov 17, 2011					
Thu, Nov 17, 2011	Fireside		8:00 AM	9:00 AM	Gentle Exercise	Baptiste Yoga	Baptiste Yoga is especially important as we age and to keep our body and mind fit. Learn a gentle, breath-based yoga technique.	Sherri Baptiste
	Front Lobby/Hallway		8:00 AM	5:00 PM	Registration, Coffee, & Exhibits	Registration	Check out the Poetics of Design Exhibit while you register.	
	MLK		8:00 AM	9:00 AM	Creativity Lab	The Hero's Journey: A Visual Memoir	Every life has a story and every story has a hero. In your life, the hero is you. In this session, the speaker invites you to meet your heroic self, face-to-face.	Oralee Wachter
	MLK		8:00 AM	9:00 AM	Poster Sessions	Poster Session	Presentation of research, art, and other information by educators, artists, and healthcare professional. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Poster will be available for viewing through the conference throughout the day during breaks and lunch.	Ann Marie Davis Nancy Thompson
	Sanctuary		9:00 AM	9:15 AM	Arts Performance	Jazz Singing	From looking within as well as without, both wisdom and grace can accompany us through these potentially inspiring transitions. Gordon Jenkins "This is All I Ask" and Kurt Weill's "September Song" address the art of caring.	Faith Winthrop
	Sanctuary		9:15 AM	9:25 AM	Opening	Dedication & Appreciation	We stand on the shoulders of those who have gone before us. We appreciate, as well, those, who stand before us.	Nader Shabahangi Sally Gelardin
	Sanctuary	RN, LCSW, MFT, NCC, GCDF	9:25 AM	9:45 AM	Arts Performance	Classic Theater: A Selection from Beckett's *Happy Days*	"The Sands of Time"-- what are we to make of the wear and tear of time? Included will be quotations from Samuel Beckett's "Waiting for Godot" and a performance of a selection from Beckett's *Happy Days.* Classic theater followed by reflections.	Courtney Walsh Rush Rehm
	Sanctuary	RN, LCSW, MFT, NCC, GCDF	10:00 AM	11:00 AM	Keynote	Evolving Abilities	The traditional view of aging thinks of it in terms of work: measured by whether work is present or absent. Dick Bolles says, "I prefer instead to think of Aging in terms of music: life has four Ages, Stages, or movements, just as a symphony does. So, of course, Aging as music, Aging as poetics, is long overdue for discussion." Followed by a book signing.	Dick Bolles
	Front Lobby/Halls		11:00 AM	11:15 AM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	11:15 AM	12:30 PM	Keynote	Poetic Movement	The decline of the body in aging often brings depression and grief over loss of function, expression, and sense of self. Learn basic principles of leading a structured movement group for the elderly that uses rhythm, imagination, simple movements and props to aid dialogue, interaction, support, expression of feelings, and dealing with existential issues of mortality, control, aloneness and meaning. Followed by a Book Signing.	Ilene Serlin
	Star King		12:30 PM	1:30 PM	LUNCH		Authors/Artists/Poets of the Day	

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	MLK		12:30 PM	1:30 PM	Creativity Lab	The Hero's Journey: A Visual Memoir	Every life has a story and every story has a hero. In your life, the hero is you. In this session, the speaker invites you to meet your heroic self, face-to-face.	Oralee Wachter
	Star King		1:30 PM	2:30 PM	Arts Performance	Song of the Magpie	A 69-year-old woman who goes out to experience the world as a homeless person. Growing out of the work of the Faithful Fools, a San Francisco-based organization that enables non-homeless people to go out into the streets of the Tenderloin and live there for a day, or in this case a week, the play portrays the dangers, hardships and unexpected humanity that is found there.	Martha Boesing
	Star King		2:30 PM	3:45 PM	Roundtables	Fifty-Plus, Minus Kids: The Unique Challenges of "Solo Agers"	"Fifty-Plus, Minus Kids" will present the special challenges and considerations for solo agers who need to prepare for their later-life years without the assistance of adult children. A longer life can mean more end-of-life care, so what happens when there are no adult children to manage that care and provide the physical and emotional support so necessary during that time period?	Sara Zeff Geber
	Star King					Sensing the Sacred: Caring for the Soul and Spirit of those with Alzheimer's Disease	"Sensing the Sacred" introduces a small-group worship experience for those with Alzheimer's disease and other dementias. It uses three dimensional figures to tell Biblical stories and creates a sacred time and space for participants to have an experience of encountering the divine, rather than being told about the divine. Participants in the workshop will experience two stories, learn the whys and hows of this program and be given resources to develop such a program in their settings.	Nancy Gordon
	Star King					Keeping the Laughter Alive: Journey from Wife to Caregiver to Widow and the Stops Along the Way.	Caregiving is a 24/7 challenge. Hear the presenter describe how her life changed as she moved from wife to care giver for her husband of 50 years when he was diagnosed with dementia and how she adapted to provide the best quality of life for him and for herself. The attendees will have opportunities for asking questions and sharing experiences.	Joanne Grimm
	Star King					When the Professional and Personal Cross: Being a Geriatric Care Professional and Caring for Aging Parents.	Geriatric Care Professionals (social workers, public health workers, care managers, psychologists, agency directors etc) face many stresses in working with an aging population including limited resources, increases in the number of clients needing support and complex psychosocial and medical issues. What happens when Geriatric Care Professionals also find themselves as the primary caregivers for their own aging parents? How do they balance caring for other people's parents while also caring for their own parents? How do agencies support both their clients and staff regarding aging issues?	Rob Tufel

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	Star King					Fighting Dementia with Active Imagination: From Powerlessness to the Midwifery of an Empowered Death.	Caring for an unresponsive loved one often leaves both the person suffering from dementia and her caregiver feel very isolated and powerless. Through Jule's story, role play, and active imagination anchored in the "here and now", participants will be presented an existential approach and will put together simple ways of connecting with the wholeness of the individual suffering from dementia, and allow for a peaceful and empowered end of life.	Dominique Lambert
	Fireside	RN, LCSW, MFT, NHA, NCC, GCDF	2:30 PM	3:45 PM	Workshops	(EHI) Inner Elder Training Introduction	All of us can make contact with our own inner elder and thus stay closer to the person we would like to become. Especially in today's world which so easily can get us distracted from our own inner sense of being, this skill of staying close to our own inner elder becomes more and more important for the individual self as well as for the larger planetary community.	Nader Shabahangi EHI Board
	Kincaid					Mining Your Life Experience: How to Discover, Refine, and Share the Treasure of Your Life Experience Through Personal Stories	"What have you done with your life?" It's a universal question, but most of us would come up with a fairly short list. But even the most "ordinary" life is actually filled with extraordinary, meaningful experiences that deserve to be recalled, savored, and shared, whether it's around the dinner table, at a reunion, or in a public performance or written memoir. Participants will practice three approaches to finding stories in their own life experience, and will take away a kit of tools to make those stories worth sharing with family, friends, and the world.	Jeff Byers
	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Clarity Through Simple Haiku	This Haiku poetry section is a way to level the playing field of communication and to achieve sweet camaraderie between the elder and the person closest at hand – caregiver, family member, health and activities practitioner. The haiku exercise can be an excellent tool for discharging bad ideas (frustrations, loss of function, fear) and events so that the actual business of life can continue unobstructed, with contentment and maybe even happiness all around!	Regina Brown
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF	2:30 PM	3:45 PM	Featured Speaker	The Fatigue Prescription: Four Steps to Renewing Your Energy, Health, and Life	Do you want to regain your purpose and joy... and also keep your energy bucket full, be excellent, enthusiastic and effective...and have guilt-free time for family, friends and yourself.? If so, listen to Dr. Clever share tips from her new book, The Fatigue Prescription, on ways to integrate intellect, soul, body, and relationships into a whole, healthy life. The book discusses health tips ranging from immunizations and herbs to getting a good night's sleep. It addresses values, meaning, and your need for personal peace.	Linda Hawes-Clever

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	MLK		2:30 PM	4:00 PM	Creativity Lab	2:30-3:00 PM: Alternatives for Varying Abilities	Denise Bondy
	MLK					3:00-3:30 PM: "Old People Driving Documentary" Old People Driving chronicles the adventures of 96-year-old Milton and 99-year-old Herbert as they confront the end of their driving years. The film follows Herbert as he takes his last drive, hands over his keys and comes to terms with the reality of life without a car. Milton, meanwhile, continues to drive every day and vows to do so until he feels he's no longer safe on the road. Through their stories, and a review of the latest traffic safety research, the film dispels some of the myths about elderly drivers without shying away from the fact that many will outlive their ability to drive safely.	Shaleece Haas
						3:30-4:00 PM: "Colors of Aging: Cultural Context and Diversity Issues in Aging" Films and discussion of a creative approach to working with diverse elders. As our country gets more diverse, it is increasingly important that as providers we strive to be culturally competent. Attitudes and views towards the aging process, as well as social norms related to care for elders vary greatly across cultural and ethnic groups. Current recommendations in the mental health field for evidence-based practices with ethnically diverse elders will be addressed.	My Linh Vo Arielle Shugoll Matthew R. Mock
	Sanctuary		2:30 PM	5:00 PM	Speakeasy	Listen, Speak, Tell 2:30-2:55 PM Poems	David Meltzer Julie Rogers
	Sanctuary					3:00-3:25 PM: Naomi Ruth Lowinsky will read poems about the body and soul of aging: poems about "old love," aches and pains, being a grandmother, having a grandmother, watching a mother lose her orientation, tasting the fruits of a long life's harvest.	Naomi Ruth Lowinsky
	Sanctuary					3:30-3:55 PM Poetry, Storytelling	Impromptu
	Front Lobby/Halls		3:45 PM	4:00 PM	BREAK	Book Signing	
	Star King		4:00 PM	5:00 PM	Arts Performance	Harold & Maude Portrayal of a scene from the play and famous movie about an unconventional intergenerational love story. Discussion will follow on breaking the stereotypes of desire and love.	Joy Carlin

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	Sanctuary		5:00 PM	6:00 PM	Speakeasy	Listen, Speak, Tell 5:00-5:30 PM 5:30-6:00 PM	Each weekday, the SpeakEasy features scheduled poets and storytellers followed by an open mike format, where conference participants have an opportunity to share their voices. Come listen, come speak, come tell. The poetess will read poems from "Sugar Zone" that deal with aging from many perspectives. She is also planning to read a short prose piece from her novel "The Horses At The Gate" in which a 90-year-old priestess from Africa initiates a young priestess into the mysteries of the Dark Goddess.	Mary Mackey Judy Grahn
	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF	5:00 PM	6:00 PM	Workshop	(EHI) Availability and Quality of End-of-Life Care for Persons with Complex Mental Health Conditions	The speaker will share the human experience of one person's poetic journey through a 40-year history of schizophrenia and a terminal illness. She will dispel the misperceptions that people with schizophrenia cannot form meaningful relationship and that they have an inability to interact with other.	Mary Madrigal
	Fireside		6:00 PM	7:00 PM	Social Gathering	EHI Reception	Existential Humanistic Institute (EHI) social gathering with cocktails and appetizers open to all conference attendees	Sonja Saltman Orah Krug
			Fri, Nov 18, 2011					
Fri, Nov 18, 2011	Fireside		8:00 AM	9:00 AM	Gentle Exercise	Yoga	Yoga can be instrumental in addressing the symptoms of grief because it focuses on mind, body, and spirit, the three areas where grief manifests—and often goes unacknowledged.	Antonio Sausys
	Front Lobby/Halls		8:00 AM	5:00 PM	Registration, Coffee, & Exhibits	Poetics of Design Exhibit	Check out the Poetics of Design Exhibit.	
	Front Lobby		8:00 AM	9:00 AM	Arts Performance	The Poetics of Getting Here	The arrival is also noteworthy. Greetings to All will be expressed through improvisational harp music played by Maureen Atkins playing mellow, improvisational harp music.	Maureen Atkins
	MLK		8:00 AM	9:00 AM	Poster Sessions	Poster Sessions	Presentation of research, art, and other information by educators, artists, and healthcare professionals. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Posters will be available for viewing through the conference during breaks and lunch.	Ann Marie Davis Nancy Thompson Oralee Wachter
	MLK		8:00 AM	9:00 AM	Creativity Lab	Lyrical Storyboards	Lyrics are a form of poetry that expresses subjective thoughts and feelings and is often in a songlike style or form. Storyboards are graphic organizers in the form of illustrations or images displayed in sequence for the purpose of pre-visualizing a motion picture, animation, motion graphic or interactive media sequence. Learn how to design storyboards out of the songwriter's lyrics.	Denise Bondy, Coordinator Faith Winthrop
	Sanctuary		9:00 AM	9:15 AM	Arts Performance	Jazz Singing	Everything Must Change, as the beautiful Bernard Ighner song affirms, which supplants the past regrets and self-condemnation of Charles Aznavour's "Yesterday When I Was Young." In embracing the concept of change, we are led to acceptance and new choices.	Faith Winthrop

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	Macondray	RN, LCSW, MFT, NHA, NCC, GCDF	9:15 AM	12:15 PM	Workshop	(EHI Certificate) E-H Therapy Principles in Action: A Gateway to Therapeutic Effectiveness	The Certificate Program in Existential-Humanistic (E-H) Therapy, a joint endeavor with Saybrook University, is intended to provide students with a core of practice based on the theory and principles of E-H therapy. E-H principles emphasize the personal and interpersonal dimensions of therapy that have been found to be primarily responsible for healing and change. The second part of the workshop will provide participants with an experiential understanding of E-H Therapy.	Orah Krug
	Sanctuary		9:15 AM	9:25 AM	Opening	Introductions	What really gives us joy and celebrates our existence? How can we experience endings as new beginnings, losses as opportunities for new gains? What are the opportunities to create our lives as we age? How do we cultivate what is latent and wants to come to the fore?	Nader Shabahangi Sally Gelardin
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	9:25 AM	10:00 AM	Arts Performance	Magical Thinking and Reflections	Magical Thinking--how do we care for ourselves while caring for others?--, a performance of a selection from Joan Didion's "The Year of Magical Thinking," and possibly a performance of Shakespeare's Sonnet 30.	Anne Hallinan Rush Rehm
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	10:00 AM	11:00 AM	Keynote	Social Consequences of Forgetfulness and Alzheimer's Disease: A Call for Attitudinal Expansion	"Our society has a set of blinders on that negates our individual and collective ability to see the deeper meaning of what is called dementia and Alzheimer's disease and the deeper meaning behind the aging process. We urgently need to expand the horizons of what forgetfulness can mean beyond loss, to challenge our normative conceptions of forgetfulness, dementia, memory, personhood, aging, and time."	Patrick Fox
	Front Lobby/Halls		11:00 AM	11:15 AM	BREAK	Book Signing		
	Sanctuary	RN, LCSW, MFT, NHA, NCC, GCDF	11:15 AM	12:30 PM	Keynote	Lead Speaker	"How do we care for ourselves as we age?" "What is the difference between custodial and relationship care?" "How do we learn to listen to our inner elder?" "By properly learning to cope with stress effectively, we have access to our inner elder, our inner wisdom, our knowing on how to meet our partner's needs, as well as our own needs. Followed by book signing.	John Gray
	Front Lobby		12:15 PM	12:30 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Star King		12:30 PM	1:30 PM	LUNCH		Poetics Lunch and Community Dialogue	Nader Shabahangi
	MLK		12:30 PM	1:30 PM	Creativity Lab	Video on Aging with Grace and Glory	For the first time in history we are embarking on a new dimension of aging where answers are as mysterious as the questions. What does aging mean to us now? Is it aging or is it opening? What are the possibilities? These are a few of the questions we are beginning to ask ourselves and each other as we co-create a new paradigm in this great adventure. Join us in our video presentation of Aging With Grace and Glory, the first of a series of conversations.	Celedra Gildea John Cusack

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	Star King		1:30 PM	2:30 PM	Arts Performance	Antic-Witties	Join this group of improvisers of a certain age as they create scenes on the spot and even improvise musical numbers based on suggestions from the audience.	Barbara Scott Daniel Savio on piano
	Macondray	RN, LCSW, MFT, NHA, NCC, GCDF	1:30 PM	4:30 PM	Workshop	(EHI Certificate) Rediscovering Awe for Ourselves and Our Practices	The rediscovery of awe, as Rollo May suggested some years ago, is as essential to personal well being as it is to the well being of our world as a whole. This workshop focuses on how the cultivation of the sense of awe—the humility and wonder, sense of adventure toward living—can enhance our quality of living as both therapists and individuals.	Kirk Schneider
	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	1:30 PM	2:30 PM	Workshop	(EHI) Old Hearts Forging Depths of Intimacy: Caring for the Soul of the Other: The Tempering of Intimate Relationships	Intimacy, like a fine sword, must be carefully forged. 'Hammering out' understandings, taking responsibility, risking honesty, and recognizing our impact on one another hones our capacity to support each other without losing ourselves. This workshop will offer a practical guide to repairing the inevitable ruptures of trust between people.	Chris Armstrong Lou Dangles
	Star King	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE	2:30 PM	3:45 PM		Place, Space and the Lived Experiences of LGBQ Older Adults in San Francisco	The spatial concentration of populations influenced by attributes of the urban form has a changing impact on society especially in the way the concept of place is understood to have a relationship with aging and health. This qualitative research project examined the lived experiences of LGBQ older adults in San Francisco by employing photo-elicitation techniques and narrative methods.	Jarmin Yeh
	Star King					The 3rd Act: A New Stage, A New Purpose for Your Life	What is the point? Our health and longevity are dependent on finding meaning and purpose...even more critical during our later years. Utilizing concepts drawn from the psychology of satisfaction, this interactive session will focus on the design of a meaningful and fulfilled life, the stage we call "The 3rd Act". Participate in stimulating dialogue and apply the concepts and principals to your own life.	Beverley Scott Patricia Cavanaugh
	Star King					Fighting Dementia with Active Imagination: From Powerlessness to the Midwifery of an Empowered Death.	Caring for an unresponsive loved one often leaves both the person suffering from dementia and her caregiver feel very isolated and powerless. Participants will become familiar with an existential approach and will put together simple ways of connecting with the wholeness of the individual suffering from dementia, and allow for a peaceful and empowered end of life.	Dominique Lambert

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	Star King					Caring Economics: The Power of Investment in Human Capacity	Learn principles of Caring Economics and strategies to promote an economic model for recalculating the GNP and GDP to reflect and honor the work of those who nurture and support the actualization of human development across the age span, the earth and community. Tools for changing economic policy, cultural norms and experiences of aging.	Molly Freeman
	Fireside	RN, LCSW, MFT, NHA, NCC, GCDF	2:30 PM	3:45 PM	Workshops	Bridging with the Sacred	Are you interested to increase your appreciation and capacity for bridging with the sacred in your personal or professional life? The speaker will draw on his experience as a hospital chaplain, physician and educator at Stanford University Medical Center to explore with participants the dimension of spiritual experience and encounters with the sacred.	Bruce Feldstein
	Murdock	RN, LCSW, MFT, NHA, NCC, GCDF, RCFE				Creative Journeys: Applying Innovative Expressive Arts Strategies with Dementia & Age-Related Challenges	As we age, finding ways to focus on abilities that have remained intact can feel intimidating and arduous. One of the prevalent challenges today is conditions that affect cognitive abilities. This workshop will focus on implementing an expressive arts program that allows people to create sophisticated pieces through modified steps, while focusing on nurturing the dignity of the individual and maintaining quality of life.	Michelle Burns
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF, RFCE				Poetics of Dying Viewed Through the Transpersonal Lens	The poetic nature of aging is overshadowed by the looming inevitability of death and our fear of nonexistence. Four speakers will present a developmental model of the dying process as it is understood from the transpersonal perspective.	Barbara Morrill Sparlha Swaby Shanon Sitkin Joachim Thomas Garson
	MLK		2:30 PM	4:00 PM	Creativity Lab	2:30-3:00 PM: Adaptive Art	Participate in demonstration of applying adaptive technique for evolving abilities. This activity is based on cutting edge art therapy practices. A bibliography will be provided.	Constance Hunt
	MLK					3:00-3:30 PM: Communicatio IS Community	Experience a series of community-building exercises through games and ice breakers. Discover the power of active listening and improvisation which make "What's your favorite ice cream?" a meaningful question!	Emily Kuentler
	MLK					3:30-4:00 PM: Aging not well, not gracefully, but vibrantly: "Vibrant Aging." A short film and discussion.	The producer shows her film "Vibrant Aging," which explores essential questions such as What does it mean to age vibrantly? How does one live a vibrant life as one ages? What barriers exist to aging in a fulfilling, healthy, and meaningful way? The Film offers an unflinching look into the ways in which health and wellness, connectivity, financial security, and societal standards affect aging. The 15-minute film will be followed by a brief discussion.	Julie Miller
	Sanctuary		2:30 PM	4:00 PM	Speakeasy	Listen, Speak, Tell 2:30-2:55 PM		

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	Sanctuary					3:00 - 3:25 PM: Aging as a Form of Art	The songwriter leads a discussion of the elements of creative, conscious aging and the healing power of life review, followed by two songs, Baba Yaga's Raga and Hip Hop Elder's Rant. She then reads a bit from her memoir, Songs of the Inner Life.	Gaea Yudron
	Sanctuary					3:30 - 4:00 PM		Impromptu
	Front Lobby/Halls		3:45 PM	4:00 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	MLK	RN, LCSW, MFT, NHA, NCC, GCDF	4:00 PM	5:00 PM	Featured Speakers	Assess for Success	Learn how assessments will improve your effectiveness, increase your credibility, and enhance your results immediately. By evaluating one's unique preferred values with a professionally developed inventory, participants will examine what to look for in assessments to best serve their needs and/or the needs of those they serve. Attendees will design a plan for values, clarity and effectiveness so as to help themselves and others align their lives with their goals and dreams.	Ken Keis
	Chapel	RN, LCSW, MFT, NHA, NCC, GCDF				The Movement for Conscious Aging for the Greater Good	Music, communal poetry and the Elder's Movement: Music and poetry liberate the spirit, expand consciousness and transmit powerful visions. Experience the power of consciousness-shifting music and poetry derived from 30 years of work with elders and learn the secret of community poetry making.	Debby Barkan Barry Barkan
	Kincaid	RN, LCSW, MFT, NHA, NCC, GCDF				Aging and Growth: A Wellness Perspective	Wellness is the totality of body, mind and spirit-everything that you think, feel and believe has some impact on your state of health. When you focus on physical wellness first, it sets a successful framework for the rest of the components. Wellness is about the totality of the components, but physical wellness helps support all the other areas. Learn about eight wellness components and the role they play in your life and work.	Betsy Best Martini
	Fireside		4:30 PM	5:30 PM	Poetry Reading	(EHI) Poetry Reading: A Special Event with David Elkins	Experience the poetry of Rilke, Machado, Neruda, Rumi, Yeats, Oliver, and others, accompanied by the flute or some other instrument between segments and to set the mood.	David Elkins
	Front Lobby		5:00 PM	6:30 PM	TableTalk	TableTalk	The table talk meeting allows conference attendees an opportunity to meet with, and talk one to one, to conference supporters about their special activities in the area of elder-care. This provides a forum to explore resources available to the elderly and elder-care providers.	Al Coddington
	Star King		6:30 PM	8:30 PM	Social Gathering	Reception	Jazz music, plus Songs from a New Wrinkle. complementary beverages and lite supper. By invitation only.	Entertainment and Jazz Music Gaea Yudron Ivan Shvarts Sam Peoples
			Sat, Nov 19, 2011					

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Sat, Nov 19, 2011	Front Lobby/Halls		8:00 AM	5:00 PM	Registration, Coffee, & Exhibits	Poetics of Design Exhibit	Check out the Poetics of Design Exhibit.	
	MLK		8:00 AM	9:00 AM	Poster Sessions		Presentation of research, art, and other information by educators, artists, and healthcare professional. Easy, walk-through format that allows for one-to-one or small group presentation and discussion. Poster will be available for viewing through the conference during breaks and lunch.	Ann Marie Davis Nancy Thompson
	Sanctuary		8:30 AM	8:45 AM	Arts Performance	Songs from A New Wrinkle	The songwriter previews A New Wrinkle, her provocative, witty musical revue on aging and sings Baba Yaga's Raga a capella. Then she plays recorded versions of Passing for Young and Sex after Sixty.	Gaea Yudron
	Sanctuary		8:45 AM	9:00 AM	Introductions	Opening	How do we re-vision our usefulness throughout the seasons of our lives? Who and/or what decides on how we use our potential? What ideas determine the roles which we inhabit as we age? How do we become the author of our lives in the context of community?	Nader Shabahangi Sally Gelardin
	Sanctuary/St King	RN, LCSW, MFT, NHA, NCC, GCDF	9:00 AM	11:45 AM	Keynote	Living Well with Metaphors	Metaphors can be used as conceptual containers for both understanding and enhancing experience. As a starting point, participants will be challenged to identify common personal and work metaphors. Metaphors that have been woven into the fabric of the conference will be highlighted. The opening address will be based on Dr. Amundson's books – "Metaphor Making: Your Career, Your Life, Your Way" and "Physics of Living". After a 15-minute break at 10:00 am, participants will divide into breakout groups, where they will explore ways in which metaphors can be identified, expanded upon, enriched and even changed as part of a positive life/work evolving process. A card sort activity will be introduced for the upcoming metaphor breakout exercise, followed by a debriefing by the speaker.	Norm Amundson
	Front Lobby/Halls		11:45 AM	12:00 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Macondray	RN, LCSW, MFT, NHA	9:00 AM	12:00 PM	Workshop	(EHI Certificate) Thirteen Interventions for an Existential-Humanistic Therapist	This workshop will demonstrate a range of therapeutic interventions (philosophical, relationship, and skills) that emphasize and elucidate the principles, theory, and practice of existential-humanistic therapy. Participants will learn 13 specific existential-humanistic interventions in 3 different areas (philosophical, relationship and skills).	Bob Edelstein

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	Kincaid	RN, LCSW, MFT, NHA, RCFE	10:30 AM	11:45 AM		Forgiveness and Self-Forgiveness: Keys to Effective Family Communication Across Generations	This participatory presentation demonstrates the principles and process of Forgiveness and Self-Forgiveness, and how it can help families overcome barriers to effective communication throughout challenging life stages. Participants will have the opportunity to experience applying and practicing key forgiveness techniques in a role play demonstration and participatory exercise.	Katharina Dress & Janice Wallace
	Murdock	RN, LCSW, MFT, NHA, RFCE				Sandtray, Aging, Self and Dementia	Life can be challenging, yet old age offers the quintessential opportunity to resolve unfinished business and to grow into who we were meant to be. Through slides of sand trays created by elders, both with and without dementia, this session shows the power and potential of using sand tray with elders to help them cope with the past and the present.	Linda Cunningham
	Chapel	RN, LCSW, MFT, NHA, RFCE				(EHI) Dance/Movement Therapy-Based Nonverbal Communication Training for Caregivers	A 36-hour dance/movement therapy-based (DMTB) nonverbal communication training for caregivers of people with dementia was designed for staff caregivers and family members. By expanding our imaginative capacity to relate nonverbally through movement, caregivers' understanding of how bodily movement and nonverbal communications may be received by a person with dementia is enhanced.	Meg Chang Donna Newman-Bluestein
	Star King/Front Lobby/Halls		12:00 PM	1:00 PM	LUNCH	Book Signing	Authors/Artists/Poets of the Day	
	MLK/Fireside	RN, LCSW, MFT, NHA, NCC, GCDF	1:00 PM	3:15 PM	Keynote	Amundson, Infusing Hope into Life and Career	Ageing well in life and in work depends on the design and the construction of hope-centered stories and metaphors. Each age carries with it the challenge of creating visual platforms that encourage and support opportunities as well as new possibilities. Dr. Amundson will explore the importance of using a hope-centered approach in questioning and in the use of metaphors for individuals of diverse backgrounds and with a variety of values, skills, and experiences. After a 15-minute break at 2:00 PM, participants will experience practical exercises to apply material from "Career Flow: A Hope-Centered Approach to Career Development" and "Hope-Filled Engagement" to create the foundation for a hope-centered approach in questioning and the use of metaphors.	Norm Amundson
	Front Lobby/Halls		3:15 PM	3:30 PM	BREAK	Book Signing	Authors/Artists/Poets of the Day	
	Murdock	RN, LCSW, MFT, NHA	2:00 PM	3:15 PM	Workshops	(EHI Certificate) The Nature of Contact	Contact is not just togetherness or joining. Contact can only happen between separate beings, always requiring independence and always risking capture in the union. At the moment of union, one's fullest sense of being is swept along into a new creation. Contactfulness with others implies being in contact with oneself.	Sonja Saltman

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	Kincaid	RN, LCSW, MFT, NHA				(EHI) Open to Not Knowing: Humanistic and Transpersonal Approaches to Psychotherapy With Elders With Dementia	Participants deepen their “felt sense” of both the experience of forgetfulness and the urgency of addressing this progressive condition. Humane and holistic care approaches (specifically process-work and existential-humanistic intervention strategies) address the often dismissive measures of the traditional “medial model” of dementia treatment.	Matt Spalding Puran Khalsa
	Chapel	RN, LCSW, MFT, NCC	2:00 PM	3:15 PM	Workshops	Legacy: What Do I Want to Pass on to the Next Generation?	For many of us over sixty, the notion of leaving a legacy to the next generation is an integral aspect of our evolution. This workshop addresses the question What is my legacy and how do I pass it on? The workshop describes the metaphorical tool of convening a Council of the different parts of our personality, under the guidance of our Inner Elder, to address this question. Through discussion and guided imagery participants will initiate the process of their Council and be given guidance about how to continue the process following the conference until a creative synthesis of ideas emerges as a resolution.	Bill Ryan
	MLK	RN, LCSW, MFT, NHA, NCC, GCDF	3:15 PM	4:30 PM	Workshops	What the Great Masters of Art Can Teach Us About Living with Creativity, Vitality and Meaning in the Second Half of Life	The creative process and skills of the great artists are directly relevant to personal and professional vitality. Learn how to enhance your personal creativity and develop (regardless of profession) a client’s creative skills, while generating co-creating moments that catapult the relationship to new levels of exploration, discovery, and authenticity. The presentation is an outgrowth of over 100 in-depth interviews.	Fred Mandell
	Kincaid	RN, LCSW, MFT, NCC				(EHI) Cultivating the Elder Body of Wisdom	This presentation will illustrate, by way of experiential exercises, theoretical material, and group discussion, unique approaches to body cultivation that are possible for elders in ways that are not available in earlier years of life. Specific strategies of movement, body awareness, breathing awareness, and balance exercises will be given, with emphasis on how they are contextualized within the advanced experience and subtle intelligence of elders.	Don Hanlon-Johnson

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	Chapel	RN, LCSW, MFT, NHA				(EHI Certificate) In Search of The Inner Elder: the Challenge of Adding Wisdom Besides Years	The concept of living requires from us that we occupy a central role in our life as it unfolds. Awareness of our meeting with others highlights every aspect of ourselves in motion and action and being. Wisdom is the ability to witness it all with acceptance without having to rush to denial, negation, negotiation or even action. Staying with moment-to-moment awareness of changing perceptions can provide us with insights and delivers a less demanding self that can observe itself without the need to change prematurely.	Sonja Saltman Candice Hirshman
	Murdock	RN, LCSW, MFT, NHA				Laughter is the Best Medicine: Adapting Laughter Yoga for Older Adults	Experience the powerful healing effects of laughter in this participatory session! Join us to learn the many proven medical benefits of extended laughter and how the presenter has creatively adapted the practice of Laughter Yoga to benefit older adults.	Carmela Carlyle Tommy Westerfield
	Star King		4:30 PM	5:15 PM	Entertainment	Sneak Preview of Counter Attack	A play dealing with breaking the stereotypes of aging working professionals. The play is loosely based on the award-winning book Counter Culture by Candacy Taylor (featured in the New Yorker and SF Chronicle).	Joan Mankin
	Star King	RN, LCSW, MFT, NHA, NCC, GCDF	5:15 PM	6:00 PM	Closing	Moving into the Circle Closing	As we draw to a close, the community will create a brief harmonizing ritual using spontaneous sound. This practice is based on a somatics approach to interaction that uses voice, sound, touch, and movement. We all stand on the shoulders of our elders. Their kindness, care, attention and guidance has influenced us greatly in becoming who we are today. Registrants and presenters are welcome to think of an elder (of any age) who made a difference in their life and whom they would like to honor through this dedication. The Talking Stick is a symbol of what we have given to and taken away from this conference.	Hanna Takashige Nader Shabahangi Sally Gelardin