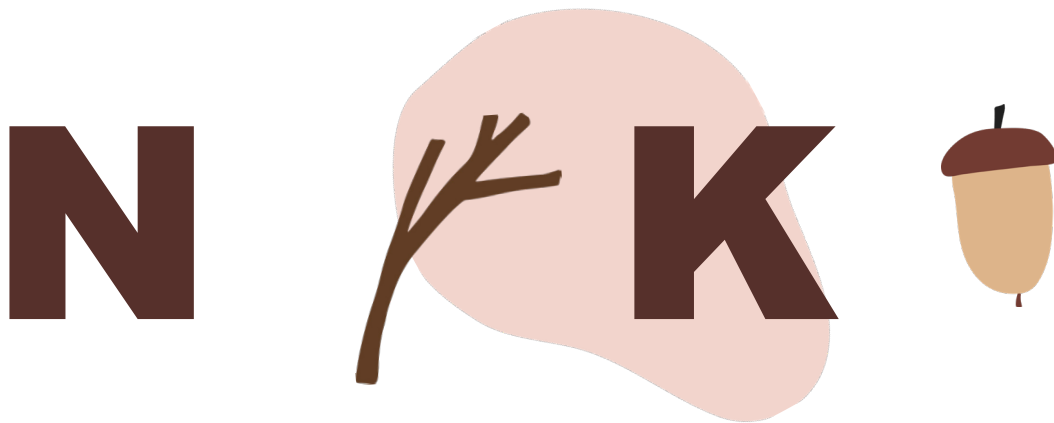
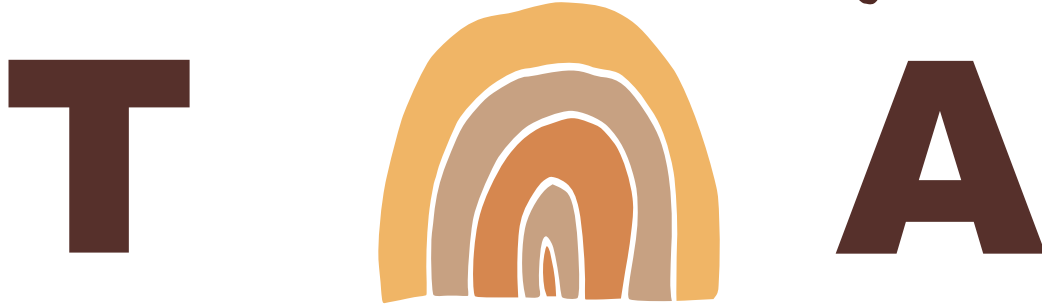
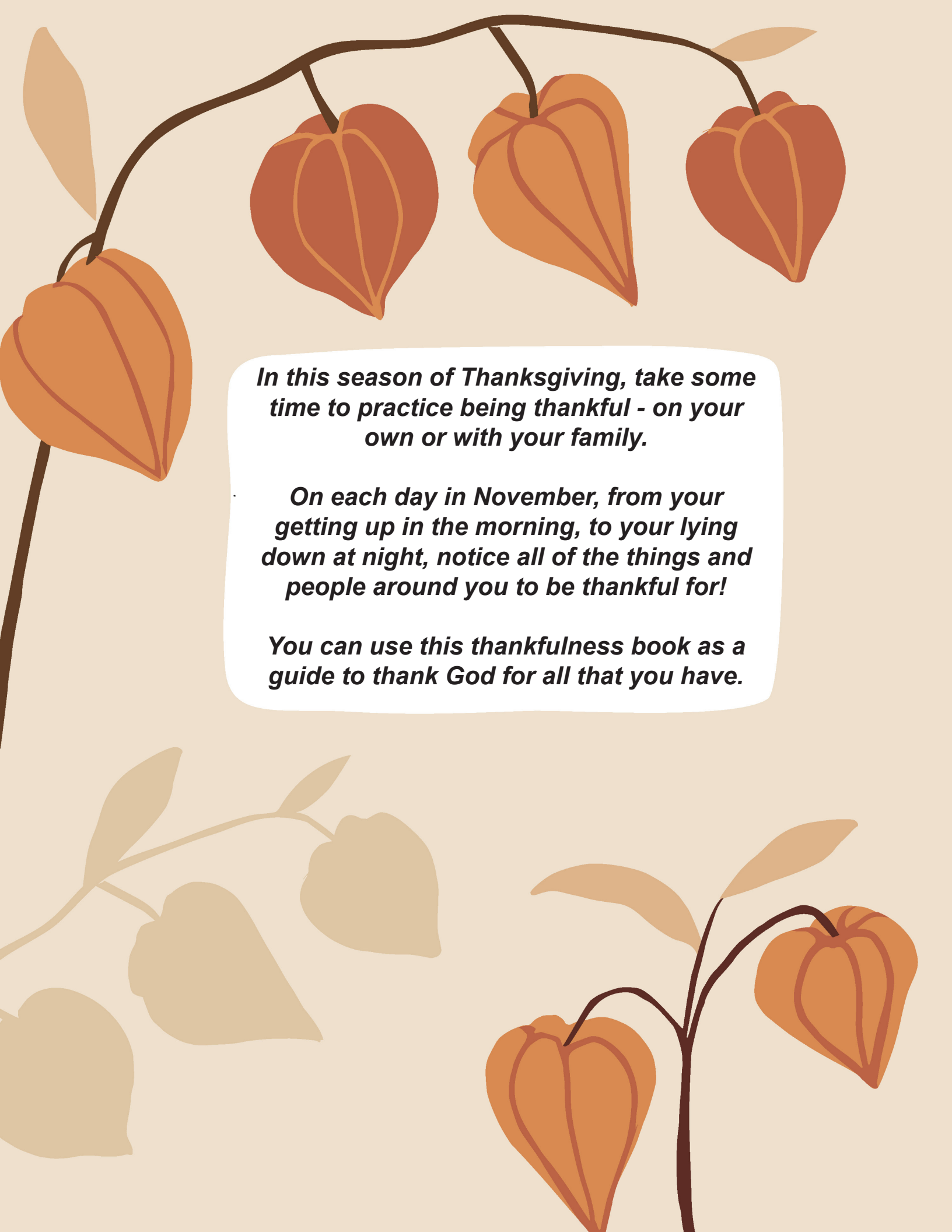


Thirty days of





In this season of Thanksgiving, take some time to practice being thankful - on your own or with your family.

On each day in November, from your getting up in the morning, to your lying down at night, notice all of the things and people around you to be thankful for!

You can use this thankfulness book as a guide to thank God for all that you have.

November 1

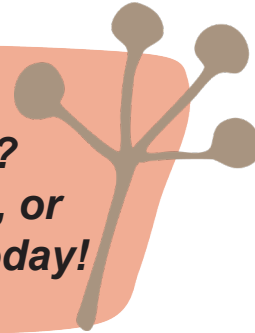
“The Lamb on the Throne will shepherd them, will lead them to spring waters of Life. And God will wipe every last tear from their eyes.”

Revelation 7:17 (MSG)

Today is All Saint’s Day, a day that we remember the saints (all people). We especially remember those who are most beloved to us, people who are not living anymore, and all those who are saved by grace.

TODAY’S THANKFUL ACTION

***Who are the saints you are thankful for?
Light a candle, write their names below, or
find a special way to remember them today!***





November 2

“Every good and perfect gift is from above, coming down from our God of the heavenly lights, who does not change like shifting shadows.”

James 1:17 (NIV)



TODAY'S THANKFUL ACTION

Write down or name aloud a gift you have been given by God.




November 3

“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God.” Colossians 3:17 (NIV)

Today is Election Day. Were you able to vote today? How did you vote? What leaders and freedoms are you thankful for today?

TODAY'S THANKFUL ACTION

Pray for our leaders and their ability to lead and guide our country with kindness, faithfulness and peace.



November 4

“Praise the Lord. Give thanks to the Lord, for the Lord is good; his love endures forever.” Psalm 106:1 (NIV)

TODAY'S THANKFUL ACTION

What are you thankful for today? Write it down, name it aloud, or say it in your head.

November 5

Sharing our love and thankfulness with others is so important. Think about someone you love today. Take some time to tell them you love them and a reason why you are thankful for them!

Here are some easy ways to share your love:

A PHONE CALL

SEND A TEXT

GIVE A HUG

WRITE A LETTER

November 6

"I always thank my God as I remember you in my prayers" Philemon 1:4 (NIV)

TODAY'S THANKFUL ACTION

***Who is part of your community?
How are you thankful for them?
Pray for them.***



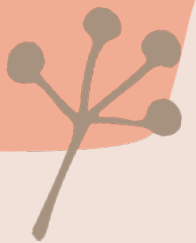
November 7

"We often take for granted the very things that most deserve our gratitude."

-Cynthia Ozick

TODAY'S THANKFUL ACTION

Make a list of everyday things you are grateful for! Thank God for the things that make life easier.



November 8

***“that my heart may sing your praises and not be silent.
Lord my God, I will praise you forever.” Psalm 30:12 (NIV)***

TODAY'S THANKFUL ACTION

We give offerings of money, time and talents to our church and community because God has given us all that we have. Giving these gifts is a way to say “thank you” to God. What can you offer to God today?

November 9

Scan the QR code to listen to the song, Find a piece of paper and as you listen to this song, “Grateful” or find the lyrics on the next page. Draw things you are thankful for on the next page.



***This is the day, that You have made
Whatever comes, I won't complain
For all my hope, is in Your name
And now Your joy, awaits my praise
I give thanks, for all You have done
And I will sing, of Your mercy and Your love
Your love is unfailing, Lord, I am grateful***

***When I was down, You brought me out
You set my feet, on higher ground
So here I stand, You are my God
Your faithfulness, my Solid Rock
I give thanks, for all You have done
And I will sing, of Your mercy and Your love
Your love is unfailing, Lord, I am grateful***

***I give thanks, for all You have done
I won't forget, all the battles You have won
Your love is unfailing, Lord, I am grateful***

***And as we lift our hands up
The heavens open, heavens open
So let our lives declare the love
Our God has spoken over us
And as we lift our hands up
The heavens open, heavens open
So let our lives declare the love
Our God has spoken over us
I give thanks, for all You have done
And I will sing, of Your mercy and Your love
Your love is unfailing, Lord, I am grateful***

***I give thanks, for all You have done
I won't forget, all the battles You have won
Your love is unfailing
Lord, I am grateful***



TODAY'S THANKFUL ACTION
Draw what you're thankful for.
What does this song inspire
you to give thanks for?



November 10

**“Give thanks in all circumstances;
for this is God’s will for you in Christ Jesus.”
1 Thessalonians 5:18 (NIV)**

TODAY’S THANKFUL ACTION

It’s not always easy to give thanks in all circumstances, especially when things go wrong. Even when things are hard, what can you find to be thankful for? Think about what lessons you have learned in hard times. Are you thankful for the lessons?



November 11

Today is Veterans Day. This is a day we honor and give thanks for all who have served our country. Do you know any veterans? Here a few ways to give thanks to veterans today:

TODAY’S THANKFUL ACTIONS

Pray for a veteran and all who serve in our armed forces.

Thank a veteran from your family or someone you know. Ask them about their service.

Write a card or letter to a first responder, police officer or firefighter or to the Veterans Hospital in Fargo at: 2101 Elm St N, Fargo, ND 58102



November 12

"Thanks be to God for his indescribable gift!"
2 Corinthians 9:15



TODAY'S THANKFUL ACTION

We are especially thankful for the gift of Jesus. Give thanks for Jesus today through a song or a prayer.



November 13

"If the only prayer you ever say in your entire life is thank you, it will be enough." Meister Eckhart

Saying thank you is so important. We can show our thankfulness in other ways too.



TODAY'S THANKFUL ACTION

Think about some other ways to show thanks? Do something to show someone you are thankful for them.



November 14

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

-Philippians 4:6

TODAY'S THANKFUL ACTION

Prayers arise! Give God a worry that has been on your heart. Say thank you to God for walking with us through our worries.

November 15

“For everything God created is good, and nothing is to be rejected if it is received with thanksgiving” -1 Timothy 4:4 (NIV)

TODAY'S THANKFUL ACTION

Find something to give thanks about that you normally wouldn't. Consider giving a donation to an organization that is helping people that you haven't supported before.

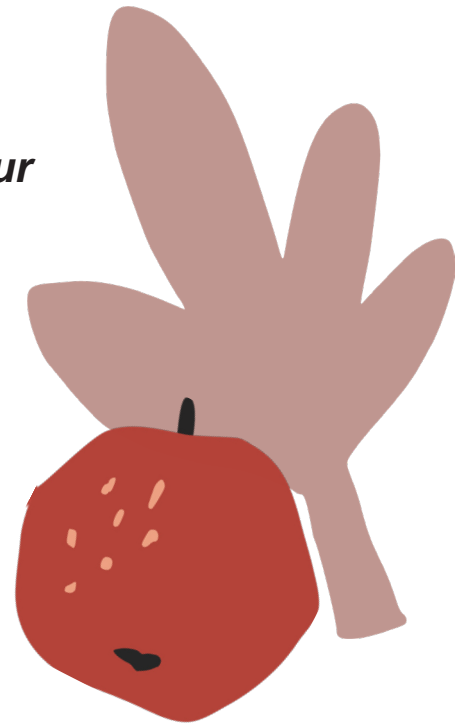


November 16

“Now, our God, we give you thanks, and praise your glorious name.” 1 Chronicles 29:13 (NIV)

List some names for God. What is your favorite name for God?

GOD: (A.K.A)



November 17

“Joy is the simplest form of gratitude.”
-Karl Barth

What are some things that bring you joy? Draw or write them below.

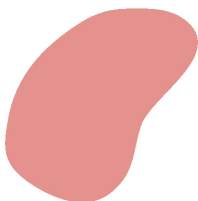
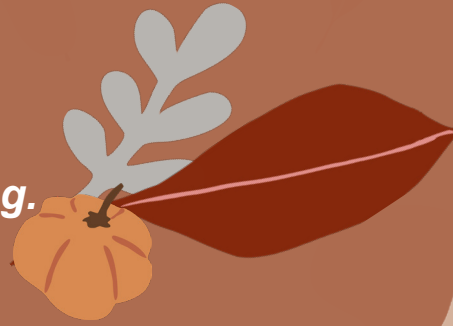


November 18

Dance and movement can be an offering of thankfulness and joy. Find a song you like to dance to today. As you play the song, sing and dance along.

TODAY'S THANKFUL ACTION

*Dear God,
We are so thankful for music and song.
Thank you for all the ways
we can praise you.
Amen.*



November 19

***“Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”
-1Thessalonians 5:16-18 (NIV)***

TODAY’S THANKFUL ACTION

What are you grateful for today? Pray for those who might be struggling to have their basic needs met. Is there another way to help in addition to prayer?



November 20

The beauty of nature and the world around is something to be thankful for. Take some time today to set down your phone, ipad and turn off the television.

TODAY’S THANKFUL ACTION

***Find a way to celebrate nature here are some ideas:
If the weather is nice, go for a walk!
Look out the window and notice the season, trees, birds, sun or moon, clouds or stars.
Think of ways you can care for God’s creation (saving water, recycling, reduce waste).***



November 21

Poems can be a way to express gratitude. Use this template to help you write a poem to express gratitude or write your own!

I am Thankful

I am thankful for _____

And for _____ too.

Without my _____

I don't know what I'd do.

I'm glad to have

In Winter, Summer, Spring and Fall.

But it's _____

That i'm thankful most of all!



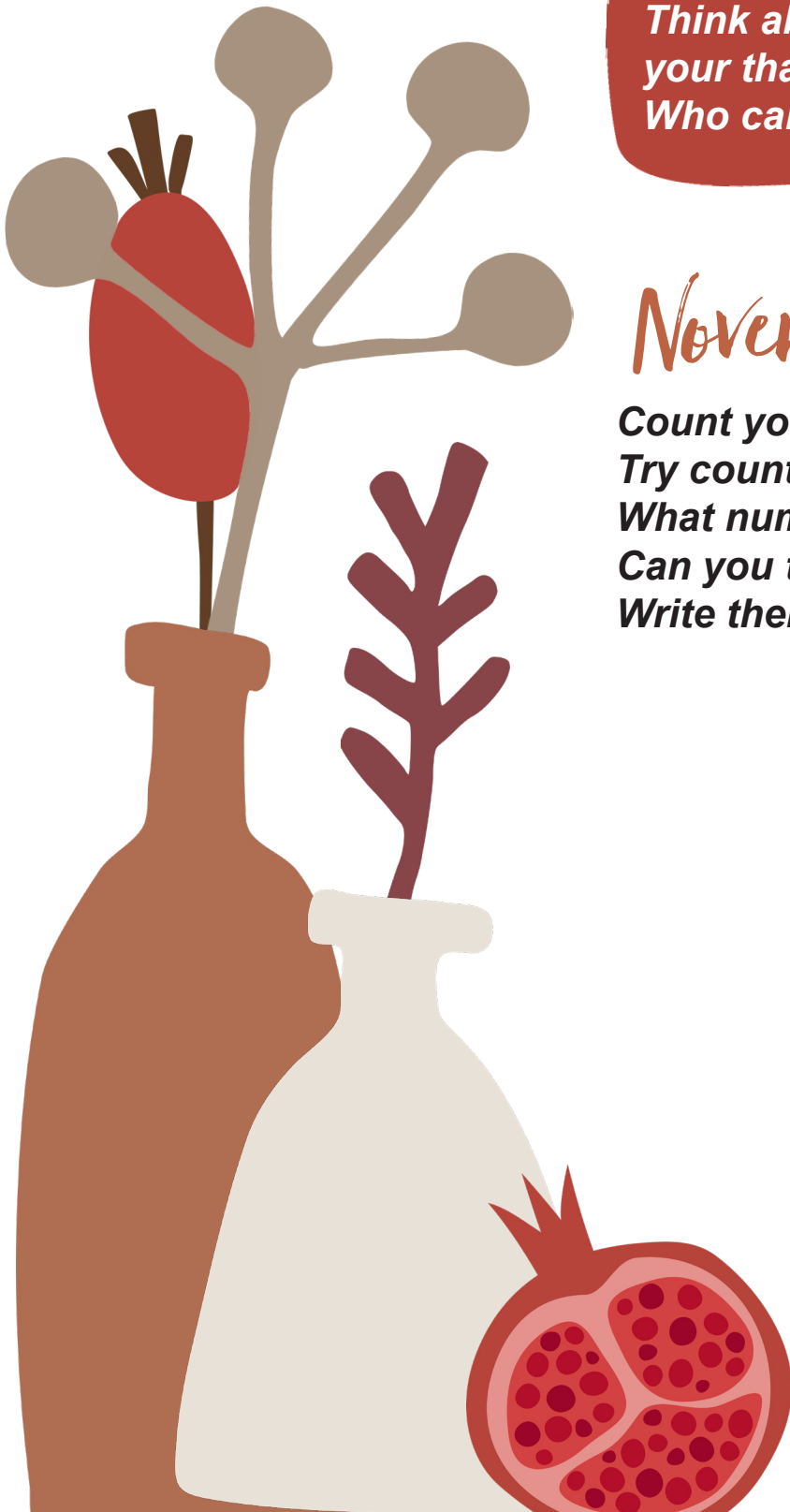
November 11

“Give praise to the Lord, proclaim God’s name; make known among the nations what God has done.” 1 Chronicles 16:8 (NIV)

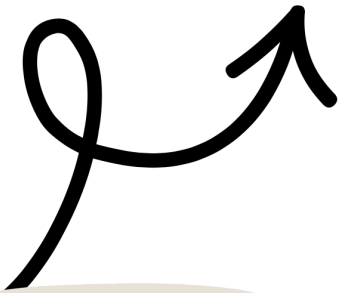
TODAY’S THANKFUL ACTION
Think about how can you share your thanks for God with others? Who can you share it with?

November 13

Count your blessings is a famous saying. Try counting your blessings today! What number do you reach? Can you think of one more? Two? Write them below.



GRATITUDE JAR IDEAS:



November 24

TODAY'S THANKFUL ACTION

***Make a Gratitude Jar!
Find a jar, bowl or container in your home.
Take some time to write down people or things that you are thankful for. They can be BIG things and small things. Whenever you are having a hard day, take one out and be reminded of all the good things in your life.***



November 25

During the month of November at church we usually celebrate stewardship - giving our time, our talents and our treasures to God. How is God calling you to give of yourself?

TODAY'S THANKFUL ACTION

Visit your stewardship pledge to Calvary or other organizations that hold meaning in your life. Think of how they are helping you, the community or the world. How can you give back? Is it volunteering? Is it financial gifts? Be bold and generous with what God has given you.



November 26

Come, Lord Jesus, be our guest and let these gifts to us be blessed. Amen. What is your favorite prayer to say at the dinner table? God, we are so thankful for the food that nourishes our bodies. We pray for all those who prepare our food, grow our food and work at grocery stores. We keep in our hearts all who don't have enough food to eat.



TODAY'S THANKFUL ACTIONS

During a meal today, take time to thank God for all that you are thankful for. Have everyone in your family take a turn to add to the prayer.

November 27

“When you practice gratefulness, there is a sense of respect toward others. “ - Dali Lama

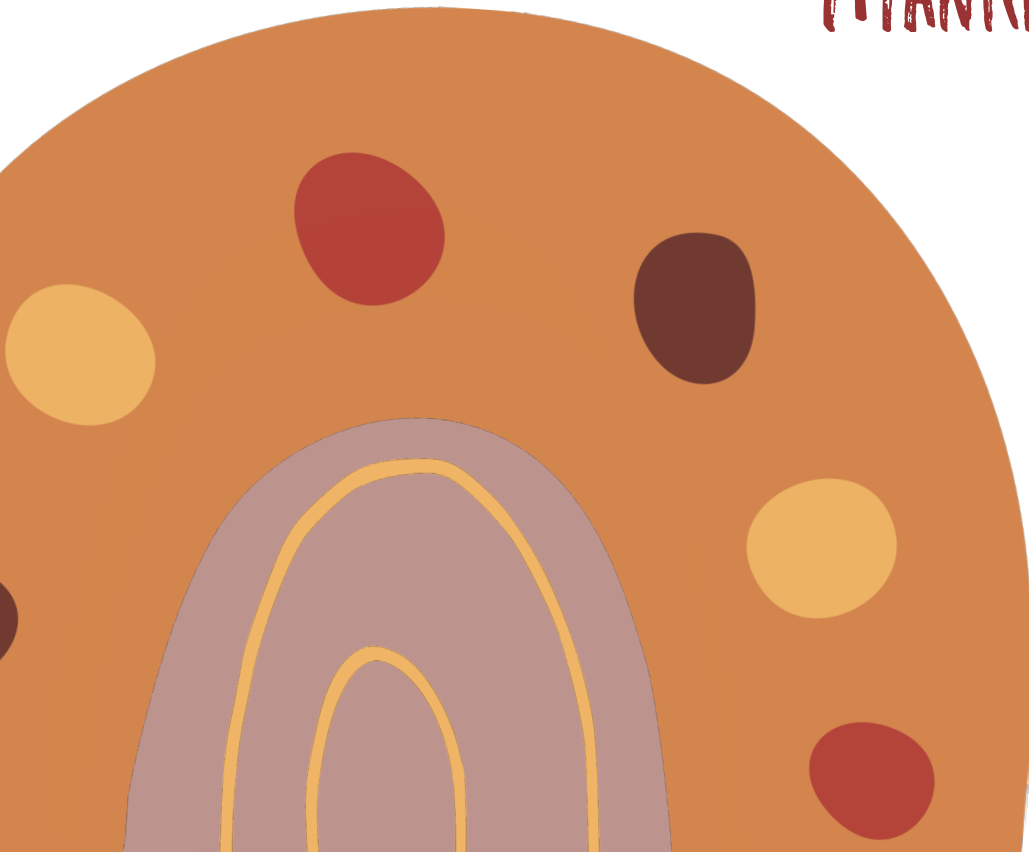
TODAY'S THANKFUL ACTION

***What do these words mean to you?
How can you put these words into
action in your life?***

November 28

***“that my heart may sing your praises and not be silent. Lord my God,
I will praise you forever.” - Psalm 30:12***

**WHAT ARE YOU
THANKFUL FOR TODAY?**

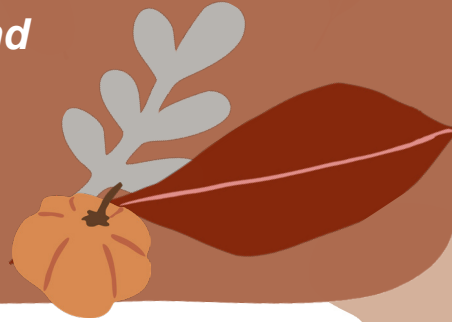


November 29

One important way we give thanks to God is through prayer.

TODAY'S THANKFUL ACTION

Write a prayer as a family, with a friend or just yourself and say it outloud!



November 30

On this last day of November, show your thankfulness by sharing with those in need around you. Here are some ideas you and your family can do.



TODAY'S THANKFUL ACTION

Plan a way you can give back:

Collect items for the food pantry

Donate to a school backpack program

Sign up to ring bells for the Salvation Army

Purchase an item from the Calvary Angel Tree

Give to the ELCA Good Gifts Program

What other ways can you share?

