

Autism Resources Handout

Compiled by Camille Wilder

This resource guide includes a wide range of supports for autistic individuals and their families, educators, and care providers, with a focus on autistic-led and affirming content.

Websites & Online Resources

- **Ausome Trainings** – Autistic-led training for individuals and schools: <https://www.ausometrainings.com>
- **NAEYC** – Best practices in early childhood education: <https://www.naeyc.org>
- **NeuroQueer** – Writings of Dr. Nick Walker: <https://neuroqueer.com>
- **Embrace Autism** – Comprehensive autism resource hub: <https://embrace-autism.com>
- **Neuroclastic** – Autistic-led publication on the spectrum experience: <https://neuroclastic.com>
- **Thriving Autistic** – Peer support and social meetups: <https://www.thrivingautistic.org>
- **Asperger/Autism Network (AANE)** – Support and education: <https://aane.org>
- **Autistic Women & Nonbinary Network (AWN)** – Advocacy and resources: <https://awnnetwork.org>
- **Neurodiversity Network** – Career and self-development tools: <https://neurodiversitynetwork.net>
- **Life in Progress** – Employment resources: <https://www.lifeinprogress.ca>
- **Virtual Vocations** – Remote job listings: <https://www.virtualvocations.com>
- **Association for Autism and Community Support Groups** – Resource listings: <https://www.autism-community.com>
- **Sinneave Family Foundation** – Life transition support: <https://sinneavefoundation.org>
- **Wrong Planet** – Community forum and resources: <https://wrongplanet.net>
- **Inside of Autism** – Education and insights: <https://insideofautism.com>

Podcasts

- *Neurodivergent Insights* – Conversations with neurodivergent people
- *The Little Learners Project* – Preschool teacher working with autistic students
- *At Peace Parents* – Support for parents of PDA (Pathological Demand Avoidance) children
- *Intersections on the Spectrum* – Hosted by Blecher and Johnson
- *ADDitude – Episode 258* – Neurodivergent family strategies
- *Neurodiversity Podcast* – Emily Kircher-Morris (also listed below)
- *Autism from the Inside* – Autistic-led podcast

- *Aucademy* – Autistic-informed education
- *Uniquely Human* – Insights from Barry Prizant and Dave Finch
- *Neuroqueering* – Hosted by Pasha Marlowe, MFT
- *Exploring Neurodiversity* – Hosted by Adina Levy
- *Taking Authority Over Autism* – Sheletta Brundidge
- *Autism in Color* – Hosted by La Becky and Chavon
- *Two Sides of the Spectrum* – Meg Proctor
- *Autism in Black* – Maria Davis-Pierre
- *The Neurodivergent Woman* – Dr. Monique Mitchelson & Dr. Michelle Livock
- *Authentically Autistic and ADHD* – Kori Tomelden
- *How “Unmasking” Leads to Freedom* – Devon Price
- *Meet My Autistic Brain* – The Autistic Woman
- *How to Manage Your Autism and ADHD* – Yo Samdy Sam
- *Atypical: The Podcast* – Atypical Crew (Episode: 9/24/23)

Books

- *The Explosive Child* by Ross W. Greene – Parenting easily frustrated, inflexible children
- *The Child With Special Needs* by Stanley Greenspan et al. – Developmental approach
- *Differently Wired* by Deborah Reber – Raising exceptional children
- *Beyond Behaviors* by Mona Delahooke – Brain science and compassion-based behavioral support
- *Parenting from the Inside Out* by Dan Siegel & Mary Hartzell – Using self-awareness in parenting

TV Shows for Kids

- *Daniel Tiger’s Neighborhood* – Features an autistic character
- *Sesame Street* – Introduced Julia, an autistic Muppet

Local Albuquerque & New Mexico Organizations

- **APS Child Find** – Free evaluations for children ages 3 and under: (505) 855-9930
- **The Treehouse Counseling** – Therapy services: (505) 278-0807
- **Even Star Counseling** – Neurodiversity-affirming therapy: (505) 349-3610
- **Balance Speech and Behavior** – In-home services: (505) 433-8938
- **UNM Center for Developmental Disability** – Statewide referral and evaluation: (505) 272-1852
- **GD Psych Services** – Medical autism evaluations
- **PACES New Mexico** – Autism diagnostic services

- **Mandy's Farm** – Support for individuals with developmental disabilities:
mandysfarm.org
- **UNM ECSC Toy Lending Library** – Adaptive toy loans: (505) 382-7465
- **Parents Reaching Out** – Advocacy and support for IEPs and medical needs