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Subject: September 8, 2024 Secret Update #23 - How does the field of consciousness work?
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Picture 1 - my aggressive questioning of Steven Greer
Picture 2 - now friends



Hi All

Much has been written about consciousness, what it is and how it might work. There is little provable traditional science behind it, like many paranormal phenomenon, but there is strong anecdotal and statistical evidence available. However, the days where scientists said that consciousness is only a construct of your human biological brain are long gone. Although, as usual, there are always some scientists who simply can't comprehend that there could be

something beyond what they have studied and believe to be the absolute non-changeable current scientific theory.

I have not studied it extensively but can describe what it may mean based on my own experience and how Greer says it works for the ET's.

First, it is useful to understand what we mean by a "field". For example the air we breathe can be considered to be a "field" of air. Air consists of a mixture of oxygen, nitrogen, carbon dioxide and several other gases. The "field" of air occupies normal space and is located surrounding the earth to a depth of several miles. It is denser closer to the earth's surface and becomes thinner as you move upwards in the atmosphere. The field of air is "local" in that we know exactly where it is, and also where it is not. You have probably heard about the earth's magnetic field which also surrounds the earth. It cannot be seen and it is also a "local" field because we know where it is and even though it can extend several thousand miles above and around the earth it does not extend everywhere in the universe. There are other fields such as the field that is generated by the Higgs Boson particle which was discovered in 2012 by the Large Hadron Collider

discovered in 2012 by the Large Hadron Collider located under Cern. The Higgs field is a “scalar” field that exists everywhere in the Universe as it gives mass to all other particles. It is not local in the sense that it only exists in one area of space. It is everywhere. Other fields that exist “everywhere” include “non-local” fields that arise from quantum entanglement whereby all particles that are entangled communicate instantly with each other. This non-local field is the key to understanding consciousness.

A “quantum” field of consciousness is a non-local field within multi-dimension time and space. Non-local means that it is everywhere all at once which means that any energy (a thought is a form of energy for example) which connects with this non-local field travels instantly within the field in the universe (or multiple parallel universes if they exist). We live in time and space but the non-local field of consciousness exists in “no time” and “no space”. “No time” meaning that everything happens instantly all at once, there is no “river” of time as we experience things in our 3D space and time. “No space” meaning everywhere all at once with no boundaries such as in our 3D space. It is a quantum field which given what our science does know about quantum mechanics - a

very highly proven scientific theory - implies that particles in a quantum state can become entangled and interact with each other instantaneously regardless of how far apart the particles may actually be. Entangled particles behave as if they exist in “no time” and “no space”. As I have said before string theory once it is further studied and we find experiments that can prove it once and for all implies that we do live in multi-dimensional (10 or 11) space and time. But the non-local field of consciousness probably goes even beyond what the current version of string theory implies.

All sentient beings (humans, animals, ETs etc) are connected to this non-local field of consciousness. Our human brain is the instrument that connects us to this field of consciousness (as opposed to being the source of our consciousness). So even without realizing it or trying to we are already connected. In essence we are ONE with each other via this field of consciousness. Some will also claim that in addition to sentient beings being connected to this field, virtually everything including rocks, the Earth itself and other inanimate objects also have a connection. So climate change activists who say that we are “hurting Mother Earth” may be

say that we are hurting Mother Earth may be correct.

Although we are already connected at all times to this field of consciousness our sensitivity to this connection will vary from no awareness at all to being fully aware of the connection. Some people have a natural stronger connection such as Edgar Cayce and other mediums (not the fraudster ones, although some of you will declare that all mediums are fraudsters). However, we all have the ability to enhance our existing communication with the ability to develop your meditation skills as being the best way. This is why meditation is key to the CE5 protocols that Greer has developed and his own advanced meditation skills practiced over his life time which has given him the ability to communicate with many ETs and understand how they are trying to help mankind to evolve. If you are not a meditator you still likely have had moments when your mind has been unusually calm, sometimes when in the shower, and you have received a strong sensation of an old friend that all of a sudden calls you out of the blue, or you solve a significant problem by a message that just comes to you out of no where. These things are just called random coincidences by some but I don't

believe much in random coincidence when a serendipitous event happens.

During our CE5 training with Greer in California we were being taught meditative techniques such as remote viewing (or remote sensing). He did an experiment whereby he had the group do a group meditation for 10 minutes and then he picked 2 people from the audience who felt that they have a stronger natural connections to the field of consciousness. He asked them to pick a memory of an event which has a lot of emotional energy in it and they then selected one event where he along with the two volunteers sent their thoughts out into the field of consciousness. As a a group we meditated for another 5 to 10 minutes and when I did my meditation I received thoughts of a crowd of people making a lot of noise, a lot of body movements (dancing maybe). It was then disclosed to the group that they were sending thoughts out about a big wedding celebration party! He asked how many in the group picked up this thought and my hand went up along with many others. Coincidence? I think not. But is this scientific proof? No, but do I as an individual believe it is true? Yes, along with many other serendipitous events that I have experienced over the years.

over the years.

Ok, I admit that the above story is not scientific proof. But in experiments designed to test for and prove extrasensory perceptions (ESP or psi for short) the scientific proof is done through statistics. For example, if you are flipping coins perfectly (ie a perfectly weighted coin on both sides, flipped by a machine in an identical manner, no strong wind currents, a perfectly flat surface etc) you will expect that over time the probability of a heads or tails showing up will be exactly 50/50. Do 10,000 flips to be safe. If you or a group of people watch these 10,000 flips and collectively “wish” the result to be heads and the actual result turns out to be 50.5% heads and 49.5% tails then this would be considered to be statistical “proof” that you or the group had successfully caused heads to win more often than tails. Even a 50.1% heads success would result in a similar conclusion. I have read a book that documents many experiments over the past 100 years that have shown this kind of statistical proof in various psi experiments involving random number generators, casino results, and many other games of chance. So psi has been scientifically proven using these accepted statistical techniques. Having said that many

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scientists don't like this kind of proof and make a lot of coincidence arguments. I guess they want to see proof whereby we can watch energy waves leaving peoples' brains, travelling into the quantum field of consciousness, leaving the quantum field of consciousness, travelling into the coin toss machine to see how the toss of the coin is forced in an unnatural direction resulting in a heads result - not successful all the time but enough times to give a 50.5% result. Good luck with finding that kind of proof! Well, maybe in a billion years. Hmm, about the same time that some ETs have been around longer than us.

So if you can, for now, accept that there is a non-local field of cosmic consciousness that we (meaning all sentient life) are all connected to then here is what this may imply:

- . thoughts can move between and among all sentient beings instantly
- . the ability to "sense" that this is happening is a skill that we can all develop (eg by practicing meditation) and some of us all ready have a higher naturally developed sense
- . ET's, in particular, can be physically present on earth and still be able to communicate with other ET's on their home planet instantly

- . ET's have been able to use their advanced technology to amplify consciousness and also use consciousness to interact with their technology
- . ET's have been able to use their advanced technology to use consciousness and trans dimensional space for faster than light travel

If there is one takeaway from this information it would be that if you want to more fully experience the field of consciousness then doing meditation is something to consider. Steven Greer's enhanced ability to connect with ET's and also understand more about the UFO phenomenon is largely due to dedicating many hours a day for a few years to meditation. I have done meditation since my 20's. Don't know why I started. It was just something that I had to do. Maybe I picked up a subliminal message to do it through the field of consciousness? I stopped doing it every day after a while but started a daily practice again more than 5 years ago. If you are going to do it then you really need to spend at least 45 minutes a day. From a practical point of view I assume that most of you can't justify this time commitment. Although I have done 90 minute meditations I still can't bring myself to go on a

week long (or more) meditation retreat where you

week long (or more) meditation retreat where you do it for most of the day. The benefits are slow to develop, although daily stress relief can start to happen right away. After a while you grow a greater awareness of who you are, experience stillness, lose awareness of your body and environment (no place) and do not notice the passage of time (no time). It is said that once you are in a state of “no place” and “no time” that is when with the use of “intentions” you can create a new future by collapsing the quantum state of superposition that you are in. It is how quantum mechanics is known to work - all particles exist in a “wave” state which is a superposition of all possibilities for the particle. And when you “look” at the wave that causes the wave of all possibilities to collapse down to one particle located at a specific location in space and at a specific time. In the case of meditation you use “intentions” as a way to collapse your own state into a new one.

So if you are not a meditator why not give it a try and ultimately become more connected to everybody and everything?

All the best,

Alan

