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Subject: August 25, 2024 Secret Update # 22 - SPECIAL EDITION: California or Bust? Plus BREAKING NEWS
Date: January 25, 2025 at 7:47 PM
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Hi All

Before I get into the California trip there is some significant “Breaking News”. Luis Elizondo has been in the news a lot in recent years (even covered by mainstream news networks who will not interview Greer) because he was the Pentagon official who headed up the UAP Taskforce that broke and confirmed the disclosure in late 2017 that UAP’s were real - remember the now famous tic tac and go fast UAP videos released by the Pentagon. Greer was very critical of Elizondo because he earlier refused to admit that there have been UFO crash retrieval programs including ET bodies going on for decades because Greer knew that he did have this knowledge. So now Elizondo has come clean and confirmed this:



Ex-Pentagon official alleges US has recover...
nonhuman specimens
thehill.com

Now that Janet and I, along with 500 of our new best friends, have fully experienced an immersive and 14 hr days for 2 1/2 days with Dr Steven Greer it is overwhelming how powerful and compelling the evidence and personal experience is about what has happened (and more importantly, what has not happened) in the last 80 to 100 years of human history.

As I said in my last update the most important takeaway is in the area of consciousness and spirituality. Greer focuses on both the evidence of UFO and ET contact, its coverup by the military industrial complex, and on interacting with ET's by using consciousness techniques. They are called CE 5 or close encounters of the fifth kind where human's interact telepathically with ET's and ask them to appear in peace.

My original reason for going to this event was that I wanted to experience the CE5 process personally to confirm if it is total BS or not. If it is then that raises serious doubts in me about believing any of the more extreme allegations that Greer has made about the UFO issue. In my last mini-update I asked you to watch a video about what has been seen and recorded at previous CE5 events. If I saw many of the items in these videos then that would be a "10" for me. If I saw none then that would be a "0". My assessment about what I experienced over two nights is a "5". We saw stuff that could not be otherwise explained, some saw more than we did. However, I did not see a fully materialized UFO or ET. However, based on how I now understand better how the protocol works and what I did see then I am a complete believer that the phenomenon is real and I look forward to future CE5 events where the "conditions" are more optimal to seeing more.

Although my main focus on the trip was CE5, Greer also reviewed a lot of the evidence and new updates on other elements of the UFO phenomenon including:

- His evidence archive (which I spent a week with him in March) including a list of 800 whistleblowers' testimony, documentation of over 150 UFO crash retrieval episodes around the world over the last 80 years, documentation of over 100 locations including many underground facilities where UFO crash retrieval debris has been taken, researched and successfully reverse engineered, scalar technology weapons, evidence of how the secret military industrial complex started, evolved and operates including names of the leaders of this secret enterprise.
- The whistleblower testimony includes many who have seen first hand and many who were part of the crash retrieval teams and worked in the underground facilities doing the reverse engineering activities, including flying the man made UFO's which have been in existence since the late 1950's. Most of the names are still "blacked out" because they still work under mortal threats. Some are in the official government whistleblower protection program and have given sworn testimony that has not surfaced yet in public hearings since future public hearings have been effectively blocked for now. Some have given death bed public confessions.
- Greer updated us on two groups of individuals that he is working with to advance full disclosure. One group consists of former paramilitary police forces who are planning to execute search warrants on underground facilities which represent illegal black project activities. Some of these officers are actually in the military group that works for the secret group (ie they are unnamed whistleblowers) that are guarding the group's activities and underground operations. Another group involves some senior executives in the aerospace industry and defence department who have been part of the secret group and now realize how damaging to the world it has been to keep these secrets especially the free energy systems that are used to power UFO's (both ET and manmade). They are trapped under threats of death but feel if they can come out collectively with the tangible evidence that they have (a form of catastrophic disclosure) then they can do so with some degree of personal safety.
- Both of these groups will be ready to proceed within a year but from a practical point of view the legal government and the new President will need to be briefed in advance about these plans.
- In my very first secret group note to you all I included a link to a National Press Club event in June 2023 where Greer had several whistleblowers give testimony. One was Michael Herrera who was a marine in 2009 who described how he and some colleagues stumbled upon a 300 ft diameter manmade UFO in Indonesia. They were surrounded by unmarked paramilitary soldiers who took away their arms and were sure that the unmarked soldiers would kill them. Meanwhile Herrera saw that the UFO and it was hovering 10 feet off the ground with the floor of the UFO on the ground being loaded up with many boxes from nearby trucks. Then the floor with the boxes floated up and attached to the main UFO and it sped away instantly across the horizon with not a sound being made. They were not killed but told that they would be monitored and killed if they tried to tell their story. On returning to their ship they were summoned to see a senior looking officer (again, no name or rank badge) who forced them to sign a non disclosure agreement and warned them again about their physical safety. Subsequently Herrera noticed that he was constantly being followed including being monitored by black hawk helicopters flying over his house that was in a rural area. A couple of years ago Herrera became an official government whistleblower (assisted by Greer) and has now given his testimony (in private) to the congress and the inspector general where his story is being followed up for criminal prosecution. Janet and I were able to talk to Herrera for about a half an hour. Herrera has now become Greer's man in charge of security (he works for free and will do anything for Greer) and is working closely with Greer and the former paramilitary police referred to

Greer) and is working closely with Greer and the former paramilitary police referred to above to help develop the search and seizure plans.

- One of the biggest highlights was meeting some of our new 500 best friends. Two guys from London England independently flew over just for this event. Others travelled from Australia. A woman originally born in Guatemala along with her family experienced regular contact with ET beings starting in childhood. She and her engineer husband work in the aerospace industry and both have seen and experienced how the secrecy protocols work that are designed to force your compliance and prevent you from interacting with anybody who works on anything that is related to what you are doing so you are not able to see the “big picture”. A silo knowledge system exists which is used in all black projects including both the legal and illegal kind. They would have no way to judge the legality of what they know about or work on because the protocols are identical for all work. However, the people who work on the more sensitive projects usually face more dire consequences and threats if they were to say anything in violation of their non-disclosure agreements. It was fascinating to better understand how this secrecy system works and how powerful the techniques are which many of Greer’s whistleblowers have testified to. We met many people who have participated in their own local CE5 groups and they all have said that they always see something that is unexplained by any known factors such as planes, satellites or meteors. One woman from Beverley Hills was attracted to Greer not due to UFO’s but as a life time meditator with a focus on consciousness she became aware of what Greer was doing from that perspective. She spends half of her time in an ashram in India where she meditates for most of the day and when back home she also meditates for 4 to 5 hours every day. She is a frail looking woman in her 80’s and when she ordered lunch she asked for two huge caesar salads, two large entrees and a big dessert! Due to her meditation practices she only eats once per day. Her husband makes movie documentaries in LA and they are friends with RFK junior. Most people there had far more direct personal experience with UFO’s, ET’s, CE5 than Janet and I have so were like the “rookies”.

Now, getting back to the CE5 experience it is a very precise protocol developed by Greer in collaboration with the ET’s in the early 1990’s. Yes, you read it correctly - in collaboration with the ET’s! Now I know that for the skeptics out there I have already lost your serious attention. All I can say is that Greer has written extensively about this in his books and it is probably impossible for me to convince any of you about this unless you actually took the time to seriously review this. However, here is the reader’s digest version:

- Greer experienced his first UFO when he was a child.
- He continued to see the same UFO throughout his life including sensing telepathic communications.
- As a teenager he had a severe leg infection which turned into a life threatening sepsis condition. He had a near death experience where he was shown how the universe works and is populated by thousands of advanced civilizations. Similar to many near death experiences he was told to go back and dedicate his life to the issue of cosmic consciousness and to be an ambassador for helping humans evolve and learn how to communicate with the advanced ET civilizations. When he came out of his experience his sepsis condition and leg condition were gone.
- He then went to Tibet for a few years and was trained as a meditation teacher.
- When he returned home he became an ER doctor and headed up the Emergency department in a local hospital.
- He continued to do his meditation and found that the same UFO that he experienced as a child kept appearing to him when he was in deep meditation. Then on one occasion he was brought into the UFO and was reminded about his life purpose and that was when he developed the contact protocol in collaboration with the ET’s. The ET’s said that by following this agreed protocol it will help them know when humans

are reaching out to them for peaceful contact.

- This contact protocol has been used with groups of people since the early 1990's. He developed a CE5 app (which I have on my phone) and CE5 groups have been operating independently around the world for many years now. There are over a million people worldwide who have used the CE5 protocol since the 1990's.

The CE5 protocol (again developed jointly by Greer and the ETs) includes the following components:

- In order to be able to participate and experience what others experience you have to have an accepting attitude and make an intention to send thoughts out inviting ET's to show themselves in peace and not display any fear about what could happen.
- There are certain meditation protocols that you need to follow for about an hour.
- Certain sound tones that ETs recognize will be played.
- Powerful green lasers are used to show them where we are.
- Flight tracker and satellite tracker software needs to be available so that you don't misinterpret a plane or a satellite as a UFO.
- Make sure that you are in a quiet setting with good 360 degree visibility.
- If you wish, use night vision goggles because many times the UFO's do not appear in visible light.
- Have cameras available - note that most of the time the lights and images of UFO's and/or ETs only show for a few seconds so it is virtually impossible to see something and then have enough time to aim your camera before it is gone - sometimes images can last for 10 to 30 minutes but that is more rare.
- If someone has a good video camera that can be left on to record for a few hours then that is the best way to capture something that you can watch later - the video that I sent you about what has been recorded at these events was done using a long recording video.

For the two CE5 evenings that Janet and I attended we did not have ideal conditions. I blame Greer and his team for not scouting out the vineyard site better. Ideally, you need to be in a remote area with few if any airports nearby, a wide open 360 degree viewing area, and no distracting noise and with everybody sitting in a circle so that all of the sky is covered.

The vineyard we were in was not very remote and there were 3 or 4 airports in the area, a nearby vineyard was playing loud jazz music outside for the first two hours of our first night (from 8 to 10 pm), and all 500 of us were sitting theatre style facing in the same direction with a group of trees overhanging the back half of our space. So the meditation did not go well the first night with nearby noise and we had many false alarms that were shown to be airplanes or satellites. It was refreshing to see that Greer and his team at the first notice of a light by anyone in the group they immediately checked the air traffic and satellite software first to check it out. One woman got very excited about recording a green UFO and showed it to Greer who immediately dismissed her sighting because she had recorded his green laser moving around by accident. So the first night was a bust.

The second night went better as the jazz group was not playing. There were many unidentified lights that people saw. Due to the overhanging trees we could not see anything behind us at all, but there was a time that some people did see a saucer shaped UFO materialize above the trees (the trees blocked our view because of where we sat, but others did see it). It only lasted for a few seconds before fading out. I saw a bright light pop for a second in a tree behind me and to the left that lit up the area like a lightning strike does. I also saw two shimmering ribbons of light at different times that did a zigzagged path in the sky - about 3 seconds each. I know they were not meteorites because I am very familiar with

what they look like and these lights did not travel straight through the sky. We could not see everything that others saw because you can only look at a portion of the sky and by the time you hear someone say to look elsewhere by the time you turn your head the lights were gone. Again, when they appear they only last for a few seconds. There were lots of lights identified as airplanes and satellites again but many more that were not this night. The group overall was impressed this night by the number of unknown events that were seen.

So, as I said, not a 10 but enough in the second night to realize that the phenomenon is real.

To finish this off I am giving you links to two recent shorter videos where Greer is giving an update on a variety of the matters that I have mentioned:



Things are really heating up now on this issue (at least for me!).

All the best,

Alan

