Signaling Pathways in the Pathophysiology of Atopic Dermatitis

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## Disclosures

- > Investigator, Regeneron, Incyte
- Advisory Boards, Regeneron, Sanofi-Genzyme, Abbvie, Leo, Lilly, Pfizer, Janssen

# Learning Objectives

Upon completion of this learning activity, participants should be able to:

- 1. Describe skin barrier and immune abnormalities implicated in the pathophysiology of atopic dermatitis
- 2. Recognize therapeutic implications of key research insights for targeted therapies in atopic dermatitis

# **Clinical vignette**

- You are asked to see Noel, a 22 year old college student with a history of chronic pruritic eczematous rash present since infancy involves his face, trunk and all 4 extremities including flexural aspects
- Course complicated by superficial skin infections including with MRSA as well as past history of localized HSV infection, but no recurrence; no history of deep seated abscesses or PNAs, no warts or molluscum
- Intermittent asthma treated with prn ICS & SABA and SAR treated with prn antihistamines
- > He wants to understand his illness...what lies beneath, not just here for another Rx!



# Global variations in prevalence of eczema symptoms in children from ISAAC Phase



# Recent insights into atopic dermatitis and implications for management of infectious complications

Increased susceptibility to infection or colonization with microbial organisms: S. aureus\*, Herpes simplex



\*epidemic of CA-MRSA in US





Boguniewicz M, et al. J Allergy Clin Immunol 2010;125:4



J Allergy Clin Immunol 2000;105:860

# Atopic dermatitis pathophysiology...it's complicated





Lancet 2020;396:345-60

Skin commensals and intact skin barrier promote tolerance induction, while skin barrier impairment and dysbiosis can drive type 2 inflammation



# Atopic dermatitis subjects colonized with S. aureus have a distinct phenotype and endotype

- Compared to S. aureus (-) AD pts, S. aureus (+) AD pts had more severe disease based on all scoring systems except itch (NRS)
  - > higher levels of type 2 biomarkers (eosinophil count, tlgE, CCL17, and periostin)
  - significantly greater allergen sensitization (Phadiatop and tlgE)
  - > greater barrier dysfunction (TEWL and SC integrity) and higher serum LDH
- > FLG mutations did not associate with S. aureus (+) colonization

 Adult AD pts colonized with S. aureus have more severe disease, greater type 2 immune deviation, allergen sensitization, barrier disruption, and LDH elevation than noncolonized AD subjects Staphylococcus epidermidis protease EcpA can be a deleterious component of the skin microbiome in atopic dermatitis



Cau L, et al. J Allergy Clin Immunol 2021;147:955-66.e16.

## Microbiome in AD



## Altered composition of epidermal lipids correlates with Staphylococcus aureus colonization status in atopic dermatitis



# Lipid abnormalities in atopic skin are driven by type 2 cytokines

- Lipids in the stratum corneum of AD patients differ substantially in composition from healthy subjects
- RNA sequencing analysis performed on stratum corneum of AD as compared with healthy subjects identified decreased expression of fatty acid elongases ELOVL3 and ELOVL6 that contributed to observed changes in atopic skin lipids
- IL-4/IL-13 inhibited ELOVL3 and ELOVL6 expression in keratinocyte cultures in a STAT6-dependent manner
- Data strongly support the pathogenic role of type 2 immune activation in AD skin lipid metabolism



Lancet 2020;396:345-60

# Role of filaggrin in the skin and structural and biophysical consequences of filaggrin deficiency



McAleer MA, et al. J Allergy Clin Immunol 2013;131:280

## Genetic and immunologic influences on filaggrin expression



McAleer MA, et al. J Allergy Clin Immunol 2013;131:280

### Genes associated with atopic dermatitis



Gupta J, et al. J Allergy Clin Immunol 2016;138:676



Lancet 2020;396:345-60

Asthma pathogenesis and type 2 high & low inflammation



# Type 2 immune responses in human chronic rhinosinusitis



Cao P-P, et al. Ann Allergy Clin Immmunol 2019;122:33

### Role of type 2 cytokines in Atopic Dermatitis

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#### **Rapid Publication**

### Differential In Situ Cytokine Gene Expression in Acute versus Chronic Atopic Dermatitis

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#### Abstract

The mechanisms involved in the initiation and maintenance of skin inflammation in atopic dermatitis (AD) are poorly understood. Recent data suggest that the pattern of cytokines expressed locally plays a critical role in modulating the nature of tissue inflammation. In this study, we used in situ hybridization to investigate the expression of interleukin 4 (IL-4), IL-5, and interferon-gamma (IFN-y) messenger RNA (mRNA) in skin biopsies from acute and chronic skin lesions of patients with AD. As compared with normal control skin or uninvolved skin of patients with AD, acute and chronic skin lesions had significantly greater numbers of cells that were positive for mRNA, IL-4 (P < 0.01), and IL-5 (P < 0.01), but not for IFN- $\gamma$  mRNA expressing cells. However, as compared with acute AD skin lesions, chronic AD skin lesions had significantly fewer IL-4 mRNA-expressing cells (P < 0.01), but significantly greater IL-5 mRNA (P< 0.01). T cells constituted the majority of IL-5-expressing cells in acute and chronic AD lesions. Chronic lesions also expressed significantly greater numbers of activated EG2+ eosinophils than acute lesions (P < 0.01). These data indicate that although acute and chronic AD lesions are associated with increased activation of IL-4 and IL-5 genes, initiation of acute skin inflammation in AD is associated with a predominance of IL-4 expression whereas maintenance of chronic inflammation is predominantly associated with increased IL-5 expression and eosinophil infiltration. (J. Clin. Invest. 1994. 94:870-876.) Key words: atopic dermatitis · inflammation · cytokines · eosinophils · T cells

#### Introduction

Atopic dermatitis (AD)<sup>1</sup> is a chronic skin disease affecting up to 10% of children and is the major cause of occupation-related disability caused by skin disease. It is associated with intense pruritus, increased serum IgE levels, and peripheral blood eosinophilia (1, 2). The actual events that result in this inflammatory skin condition are poorly understood. However, it is thought that genetic susceptibility, environmental trigger factors such as allergens, and altered immune responses contribute to its pathogenesis (3). Acute and chronic skin lesions in AD are characterized by the infiltration of activated T cells and monocyte-macrophages (4, 5). Although eosinophils are not prevalent by routine histology, chronic AD is associated with extensive dermal deposition of eosinophil-granule major basic protein (6). In this regard, serum levels of sIL2R and eosinophil cationic protein have been reported to correlate with severity of skin disease (7, 8). Favorable clinical responses of AD patients to cyclosporin A also implicate immune activation as an important mechanism in the pathogenesis of AD (9, 10).

Identification of the immunologic elements that play a role in initiating and maintaining skin inflammation in AD is critical for the development of new approaches to treat this common and often debilitating skin disease. Studies of T cell clones support the concept that activation of a subpopulation of helper cells leads to the release of cytokines important in the pathogenesis of allergic diseases. In mice, two types of CD4+ T cell clones have been described on the basis of their cytokine gene transcription and secretion (11). T helper type 1 (Th1) cells express mRNA and secrete IL-2 and interferon-gamma (IFN- $\gamma$ ) but not IL-4 or IL-5. In contrast, Th2 cells elaborate IL-4 and IL-5 but not IFN- $\gamma$ . Both subpopulations of T cells produce IL-3, GM-CSF, and TNF- $\alpha$ . IL-4 acts as an IgE isotype-specific switch factor (reviewed in reference 12), promotes mast cell growth (13), and induces the expression of vascular cell adhesion molecule (VCAM-1), an adhesion molecule involved in the migration of mononuclear cells and eosinophils into sites of tissue inflammation (14). IL-5 promotes the differentiation, vascular endothelial adhesion and survival of eosinophils as well as enhances histamine release from basophils (reviewed in

#### Rapid communication

In vivo expression of IL-12 and IL-13 in atopic dermatitis

Qutayba Hamid, MD, PhD,<sup>a</sup> Tanveer Naseer, BSc,<sup>a</sup> Eleanor M. Minshall, PhD,<sup>a</sup> Yan L. Song, MD,<sup>a</sup> Mark Boguniewicz, MD,<sup>b</sup> and Donald Y. M. Leung, MD, PhD<sup>b</sup> Montreal, Quebec, Canada, and Denver, Colo.

# Type 2 cytokines & AD...

The Journal of Immunology

Cytokine Milieu of Atopic Dermatitis, as Compared to Psoriasis, Skin Prevents Induction of Innate Immune Response Genes<sup>1</sup>

Ichiro Nomura,\* Elena Goleva,\* Michael D. Howell,\* Quatyba A. Hamid,<sup>†</sup> Peck Y. Ong,\* Clifton F. Hall,\* Marc A. Darst,<sup>‡</sup> Bifeng Gao,<sup>§</sup> Mark Boguniewicz,\* Jeffrey B. Travers,<sup>‡</sup> and Donald Y. M. Leung<sup>2</sup>\*



#### Mechanism of HBD-3 deficiency in atopic dermatitis

Michael D. Howell <sup>a,b</sup>, Mark Boguniewicz <sup>a,b</sup>, Saveria Pastore <sup>c</sup>, Thomas Bieber <sup>e</sup>, Giampiero Girolomoni <sup>d</sup>, Donald Y.M. Leuns



Loricrin and involucrin expression is down-regulated by Th2 cytokines through STAT-6 Byung Eui Kim<sup>a,b</sup>, Donald Y.M. Leung<sup>a,\*</sup>, Mark Boguniewicz<sup>a</sup>, Michael D. Howell<sup>a</sup>

Defective killing of *Staphylococcus aureus* in atopic dermatitis is associated with reduced mobilization of human

#### β-defensin-3

Kevin O. Kisich, PhD,<sup>a,b</sup> Charles W. Carspecken, BS,<sup>a,b</sup> Stephanie Fiéve, BS,<sup>a</sup> Mark Boguniewicz, MD,<sup>a,b</sup> and Donald Y. M. Leung, MD, PhD<sup>a,b</sup> Denver, Colo

### In vivo expression of cytokine receptor mRNA in atopic dermatitis

Rame A. Taha, MD,<sup>a</sup> Donald Y. M. Leung, MD, PhD,<sup>b</sup> Omar Ghaffar, BSc,<sup>a</sup> Mark Boguniewicz, MD,<sup>b</sup> and Qutayba Hamid, MD, PhD<sup>a</sup> Montreal, Canada, and Denver, Colo.

#### ENDOGENOUS ANTIMICROBIAL PEPTIDES AND SKIN INFECTIONS IN ATOPIC DERMATITIS

PECK Y. ONG, M.D., TAKAAKI OHTAKE, M.D., PH.D., CORINNE BRANDT, B.S., IAN STRICKLAND, PH.D., MARK BOGUNIEWICZ, M.D., TOMAS GANZ, M.D., PH.D., RICHARD L. GALLO, M.D., PH.D., AND DONALD Y.M. LEUNG, M.D., PH.D.

### Immunity 24 341-348, March 2008 0 2008 Elawire Inc. DOI 10.1016/j.immuni.2008.02.008 Cytokine Millieu of Atopic Dermatitis Skin Subverts

#### the Innate Immune Response to Vaccinia Virus

Michael D. Howell, "Richard L. Galo," Mark Boguniwer," James F. Jones, "Cathy Wong," Joanne E. Streib," and Donald Y.M. Leung)." "Division of Alwing and Immunology Department of Padiatrics National Jowish Medical and Research Center Univently of Colorado Health Sciences Center Denere, Colorado 82080 "Division of Dermatology Department of Medicine and Pediatrics Univently of California, San Diego VA San Diego Health Care System San Diego, California S2161 "Viral Earthmen and Heprevirus Branch Centers for Disease Control and Prevention Attenta, Georgia 3033 2002). This possibility has led to a debate over reinstating voluntary vaccinations against smallpox (Bicknel), 2002; Fauci, 2002; Drazen, 2002; Moldvalais with atopic domnaths (AD) ner excluded possibilito to diverge or constraints (AD) the potential impact of this recommendation was seen recently smallpox vaccination, with various contraindications with skin conditions being the main cause for deferral (Grabenstein and Winkerwarder, 2003). Approximately 17% of children are diagnosed with AD (Long et al., 2004; Long and Bieber, 2003), and, aclines, these children and those in close contact with them should not be vaccinated (Flotz et al., 2001).

#### Th2 Cytokines Act on S100/A11 to Downregulate Keratinocyte Differentiation

Michael D. Howell<sup>1</sup>, Heather R. Fairchild<sup>1</sup>, Byung Eui Kim<sup>1</sup>, Lianghua Bin<sup>1</sup>, Mark Boguniewicz<sup>1,2</sup>, Jasmina S. Redzic<sup>3</sup>, Kirk C. Hansen<sup>3</sup> and Donald Y.M. Leung<sup>1,2</sup>

Food allergy, anaphylaxis, dermatology, and drug allergy

Rapid publication

### Cytokine modulation of atopic dermatitis filaggrin skin expression

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# AD phenotypes and related endotypes



Czarnowicki T, et al. J Allergy Clin Immunol 2019;143:1

# Dupilumab, a fully human monoclonal antibody targeting IL-4 receptor-alpha



Hamilton JD, et al. Immunotherapy 2015;7:1043

Dupilumab progressively improves systemic and cutaneous abnormalities in patients with atopic dermatitis



Guttman-Yassky E, et al. J Allergy Clin Immunol 2019;143:155

# AD patients from phase 2 & 3 trials pre-/post-dupilumab



Photos courtesy of Dr E Guttman-Yassky

Boguniewicz M, et al. Ann Allergy Clin Immunol 2018;120:10

# Therapeutic targets



Lancet 2020;396:345-60

## NIAID Atopic Dermatitis Research Network

