



Dr Praveena Raman

Academician and Clinical Practitioner

A doctor to serve patients and an academician to train how to serve. An experience of 4+ years in Academics and 10+ years in General Dentistry. A Double Gold Medalist and University Topper in MDS. 23 Scientific Publications (21 as first author) in reputed indexed Journals. 18 Articles Reviewed. Handled 40000+ patients.

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📍 CHENNAI, India

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SKILLS

Clinical Diagnosis



Radiographic Interpretation



Compassion & Empathy



Inter-Personal Communication



Patience & Calmness



Detail Oriented



Problem Solving



Leadership & Adaptability



Manual Dexterity



Hands On



INTERESTS

Oral Ulcerative Lesions

Oral Pre-Cancer

Oro-Myo Care & TMD

Curcumin Pain Management

Palliative Care

Clinical Research

Health Communication

Advanced Imaging

Tobacco Cessation

Breaking Bad News

Lasers

WORK EXPERIENCE

Senior Lecturer - Department of Oral Medicine and Radiology Sathyabama Dental College and Hospital

06/2017 - Present

Chennai, India

- ▣ **Trained 500+** students. Implemented interesting and interactive learning lessons to increase student understanding of complex dental procedures.
- ▣ **24 Scientific Publications** (22 as First Author) with **6 ongoing research works**.
- ▣ **19 Scientific Presentations, 16 FDPs, 11 Workshops, 100+ Conference & Webinars.**
- ▣ Coordinator for NAAC, ISO, IQAC.
- ▣ Co-Organizer for multiple FDPs, webinars and conferences.

Clinic Head Lemon Dental

11/2019 - Present

Chennai, India

A Dental Home by Dr. Praveena Raman with focus on compassionate and holistic patient care.

- ▣ Leading a team of 6 Dental Specialists.
- ▣ Performing all dental procedures on paediatric, adult and geriatric patients.
- ▣ Ensured clinical excellence by initiating and implementing patient communication and care protocols for the team members.
- ▣ Formulating definitive diagnosis and treatment plans through special emphasis on medical history.
- ▣ Maintaining rapport with patients by effective communication of dental procedures with a high degree of compassion and empathy.
- ▣ Maintaining sanitary environment for patient care and managing inventory, infection control and sterilization procedures as required.

WORK EXPERIENCE

Senior Lecturer - Department of Oral Medicine and Radiology

Thai Moogambigai Dental College

05/2017 - 06/2017

Chennai, India

- ▣ Trained students.
- ▣ Handled patients.
- ▣ Soft-skills development.

Other Work Experiences

Multiple

2008 - Present

- ▣ Specialty Consultant, SPAN Dental Care, Chennai (2013-Present)
- ▣ Dental Surgeon, Dr. Malik's Dental Clinic, Secunderabad (2012-2013)
- ▣ Intern, Durga Dental Clinic, Chennai (2010-2012)
- ▣ Intern, St. Thomas Mount Hospital, Chennai (2008-2009)

EDUCATION

Masters in Dental Surgery (Oral Medicine and Radiology)

SRM Dental College and Hospital

2013 - 2016

Chennai, India

- ▣ Double Gold Medalist
- ▣ University Topper

Fellowship in Palliative Medicine

Institute of Palliative Medicine (IPM)

2020 - 2021

Kozhikode, India

Diploma in Health Communication

Symbiosis School for Open and Distance Learning

2021 - Present

Pune, India

Bachelors in Dental Surgery

SRM Dental College and Hospital

2006 - 2011

Chennai, India

Diploma in Clinical Research

Symbiosis School for Open and Distance Learning

2021 - Present

Pune, India

CERTIFICATES

Tobacco Cessation (11/2020)

Gujarat University - I Can Care (Secured 'A' Grade)

Foundation Course in Palliative Medicine (2016)

Lakshmi Pain and Palliative Care (10 days of Clinical Training)

Cone Beam Computed Tomography - CBCT (2016)

Manipal University (Hands on)

Pain and Palliative Medicine (09/2019 - 10/2019)

Trivandrum Institute of Palliative Sciences (6 weeks of Clinical Training)

Hard & Soft Tissue Laser (2017)

BIOLASE

Rotary Endodontics and Post-Core (2020)

Access Dental Institute - Root Canal Centre (Hands On)

GUEST LECTURES

Tongue and Teeth as marker in Neurological Illness

Atma Nirbhar Bharat

2020

India

- ▣ In association with ICMR scientists and NIMHANS faculties

Ill Effects of Tobacco

Guru Nanak College

2018

Chennai, India

Image Receptors

National Workshop on Radiology

2019

Chennai, India

- ▣ Organized by Sathyabama Institute of Science and Technology

An Insight on Oral Health (Motivational Talk)

Mahindra Group

2018

Chennai, India

ACHIEVEMENTS

Gold Medal - MDS Part I (2013 - 2014)

Topper In University Examinations

Best Poster (11/2020)

D Y Patil Dental College (Title: Maxillofacial Radio Diagnosis: Inception to Innovation - A short virtual ride.

First Prize (2008)

SRM Dental College (Inter Dental College Prize Examination in Pharmacology)

Gold Medal - MDS Part II (2014 - 2016)

Topper in University Examinations

Best Poster (2009)

Indian Dental Conference, Nagpur (Title: Clinical Applications of Co2 Lasers)

HONOR AWARDS

Outstanding Service (2020)

COLGATE's Dentist for me.

▣ for service provided during Covid-19 pandemic in 2020.

Honorary Rosalind Member (2020)

London Journal Press

▣ for remarkable contribution on herbal drug study on Oral Ulcers.

JOURNAL BOARD

Editorial Board

- ▣ Acta Scientific Otolaryngology.
- ▣ European Journal of Pharmaceutical and Medical Research.
- ▣ Research International Journal of Clinical and Medical Case Reports.
- ▣ Acta Scientific Clinical Case Reports.
- ▣ International Journal of Public Health Dentistry.
- ▣ International Journal of Clinical Medicine.
- ▣ International Journal of Dental Science.
- ▣ International Journal of Medical Case Reports.
- ▣ International Journal of Health Research.
- ▣ International Journal of Chronic Diseases.

Reviewer Board

- ▣ Cureus Journal of Medical Sciences.
- ▣ Journal of Orofacial research.
- ▣ ENVIRO- Dental Journal.
- ▣ Academia Letters. Journal of clinical, cosmetic and Investigational dentistry.
- ▣ Journal of Oral Medicine, Oral Surgery, Oral Pathology and Oral Radiology.
- ▣ Journal of Pharmaceutical research International.
- ▣ International Journal of Otorhinolaryngology and Head and neck surgery.
- ▣ Journal of International Medical Research.

PUBLICATIONS

Original Research

Correlation of Pain Score with Ulcer Size in Oral Aphthous Ulcers using 2% Curcumin Gel and 0.1% Triamcinolone Oral Paste - A Parallel Comparison, Drug Trail

March 2021

Journal of Indian Academy of Oral Medicine and Radiology

Scopus, Specialty Journal

Case Report

Complex Regional Pain Syndrome Post COVID-19 Vaccine Shot: An Autobiographical Case Report

December 2021

Cureus

PubMed, WoS

Original Research

Topical Curcumin and Triamcinolone Acetonide in Recurrent Minor Aphthous Ulcers: A Pilot Trial

August 2020

The Journal of Contemporary Dental Practices

PubMed, Scopus

Case Report

Curcumin on Camphor-Induced Chemical Burn on the Palate: Report of a Peculiar Self-Inflicted Case

December 2021

Cureus

PubMed, WoS

Case Series

Lesions of the Tongue- A Clinical Case series

Ahead of Print

Journal of Family Medicine and Primary Care

PubMed

Case Series

Communication, Counselling and Compassionate care: The Least explored and Challenging Palliative Care approaches among Primary care Physicians.

January 2020

Journal of Family Medicine and Primary Care

PubMed

Original Research

Tobacco awareness with socioeconomic status and pictorial warning in tobacco cessation- An exploratory institutional survey in a semi urban population.

October 2020

The Journal of Contemporary Dental Practices

PubMed, Scopus

Case Series

Dentist's Delay or Dexterity to Diagnose the Deadly: A Clinico-radiological Series of Oral Malignancies Exhibiting Varied Presentations in the Tamil Nadu Rural Belt.

February 2019

Cureus

PubMed, WoS

PUBLICATIONS

Case Series

Presentation Tooth and Advanced Oral Submucous Fibrosis Obscuring Buccal Squamous Cell Carcinoma: A Case Report and Literature Review

December 2018

Cureus

PubMed, WoS

Review

Holistic approach on dentistry post covid-19- critical assessment of literature.

July 2020

International Journal of Recent Advances in Multidisciplinary Research

Case Presentation

An Epidermoid cyst of the upper lip in a completely edentulous geriatric female: A rare case with Clinico- Radiological report.

June 2020

International Journal of Case Reports

Original Research

Role of Cone Beam computed tomography in general dental practice.

April 2020

Indian Journal of Medical research and pharmaceutical sciences

Review

Pressure Provoking Pain- Barodontalgia: An overview

January 2019

World Journal of Pharmacy and Pharmaceutical Sciences

Case Presentation

Cavernous Hemangioma of Masseter in a Kid- A case report with review of the literature.

October 2017

Scholars Journal of Medical Case Reports

Review

Oral Care and Palliative Dentistry at Home in Post operative Oral Cancer to improve Quality of Life- A review

September 2021

Journal of Indian Dental Association Madras (JIDAM)

Review

Convalescent Plasma Therapy for Prophylaxis and Treatment of COVID-19: A Systematic Research of Facts and Files

June 2020

Annals of Clinical and Laboratory Research

Editorial

Burn Out Among Dentist's Post Covid-19 Pandemic.

February 2021

Acta Scientific Clinical Case Reports

Review

Covid-19 Pandemic Jargons: Literature, Media and Social Media Hunt.

December 2020

Acta Scientific Clinical Case Reports

Case Presentation

Hemifacial Microsomia in a Female Kid - A Clinico-Radiological

August 2020

International Journal of Pharmaceutical Sciences Review and Research

Case Presentation

Branchiootic Syndrome in a Male Kid - A Rare Case Presentation with Clinical and Imaging Report.

February 2020

Annals of Clinical Case Reports

Case Presentation

Bilateral Mixed density lesion of the mandible- An incidental report with clinical, radiological, biochemical and pathological findings.

January 2019

World Journal of Pharmacy and Pharmaceutical Sciences

Case Presentation

Ameloblastic Fibro-odontoma in a Kid - An imposter in radiography.

October 2017

Indian Journal of Research

Original Research

Prevalence of Tongue Lesions in Tobacco and Nontobacco users of OPD, SRM Dental College, Chennai: A Cross-Sectional Study

February 2015

International Journal of Advanced Health Sciences

Book Chapter

The Herbal Boon for Oral Aphthous Ulcers- Curcumin

May 2021

Recent Advances in Pharmaceutical Sciences (Volume 1)

MEMBERSHIP

Indian Dental Association (IDA)

Annual Member

Indian Association of Palliative Care (IAPC)

Life time member

Indian Association of Oral Medicine and Radiology

Life time member

LANGUAGES



Tamil



English



Malayalam



Hindi



Telugu