

Demographic Information

First Name:	L;	ast Name:	Preferred Name:	
Address:			City:	State:
Zip:	County:	SS#:	Date of Birth:	Age:
Phone #:	May we leave	a message	Email:	
Cell phone #:	May we leave	a message	_ Can you receive text notifi	cations
Race:	Gender Identification		Preferred Pronouns	
Legal Guardian:	-		Phone #:	
Relationship to C	lient:			
Emergency Conta	act:		Phone #:	
•••••				
FINANCIALLY RES	SPONSIBLE PARTY/INSURED (if o	ther than patient):		
Last Name:		First Name:	M.I Dat	e of Birth:
Address:		City:	State:	Zip:
Home Phone:	Cell Phone:	Work Phone:	Email:	
Employer:		Occupation: _		
INSURANCE INFO	PRMATION:			
Primary:		Policy #:	Group:	
Address:		City,	State, Zip:	
Phone Number: _				
Secondary:			Policy #:	Group:
Address:		City, State, Zip:		
				•••••
I give my permiss	sion for the following people to	gain access and have know	wledge regarding my (or my child	d's) treatment with
Insight Out Thera				•
******	**********	*********	***********	********
			rry out a reasonable level of treatment. I directl	
			abide by the attached Financial Statement of L as my insurance, I hereby agree that I have beer	
Signature of Re	esponsible Party:		Date:	

Financial Agreement

Client Name:	Date of Birth:
Name of Person Financially Responsible:	Relation to Patient:
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By signing below, you are acknowledging that you have read, understood, and agree to the following financial policies of Insight Out Therapeutics and your individual therapist. This agreement is to serve as a legally binding financial agreement between the client named above, his/her/their financial proxy (as named above), and Insight Out Therapeutics. You further acknowledge that unless otherwise specified by written agreement, this policy will supersede all previous signed agreements.

Payment for Services:

• Insurance:

- Currently, we offer the ability to utilize your commercial insurance and Medicaid benefits to cover the cost of our services. Upon our contact with your insurance company, they may dictate that you are responsible for a portion of your benefit (a copay, co-insurance, member responsibility, etc). We will affirm coverage at the beginning of the calendar year; when you begin services with us; and/or when you inform us of a change to your coverage.
 - Any questions or issues of cost to you must be made between you and your insurance company as we are acting in good faith based on the information provided by your carrier in our verification of benefits.
- Any cost sharing that your insurance carrier shows as your responsibility is expected to be paid *prior* to services being rendered. At this time we accept all major credit/debit/HSA/FSA cards, checks, cash, or money orders.

Self-Pay Clients:

- Our therapists and interns charge fees at variable rates. The cost per session is based on a 53-minute therapeutic hour. It is your and your therapist's discretion to go over or under that amount of time. Any fraction of that time will be prorated to the amount of time that the session went over/under. The time frames are as follows:
 - 0-37 minutes = 50% of the hourly fee
 - 38-52 minutes = 75% of the hourly fee
 - 53-60 minutes = 100% of the hourly fee
- Your payment is expected to be paid prior to services being rendered. At this time we accept all major credit/debit/ HSA/FSA cards, checks, cash, or money orders.

• Extraneous Charges:

- Your therapist reserves the right to charge his/her session rate under the following circumstances: returning phone calls to clients and their attorneys, completing affidavits, writing letters on behalf of clients, etc.
- If asked to appear in court on your behalf, The charges are as follows:
 - \$325.00/hour. Billable hours are to start as soon as the therapist begins to prepare for his/her testimony to include, case review, travel (to accrue from the point of clinician departure), waiting to be called to testify, and testimony. Fees will continue to accrue until the clinician is excused by the court and his/her testimony is concluded plus return travel time.
 - A five (5) hour retainer (\$1625.00) is due prior to any preparation for testimony and all billable hours will be deducted from that amount. In the event of overpayment, a refund will be issued within 48 business hours *after* the clinician is excused from his/her testimony by the court. In the event of underpayment, an invoice will be forwarded to you within 48 business hours after the clinician is excused from his/her testimony by the court. Any balance that is not paid for more than 45 days from the date of service will result in your account being submitted to a professional collection agency unless payment arrangements have been made, and the client may be administratively discharged from our services and referred to another clinician outside of the agency.

New Clients:

- New clients to our practice will be asked to place a credit card on file. The card will not be charged until the start of your session, where you will also have the ability to change payment methods.
- You will be required to submit all the paperwork along with a credit card authorization form 72 hours prior to your first appointment. If it is not returned within that time frame your appointment will be canceled and your card will not be charged.
- Should you not show up for your first appointment, or be more than 20 minutes late **for any reason**, your card will be charged \$75.00 for the missed session and you will be afforded an opportunity to reschedule the appointment.

• Appointment Reminders:

- Our system sends out automated appointment reminders. We have no control over when the reminders are sent. The reminder schedule is as follows:
 - Cell phone reminders:
 - O When an appointment is made, changed, or canceled
 - o 50, 26, 4, and 2 hours prior to the start of the appointment time.
 - Email Reminders:
 - When an appointment is made, changed, or canceled
 - o 50, 26, and 2 hours prior to the start of the appointment time.

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	Date of Birth:
ne of Person Financially Responsible:	Relation to Patient:
 Invoicing: Clients who have been seen in the office for order to be considered for invoicing, the cli (2) missed sessions outside the 24 hour can appointment. Cancellations: Cancellations must be made no less than appointments need to be canceled no later the day after a holiday, it needs to be cancelling out office and leaving a message, email as you then have a record of your clin the event that you miss an appointmen will be charged a fee of \$75.00, which must appoint at the sole discretion of your clinician has the final decis applied at the sole discretion of your clinician. Failure to properly advise us a total of two termination at which time you will receive. As the therapeutic hour is important to has session will be canceled and a cancellation the sole discretion of your clinician. It is imperative that our clinicians have the unavoidable happens that impacts the tim all of our clients. Once that amount has posame missed session fee as you would for Standing Appointments:	It without giving any notice at all, or with a less than 24 hours' notice, you ust be paid prior to the beginning of your next session. Sion to waive this charge at the rate of one (1) time per quarter. This is
Insight Out Therapeutics and your individual therapi between the client named above, his/her/their finance	have read, understood, and agree to the following financial policies of ist. This agreement is to serve as a legally binding financial agreement ital proxy (as named above), and Insight Out Therapeutics. You further ten agreement, this policy will supersede all previous signed agreements.
Client Signature	Date

Date

Administrator Signature

Client Name:	DOB:
	INFORMED CONSENT FOR

TREATMENT

We are pleased that you have selected Insight Out Therapeutics, LLC. to work with you. This letter serves to inform you about the therapeutic treatment process, give you some information and answer questions about the professional relationship between therapist, patients, and their families. We have a number of client expectations about the professional relationship we embark on with each client.

CONFIDENTIALITY: Confidentiality is an important part of the mental health/ addictive disease treatment/therapy process. It means that unless you give us written permission, we may not give any information about you to anyone outside of Insight Out Therapeutics, If you and another adult (someone 18 years of age or older) are seen together, BOTH of you must agree in writing before any information can be released. There are specific times; however, when the law requires us to give information about you with or without your consent:

- 1. To report known or suspected instances of abuse, exploitation, or neglect of children and elders.
- 2. When you are a danger to your own life.
- 3. When you have made a credible threat to the life of another.

RISKS and BENEFITS of THERAPY: While mental health/addictive disease therapy can be an effective mode of treatment for a variety of life problems, positive results cannot be guaranteed. One major benefit that can be gained from participating in treatment/therapy includes a better ability to handle or cope with family and other interpersonal relationships. Other benefits relate to the potential to resolve specific concerns brought to treatment/therapy. Seeking to resolve issues between family members and other person can similarly lead to discomfort, frustration and relationship changes not originally intended. Insight Out Therapeutics, LLC. clinicians focus on the relational nature of therapeutic problems. At any time, you may ask your clinician(s) to explain more about how they work, why they are gathering information, or why they are prescribing a particular approach.

EMERGENCY PROCEDURES: If you are in a life and death emergency situation dial 911 for assistance or go immediately to your local emergency department. You can call the Georgia Crisis and Access Line for any mental health emergency 1-800-715-4225.

COMPLAINT RESOLUTION PROCEDURES

The staff of Insight Out Therapeutics, LLC. wants to know that you are satisfied with your individualized program. We also understand that with any ongoing relationship, there may be times of conflict. It is important to all of us that you feel your complaints or concerns are heard. The following is a guideline and time-frame for filing complaints. The first person to call should you have any problem with program staff is your therapist. You should expect to have he/she help me resolve the conflict within two (2) business days. Again, we believe that in working together to address conflict and concerns can only serve to help you reach your goals in your treatment plan through the services that are provided by Insight Out Therapeutics, LLC. Should my therapist not be able to resolve your concerns, please contact our Clinical Administrator at 470-215-6101.

MANDATED REPORTING STATEMENT

As required by our regulatory agencies, the following information is provided:

- 1. Insight Out Therapeutics does not support nor condone the use of corporal punishment at any time.
- 2. Under state law, all supervisors, therapists, interns, and employees of Insight Out Therapeutics are mandated reporters of child and elderly abuse and neglect. That is, we are required to make a report to the appropriate county office of the Department of Family and Children Services or related department when there is reasonable cause to believe that an elderly person or a child under the age of 18 years old has had physical injury inflicted upon him or her by a parent/caretaker by other than accidental means, has been neglected or exploited by a parent/caretaker or has been sexually assaulted or sexually exploited.

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Please Read and Sign Below:

- I have read and understand the above statement concerning the limits of confidentiality, the risks and benefits of therapy, payment and cancellation policy, and emergency procedures. I do hereby seek and consent to take part in treatment provided by Insight Out Therapeutics, I understand that if payment for the services I receive is not made, the clinician may stop treatment. My signature below indicates my informed consent to receive services and reflects that I understand and agree with all of the above statements. I have been given the opportunity to ask questions regarding this information.
- I understand that the fees for services are payable at the time of service. I understand that I am financially responsible for all charges whether reimbursed to me by insurance or not.
- I know that I must call to cancel an appointment at least 24 hours before the time of the appointment. If I do not cancel or do not show up, I will be charged the session fee for that appointment.
- I acknowledge I have received a copy of Client Rights & Responsibilities, received an orientation of services, and give my voluntary
 consent for treatment.
- I acknowledge I have received the Notice of Policies and Practices to Protect the Privacy of Your Health Information. I acknowledge that I was provided a copy of the "Notice of Insight Out Therapeutics' Policies and Practices to Protect the Privacy of your Health Information" and that I have read (or had the opportunity to read if I so choose again).
- Informed Consent: By affixing my signature to this form, I acknowledge that I have read, understood, and agreed to all of the polices detailed above and in the *Notice of Insight Out Therapeutics' Policies and Practices to Protect the Privacy of your Health Information*. I consent for my therapist to disclose PHI to my insurance company or PCP if required for payment of claims.

opportunity to ask questions regarding these forms/ policies.		
Client Signature:	Date:	
Parent/Legal Guardian Signature:	Date:	

A staff member of Insight Out Therapeutics has reviewed the forms with me and I have received a copy of each form. I have had the

This is page 2 of 2 pages.

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Client Rights

In compliance with Insight Out Therapeutics' policies, and procedures, all clients have the following rights:

- 1. Right to a humane treatment or habilitation environment that affords reasonable protection from harm, exploitation, and coercion;
- 2. Right to be free from physical and verbal abuse;
- 3. Right to be free from the use of physical restraints and seclusion;
- 4. Right to be informed about plan of treatment and to participate in the planning, as able, to include development of the plan, review of the plan, and notification of changes made to the plan; Right to be involved in the transition and discharge planning process;
- 5. Right to be promptly and fully informed of any changes in the plan of treatment;
- 6. Right to accept or refuse treatment, unless it is determined through established authorized legal processes that the client is un-able to care for himself or is dangerous to himself;
- 7. Right to be fully informed of the charges for treatment;
- 8. Right to confidentiality of clientrecords;
- 9. Right to have and retain personal property which does not jeopardize the safety of the client or other clients or staff and have such property treated with respect;
- 10. Right to converse privately, have convenient and reasonable access to the telephone and mails, and to see visitors, unless denial is necessary for treatment and the reasons are documented in the client's treatment plan;
- 11. Confidentiality of information rights;
- 12. Privacy rights;
- 13. Freedom from abuse, financial or other exploitation, retaliation, humiliation, and neglect
- 14. Access to information pertinent to the client in sufficient time to facilitate client decision making;
- 15. Informed consent or refusal or expression of choice regarding: service delivery, release of information, concurrent services, composition of the service delivery team, involvement in research projects, if applicable;
- 16. Access or referral to legal entities for appropriate representation at the client's expense
- 17. Access and referral to self-help/ advocacy supportservices
- 18. Adherence to research guidelines and ethics when a client is involved, if applicable
- 19. Right to be free of physical holds (emergency intervention), seclusion, or restraint;
- 20. Right to be involved in treatment planning, review of the plan, and notification of changes to the plan;
- 21. Right to be able to access the client's own records and obtain necessary copies when needed; right to request in writing a review of the client's own file and receive a response within 30 days; Insight Out Therapeutics, Inc. shall make the determination using up-to-date HIPAA guidelines.
- 22. Right to be informed of all rights, including legal rights, and exercise rights without reprisal in any form, including continued, uncompromised access to services. Rights should be distinguished from privileges, which may be revoked or revised at any time. Clients may follow the grievance procedure to appeal restrictions placed on privileges. Insight Out Therapeutics, LLC. shall review these grievances in accordance with the grievance procedure. Right to file grievances without fear of reprisal; Investigation and resolution of alleged infringement of rights;

Client Responsibilities

- 1. All clients/guardians have the responsibility to participate in the planning of their treatment.
- 2. All clients/guardians have the responsibility to be honest about matters that relate to their treatment.
- 3. All clients have the responsibility to be respectful of the rights and dignity of other clients, as well as staff.
- 4. All clients have the responsibility to respect the confidentiality of others in treatment.
- 5. All clients, upon decision to participate, have the responsibility to support and respect the program at the facility by participating to the best of their ability and by being on time for scheduled appointments.
- 6. All clients/guardians have the responsibility to learn and comply with the rules of the program.
- 7. All clients/guardians have the responsibility to meet whatever financial obligations may be incurred as it relates to their treatment.
- 8. All clients/guardians have the responsibility to advise the provider of services of any changes in the client's condition or any events that affect the client's service needs.
- 9. All clients/guardians have the responsibility of notifying the front office and administrative staff of any changes in their insurance benefits.
- 10. All clients/guardians have the responsibility of asking questions about their treatment and for seeking clarification until they fully understand the care they are to receive.
- 11. All clients/guardians have the responsibility for expressing their opinions, concerns, or complaints to the appropriate personnel in a constructive manner.

Notice of Insight Out Therapeutics' Policies and Practices to Protect the Privacy of Your Health Information

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

We may use or disclose your protected health information (PHI), for treatment, payment, and health care operations purposes with your consent. To help clarify these terms, here are some definitions:

- "PHI" refers to information in your health record that could identify you.
- "Treatment, Payment and Health Care Operations"
 - Treatment is when we provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when we consult with another health care provider, such as your family physician or another Therapist. Another example would be when we release your treatment plan to your insurance company and/or to your primary care physician.
 - Payment is when we obtain reimbursement for your healthcare. Examples of payment are when we disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
 - Health Care Operations are activities that relate to the performance and operation of our practice. Examples of health care operations are the use of electronic health records, email, texting, electronic billing, tele-mental-health services, quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.
- "Use" applies only to activities within our [office, clinic, practice group, etc.] such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- "Disclosure" applies to activities outside of our [office, clinic, practice group, etc.], such as releasing, transferring, or providing access to information about you to other parties.

II. Uses and Disclosures Requiring Authorization

We may use or disclose PHI for purposes outside of treatment, payment, or health care operations when your appropriate authorization is obtained. An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when we asked for information for purposes outside of treatment, payment or health care operations, we will obtain an authorization from you before releasing this information. We will also obtain authorization from you before using or disclosing PHI in a way that is not described in this Notice. We will also need to obtain an authorization before releasing your Psychotherapy Notes. "Psychotherapy Notes" are notes we have made about your conversation during a private, group, joint, or family counseling session, which we have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI. You may revoke all such authorizations (of PHI or Psychotherapy Notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) we have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, law provides the insurer the right to contest the claim under the policy.

III. Uses and Disclosures with Neither Consent nor Authorization

We may use or disclose PHI without your consent or authorization in the following circumstances:

- Child Abuse If we have reasonable cause to believe that a child has been abused, we must report that belief to the appropriate authority.
- Adult and Domestic Abuse If we have reasonable cause to believe that a disabled adult or elder person has had a physical injury or injuries inflicted upon such disabled adult or elder person, other than by accidental means, or has been neglected or exploited, we must report that belief to the appropriate authority.
- Health Oversight Activities If we are the subject of an inquiry by the Georgia Composite Board, Georgia Board of Psychological Examiners, or other applicable Georgia Board, we may be required to disclose protected health information regarding you in proceedings before the Board.
- Judicial and Administrative Proceedings—If you are involved in a court proceeding and a request is made about the professional services we provided you or the records thereof, such information is privileged under state law, and we will not release information without your written consent or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- Serious Threat to Health or Safety If we determine, or pursuant to the standards of my profession should determine, that you present a serious danger of violence to yourself or another, we may disclose information in order to provide protection against such danger for you or the intended victim.
- Worker's Compensation we may disclose protected health information regarding you as authorized by and to the extent necessary to comply with laws relating to worker's compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

• Exceptions- When the use and disclosure without your consent or authorization is allowed under other sections of Section 164.512 of the Privacy Rule and the state's confidentiality law. This includes certain narrowly-defined disclosures to law enforcement agencies, to a health oversight agency (such as HHS or a state department of health), to a coroner or medical examiner, for public health purposes relating to disease of FDA-regulated products, or for specialized government functions such as fitness for military duties, eligibility for VA benefits, and national security and intelligence.

IV. Patient's Rights and Therapist's Duties

Patient's Rights:

- Right to Request Restrictions You have the right to request restrictions on certain uses and disclosures of protected health information. However, we are not required to agree to a restriction you request.
- Right to Receive Confidential Communications by Alternative Means and at Alternative Locations You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeing therapists. On your request, we will send your billsto another address.)
- Right to Inspect and Copy You have the right to inspect or obtain a copy (or both) of PHI in your mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. We may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. On your request, we will discuss with you the details of the request and denial process. Your therapist may also deny access to your PsychotherapyNotes.
- Right to Amend— You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. We may deny your request. On your request, we will discuss with you the details of the amendment process.
- Right to an Accounting You generally have the right to receive an accounting of disclosures of PHI. On your request, we will discuss with you the details of the accounting process.
- Right to a Paper Copy You have the right to obtain a paper copy of the notice from us upon request, even if you have agreed to receive the notice electronically.
- Right to a Restrict Disclosures When You Have Paid for Your Care Out-of-Pocket- You have the right to restrict certain disclosures of PHI to a health plan when you pay out-of-pocket in full for our services.
- Right to Be Notified if There is a Breach of Your Unsecured PHI- You have a right to be notified if: (a) there is a breach (a use of disclosure of your PHI in violation of the HIPPA Privacy Rule) involving your PHI; (b) that PHI has not been encrypted to government standards; and (c) my risk assessments fails to determine that there is a low probability that your PHI has been compromised.

Therapist's Duties:

- We are required by law to maintain the privacy of PHI and to provide you with a notice of my legal duties and privacy practices with respect to PHI.
- We reserve the right to modify the terms of this notice and to make the new notice provisions effective for all PHI that we maintain. In the event of a modification, we will provide you with a revised notice by mail or by a posting in the waiting room, which you will see on your next visit.

V. Complaints

If you are concerned that your therapist has violated your privacy rights, or you disagree with a decision we made about access to your records, you may contact Chuck Lenahan. You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services and we can provide you with the appropriate address upon request.

VI. Cancellation Policy

In the Event of an emergency, you will not be charged for session cancellation. Cancellation for any other reasons that are not received by center staff at least 24 hours prior to the scheduled session will be billed at the usual session hourly rate. Monday appointments need to be canceled by noon on Friday. To cancel an appointment scheduled on that day after a holiday, it needs to be canceled on the day prior to the holiday. Your insurance company will not pay for missed appointments.

VII. Financial Responsibility

Insight Out Therapeutics will assist you in completing and filing any insurance forms which may be utilized for payments for services; however, you maintain full responsibility for paying all charges for services rendered. Insight Out Therapeutics does accept payment by cash, check, or credit card.

IX. Protected Health Information

Your therapist may be required by your insurance company to disclose your protected health information (PHI), and some insurance companies require coordination of care with your Primary Care Provider (PCP).

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Acknowledgment of Personal Health Information (PHI)

By signing below, I acknowledge that I have read and fully underst responsibilities as a client at Insight Out Therapeutics, Client Name (Printed):	of Client	Witness
responsibilities as a client at Insight Out Therapeutics, Client Name (Printed):	ient and /or Guardian	Date
	Topononomous no a chem at morgat out I	
Client Signature:		
	ıt Name (Printed):	
Guardian Name (Printed):		_

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Client Orientation for Services Acknowledgement

Name:]	Date:
The following information has been explained to me & I have had a	in opportunity to ask questions.
 Explanation of Client Rights and Responsibilities Explanation of Expected Benefits of Treatment Explanation of Compliant and Appeal Procedures Explanation of ways in which input can be given (open-door policed Confidentiality Policies Intent/Consent to Treatment Behavioral Expectations of the Person Served Transition Criteria & Procedures Discharge Criteria & Plan Response to Identification of Potential Risk to the Person Served Access to After-Hours Services Standards of Professional Conduct related to services Requirements for reporting and/or follow up for the mandated per outcome. Any and All Financial Obligations, Fees, and Financial Arrangeme Explanation of Insight Out Therapeutics' Health & Safety Policy-of tobacco products, illegal or legal substance brought into the program, weapons brought into the program Explanation of Insight Out Therapeutics' Program Rules & Expect served, events, behaviors, and attitudes that will not be tolerated a means by which a client may regain rights or privileges that have be Client is familiar with the premises, including emergency exits, finencial that seen educated on Advanced Directives (if desired). Client has been educated on the process and purpose of the assessment of the process of individualized treatment planning she will be expected to participate in the goal development and act treatment/services, how motivational incentives may be used, expessanctions, or court notifications, expectations for family involvem adherence Identification of the person(s) responsible for service coordination Explanation of the potential for legal action, sanctions or court not Client has been given the name and contact information for the me 	rson served, regardless of his or her discharge ents for services Including: the use of seclusion or restraint, use ogram, prescription medication brought into the stations – including restrictions on the person along with the consequences for such behavior, been restricted re suppression equipment and first aid kits ment ang (i.e., how it will be developed) and how he or chievement, potential course of bectations for legally required appointments, ment, and process and consequences of non- and treatment provider stifications
 Client has been given a chance to ask questions and have them ans Client has been given a copy of the Client Rights and Responsibility 	•

Client Signature: ______ Date: _____

Staff Signature: ______ Date: _____