

AL-ANON STUDY GROUP

12 Traditions

- *“We learn how to live in a variety of relationships without losing ourselves or forcing our ideas on others.”*
- *“We learn how to have healthier relationships than most of us have ever known.”*

START:

JANUARY 6, 2024

EVERY 1ST & 3RD

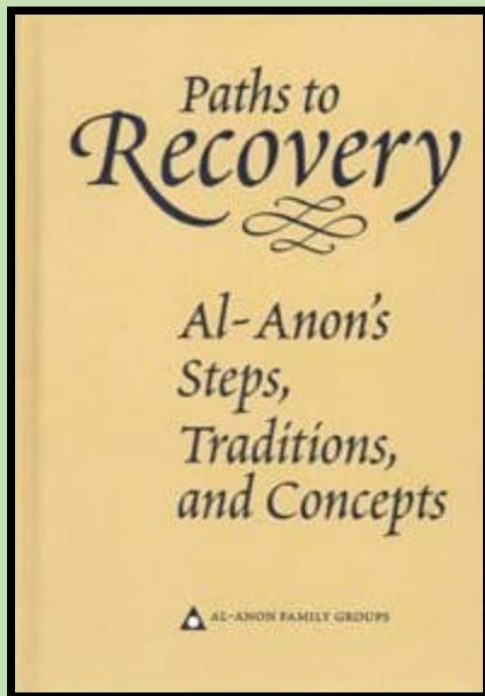
**SATURDAY OF EACH
MONTH**

9:00AM TO 11:00AM

WHERE: FELLOWSHIP CLUB – TOP FLOOR, ROOM ON THE LEFT

3224 FIRST AVE, NE, CEDAR RAPIDS, IA 52402

Using Pathways to Recovery- available at
the Book Store at the Fellowship Club



All are welcome:

Newcomers, Sponsors/Sponsees,

Seasoned Members

- 1. Bring Paths to Recovery**
- 2. Bring a notebook, pen/pencil**
- 3. Bring a willingness to have a new experience**

**The Group is not registered but
will practice the**

7th Tradition

CONTACT PERSON- MARLA M.

QUESTIONS? PLEASE CALL (319) 330-5060